



# THE ROTARY RAZZ

Rotary Club of Oak Park - River Forest, Illinois

No in-person meetings until further notice

Club 3190  
District 6450

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November 18, 2020

## TODAY IN OPRF ROTARY November 18<sup>th</sup>, 2020 10:45 AM: Board Meeting

### Interact, the Social Justice Book Club & How It Came to Be



Mikayla Onayemi, a 15-year-old high school sophomore, is a passionate social and climate justice advocate. As Vice President of Public Image for the Greater Oak Park - River Forest - Forest Park Interact Club, she works to encourage equity and climate activism to spark change beyond the club. Her favorite hobbies include reading, writing, researching, coding, and spending time with her family. As an activist, Mikayla hopes to empower more youth to take action towards a better future.

\* \* \* \* \*

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#### Trouble logging on to OPRF's Zoom, reach out to:

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Lesley Gottlinger - Cell: 708-751-2821

[bookgramma@gmail.com](mailto:bookgramma@gmail.com)

## Also, This Week in Rotary

Gratitude and Heartfelt Thanks and Appreciation  
An Evening of Celebration of Your Contributions with Our Rotary Foundation  
Tuesday, November 17, 2020 - 7:00 to 8:30 p.m. central time

**ALL Region 36 Rotarians and Rotaractors Are Invited!**

Special Guest Speakers:

Jennifer Jones, Rotary International President-Nominee  
Suzi Howe, Rotary International Director  
Jorge Aufranc, Rotary Foundation Trustee



Jennifer Jones  
RI President-Nominee

Suzi Howe  
RI Director

Jorge Aufranc  
RF Trustee

Register in advance for this Zoom meeting using this registration link:  
<https://us02web.zoom.us/join/zoom/register/tZ0lcOmsqzkuG9Bb8clN83x0FicExHFjt1w>

### Fall

**Training: Wednesday, Nov. 18<sup>th</sup> Via Zoom**

Contact: Rachel Ossyra - [Rachelmarieo@hotmail.com](mailto:Rachelmarieo@hotmail.com)

**The Rotary Foundation - 6:00 - 6:45 PM**

Learn about: Our Rotary Foundation - The Heartbeat of Rotary; How our District & Clubs are Doing Good in the World; & How to support The Rotary Foundation thru Giving

**Connecting for Global Grants - 7:00 PM - 7:45 PM**

Learn about opportunities to connect w/ other clubs in D6450 plus world-wide to take part in Global Grant projects.

**Nov. 20 - International Svcs Comm - noon**

**Nov. 21 - DG 2023-24 Interviews**

**Nov. 22 - Interact Zoom Meeting - 1:00PM**

PLATINUM	GOLD	SILVER	BRONZE

## The President's Corner . . .



Well, Mike and I made it home. No mishaps along the way. And I am now a real "retired lady!"



If you participated in the "No-Golf Golf Outing," know that the gift bags have been assembled and will be distributed some time this coming week. So, keep an eye out for a delivery to either your home or wherever you might find yourself.

Now that all the musical instruments and components for the "House in Austin" bags have arrived, we will be working on assembling them in the very near future so they can also be distributed.



We'd like to share the following with you and yours this holiday . . .

### OLD IRISH BLESSING THIS THANKSGIVING

May Love and Laughter light your days  
And warm your heart and home.  
May Good and Faithful friends be yours  
Wherever you may roam.  
May Peace and Plenty bless your world  
With joy that long endures.  
May all life's passing seasons  
Bring the best to you and yours.



Just a REMINDER . . . Giving Tuesday this year is Tuesday, December 1, 2020.

*Yours in Rotary,  
Sue Quinn  
President 2020-21*



Keep in mind, we are **NOT** Meeting on Wednesday, November 25<sup>th</sup> to prepare for the thanksgiving holiday on November 26. Enjoy the Holiday with your families.



**DECEMBER  
Disease  
Prevention &  
Treatment  
Month**

- 2 - Shelly Harris - Oak Park Public Library
- 9 - OPRF Rotary Club - Annual Meeting
- 13 - Interact Zoom Meeting - 1:00 PM
- 16 - Board Meeting - 10:45 AM
- 16 - Holiday Meeting
- 23 - NO MEETING
- 30 - NO MEETING



Good afternoon, and Happy Veterans' Day. Let's take a moment to recognize our esteemed Oak Park - River Forest Rotarians who have served in the military: Tom Ewert, **John Hedges**, **Werner Huget**, Jim Marshall, Pav Pavlovic, Eric Van Ness, Robert Walsh, and **Charles Wells**. Thank you all for your service. President Sue then asked Charles Wells to lead the group in the Pledge of Allegiance.

Sue noted that she is on the road and has been reading the RAZZ, but she has not been doing much Rotary. That said, she had no announcements to share, but she did open the floor to others.

#### Announcements:

- DGN Ade noted a couple of District training sessions on November 18 which are all in the RAZZ. **See page 1 of this RAZZ.**
- Also, on Saturday, November 14, there is a webinar on Community Assessments with Cadre Wade Nomura.

