



The Sitzmarke

SPACE CITY SKI CLUB www.spacecityskiclub.org



February 2011

Member
Texas Ski Council

Vol. 46, No. 10

Space City Ski Club February General Meeting

Valentine's Day Skit

Monday, February 14th @ 6:30 pm to 9:00pm

At Dave & Busters — 6010 Richmond Ave



From Mission Control

by *Sandy Wellhausen, President*

You don't want to miss our next General Meeting at Dave and Buster's on Richmond. Since the date is Monday, February 14th, Valentine's Day, we are putting on a skit for you called "The Dating Game". It should be a lot of fun and you may want to take your favorite honey out over the weekend to celebrate Valentine's Day and come see us on Monday.

Several of our trips are full, but we have a few with some spaces still open. Please go to SCSC's website at www.spacecityskiclub.org to check out which trips still have openings or check out Melinda Hughes article for more details. You may want to try skiing in Arapahoe over Memorial Day weekend, Steamboat Balloon Fest in July or the Alaskan Cruise Summer Expedition in September.

Our VP of Activities, Sandra McCunis, has a few fun activities for us to indulge. We are going to see Guilty Conscience at Company OnStage this month and Brad Paisley at Houston Livestock Show and Rodeo in March. Both of these activities will be a lot of fun. Please see Sandra's Calendar and/or our website for more details.

It is that time of year for the Nominating Committee to make their choices for the new Executive Committee. The elections will be held at our General Meeting on

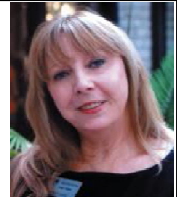
March 14th and the new officers will come into office on May 1st. We encourage all of you to attend and vote in the elections. If you are not able to attend, please send your vote to Space City Ski Club, P. O. Box 22567, Houston, TX 77227. We will not be able to accept any written absentee votes after midnight Saturday, March 12th.

Our nominees are:

- President - Sandra McCunis
- Vice President of Activities - Leslie Ward
- Vice President of Trips - Jim Hodges
- Vice President of Membership - Jan Ferrell
- VP of Publications - Leyla Ozkardesh (2nd term)
- Treasurer - Chuck Pena (2nd term)
- Secretary - Olga Adair

TSC Bidfest will again be held in Houston this year.

It will be held at the Houston Marriott West Loop by the Galleria the weekend of April 15 - 17th. We encourage you all to attend and see first hand which trips we will be doing with the Texas Ski Council for 2012. You can make hotel reservations at 713.960.0111 or on their website at www.marriott.com/hotels/travel/houwl-houston-marriott-west-loop-by-the-galleria. Don't forget to ask for the TSC discount rate!



Calendar of Events

- 02/14/11 **General Meeting** at Dave & Buster's - 6010 Richmond Ave. - 6:30 to 9:00 PM
- 02/19/11 **Company OnStage Theatre** - Guilty Conscience - 536 Westbury Square - 8:00 PM AC: Marianne Pearce
- 02/24/11 **February Happy Hour** - Americas Post Oak - 1800 Post Oak Blvd. - 5:30 to 9:00 PM
- 03/04/11 **Wild West Happy Hour & Country Western Dance** - 6101 Richmond Ave. 5:30 PM
- 03/14/11 **General Meeting** at Dave & Buster's - 6010 Richmond Ave. - 6:30 to 9:00 PM
- 03/19/11 **Houston Livestock Show & Rodeo** - Brad Paisley - Reliant Park - 3:45 PM AC: Craig Campbell
- 03/24/11 **March Happy Hour** - Pesce Restaurant - 3029 Kirby Dr. - 5:30 to 9:00 PM
- 04/11/11 **General Meeting** at Dave & Buster's - 6010 Richmond Ave. - 6:30 to 9:00 PM
- 04/15/11 - **TSC Ski Bid Fest Weekend** - Marriott Hotel-Galleria - 1750 West Loop South
- 04/17/11 (see website for agenda) AC: Camille LaRoe

Members

Approximately 175 members did not renew for the 2010-2011 year. Our present membership is 473 and we are down approximately 100 members from 2009-2010. We really need help in recruiting previous members and new members.

WOULD YOU PLEASE MAKE A CONSCIOUS EFFORT TO CONTACT SOMEONE ABOUT JOINING OR RENEWING THEIR MEMBERSHIP?

THANKS FOR YOUR HELP!

