

**UPCOMING PROGRAMS PRESENTED BY LITTLE FALLS VILLAGE & LITTLE FALLS LIBRARY
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Thursday, April 11, 2019 @ 1:30 – 3:00 pm

“Making an Aging Plan,” with Miriam Kelty, consultant in Bioethics, Aging and Research Strategy, Co-President of the Washington Area Villages Exchange, President of Bannockburn Neighbors Assisting Neighbors, Associate Director of the National Institute on Aging and Director of the Institute's Extramural Activities Programs.

Dr. Kelty will present information on planning for longevity, strategies for dealing with unexpected issues, and tips on making a Master Aging Plan (MAP). Attendees will be able to ask themselves the hard questions about the financial, social and safety implications of aging and care plans. Dr. Kelty is trained in both clinical psychology and in animal behavior and comparative and physiological psychology.

Wednesday, April 24, 2019 @ 1:30 – 2:30 pm

“Suffragists in Washington, D.C.,” with journalist, author, radio talk show host, and producer Rebecca Roberts. She is currently the program coordinator for Smithsonian Associates, where she works to highlight the history of our capitol city.

In her latest publication, *Suffragists in Washington, D.C.: The 1913 Parade and the Fight for the Vote*, **Rebecca Roberts** narrates the struggles of The National Women's Party and its leaders as they fought for women's voting rights. Ms. Roberts has served as a host on many distinguished radio talk shows such as *NPR, Morning Edition, WETA, Talk of the Nation* and *XM Radio*. Books will be available for sale and signing after the presentation.

Thursday, May 9, 2019 @ 1:30 – 3:00 pm

“Downsizing in Place with Order in Your Life,” with Penny Catterall, Owner & Founder of Order Your Life.

Penny Catterall will offer suggestions on where to donate and sell possessions you no longer wish to keep, how to start organizing your home and your paper/ computer files, and how to let go of the excess in your life. Mrs. Catterall is a professional organizer and daily money manager who is passionate about decluttering and bringing calm to your home. Prior to starting Order Your Life LLC, she ran two home-based businesses for almost 10 years, working as a freelance health research advocacy consultant, as well as founding Penelope Designs, for which she designed and crafted jewelry and hand-knit accessories. Mrs. Catterall's goals include helping small businesses, particularly those run by women from their homes, achieve greater efficiency and profitability by developing and implementing organizing systems that are tailored to their needs and giving her residential clients the tools to get and stay organized for the long term.

Wednesday, May 22, 2019 @ 1:30 – 2:30 pm

“Cutting the Cord: Alternatives to Cable TV,” with Victor Rezmovic, IT consultant and teacher at the Information Technology Institute at Montgomery College. Mr. Rezmovic is also a social psychologist by training.

During this lecture and demonstration, **Victor Rezmovic** will present popular alternatives to Cable TV and how those devices, such as Apple TV and Roku, are changing the viewing experience. He will also examine how devices such as smart phones, tablets and laptops have become the new TV sets. Mr. Rezmovic has devoted most of his career to the information technology world, doing network engineering and training. He has developed courseware to train Microsoft and Novell system administrators. Mr. Rezmovic has also customized many on site courses for corporate and government clients, such as the Veterans Administration, the Department of Defense, US Department of Agriculture, Bureau of Labor Statistics, Government Printing Office and multiple components within the US Department of Justice.

Thursday, June 13, 2019 @ 1:30 – 2:30 pm

“The Last Palace,” with Norman Eisen, chairman and cofounder of Citizens for Responsibility and Ethics in Washington, Senior Fellow at Brookings Institution, political commentator for CNN, former U.S. Ambassador to the Czech Republic (2011-2014), former chief White House ethics lawyer (2009-2011).

In his latest publication, *The Last Palace: Europe’s Turbulent Century in Five Lives and One Legendary House*, **Norman Eisen** chronicles the fight for democracy in Europe through the eyes of the previous residents of the historic home where he lived as U.S. ambassador in Prague: its Jewish builder, its Wehrmacht occupier, the American envoy who fought the Cold War and the movie-star ambassador who ended it. He weaves together those lives with a fifth, his Czech-Jewish mother, a survivor of the Holocaust and Communism. Along with a discussion about this book, Mr. Eisen will discuss his work in developing anti-corruption and transparency strategies with U.S. and Czech law enforcement and his role in advancing security and defense initiatives between the two nations. The presentation will be followed by a book sale and signing.

Wednesday, June 26, 2019 @ 1:30 – 3:00 pm

“Inside the White House,” with Antoine Sanfuentes, Managing Editor at CNN’s Washington Bureau, where he oversees stories on the White House and Capitol Hill.

