

The Roadrunner

A BI-MONTHLY PUBLICATION OF THE SANTA CRUZ COUNTY CYCLING CLUB

Gold award for bicycle-friendly Santa Cruz



Left to right: Transportation Planner Claire Fliesler, SCCCC member Sonia LeClerc, Transportation Coordinator Cheryl Schmitt, Transportation Planner Arianna Green, Bike Santa Cruz Executive Director Amelia Conlen and City Council Member Micah Posner

Starting this year, bicyclists and motorists entering city limits will see Bicycle Friendly Community signs with a large gold circle, evidence of a new national ranking for Santa Cruz from the League of American Bicyclists. In mid-November, Santa Cruz became one of 24 US communities to receive this award, thanks to its high percentage of daily bike riders and efforts at educating people of all ages how to ride safely. (LAB annually awards rankings of bronze, silver, gold and platinum to cities which apply, based on five categories—engineering, education, encouragement, enforcement and evaluation/planning.) The city's silver award expired in 2011. Other gold-ranked cities in California include San Francisco, Palo Alto and San Luis Obispo. California ranks 8th out of 50 states in bicycle friendly communities.

The award is one of prestige and bragging rights only, as it carries no monetary value. It is the result of work by five volunteers who researched and answered 100+ questions, which were checked for accuracy by city and county officials. It represents a feather in the cap for Bike Santa Cruz County, an advocacy group.

"The gold award is great public recognition for all the hard work by city staff and leaders. It is also a benchmark showing us where to go from here," said BSCC director Amelia Conlen. "To reach the next (platinum) level, we need to develop a system of neighborhood greenways and bike boulevards, we need to enforce the 25 mph surface road speed limit and seek more traffic calming measures.

Another goal is to continue the Active Transportation Plan and to lobby for state of the art bike facilities."

City Councilman and bicycle advocate Micah Posner received the BFC award in late November, saying the national recognition was gratifying and "an endorsement from an outside source." Paul Schoellhamer, an Arana Gulch/Rail Trail advocate and professional lobbyist, said national recognition is important to a community because it encourages future advocacy efforts.

Credit for starting the application process goes to SCCCC member Sonia LeClerc, a community activist, who realized while working on a Friends of the Rail Trail project that the city's silver award had lapsed in 2011. With help from SCCCC president Maura Noel, LeClerc contacted Conlen, who rounded up three more volunteers. Speaking of the award, LeClerc said, "It's a great review and audit of our bicycle structure."

Not all LAB comments were positive. Injuries and deaths from bicycle accidents are high in Santa Cruz, and the city lacks a bicycle coordinator. Green lanes for bicyclists are beginning to crop up, but only one separated bike lane, on Beach Street, offers complete protection from traffic.

Besides Conlen and LeClerc, Grace Voss, Rick Hyman and Arianna Green wrote the city's BFC application. Of the 55 cities recognized, 18 received an award for the first time (17 bronze and one silver). Eight communities besides Santa Cruz moved up to a new level, while 28 remained the same. For a complete listing of bicycle friendly community awards, go to www.bikeleague.org.



January—February, 2016

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CCE plans 2016 events

Cyclists for Cultural Exchange (CCE) is sponsoring a movie for the new year in addition to its annual century ride and camping trips. The Strawberry Fields Volunteer Appreciation Breakfast takes place from 8 a.m. to 10 a.m. Saturday, Jan. 16 at Chaminade, followed by a club ride starting at the bottom of the hill across from the cemetery.

On Saturday, Feb. 27, CCE will sponsor a poignant film at the Rio Theater. "Rising From the Ashes" is an inspiring documentary about the Rwandan Cycling Team after the country's genocidal war. Proceeds will benefit the Rwandan Cycling Team. Tickets are \$20 and may be purchased by calling 345-0567 or through brownpapertickets.com.

Strawberry Fields Forever XXVII, takes place Sunday, May 15 starting at Pajaro Valley High School.

THURSDAY, JANUARY 28

SCCCC MEETING

7 P.M. SIMPKINS SWIM CENTER

979 17TH AVENUE

Club Shorts: Banff film fest coming soon to Rio

SCCCC member **Kathy Ferraro** wants everyone to join with UCSC Recreation and explore the edge of believable with films from the **Banff Mountain Film Festival**. Screenings start at 7 p.m. Feb. 19–21 at the Rio Theatre. Explore exotic locations, stand on the highest peaks and be part of the gripping tales that make this year's event. Different films are shown each night.

Tickets available at brownpapertickets.com or at The Bicycle Trip beginning Jan. 5. The festival benefits the UCSC Wilderness Orientation Scholarship Fund.

Keep on the lookout for a lost Bike Friday! SCCCC member **Teri Ruegg** was traveling to meet a friend for a bike ride on Dec. 12 when her Bike Friday fell off her car's bike rack. Later, after the loss became known, she backtracked looking for it, but to no avail. She has reported the loss to the police.

Last summer **Rod and Tina Armer** drove their RV over 11,000 miles and used it as a base from which to bicycle more than 900 miles! The intrepid couple traveled cross country, stopping in Yellowstone and Grand Teton national parks, where they visited with their grandchildren. Then they took their RV to Boston, connecting with friends **Teri Ruegg, Brian Verstegen and Peter and Janis Stanger** at the Boston Airport. Everyone went to Cape Ann to bike along the Maine Coastline. Using the guidebook *Explore Maine by Bike*, they visited Kittery, York, Kennebunkport, Old Orchard Beach, South Portland, Freeport, Bath, Boothbay, Damariscotta, Rockland, Augusta and Acadia



Regina Faulkner, left, has been using her sewing skills to convert SCMC t-shirts into tote bags. The cloth bags are an excellent way to keep track of those used Powerbar wrappers before recycling



David Kadotani was a superhero leader on Oct. 31 club ride to San Juan Bautista. Meanwhile Jean-ni Kadotani was super SAG driver, serving orange and green food at rest stop!

