



UPCOMING SPEAKER EVENTS

PRESENTED BY
LITTLE FALLS VILLAGE



A Partnership between LfV & the Little Falls Library (MCPL)
OCTOBER 2020 THROUGH JANUARY 2021

*** All Speaker Events are Free & Open to All ***

Events through ZOOM from your COMPUTER * TABLET * SMARTPHONE * or TELEPHONE
ZOOM log-in info for each event will be provided upon receipt of your RSVP by clicking on
the Registration Link that is provided for each event.

Please send questions to info@littlefallsvillage.org or call (301) 320-326.

Registration recommended at least 2 days prior to each event * Events are locked at 1:10

TUESDAY OCTOBER 6, 1:00-2:30 PM

“Who's Going to Win and Why” with **Steve Roberts**, veteran political analyst covering his 13th presidential election. **Steve Roberts** is a journalist and former bureau chief for the New York Times. He has had experience as a Congressional and White House correspondent and has authored several books, including a New York Times best-seller. Steve writes a nationally syndicated newspaper column, is the chief political analyst for ABC radio network, and is the Shapiro Professor of Media and Public Affairs at George Washington University. Steve's many honors include the Dirksen Award for covering Congress, the Wilbur Award for reporting on religion and politics, the Bender Prize as one of GWU's top undergraduate teachers, and six honorary degrees. At this event, **Steve Roberts** will do his utmost to explain the 2020 Presidential Campaign including his analysis of the underlying campaign themes and political trends that will influence the voting in November. Steve has been a journalist for more than fifty years, covering some of the major events of our time. This event is in collaboration with Friendship Heights Neighbors Network and COFFE (Council of Former Federal Executives & Associates).

Registration Link: www.littlefallsvillage.org/Election

WEDNESDAY OCTOBER 14, 1:00-2:30 PM

“Who is Going to Lose and Why” with **Allan Lichtman**, Distinguished Professor of History, American University. Allan Lichtman, the Nostradamus of modern-day presidential election outcomes and author of “The Thirteen Keys to the White House”, has correctly foreseen who would win all the presidential races since 1984. He predicted that Trump would win in 2016. (He also predicted in another book that Trump would be impeached). These predictions have been based on a system of thirteen factors, deemed true or false, that assess how well the incumbent has done during his term in office. These include factors such as the economy, incumbency, social unrest, and scandals, as well as the candidates' personal charisma. If fewer than five of the keys are false, the incumbent wins the presidency. Polling data, debates, campaigning, etc. have no role in these factors. Lichtman created the “The Keys to the White House” model, which he created with Russian seismologist Vladimir Keilis-Borok in 1981 using pattern recognition. This event is in collaboration with COFFE (Council of Former Federal Executives & Associates). Registration Link: www.littlefallsvillage.org/Lichtman

WEDNESDAY OCTOBER 28, 1:00-2:30 PM

“How to Age with Vitality, Dignity, and Humor” with **Chris Palmer**, author, speaker, former professor, and a wildlife filmmaker. He serves on the Board of Montgomery Hospice, is writing a book on aging successfully, is a hospice volunteer, and runs an “aging well” group for the Bethesda Metro Area Village. During his filmmaking career, he swam with dolphins and whales, came face-to-face with sharks and

Kodiak bears, camped with wolf packs, and waded hip-deep through Everglade swamps. Over the past thirty-five years, he has spearheaded the production of more than 300 hours of original programming for prime-time television and the IMAX film industry, work that won him and his colleagues many awards, including two Emmys and an Oscar nomination. He has written seven books, the latest is on how to find meaning and success in life and will be published by Rowman & Littlefield this coming spring. In 2004, Chris joined the full-time faculty of American University where he taught filmmaking and founded the Center for Environmental Filmmaking. He also created a popular class called *Design Your Life for Success*. He retired from AU in 2018. He has eight grandchildren, was a standup comic, and has advanced degrees from London and Harvard. He has jumped out of helicopters, worked on an Israeli kibbutz, and was a high school boxing champion. His website is www.ChrisPalmerOnline.com. **Mr. Palmer** will give an entertaining and interactive workshop on how to get the most out of life and live with more joy, success, and fulfillment. He will discuss what's important, how to find purpose and meaning, and how to live fully especially as we grow older. The workshop is about actively designing our lives rather than drifting forward, reacting to what happens to us, and how to behave in ways that are true to our most honorable, generous, and best selves. **Registration Link:** www.littlefallsvillage.org/Vitality