VP MEMBERSHIP

2010—2011 SKI TRIP SCHEDULE

Destination	Trip Dates	FPD	Trip Price	TC/ATC		
Vail II	Feb 5-12, 2011 (Sat-Sat)	11/10/10	\$900 L-\$699	Dennis Hughes Margaret McCord	dwhughes@horizonsurvey.com mccordm@garygreene.com	713 805 1757 281 536 0563
The Canyons - Park City Utah	Feb 19-23, 2011 (Sat-Wed)	12/19/10	\$909 L-\$556	Leslie Ward	shmrck1317@aol.com	832 863 2018
Jackson Hole Wyoming	Feb 26-Mar 5, 2011 (Sat-Sat)	11/17/10	\$1,074 L-\$717	Dennis Newell Beverly Roberts	dennis.newell@sbcglobal.net beverly.borroghs.roberts@williams.com	713 520 1719 281 496 4807
Sun Valley Idaho	Mar 12-19, 2011 (Sat-Sat)	12/22/10	\$1,146 L-\$735	Thuy Rocque Richard Rocque	trocque@comcast.net rrocque1@comcast.net	281 615 0405 713 502 1975
Snowbird TSC Final ShowDown	Mar 16-20, 2011 (Wed-Sun)	1/14/11	\$897 L-\$537	Cindy Moore	Dance_c_ski@yahoo.com	713 984 1060
Schweitzer Idaho	Mar 19-26,2011 (Sat-Sat)	12/15/10	\$1,128 L-\$817	George Lopez	gjl_asti@yahoo.com	856 296 9399
Arapahoe Basin	May 27-31, 2011 (Fri-Tue)	TBA	TBA	Tor Lileng	tlileng@aol.com	
Steamboat Balloon Fest	July 9-16,2011 (Sat-Sat)	TBA	TBA	Dana Wardell Shirley Lang	dwardell@stalkerenergy.com langshirley@gmail.com	281 468 7527 281 218 8515
Alaskan Cruise TSC Summer Expedition	Sept 6-13, 2011 (Tue-Tue)	TBA	TBA	Ellen Eastham	eeastham@prodigy.net	281 989 9935

Countdown to Liftoff

By Melinda Hughes, V.P. of Trips



Are you considering purchasing a new pair of ski boots or do you need adjustments in your current pair? Believe it or not, a good boot fit can make or break your ability to ski yet there are no mandatory certifications for the profession. Steve Cohen, executive director of America's Best Bootfitters (www.bootfitters.com) and Masterfit University provided several helpful tips to help you find a qualified boot fitter and a pair of boots.

- Buying boots off of the internet is not a good idea. Alpine ski boots are the harshest fitting footwear that you will ever purchase so they are really best fitted with the help of an experienced professional.
- Make sure the shop has a variety of brands and models to choose from. The "last" in each boot is designed for different foot shapes. Lasts come in narrow, medium, and wide so make sure you are appropriately measured for boot width.
- In addition to measuring the width of your foot, a good boot fitter will consider your foot shape, length, instep height, ankle bone shape and calf and lower leg shape.
- After you've been fitted and decided on a pair, walk around and flex the boots for 10-15 minutes. If you have any foot discomfort or stance issues, it should become apparent and the bootfitter will be able to make adjustments. Or switch you to a different model. The cuff angle of the boot (from ankle up) can be adjusted to your stance for

comfort, balance, and forward lean. The boot fitter should match the cuff of the boot with the shape of your lower leg.

- If you decide to purchase boots on a vacation, do so early in the trip. That way you can put some mileage on your new boots and learn if there are any adjustments that need to be made and enjoy the rest of your trip.

If you already have a pair of boots and need adjustments, ankle joint range of motion is critical to assess and understand according to Greg Hoffmann of SBF (www.skibootfitting.com) in Vail.

From my personal experience, if your range of motion is not properly assessed, then your quads will be stressed and continually fire. That leads to fatigue, pain and the early end to a ski day.

Finally, when considering a boot fitter, ask them what process they go through to evaluate your foot. Do they consider all of the points above or just bring out different boots to try on?

Do they know which boots in their stock go with your foot style? A good boot fitter will be able to assess your foot shape and know the brand that matches your foot. Ask the fitter if they have tried on the boot that they are recommending. A good boot fitter will have tried on the styles they sell. Hopefully, this will help you make decisions on your purchase or adjustments in the future.

Arapahoe Basin has openings for a last chance to ski with SCSC. Check out the Steamboat Balloonfest for a summer activity or the Alaska Cruise in the fall.

See you on the slopes!

Vail, Colorado by Judy Shiro

For those of you who missed this trip because of the fear of not having enough snow, you really missed out. We had lots and lots of snow. Blue Sky Basin was already open when we arrived – the earliest it has ever been open. After our arrival at Denver airport and the mandatory stop at the grocery/liquor store we arrived at our destination – Lions Square Lodge. After a few confusing luggage deliveries – **Llona Doubet** couldn't find her NEW ski boots – alas, they somehow found their way into **Bob Olsen, Larry Edmondson, Ron Hayes** and **Judy Schiro's** condo. The desk was looking for a brown boot bag and all we found was a blue one. Someone here is clearly color blind. **Melinda Hughes, Pat Piech, Jim Edwards** and **Jim Walker** were not happy with their condo and quickly asked to be moved to a different condo – what luck, ski in-ski out! The people who needed to rent skis went off to rent them and then we all went looking for a place to eat.