- Iris Saavedra gave an update on Kidz Express, saying that all but one club has submitted funds, and although not all have shown up on RI grants reports, we are confident that they will. The French club not submitted is working on that now. The issue with RI has been two-fold: [1] with October World Polio Day, they have been busy tracking contributions, and [2] RI has been closed for two weeks due to Covid-19.

- Lesley and Rick still need fruitcake partners.



**Wanted:** a few Rotarians who also like fruitcake, but who may be the only one in their family who does!! We've got the link to Collin Street Bakery - which looks pretty darn good! - <https://collinstreet.com/> - but fellow fruitcake lovers may have other suggestions. Rick and Lesley are seeking "fruitcake partners" since ordering a whole fruitcake for one or two people is WAY TOO MUCH!! **We'd love to share some fruitcake with our friends!!!**

- Interactors still need your recipes. The dates have changed, and the kids are hoping to have the book available for Easter giving. Please keep sending them your favorites. Help them create a cookbook of AMAZING Rotary family favorites. There is even a Rotary VIP section planned.



## Program Notes . . .

Before introducing speaker Jon Blauvelt, Lesley thanked Jon for his service. In introducing him,



Lesley noted that Jon is a public relations specialist at Wounded Warrior Project in Jacksonville, FL. He previously worked in journalism as a managing editor of a Jacksonville community newspaper and has also worked at General Electric in corporate communications.

In addition to being a member of the Rotary Club of Ponte Vedra Beach [FL], Jon is also president of the District 6970 Alumni Association. lives in Jacksonville with his fiancé, Hannah, and their rescue dog, Kona. Jon, originally from the Pittsburgh area is a graduate from Penn State University.

Thank you to those on Zoom who have served in the military as well as to your family members and friends who have served. Please know we appreciate you all and are thinking of them today. Jon is based in Jacksonville where the non-profit is headquartered. They have a presence in about 25 US cities as well as in Germany where there is a major military hospital

where many of the Wounded Warriors stop before they are shipped stateside. Thank you for the opportunity to share our story today. Many may not realize specifically the breadth and depth of services the Wounded Warrior Project provides or the impact that it has.

Jon first shared some WWP history stating that the non-profit began in 2003 by creating backpacks filled with comfort and care items. Delivering those items to wounded warriors at Walter Reed Hospital in Bethesda, MD, they deliver not only backpacks, but also a promise to be there for those warriors and their families no matter what. Wounded Warrior Project grew out of that promise along with their mission: To honor and empower wounded warriors.

The Wounded Warrior Project is committed to serving the post-9/11 generation and all future generations of wounded service members and their families. The organization's vision is to foster the most successful, well-adjusted generation of wounded service members in this nation's history.

The three strategic priorities include:



Everything they do at WWP ties back to these three tenets. Jon explained the importance of collaboration [#2] by sharing that WWP knows that even with their full array of services, they cannot fully address the needs of this generation of warriors by themselves. So, that said, they invest time and resources to collaborate with other non-profits and external agencies. Over the years, they have partnered with over 200 other organizations because it didn't really make sense to duplicate services offered by others.

Jon shared the core values of WWP . . .

- **Service:** We serve and collaborate with humility, dignity, and respect.
- **Integrity:** We are honest, transparent, and accountable.
- **Loyalty:** We passionately commit to our mission and to each other.
- **Innovation:** We have the courage to challenge the status quo and vigorously debate ideas in the pursuit of excellence.



- **Fun:** We cultivate joy and belonging within our team and in our service to others.

Jon went on to share who they serve: post 9-11 wounded warriors **AND** their families and their caregivers who are an integral part of the warriors recovery and transition back into civilian life. To date, they have registered over 148,000 warriors [referred to as alumni] and just over 37,000 family support members. One of the ways WWP "listens" and responds to the evolving needs of their warriors is by conducting the annual Warrior Survey. 2020 marks the 11<sup>th</sup> annual survey which makes it the most comprehensive and statistically relevant sample of post 9-11 wounded . This survey allows WWP to:

- Identify trends among the warriors that they serve
- Isolate areas of improvement
- Refine existing programs that they offer
- Develop new initiatives if they pinpoint any issues that they realize represent new and emerging needs

Jon then shared a brief video that delved more deeply into the results of this year's survey which came out in September 2020 but was conducted in May and June during the peak of the pandemic. A part of the survey addressed the pandemic and how it impacted the lives of warriors - a population already challenged by a variety of mental, physical and financial issues.



Returning to the Power Point, Jon shared the different areas of need for which services are provided,

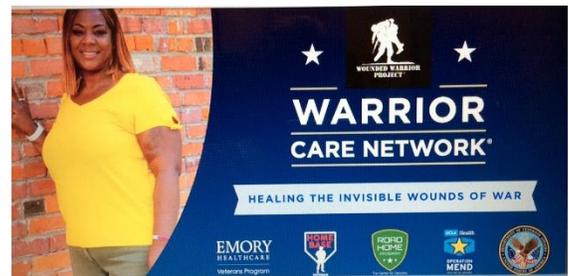
- Connection
- Mental Health & Wellness
- Physical Health & Wellness
- Financial Wellness
- Independence
- Government Relations
- Community Relations

and at the same time pointed out that these services are provided at **no cost** to the warriors themselves. The programs are free to those in need because they have already paid their dues on the battlefield. The

focus on mental health and wellness, Jon noted, citing one program called Project Odyssey that is a mental health workshop that utilizes adventure-based learning [i.e. hiking, zip-lining, etc.] to facilitate mental health education. Jon explained other different program opportunities and offerings.