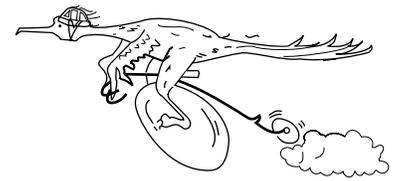
National Park.

They also visited **Irish and Gayle Meusel**, who have a vacation home on Hancock Pond in Denmark, Maine. Afterwards, the Armers traveled west and rode bikes in Ashville, NC. They also rode in Lexington, KY with the Bluegrass Cycling Club. Other bicycling outings included stops in Minneapolis, Madison, Pierre, SD, Spokane, Portland, OR to Veronia State Trail, also in Oregon.

Recently SCCCC member **Ron Olson** went for a short spin on his bike by The Boardwalk, and he is happy to report that a wide, green bike lane was being painted in front of the Coconut Grove, where cyclists must make two 90-degree turns in quick succession to safely cross the railroad tracks. "This area can be congested with pedestrians and now it is highlighted as a bike (as well as pedestrian) path," reports Ron. "Decades ago, a friend took a spill here when his front wheel got caught in the train track. The green pavement highlights a safe path to travel."



Need room in your kitchen for more pots? Try an old bicycle wheel rim for more convenience when cooking.



THE ROADRUNNER is the official newsletter of **THE SANTA CRUZ COUNTY CYCLING CLUB**. It is published bimonthly, sent out via email to members and is available at local bicycle shops, the Santa Cruz Visitors Bureau and local libraries and chambers of commerce. Submissions (articles, photos, and letters) are gladly accepted. Email is easiest, but we'll entertain all options. Contact us at: **SANTA CRUZ COUNTY CYCLING CLUB P.O. BOX 8342 SANTA CRUZ, CA 95061-8342** or www.santacruzcycling.org

THE SANTA CRUZ COUNTY CYCLING CLUB is a nonprofit organization pursuant to Section 501(c)3 of the Internal Revenue Service code. The club's mission is to bring cycling to all levels of riders and encourage healthy lifestyles through education, friendship, teamwork and fun. The club is known for its annual **Santa Cruz Mountains Challenge** held the last Saturday in July. Proceeds from this event go to the club's educational activities.

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FROM MY HANDLEBARS TO YOURS Behind the scenes look at 2016 SCMC

As another new year begins, I thought I'd pass along some 'behind the scenes' club information to you. Did you know that the club membership roster totals 557 active members? We on the board of directors think we might be reaching an all-time high water mark for membership.

Planning for the Santa Cruz Mountains Challenge this summer (July 30th) has begun. We will be rolling out the SCMC website for registration in early January. The marketing team has made some subtle updates to the mountain lion image. See if you can tell what they are when the site goes live. (Hint: look in the trees!)

In an attempt to attract more riders for this coming year, I approached UCSC's Housing Department, asking if we could offer rooms for riders to stay on campus. The university was



happy to oblige, and it offered us reasonable rates, so we are finalizing the contract with them now. We'll have a link to UC's housing on our website when we start registration.

The Mountains Challenge Marketing Team, lead by Grace Voss, will be hand delivering SCMC postcards and posters to over 70 Bay Area and San Jose bike shops. Please contact her at gracevoss@sbcglobal.net if you are able to help us get the word out.

I sent out survey monkey questions to both 2015 and 2014 SCMC riders, and we analyzed the results of almost 300 responders. Some results included praise for the volunteers' enthusiasm, food and the challenging courses. After

briefly considering modifications to the four courses from last year, the Route Director has recommended we leave things as they are for one more year. (Tom Mattinson, "the sign guy" appreciates this decision!)

Almost all of the SCMC captains have said they will return to their same positions for this coming year, and for that I thank them! We do need someone to oversee parking volunteers in the early morning, so if you've been wondering how you can repay your club for all the fabulous rides and social events, here's your chance.

By the way, SCMC Captains' Meetings are held at 6 p.m. on the second Thursday of the month. Next meeting is Jan. 14. Come by and check us out! And thank you all for the work you put in to make this such a fun and enjoyable club.

—Maura Noel, SCCCC president

Transportation projects receive preliminary approval

On Dec. 3, the Regional Transportation Commission's Board of Directors voted 10-2 to give preliminary approval to placing a half cent sales tax for the next 30 years on the November ballot for 2016. The tax will raise \$450 million for transportation improvement projects, including the rail trail, fixing the tracks and further studying passenger rail options. Preliminary approval means the RTC may proceed with more opinion polling. A 66.6% majority of the voting public is needed for approval. Besides the rail trail and tracks, the tax will fund local road resurfacing and neighborhood bicycle and pedestrian projects, add an auxiliary lane along a portion of Highway 1 from Soquel to 41st Ave. and provide more money for public and paratransit, including Lift Line.

The two no votes came from Greg Caput, Watsonville supervisor, who said he could not see enough advantages

to support its cost to the public, and Randy Johnson of Scotts Valley.

Five Bucket Approach

The 'Five Bucket Approach' (local road repair, highway auxiliary lane, paratransit, rail trail and rail) represents a broad appeal to voters and a change from 2004's Measure J, which focused mostly on highway widening and was defeated. Bruce McPherson called the November ballot measure both sensible and reasonable. "Santa Cruz needs to be a self-help county in order to attract more state and federal funding," he said. Zach Friend, who serves the Watsonville area, said South County residents spend 7.5 days being stuck in traffic each year due to their weekday commute to and from Santa Cruz. He said the ballot proposal is a "good way to invest in long-neglected infrastructure.