MONDAY NOVEMBER 9, 1:00-2:30 PM

“Shifting Dynamics of the Middle East, Israel, and Its Neighbors” with **Michael Sharnoff**. Dr. Sharnoff holds a Ph.D. in Middle East Studies from King's College, London, and is the author of *“Nasser's Peace: Egypt's Response to the 1967 War with Israel”*. The United Arab Emirates' (UAE's) willingness to normalize relations with Israel is a natural outcome of recent trends in the Middle East. During much of the 20th century, the key centers of power in the Middle East were Egypt, Syria, Iraq, and Saudi Arabia. Israel was perceived as the main enemy and several wars were fought in the name of defending Palestine. However, the 1979 Iranian Revolution, the 2003 Iraq War, and Arab Spring uprisings shifted power centers and regional priorities. For many Arab states, curbing Iranian influence, focusing on economic and political domestic issues, and countering violent extremist organizations have taken precedence over confronting Israel. Indeed, some Arab rulers have come to perceive Israel as a potential ally to tackle these challenges. **Dr. Sharnoff** will provide a historical context of Israel's relations with its Arab neighbors and analyze how recent trends have shifted regional priorities. It will conclude with observations about the latest agreement between the UAE and Israel, and how it will impact the region. This event is in collaboration with COFFE (Council of Former Federal Executives & Associates).

Registration Link: www.littlefallsvillage.org/Sharnoff

THURSDAY NOVEMBER 12, 1:00-2:30 PM

“The Birth of Rationality and the Roots of Our Civilization” with **Pierre Larroque**. Pierre was trained in the sciences in France and has always kept a keen interest in the history of scientific thought. Since becoming an American citizen in 1998, Pierre has been a dedicated student of early American history and the colonial struggle for independence including a keen interest in the role Le Marquis de Lafayette played in helping America achieve self-rule. Stressed out by the craziness of our world? Come rediscover rationality with those who invented it! At the origins, women and men counted basically for trading stuff. The manipulations of numbers stemmed from commercial or taxation needs, and basic geometry allowed for constructing buildings and surveying lands. Events and “the order of things” derived from godly or royal/tyrannical edicts. Starting in about 570 BC, the Greeks questioned “the principles and reasons for all things divine and human”. This led to the birth of rational argumentation – the concept of proof and demonstrable truth – in human enquiries. A few intellectual giants - Pythagoras, Plato, Euclid, Archimedes, Apollonius – developed logic and the use of reason as the bases for our civilization's advances. Their construction of mathematics, and thus of logic and philosophy, still underpins our societies, after we rediscovered it from Arabic sources in the Renaissance. Pierre Larroque will lead you through the path which those giants cleared – the synchronous birth of mathematics, rational thinking and democracy.

Registration Link: www.littlefallsvillage.org/Rationality

THURSDAY NOVEMBER 19, 1:00-2:30 PM

"The Golden Age of Music" with **Michael Lavine**, Music Director, Performance Coach, and Archivist. Michael has worked all over the world as a musical director, pianist, vocal coach and singer. He gives master classes on auditioning in New York, Los Angeles, Moscow, Bangkok, Australia, Singapore, Tokyo, Manila, Martha's Vineyard and other locations. He has worked with composers as varied as Stephen Schwartz, Stephen Sondheim and Burton Lane, and Comden and Green. Michael has put out many CDs including *The Lost Broadway CD Series* and will be releasing some new ones in conjunction with this concert. A graduate of Columbia University, Michael owns one of the larger privately held collections of sheet music in the world. Join **Michael Lavine** as he takes you on a tour of Tin Pan Alley, from its humble beginnings in the Lower East Side and moving on to Broadway and Movie Musicals. Michael will be joined by Broadway and cabaret performers, as he presents many of the world's most beloved songs of the 1920's and 1930's. Feel free to sing along! Read more about Michael on his site www.michaellavine.net.

Registration Link: www.littlefallsvillage.org/Music

WEDNESDAY, DECEMBER 2, 1:00 – 2:30 PM

"A Conversation with Deborah Tannen" presented by the #1 *New York Times* bestselling author **Deborah Tannen**. Deborah, an internationally renowned professor of linguistics at Georgetown University is a frequent guest on national television and radio, including *20/20*, *The Oprah Winfrey Show*, NBC's *Today*, and NPR's *Fresh Air* and *1A*. She has written for and been featured in *The New York Times*, *The Washington Post*, *USA Today*, *Newsweek*, *Time* and *Harvard Business Review*, among many others. Join **Deborah Tannen** as she discusses her just-published memoir, *Finding My Father* and reflects on how her father's life mirrors the historic times he lived through. Deborah describes how writing this book forced her to question her assumptions about her father, her parents' marriage, and her own life. She also draws on insights from her many books to discuss how our ways of speaking can shape our relationships – and how our ways of speaking have changed, and changed our relationships, during COVID-19. In addition to her groundbreaking communication research, she is the author of *You Just Don't Understand*, which was on the *New York Times* bestseller list for nearly four years, the *New York Times* bestsellers *You're Wearing THAT?* about mothers and daughters and *You Were Always Mom's Favorite!* about sisters, and many other books. **Registration Link:** www.littlefallsvillage.org/Tannen