Jon shared the mental health continuum of support, including a mental health support line - Project Talk, a weekly telephone call as a check-up and chat time. Next Jon chatted about Warrior Care Network, a partnership among four academic healthcare centers - Emory Healthcare in Atlanta, Home Base in Boston, Road Home in Chicago, and UCLA Health in Los Angeles - the first of its kind network to increase access to care, reduce the stigma of mental health needs, promote data sharing,, and develop a model of care. Each center has a different specialization, i.e. sexual trauma, etc.

Jon showed a slide that shared the numbers in detail of the impact Wounded Warrior Project is



having of wounded veterans and their families. His included employment counseling and programs. Jon cited that about 1100 warriors have found new jobs amid the pandemic from about mid-March to the end of September!

Jon concluded by sharing a photo of the faces



of wounded warriors, saying that when folks think of wounded warriors, they think of those who have the visible wounds of war. Some of them do, but most do not. Things like PTSD, Traumatic Brain Injury, anxiety

and other types of combat stress are just a few of the invisible wounds of war. Jon is humbled and inspired every day to be able to share their story . . . that is what is today is all about: the sacrifices, the challenges, and the resilience . . . and to honor that.

Jon mentioned in closed that back in April WWP have launched an \$11 million Covid-19 Relief package, and they have reached many warriors to address the challenges exacerbated by the pandemic.

Jon then opened the floor to questions which included topics such as monies from the federal government [Wounded Warrior Project received no federal funding], toxic exposure, sexual assault, homelessness, service animals, and employment rates].

We wished ourselves a Happy 101<sup>st</sup> Birthday. John Hedges led the group in The Four-Way Test of the Things We Think, Say, and Do.

 <b>Birthdays</b>	 <b>Anniversaries</b>
<b>November</b> 5 - Lesley Gottlinger 13 - Scott McAdam 13 - OPRF Rotary 19 - Sue Quinn 27 - Shalena Thomas	<b>November</b> Marc Stopeck - 17 yrs. Matt Grote - 16 yrs.
<b>December</b> 1 - Phil Barry 8 - Dawn Ferencak	<b>December</b> Charlie Williams - 26 yrs John FS Williams - 26 yrs Cathy Adduci - 1 yr

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**Club, District & Zone Announcements . . .**

The International Rotary Fellowship of Healthcare Professionals has launched the Quality and Safety Improvement in Health Care initiative. In 2019 the World Health Assembly adopted a resolution 'Global action on patient safety'. The resolution recognizes patient safety as a global health priority and endorsed the establishment of 'World Patient Safety Day' annually on 17 September. The WHO calls for action to bring together patients, families, caregivers, communities, health workers, health care leaders and policymakers to show their commitment to patient safety.

On December 2, we will launch the initiative with Neelam Dhingra-Kumar, MD, Coordinator, Patient Safety and Risk Management, World Health Organization, Geneva and other guest speakers. All are invited to attend this free webinar - Register at <https://us02web.zoom.us/j/818WNF8N...>



**Rotary**

International Rotary Fellowship  
of Healthcare Professionals

Wednesday, December 2, 2020  
9:00 – 11:00 a.m. Central Time  
2:00 – 4:00 p.m. GMT

**Guest speakers include:**  
 Neelam Dhingra-Kumar, MD, Coordinator, Patient Safety and Risk Management, World Health Organization, Geneva;  
 John Wahlund, Area of Focus Manager for Disease Prevention and Treatment, The Rotary Foundation;  
 Regina N. M Kamoga, Executive Director, CHAIN Uganda  
 Rotarians from Hyderabad Deccan  
 Dr John Phillip, Surgeon Chairman, International Fellowship of Rotarian Doctors  
 Pat Merryweather-Arges, Rotary Regional Foundation Coordinator, Project Patient Care Executive Director



DECEMBER IS

DISEASE PREVENTION AND TREATMENT Month

Disease prevention and treatment has a goal of improving health and healthcare outcomes and providing safe care

Rotary  People of Action

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Please join the Rotary Club of Kelso for the final Kelso Conversation of 2020 at 6:00pm GMT on Thursday 10 December, when we will welcome RI President Nominee Jennifer Jones live from Canada. Please click on this link to register and you will receive an email with joining instructions.  
<https://us02web.zoom.us/j/818WNF8N...>



**DON'T DELAY  
BOOK TODAY!**



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**A VERY  
BLESSED AND  
HAPPY  
THANKSGIVING  
HOLIDAY TO  
ALL!!**