RTC Board Chairperson John Leopold said, "Improving local roads is huge," adding that widening the highway is "a leadership moment for the whole community." He predicted that, with passage, the community will receive matching state and federal grants for the rail trail, rail and Highway 1 auxiliary lane, as well as other transportation projects. (Currently the trail is 25% funded.)

Ed Bottorff of Santa Cruz Metro said the five-bucket approach was a good plan. "Defeating this plan won't get us anywhere," he added. Incoming RTC Chairperson Don Lane predicted that doing nothing would be a bigger burden to the next generation.

Local transportation projects include a bike/ped bridge over Highway 1 at Chanticleer Avenue as part of the Highway 1 'bucket' of the sales tax measure.

—Grace Voss

Bike advocacy group announces annual “Wheelie” awards

The Bicycle Advisory Committee of the Regional Transportation Commission (RTC) received the Community Wheelie Award for 40 years of service on Dec. 6 at Bike Santa Cruz County’s annual recognition dinner. Winning the Staff Wheelie was the Land Trust Development Team of Santa Cruz County, which has pledged \$3 million in matching funds for the rail trail.

Other nominees were Lucretia Hall, whose advocacy for better pedestrian crossings on Broadway resulted in \$100,000 for four new crosswalks, Ryan Coonerty for the North Coast rail trail segment, Felipe Hernandez, mayor of Watsonville and community bike ride organizer, and Steve Schnaur and Tawn Kennedy, sponsors of The Santa Cruz Bike Party.

Staff nominees include Grace Blakeslee and Kim Schultz of the RTC for the county-wide bike route signage plan, Murray Fontes of Watsonville for the



Calah Pasley, left, and Laura Wilson accept Land Trust Community Award.

Walker Street rail trail segment, Steve Wiesner for green bike lanes in Soquel and Jeanne LaPage for the Santa Cruz Complete Streets Master Plan.

BSCC Executive Director Amelia Conlen praised 2016 funded bicycle projects: a second Open Streets in Watsonville, completion of the San

Lorenzo Riverwalk with construction of a bike/ped bridge over Branciforte Creek, continued bike-encouragement programs through Ecology Action, a county-wide bike route signage program and green lanes at Highway 1 overpasses at Soquel Avenue and 41st Avenue. On Conlen’s wish list is adoption of an Active Transportation Plan (ATP) for protected bike lanes on Ocean, Water and Soquel throughfares.

Tawn Kennedy said he gave 120 presentations and supervised 70 group rides in 2015. Under his supervision, high school students help middle schoolers repair and ride bikes, culminating with a “Ride the Bay” overnight tour to Monterey.

With guidance from Cory Caletti, RTC senior planner, the Bicycle Advisory Committee helped modify installation of rumblestrips on Highway 1 so that the shoulder strips extend only four miles north from the city limits.

Editor reflects on past 10 years of publishing *The Roadrunner*

Recently I decided to organize the last 10 years of *Roadrunner* newsletters, copies of which were resting in a jumbled pile of stored stuff in my house. On one of winter’s first rainy days, Monday, Nov. 11th, the sorting process began, and along with it came reflections on newsletter changes over the past decade. Upon further review, *The Roadrunner*, the bike club and the local bicycling community have experienced positive changes over that time.

In January, 2005, I retired from teaching high school English in Sunnyvale. To celebrate, I moved to Santa Cruz, bought a new bike and experienced the joy of riding on as many back roads in the county as possible. What I didn’t plan on was becoming editor of SCCCC’s bi-monthly newsletter almost immediately. Another member had produced the first issue that year, featuring a wonderful biographical story by Eileen Beaudry about Richard Bedal, SCCCC’s president for 2005–2006. However, the demands of six issues of a 12-page newsletter can be imposing, and, as sometimes happens with these things, I inherited the job. Now, 10 years and 60 issues later, I am still writing about bicycle events in the city and county, as well as club members’ adventures at home and abroad.

As the rain poured down, I examined the early *Roadrunner* hard copy issues, complete with Old English typeface on the

masthead, and an out-of-focus *Roadrunner* icon, dashing away on his unicycle, as if he couldn’t wait to get off the first page! The software was new to me, as the early issues show, but with a lot of Pagemaker tutorial advice from club member Scott Campbell, the issues reached the printer on time.

Three years and three digital media classes later, the *Roadrunner* sported a more professional look. New typefaces for the masthead, better headline and body type, plus more use of white space, allowed stories to look better on the pages. The *Roadrunner* icon turned his bike around, deciding he wanted to be part of the newsletter after all. In the May/June issue of 2009, thanks to a suggestion from Bart Coddington, *The Roadrunner* began using color on the first and last pages of each print edition, at minimal cost. Two years later, thanks to a suggestion from Judy Isvan, *The Roadrunner* entered a national competition and was voted best bicycle club newsletter in the US (runner up) by the League of American Bicyclists. LAB based its selection on content and layout.

A look back at *Roadrunner* issues reveals some editorial themes, like Arana Gulch. *The Roadrunner* followed the progress of this \$6.2 million multi-use trail system, from defeat in the fall of 2010 (a 5-5 vote by the California Coastal Commission) to its grand opening last January, following

a 12-0 vote by the CCC in December, 2011. *The Roadrunner* has tracked funding of the Monterey Bay Sanctuary Scenic Trail (rail-trail), starting with its purchase by the Regional Transportation Commission from Union Pacific in May, 2011 to RTC’s current plans for building three trail segments, with a completion date of 2017. Other stories include the recent gold rating for Santa Cruz by LAB as a bicycle friendly community, passage of the Three Feet for Safety Law, the recent installation of rumblestrips on Highway 1, the annual Santa Cruz Mountains Challenge, Bike to Work Day, the SCCCC Holiday Party Photo Pages and numerous stories on bicycle safety. Five club presidents have written *Handlebars* columns, with a 95% rate of success at turning their copy in on time: Richard Bedal, David Gill, Bart Coddington, John Marshall and Maura Noel. The Saturday Rides Schedule continues to occupy pages 6–7.