Sunday brought sunshine and lots of skiing. My new ski jacket zipper broke and **Brenda Herman** came to my rescue. Seems she packed an extra jacket and she was so kind and sweet to loan me the extra jacket for the remainder of the week. Melinda Hughes set out on a mission to get her ski boots adjusted. And, by the end of the week and several adjustments, she said she had succeeded. **Bruce Lowther** purchased new boots. **Marilyn Swanson, Janet McKenzie, Al Klimas** were seen skiing, Marilyn in her new pink helmet. Couldn't miss her! Victor Blanco said he was tired of seeing Tom Huzzey's rear end on the ski slopes. Said Tom just skied so fast. **Ron Rambin** led his merry crew – **Roberta Rambin, Craig Campbell, Roger Holzman, Bob Olsen, Victor Blanco, Tom Huzzey, Ron Hayes, Nancy DuFrane, Sharon Simandl** and me – all over the blue runs. We had a blast.

Sunday night was our Apres ski at Mezzaluna's with lots of appetizers. **Mark Ehrlich, Steve Slade, Michael** and **Gin Knebel, Tom** and **Chaille Hutcheson** joined in the fun. **Sharon Smith** was our only non-skier. **Andy Smith** skied to the base every day and had lunch with her. True love at it's best!

Monday night the club dinner was held at Sapphire's. Wonderful food.

Tuesday brought lots of snow. The powder was so high – too high for me – but everyone loved it. Our shadows, **Leslie** and **Andy Cashio** tried to lead us down some supposedly groomed runs – they were not! And, we had a white out at the top of Eagle's Nest Ridge. **Cindy Moore** left us in the dust and **Ann Dorn** followed us very slowly and closely to the Gondola. Whew! After we rode down and had lunch, the sun came out. At the end of the day, Andy Smith ran over Tom Huzzey and knocked him for a loop. Scared me so much that I FINALLY bought a helmet. Lions Square Lodge hosted a wine and cheese party for the lodge's guests. **Marie Henry, Evan Howell, Brenda Herman, Barry Casper, Jason LaRosa** and **Anna Ledowicz**, enjoyed the get together.

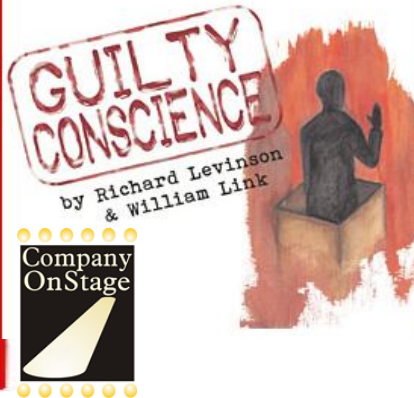
Wednesday the short trip left. A few of the short trip people managed to get a few runs in before the bus left. It was a beautiful day. Clear skies.

Thursday, Chair 5 opened with a celebration of hot cocoa, cider and chocolate chip cookies. **Ross Baker** and **Keith Kirkman** both joined in the fun and got a "5" pin for their efforts.

Friday it snowed again. Not as much as on Tuesday, but enough for all of us to enjoy the day. The Vail area was expecting a big storm overnight and true to form, it came. Windy and snowing. So on Saturday, we left an hour earlier than scheduled just to make sure we got to the airport in plenty of time. It snowed on us all the way past Loveland but when we arrived in Denver it was sunny and beautiful. It was a great trip. We all made lasting friendships, but then we are all such a wonderful group – join us next year. It's truly the best trip of the year!

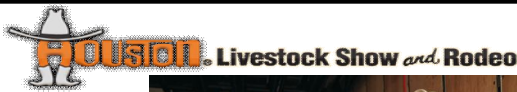


Invite Your Friends and Join Space City Ski Club for an evening at the theatre!



Saturday, Feb 19th 8:00pm \$15
 Company OnStage Theatre
 (Optional Dinner at Escalantes 5:45pm)
 AC: Marianne Pearce 281-558-8678

A brilliant but ruthless criminal attorney plots to kill his wife. To invent a fool proof alibi, he pits himself against imaginary prosecutors in the courtroom of his mind. Can he get away with it? This suspenseful and surprising play is written by the creators of TV's Columbo



Brad Paisley



Saturday, March 19th 3:45pm
 AC: Craig Campbell

Space City Ski Club 2009-2010 Executive Committee

Space City Ski Club 2009-2010 Executive Committee			Board of Directors
President	Sandy Wellhausen	sandywp.ski@gmail.com	Camille Laroe —
VP of Activities	Sandra McCunis	semccunis@aol.com 281-463-7717	Chairman
VP of Trps	Melinda Hughes	vptrips @spacecityskiclub.org 936-825-7039	Pat Piech
VP of Mbrship	Patricia Finch	finchp@gtlaw.com 936-520-1486	Betty Storms
VP of Pub	Leyla Ozkardesh	leylajoz@sbcglobal.net 281-584-9723	Steve Slade
Treasurer	Chuck Pena	penaca23@gmail.com	Sean O'Brien
Secretary	Ann Rogers	rogersae@msn.com 281-703-0454	Ellen Eastham
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Dir. of Trips	Bill Bomberger	bbomberger@hotmail.com 281-495-8668	Marsha Lutz
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