THURSDAY DECEMBER 10, 1:00-2:30 PM

"How We Have Understood the Universe" with **Pierre Larroque**. Confused by the state of the world today? Wondering how it all came to this? Come and discover the Universe with those who explained it! Pierre Larroque was trained in the sciences in France and has always kept a keen interest in the history of scientific thought. Since becoming an American citizen in 1998, Pierre has been a dedicated student of early American history and the colonial struggle for independence including a keen interest in the role Le Marquise de Lafayette played in helping America achieve self-rule. From the origins, women and men have looked at the night sky and wondered about it all. They observed the moon phases and the appearance of constellations at regular places and times in the night's horizon (the Zodiac). The Greeks specifically recorded the consistent retrograde movements of five wanderers ("planets" in Greek) amongst all stars, which they strove to explain in an orderly earth-centered Universe. It is only early in the 17th century that Kepler described the solar system correctly and late in that century that Newton published the laws which underpin not only the planets' movements but all classical gravitational phenomena. It took Einstein at the beginning of the 20th century satisfactorily to synthesize and justify the laws of gravity, and numerous followers in the early-/mid-20th to establish quantum mechanics as the theory which explains what the basic constituents of the Universe are and how they behave. Pierre Larroque will lead you through this extraordinary journey of discoveries, culminating with an explanation of our certainty that the Universe was created in a Big Bang, 13.79 billion years ago.

Registration Link: www.littlefallsvillage.org/Universe

THURSDAY DECEMBER 17, 1:00-2:30 PM

"Edison, Einstein, Ellington, Ernst: The Many Faces of Genius" with **Michael Geselowitz, PhD**, Senior Director of the IEEE History Center. Through an arrangement between Stevens Institute of Technology and IEEE, **Dr. Geselowitz** is currently Industry Associate Professor of History of Engineering at Stevens. Immediately prior to joining IEEE in 1997, he was Group Manager at Eric Marder Associates, a New York market research firm, where he supervised Ph.D. scientists and social scientists undertaking market analyses for Fortune 500 high-tech companies. Thomas Edison, Albert Einstein, Duke Ellington and Max Ernst have all been described as creative geniuses. Yet, one was an engineer, one was a scientist, one was a musical composer, and one was a visual artist. This lecture will explore the meaning of creativity and genius by looking at the lives and work of four giants and others who have been given the title genius. Are invention, scientific discovery, and artistic production essentially the same human endeavor? What are the similarities and differences? If they are distinct activities, can the concept of genius somehow link them together, or is genius another idea that has different meanings in different contexts? Tune in to find out.

Registration Link: www.littlefallsvillage.org/Genius

THURSDAY JANUARY 14, 1:00-2:30 PM

"Innovative Diagnostic and Treatment Options for Non-Surgical Orthopedic Conditions" with **Dr. Marc Gruner, DO, MBA, RMSK**, of Point Performance, in Bethesda Maryland. Dr Gruner has trained with the leading experts in ultrasound and regenerative medicine at Mayo Clinic, acquiring expertise in cutting edge ultrasound guided surgeries. **Dr. Gruner** will explore exciting and novel therapies in the areas of musculoskeletal, sports and regenerative medicine. The topics will include the use of ultrasound for diagnosing common orthopedic conditions in the office, tackling care from an integrative approach, and innovative treatments for common orthopedic injuries that are new to the DC area. Common conditions that will be addressed include: Knee Osteoarthritis, Carpal Tunnel, Tennis Elbow, Adhesive Capsulitis (Frozen Shoulder). Some of his procedures include minimally invasive ultrasound-guided carpal tunnel release, percutaneous tenotomy (Tenex procedures), tendon scraping, neural releases, ultrasound guided fasciotomy for compartment syndrome, and regenerative medicine injections (BMAC), Lipogems, Prolotherapy, Platelet Rich Plasma (PRP). **Registration Link:** www.littlefallsvillage.org/Ortho

WEDNESDAY JANUARY 27, 1:00-2:30 PM

"Protocol, The Power of Diplomacy and How to Make it Work for You" with **Ambassador Capricia Marshall** who serves as Ambassador-in-Residence at the Atlantic Council in Washington, DC. Ambassador Marshall is President of Global Engagement Strategies, which advises international public and private clients on issues relating to the nexus of business and cultural diplomacy. A discussion with author **Capricia Penavic Marshall**. In her roles as chief of protocol for President Obama and social secretary to President Clinton and First Lady Hillary Clinton, Ambassador Capricia Marshall guided the critical work of building diplomatic bridging, using the tools of protocol to tilt the playing field in the direction of her principals. From staging a room to have an intended effect on the participants to knowing which cultural gestures earn trust, her behind-the-scenes preparations and hidden influencers set the stage for successful diplomacy between heads of state around the world. What over two decades of working at the highest levels of government taught Marshall: There's power in detail and nuance. Micro-moves affect the macro shifts. Sharing unvarnished examples from her time in office — harrowing near-misses, exhilarating triumphs, heart-warming personal stories — Marshall will bring a master class on soft power, unveiling the complexity of human interactions and making the case that etiquette, cultural IQ, and a flexible mindset matter—now more than ever. **Registration Link:** www.littlefallsvillage.org/Diplomacy