For the past 10 years and onward, *The Roadrunner*’s goal is to inform the SCCCC membership about bicycling.

—Grace Voss, Editor

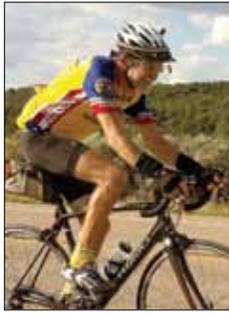


Osman Isvan participates in three-day endurance ride in Utah

On the bicycle, I have more endurance than speed. So, to explain why, at age 63, I decided to do a 500-mile, three-day bicycle race in Utah last August, I need to give some background. I always enjoyed multi-day bike tours. I have experimented with randonneuring, a unique form of competitive cycling where athletes test their skill against their own limits. I was drawn to this race format, although not to its side effect of sleep deprivation.

When Planet Ultra announced that its Hoodoo 500, a nonstop 500-mile bicycle race, which traditionally has a 48-hour time limit, would include a new three-day stage race with (off-the-clock) sleep each night, I became excited. Daily distances (208, 171 and 143 miles respectively) were reasonable, and I would need a motorized support crew (my wife, Judy). With all other rules being reasonable, I signed up for the race.

To prepare, I did long rides, and by mid-



Osman Isvan rides his bike during three-day endurance event in Southern Utah last August

July, I was riding 200 to 350 miles per week, with the key element being multi-day rides. In April I rode 250 miles in two days, followed by 400 miles in three days (unsupported) the next month. By race day, I felt ready for the challenge.

The race was enjoyable and exciting. Saint George is hot by mid-day in August, but after the relatively cool 7 a.m. race start, we quickly climbed to high altitudes, where temperatures were not extreme. The first day was a double-century with 11,000 feet of climbing. By the time I checked in at our motel in Escalante, it was past 9 p.m. I had

ridden 211 miles, averaging 15.8 mph. The scenery was spectacular, including breathtaking views near Bryce Canyon and Zion National Parks. Judy was a flawless support crew. Every 10 to 20 miles I saw her parked on the side of the road, ready to serve my nutrition/hydration needs, which she always knew better than I. (My on-board computer showed I consumed 6,250 calories on Day One.)

On Day Two, in my haste to arrive for the 7 a.m. start, I forgot to turn on the GPS tracker that race officials had given me. Some 20 miles later, I was notified of the missing data, so I restarted it. This device in your jersey pocket sends its location coordinates to a website every five minutes, whenever a mobile phone network is available. During the race, anyone with internet access may monitor someone's progress on a map. (Since my 'crew' had shared the web address via social media, I had quite a few followers worried because my location data was not being updated!)

On Day Two we rode by the beautiful Glen Canyon National Recreation Area and Capitol Reef National Park. It was the most difficult day, due to steep grades coupled with a 21 mph headwind on the flat sections. I finished the stage at 9:30 p.m., however not in time to eat out, so we dined in our motel room. Day 2 featured a lovely lunch of a fresh Subway Sandwich, eaten while sitting in a chair under a shade tree, a highlight from a tough riding day.

Stage 3 began easy but grew harder as we reached high altitude. At Cedar Breaks National Monument my altimeter read 10,200', slowing my speed and causing shortness of breath. After the summit we descended to manageable altitudes and downhill speeds helped recover lost time, until we met strong valley headwinds. Since Day 3 was "only" 145 miles, I enjoyed one more festive lunch break with my wife and crew chief. I arrived at the finish line before sunset, stopping to take pictures on Snow Canyon Parkway, as I didn't want Judy to miss its beauty.

Fortunately, although this was a hard race over a long distance, I did not experience fatigue or health problems. I was challenged, but did not suffer. The ride was consistently difficult, but always enjoyable. We may decide to do it again in 2016.

—Osman Isvan

Volunteers step up to lead new "D" rides

A new series of "D" rides has started on Thursdays, headed up by...us! We have been riding for 1.5 years, ever since taking the SCCCC Cycling for Starters course. The C rides were a bit challenging, so we organized a separate bike group, working through the UCSC Woman's Club.

Currently we ride twice a week, on Mondays and Thursdays, starting at 9:30 a.m. from various locations. We try to stay in Santa Cruz County, and we have ridden Valencia/ Cox roads, Browns Valley to Hazel Dell, Corralitos Market to Gizdich, Deer Park to Sunset Beach and a few other destinations. We are considering adding Lexington Reservoir and some other rides a bit farther out.

We also have bike path rides on Mondays, courtesy of the UCSC Woman's Club, and these rides are outside of Santa Cruz County. We carpool to various bike trails: Coyote Creek Trail in San Jose, the trail from Castroville to Fort Ord or Fort Ord to

Pacific Grove, Stevens Creek Trail, Los Gatos Creek Trail, Guadalupe Creek Trail, Alameda Creek Trail and the Iron Horse Trail in the East Bay. These rides are between 20 to 31 miles, and we don't worry about traffic. We would consider adding some of these rides to our D rides list if there is interest.

As a group we rode the "Tour de Peninsula" in August, which was 22 miles and a lot of fun.

We try to encourage new riders, as well as increase our own riding ability. Because we are small in number, we decided to offer D rides to SCCCC. We have met several riders that have taken the SCCCC beginning class, and who felt a gap existed between Cycling for Starters and the C rides. We are attempting to fill that gap.

Our D rides, are non-drop. We wait at the top of hills for everyone, and we work hard to encourage beginners. Please feel free to join us, if you want a lighter, shorter, fun ride!