Antoine Sanfuentes will discuss and draw from his two decades of experiences covering the White House and the leaders of our nation. During his 24 years at NBC News, Sanfuentes served as the Senior Vice President and Managing Editor, Vice President and Washington Bureau Chief, and Senior White House Producer. Sanfuentes has earned various awards for his news coverage, including the highly coveted Murrow Award, the News and Documentary Emmy Award for Outstanding Live Coverage of a Breaking News Story, the Gracie Allen Award and a Headliner Award.

Thursday, July 11, 2019 @ 1:00 – 2:30 pm

“Don’t Get Taken,” with Kelly Davis, Program Manager and Special Investigator for the Crimes Against Seniors and Vulnerable Adults Unit at the Montgomery County State’s Attorney’s Office. Ms. Davis also coordinates the monthly Elder and Vulnerable Adult Abuse Task Force (EVAATF) and is a member of the planning committee for Montgomery County’s annual World Elder Abuse Awareness Day (WEAAD) event.

During her presentation, **Kelly Davis** will share her efforts to address the growing needs of the senior and vulnerable populations in Montgomery County throughout her career. She will also examine red flags of abuse and the best practices for financial safety. Since 2014, Ms. Davis has investigated over 200 cases of financial exploitation. Prior to joining the State’s Attorney’s Office, Kelly was an investigator for the Cabarrus County (North Carolina) District Attorney’s Office and a Crime Scene Investigator for the Maryland State Police.

Wednesday, July 24, 2019 @ 1:00 – 2:30 pm

“Bitter Memories: The Fall of Saigon,” with Tom Glenn, author of the memoir article “Bitter Memories: The Fall of Saigon” and several novels such as *Friendly Casualties*, *No-Accounts*, *The Trion Syndrome*, and *Last of the Annamese*. Currently, he is a reviewer for the *Washington Independent Review of Books* and the *Internet Review of Books*.

Tom Glenn will recount his experience as an undercover signals intelligence operative in April 1975 when the North Vietnamese attacked the city. Glenn will discuss the risks he was forced to take and his choice to disobey orders from the U.S. Ambassador, Graham Martin, in order to save the lives of his American subordinates. Tom Glenn has also worked as an intelligence operative, a musician, a linguist (seven languages), a cryptologist, a government executive, a care-giver for the dying, and a leadership coach. Glenn was the Dean of the Management Department at the National Cryptologic School and has had various pieces of his work published and reprinted by *Atticus Review*, *Cryptologic Quarterly*, the *New York Times*, and more. Glenn is the recipient of the Civilian Meritorious Medal.

Thursday, August 8, 2019 @ 1:00 – 2:30 pm

“The Golden Era of the Washington Post,” with Bob Levey, award-winning journalist, columnist and radio talk show host, whose works include *Washington Album: A Pictorial History of the Nation’s Capital*, a 200-page illustrated history of the local city and his first novel, *Larry Felder, Candidate*.

Bob Levey will recount his most memorable moments throughout his 36 years working for *The Washington Post*, including being hired by Ben Bradlee and being seated between Bernstein and Woodward during Watergate. He will also discuss his newest publication, *Larry Felder, Candidate*, which details the story of a famous Washington newspaper columnist (Felder) who abandons journalism to run for congress in Maryland’s 8th District, Montgomery County. For 23 years, Levey wrote a daily column, “Bob Levey’s Washington,” for *The Washington Post*. The column looked at all aspects of life in the nation’s capital and won major awards from the Society of Professional Journalists and *The Washington Journalism Review*. Levey was voted the 1994 Radio Talk Show Host of the Year in the Washington Market and was named one of the most important radio talk show hosts in America by *Talkers Magazine* in 1996. In 1999, Levey was also named Washingtonian of the Year by *Washingtonian* magazine in recognition of his community service through his column and hands-on volunteer work. The presentation will be followed by a book sale and signing.

Wednesday, August 21, 2019 @ 1:00 – 2:30 pm

“The Washington, D.C., Area Ecosystem: A Book and Photo Essay,” with Edward Barrows, Professor of Biology at Georgetown University and author of several publications, including books such as *Animal Behavior Desk Reference, A Dictionary of Animal Behavior, Ecology, and Evolution, Nature, Gardens, and Georgetown*, and *The Washington, D.C., Area Ecosystem*, as well as scores of scientific papers.

Edward Barrows will discuss his newest book, *The Washington, D.C., Area Ecosystem*.