—Chris Zemny and Susan Kent

Weekly Rides *Rider Levels*

C Rides are between 25-35 miles, at 10-14 mph, with up to 2,000 feet of elevation. B Rides are for intermediate riders and are between 25-50 miles, at 12-16 mph pace, with up to 3,000 feet of elevation; A Rides are for experienced riders looking for a challenge., These rides are from 40 - 80 miles, at a 15-20 mph pace, with over 3,000 feet of elevation.

Bicycle club members lead social group rides for the enjoyment and pleasure of the bicycling community. While riders regroup along the way, we recommend riding with a buddy. If you don't come with someone, feel free to ask one of the other riders if you can ride along with them. Come prepared with extra tubes and know how to change a flat tire. Bring water, a snack and ID. Before the ride starts, every participant must sign a League of American Bicyclist (LAB) approved waiver stating that the Santa Cruz County Cycling Club is not responsible for any incident occurring during the ride. Saturday bicycle rides (or carpools) may start from the Capitola Community Center (Jade St/45th Ave) in Capitola. Route sheets will be emailed to the club mailing list about two days before each ride. Rain cancels rides.

Tuesday ride: Meet at 9:45 a.m. for a 10 a.m. start for this social/leisurely paced road ride. 1st and 3rd Tuesdays of month, start at Gateway Plaza (the shopping center on River St. near Hwy 1). No public water or restrooms available.. On the 2nd and 4th Tuesdays, meet at parking lot by the entrance to Nisene Marks Park, Aptos. The fifth Tuesday of the month is a leader's choice for start location. Distance will vary from 20-40 miles. Destinations include a lunch stop. Bring water and snacks. Questions? Contact: Ralph Edwards at rhedwards@gmail.com. "Lite" rides are offered in conjunction with the regular Tuesday rides for a less strenuous, generally shorter ride.

Thursday ride: Meet at 10 a.m. in front of the Corralitos Market for moderately paced road ride of 25-45 miles. No Leader—Decide and Ride. Bring water, snacks. OR, meet at 9 a.m. at Gateway Plaza for alternate Decide and Ride. "New "D" rides are starting at 9:30 a.m. Mondays and Thursdays from various locations. Contact Chris Zemny at rabjudge@sbcglobal.net.

Saturday, January 2 **A/B Ride**

Around the Monterey Bay

A's meet at 7:45 a.m. for 8 a.m. start at Nisene Marks Park Entrance; B's meet at 9:45 a.m. for 10 a.m. start at Kirby Park at Elkhorn Slough. Lunch at Turtle Bay Taqueria in Monterey; A=95mi/3667';B=49mi/1763'

Peter Jones.....831-234-5555

Saturday January 2 **C Ride**

Davenport/Swanton via Wilder, Hwy 1

Start on Delaware Ave near entrance to Natural Bridges SP. Arrive by 8:45 a.m. for 9 a.m. start. 33.6 miles/2039'; FPM 60.

Jack Johnson.....831-359-2501

Saturday, January 9 **A/B Ride**

Eureka Canyon Loop

Meet at Nisene Marks Park entrance at 8:45 for 9 a.m. start. A=Eureka Canyon, Mt. Bache, Loma Prieta, Old San Jose Rd.; (B skips Mt Bache, Loma Prieta.) Lunch at Summit Store.

A=53mi/5500'; B=40.5mi/3265'

Chris Boman.....831-475-5902

Saturday, January 9th **C Ride**

Gizdich via Beach, Vega, 129, Holohan

Ride starts West Marine parking lot. /arrive by 9:45 for 10 a.m. start.; 27.9 miles/786'/28 FPM.

Barbara Moore.....831-239-1790

Saturday, January 16 **A/B/C Ride**

All Saints Ride

Meet at 10 a.m. at 3400 Paul Sweet Rd. across from Oakwood Cemetery; A=42mi/3245'; B =32mi/2325'; 25.4 mi/1360'/53'

Tony Rall.....831-332-9216

Jack Johnson.....831-359-2501

Saturday, January 23 **A/B Ride**

Mt. Chuck, Lexington Reservoir

Meet at Scotts Valley Transit Center at 8:45 for a 9 a.m. start. A=47miles/4700'; B= 34miles/3000'; Snack at Summit Store or post-ride at at Erik's or Bruno's

Catherine vanRhee.....408-219-8626

Saturday, January 23rd **C Ride**

Cienega Wine Trail Loop

Arrive at 9:45 for 10 a.m. start at Ridgemark Golf Club off of Hwy 25. Park in lot on right, across from driving range; 30.5miles/1555'/49 FPM.

JT Hart.....831-234-7726

Saturday, January 30 **A/B Ride**

North by Northwest for Highway 1 Adventures

Meet on Delaware Ave. near Natural Bridges SP at 9:45 for 10 a.m. start; A=66mi/4900'; B=52mi/2572'

Bart Coddington.....831-475-5234

Saturday, January 30th **C Ride**

Sand City to Pebble Beach via 17 mile Drive

Arrive by 9:45 for 10 a.m. start at Starbucks in Sand City, 2160 California Ave, in Edgewater Shopping Center; 31.7 miles/1579'/FPM 49.

Petronella Van Dam.....831-454-6010

Saturday, February 6 **A/B Ride**

Hollister Hill Country-Ranches and Rocks

Meet at Starbucks, 1760A Airline Highway, Hollister at 8:45 for 9 a.m start; A=61mi/4486'; B=40mi/2183' (B ride extra credit adds 10miles 800-1400')

Bruce Dau.....831-234-5177

Saturday, February 6th **C Ride**

Gilroy to Morgan Hill

Arrive by 9:45 a.m. for 10 a.m. start at Gilroy Sports Park at 5925 Monterey Frontage Road. Bring food for picnic lunch at



Above, a December group of "Lite" riders prepares to leave from Nisene Marks Park entrance; right photo, Alan Eklof, left, and David Lawrence lead A/B group out of parking lot



Christmas Hill Park; 34.2 mi/1177'/34 FPM.
Rod and Tina Armer.....831-227-8418

Saturday, February 13 **A/B Ride**

Climbing and Descending

Meet at Scotts Valley Park/Ride at 9:45 for 10 a.m. start; B's=Mt Charley/Down Zayante; A's add Old S.C.Highway/Black Rd.
 A=41mi/4900'; B=26mi/2780'

Michael Burns.....925-586-3724

Saturday, February 13 **C Ride**

CCC-Davenport/Swanton

Arrive by 9:45 a.m. for 10 a.m. start at CCC, 4400 Jade St. Capitola; 36 miles/1519'/42 FPM.

Maura Noel.....831.334.7848

Saturday, February 20 **A/B Ride**

San Juan Bautista via Crazy Horse Canyon overpass

Meet at Kirby Park on Elkhorn Slough at 8:45 for a 9 a.m. start;
 A=57mi/5907'; B=43mi/3320'—CLOCKWISE ROUTE

Richard Burton.....408-540-4695

Saturday, February 20th **C Ride**

Ann Soldo School/Casserly/Hazel Dell

Arrive by 9:45 for 10 a.m. start at Ann Soldo School on Wagner off of E. Lake Ave. Watsonville; 29.4 miles/1114'/38 FPM

David and Jeanni Kadotani.....831.588.3561

Saturday, February 27 **A/B Ride**

Fort Ord and Environs

Meet at Pezzini Produce Stand,(Nashua Rd at Hwy 1) at 9:45 for 10 a.m. start. Carpool CCC at 8 a.m.. Lunch at Baldinero's Taqueria. C riders welcome. A+ option; A=50mi/3000'; B=35mi/2000'

Ric Eiserling.....831-475-5397

Saturday, February 27 **C Ride**

Walmart to Asilomar

Arrive by 9:45 for 10 a.m. start at Walmart on Reservation Rd in Marina (Exit #410.) 32 miles/ 1030'/32 FPM.

Bill McBride.....831-239-6081

Saturday, March 5

A/B Ride

Pescadero to Half Moon Bay—Inland Route

Carpool CCC at 8 a.m. for 9 a.m. start; Park in lot by signal light; A=45 mi/3500'; B=41mi/3000'

Toby Ferguson.....408-386-9343

Saturday, March 5

C Ride

CCC-Corralitos via Freedom, Hames, Day Valley

Ride starts at 10 a.m. at CCC, 4400 Jade St. Capitola; 25.8 miles/1471'/57 FPM.

Barbara Moore.....831.239.1790

Tips on how to pass safely from Pete Pearson

Passing another rider takes pre-planning. First, the rider who wants to pass must decide if enough room to the left exists for him/her to pass safely, while remaining in the bike lane or merging into the traffic lane. Are any vehicles approaching from behind?

What about riders behind? Be sure a rider or riders behind do not intend to move up. (All these factors must be evaluated quickly, within a second or two.)

After merging out safely, as the rider begins to pass, he/she yells loudly, "On your left" or "Passing!" Be sure to speak up! Once, while passing a senior rider on Highway 1, I was later chastised after we both reached Davenport. The rider said, "You didn't tell me you were passing." I replied, "But I did. It's just that you didn't hear me and loud was not loud enough."

When passing several riders, be sure to call out to each rider as you pass. You may receive a thank you!—Pete Pearson

Thank you November/December ride leaders

Grace Voss, Richard Burton, JT Hart (2), Lisa Beaudreau, Petronella van Dam (2), Ric Eiserling (2), Bruce Dau (3), Tony Rall (2), Karen Burman, Catherine vanRhee, Barbara Moore, Isabelle Magnin (2), Jim Denton (2), Bart Coddington, David Lawrence and Marianne Benforado, Jane Ferguson (2), Jack Johnson (2), Lilly Ann Popken (2), Bruce Fihe, Joyce Rollins and Marilyn Marzell. Special thanks to Ron Olson and David Kadotani for being the 2016 Saturday ride coordinators, and to Ralph Edwards and Lilly Ann Popken for being the Tuesday ride coordinators! And of course a BIG thank you to Peter Jones and Jack Johnson (Saturday rides) and David Lawrence and Bart Coddington (Tuesday rides) for their help coordinating rides in 2015!

Holiday party at Long Marine Lab is a merry gathering

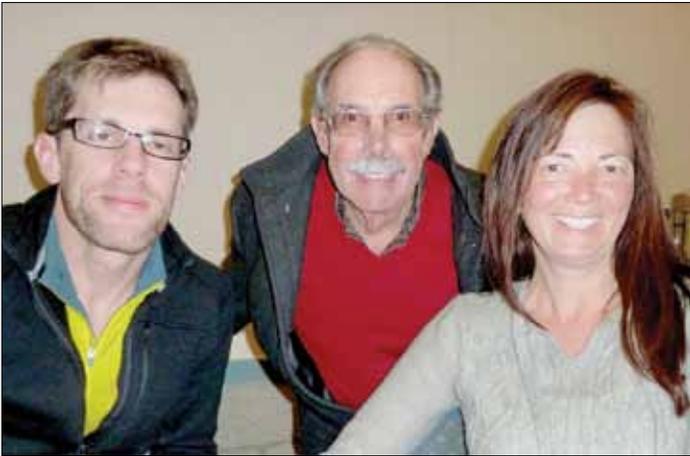


Photo at left: (left to right) Chris Pietrzak, Dave Dominguez and Arlene Pietrzak; top photo, (left to right): Bob and Kathy Ferraro and Jan and Mark Leitch