Thursday, September 12, 2019 @ 1:00 – 2:30 pm

“Hearing Loss Association of America,” with Russell Misheloff, president of the DC Chapter of the Hearing Loss Association of America and Lon Rosenman, Vice President and Advocacy Coordinator for the DC Chapter of the Hearing Loss Association of America.

Russell Misheloff and **Lon Rosenman** have given presentations about hearing loss at several area Villages over the past few years focusing on recognition, sources of support, and the technology and strategies that people with hearing issues have found useful in maintaining relationships and continuing to function and thrive in the wider hearing world. This is a program designed for people who have (or suspect they may have) hearing loss, as well as their communication partners, such as family, friends, and colleagues. Rosenman has worked with city/federal governments and commercial organizations as an advocate for HLAA-DC and policy changes that would improve the accessibility of public and private facilities and services. At the end of the presentation, attendees will have the option to express any questions or concerns about hearing loss and have them addressed by Misheloff and Rosenman.

Wednesday, September 25, 2019 @ 1:00 – 2:30 pm

“Home Safety Check,” with James Resnick, Program Manager of Senior Outreach and Education for Montgomery County Fire and Rescue Service.

James Resnick develops and provides fire safety and injury prevention education and outreach programs through Training Outreach’s contract with Fire and Rescue Services. In his presentation, he will explore the reasons why home safety has never been more important than it is today and cover tips that residents can use to keep themselves safe both in and out of their home. He will also examine techniques and tools ranging from smoke/carbon monoxide alarms to fall prevention that can aid homeowners in maintaining a safer lifestyle. This presentation will be followed by Home Safety Checks for LFV Members & Volunteers. Resnick retired in 2014 as the Operations Battalion Chief, Montgomery County Fire Rescue Service, Montgomery County, MD.

Thursday, October 10, 2019 @ 1:00 – 2:30 pm

“The Shadow President: The Truth about Mike Pence,” with award-winning foreign correspondent and author Peter Eisner, whose books include *The Pope’s Last Crusade*, *The Italian Letter*, *The Freedom Line*, and his most recent publication, *The Shadow President: The Truth about Mike Pence*.

In his latest novel, co-authored with Pulitzer Prize-winner Michael D’Antonio, **Peter Eisner** delves into the life of Mike Pence, including his path from Catholic Democrat to conservative evangelical Republican, and how he built connections to focus on his own pursuit of power. *The Shadow President* reveals that Mike Pence is the most important and powerful Christian Right politician America has ever seen. Eisner has been an editor and reporter at the Washington Post, Newsday and the Associated Press. He was also correspondent and consulting producer at the PBS programs *Newshour Weekend* and *World Focus* and was nominated for a News and Documentary Emmy Award in 2010.

Wednesday, October 23, 2019 @ 1:00 - 2:30 pm

“Making Peace Through Meditation,” with Sig Cohen and Carolyn Miller Parr, co-authors of *Love’s Way: Living Peacefully with Your Family as your Parents Age*, a book that compiles what they’ve learned after helping families resolve conflict through meditation for nearly 20 years. They both maintain a blog on their Tough Conversations website and continue to meditate at neutral locations.

Sig Cohen and **Carolyn Miller Parr** will reveal some of the key concepts shared in their newest publication, *Love’s Way: Living Peacefully with Your Family as your Parents Age*. Audience members will be provided with a map through the weeds that spring up along the path as parents age and roles reverse. Using real-life examples from years of working with families in this season of life, Cohen and Miller Parr will illustrate common issues that can send a family into a crisis: unhealed sibling rivalries, parental favoritism, greed, secrecy, and fear of initiating necessary conversations and learn how to prevent or rectify them in their own families. Attendees will also learn what documents everyone needs, how to work with forgiveness, how to speak truth in love, and how to let go. Carolyn Miller Parr is a retired judge, mediator, writer, and public speaker. Sig Cohen is a retired Foreign Service officer, fundraiser, and community organizer, and now serves as a mediator. The presentation will be followed by a book sale and signing.

Thursday, November 14, 2019 @ 1:00 – 2:30 pm

“Lafayette and the Birth of America,” with Pierre Larroque, member of The American Friends of Lafayette, a historical and patriotic society dedicated to the memory of Le Marquis de Lafayette and to the study of his life.

Pierre Larroque will share information on the life and achievements of Le Marquis de Lafayette, a French aristocrat who fought in the Continental Army during the Revolutionary War and helped shape France’s political structure before and after the French Revolution. Larroque will also discuss Marquis’ unwavering support of liberty and America, as well as his close friendships with, and influence on, the Founding Fathers of America. His presentation will focus on the birth of America and include readings from the National Woman’s Party in front of the White House in Lafayette Square in 1918.