Photos, left to right: Jane and Toby Ferguson, Francis and Julie Kuo, Grace Voss and Leonard Foreman, and Ed Kilduff and Patricia Lawson

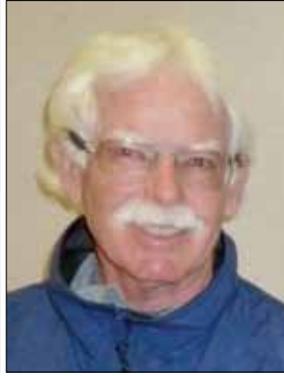


Photos, left to right: Muriel and Michael Hudick, Isabelle Magnin and Jim Denton, Jackie and Tony Rall and Joyce Rollins and Janet Fogel



Photos, left to right: Michael Burns, June Alameida and Pat Burns, Stephen and Soupey Thorley with JT Hart and Karen Nevis

Thank you Mike Heckel and Chris Benkert for a nice party!

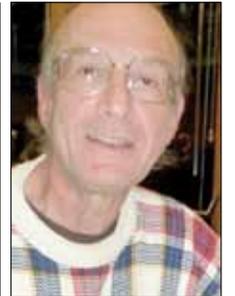
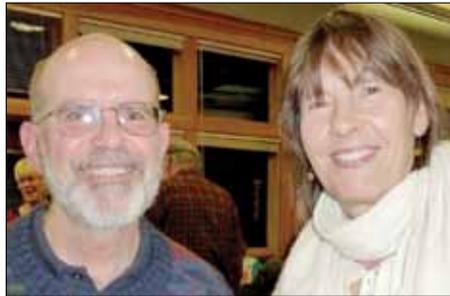


SCCCC Social Chairs extraordinaire: Chris Benkert, left, and Mike Heckel

Top photos left to right: Tom, Phyllis, Darren and Sandy Mattinson and Ric Eiserling



Photos, left to right: John Hall and Becky Derrington, David and Jeanni Kadotani, Lilly Ann Popken and Barbara Kasa, Bill McBride and Petronella van Dam



Photos, left to right: Barbara and John Moore, Nelson Crandall and Lisa Beaudreau, Osman and Judy Isvan and Rick Hyman



Photo above: Paula Barsamian, Chris Boman and Tina Ensign

Photos, left to right: Susan Rosenthal and Paula Bradley, Gerry and Julie Rooney and Aven and Greg Switzer



Photos, left to right: Ana Olson, Shae Mcinnis and Ron Olson, Marianne Benforado, David Lawrence and Richard Huffman



Local bicycle shops

These shops are supporting our bicycle club with discounts on bicycling accessories. Discounts vary according to the shop. Ask sales clerk for club discount.

Another Bike Shop
2361 Mission Street
427-2232
Open seven days-10AM-6PM

The Bicycle Trip
1001 Soquel Avenue
427-2580
Monday-Saturday-10AM-6PM
Sunday-10AM-5PM

Bill's Bike Repair
2826 Soquel Drive
477-0511
Open seven days but call first!

Dave's Custom Bikes
910-A Soquel Avenue
423-8923
Tuesday-Sunday-9AM-5PM

Family Cycling Center
912 41st Avenue
475-3883
Monday-Saturday-10AM-6PM
Sunday-10am-5pm

The Spokesman Bicycles
231 Cathcart Street
429-6062
Monday-Thursday 10am-6pm
Friday-10AM-7PM
Saturday-10AM-6PM
Sunday-Noon-5PM

The Bike Coop
1156 High Street
457-8281
Monday-Friday-10AM-6PM

Bike Station Aptos
36 Rancho del Mar
688-4169
Monday-Friday-11AM-6PM
Saturday-10AM-5PM
Sunday-Appointment only

Scotts Valley Cycloport
245 Mount Hermon Road
Scotts Valley
440-9070
Tuesday-Thursday-10A,-6PM; Friday 10AM-7PM
Saturday-10AM-6PM; Sunday-Noon-5PM

Watsonville Cyclery
25 East 5th Street
724-1646
Monday-Saturday-11AM-6PM;
Sunday-Noon- 5PM

The Bike Church
703 Pacific Avenue 425-2453

Epicenter Cycling
Aptos Station, 8035 Soquel Dr. Suite 23
662-8100
Monday-Friday-11AM-7PM; Weekend-8AM-4PM

AND...

1730 Mission Street, Santa Cruz
423-9000

Sprockets
1420 Mission Street
426-7623
Monday-Friday, 9 AM to 6 PM
Saturday-8 AM to 6 PM
Sunday-9 AM to 5 PM

The Roadrunner is printed by **Maverick Mailing**, which is owned by Peter Glynn, right photo, who sometimes delivers by bicycle. Call him for your mailing/printing needs. Peter has been serving Santa Cruz for over 20 years; Maverick Mailing uses 100% PCW recycled paper created with wind power and is the only 100% solar powered printing and mailing service in the nation.

831-234-4663 www.maverickmailing.com



JOIN AND RENEW ONLINE at www.santa cruz cycling.org/club

Santa Cruz County Cycling Club Membership Application/Renewal Form

The Santa Cruz County Cycling Club is a group of bicycling enthusiasts with a wide variety of interests and abilities. The mission of the SCCCC is to promote bicycling for all ages through education and organized bicycling events. Included in your membership is a subscription to The Roadrunner, the club's award-winning, bimonthly newsletter, which publishes a schedule of rides and bicycling announcements. In addition, local bicycle shops offer a 10% discount for club members. The club's website, www.santacruzcyling.org provides a home base for your club activities. Annual membership dues must be paid to remain a member in good standing. **Dues become due on Jan. 1st of each year based upon the term of your membership.**

Member First Name	*Member Family Name	*Member Contact Email
*Member Contact Telephone	Member Ride Cell Phone	<input type="checkbox"/> New Member <input type="checkbox"/> Renewal Member <input type="checkbox"/> Include on Printed Roster <input type="checkbox"/> Add to SCCCC Email list
2nd Member First Name	2nd Member Family Name and Email	One Year Memberships <input type="checkbox"/> Individual \$25 <input type="checkbox"/> \$30 for RR Mail* <input type="checkbox"/> Family \$35 <input type="checkbox"/> \$40 for RR Mail* <input type="checkbox"/> Junior \$10 <input type="checkbox"/> \$15 for RR Mail*
2nd Member Contact Telephone	2nd Member Cell Phone	Three-Year Memberships <input type="checkbox"/> Individual \$60 <input type="checkbox"/> \$75 for RR Mail* <input type="checkbox"/> Family \$90 <input type="checkbox"/> \$105 for RR Mail*

*Street Address	*City	*State	*Zip	*Roadrunner Newsletter delivered by US Mail
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League of American Bicyclists (LAB)

Release and Waiver of Liability, Assumption of Risk, and Indemnity Agreement ("Agreement")

Each applicant for membership shall read and sign the following Release Agreement

In Consideration of being permitted to participate in any way in Santa Cruz County Cycling Club ("Club") sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

1. Acknowledge, agree and represent that I understand the nature of Bicycling Activities and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. Fully Understand that: (a) Bicycling Activities Involve Risks and Dangers of Serious Bodily Injury, including permanent disability, paralysis and death ("Risks"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions of others participating in the activity, the condition in which the activity takes place, or the negligence of the "Releases" named below; (c) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs and damages I incur as a result of my participation in the Activity.

3. Hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless the Club, the LAB, their respective administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of the premises on which the Activity takes place (each considered one of the "Releases" herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "Releases" or otherwise, including negligent rescue operations.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

_____	_____	_____	_____
Signature of Applicant	Date	Signature(s) of additional family members 18 years or older	Date

Please complete the following for any minor (18-year-old) family members:

Minor Release

And I, the Minor's parent and/or legal guardian, understand the nature of bicycling activities and the Minor's experience and capabilities and believe the minor to be qualified, in good faith, and in proper physical condition to participate in such activities. I hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless each of the releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the "releases" or otherwise, including negligent rescue operations and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the releasees named above, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fees, loss liability, damage, or any cost that may incur as the result of any such claim

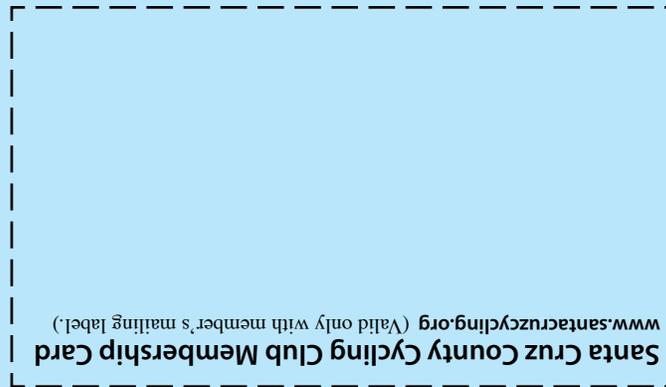
_____	_____	_____
Printed Name of Parent or Guardian	Signature of Parent or Guardian	Signature of Minor

Please sign waiver — Incomplete Forms Will Be Returned

Enclosed is \$_____ dues for membership in the Santa Cruz County Cycling Club which entitles me to all the rights and privileges of membership. Make check payable to SCCCC and mail to: Santa Cruz County Cycling Club, P.O. Box 8342, Santa Cruz, CA 95061-8342

January–February, 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 <i>Clean your bike!</i>	2 <i>Club Ride</i>
3 <i>Go for a bike ride!</i>	4	5 <i>Club Ride GP</i>	6 <i>Sign up to lead a ride!</i>	7	8 <i>Sign up to lead a ride!</i>	9 <i>Club Ride</i>
10	11	12 <i>Club Ride NMP</i>	13	14 <i>SCMC 6 p.m. Board 7 p.m.</i>	15	16 <i>CCE breakfast 8 a.m.</i>
17	18	19 <i>Club Ride GP</i>	20	21	22 <i>Go for a bike ride!</i>	23 <i>Club Ride</i>
24 <i>Go for a bike ride!</i>	25 <i>Ride Safely!</i>	26 <i>Club Ride NMP</i>	27 <i>Clean your bike!</i>	28 <i>7 p.m. SCCCC meeting</i>	29	30 <i>Club Ride</i>
31	1	2 <i>Club Ride GP</i>	3	4	5	6 <i>Club Ride</i>
7 <i>Go for a bike ride!</i>	8	9 <i>Club Ride NMP</i>	10	11 <i>SCMC 6 p.m. Board 7 p.m.</i>	12	13 <i>Club Ride</i>
14	15 <i>Go for a bike ride!</i>	16 <i>Club Ride GP</i>	17	18 <i>Volunteer to lead a ride</i>	19 <i>Banff Film Fest: Feb. 19–21</i>	20 <i>Club Ride</i>
21 <i>Go for a bike ride!</i>	22	23 <i>Club Ride NMP</i>	24 <i>Clean your bike!</i>	25	26	27 <i>Club Ride</i>
28	29				GP is Gateway Plaza	NMP is Nisene Marks Park



 Santa Cruz County Cycling Club Membership Card
 www.santacruzcountycycling.org (Valid only with member's mailing label.)



SCCCC
 PO Box 8342
 Santa Cruz, CA
 95061-8342