



Little Falls Village

Neighbors helping Neighbors to "Age in Place"

Annual Report 2016



4701 Sangamore Road, Suite # S-232, Bethesda, Maryland, 20816 • Email: info@littlefallsvillage.org

Web: www.littlefallsvillage.org

A Little Bit About Us

Our Vision: To create a vibrant community network of neighbors-helping-neighbors in support of the Aging-In-Place movement.

Our Mission: To provide our members with programs and services that support their continued independent living within our community.

Little Falls Village began operations July 29, 2013, and serves older adults in the 17 neighborhoods that make up the 20816 zip code in Bethesda, Maryland.

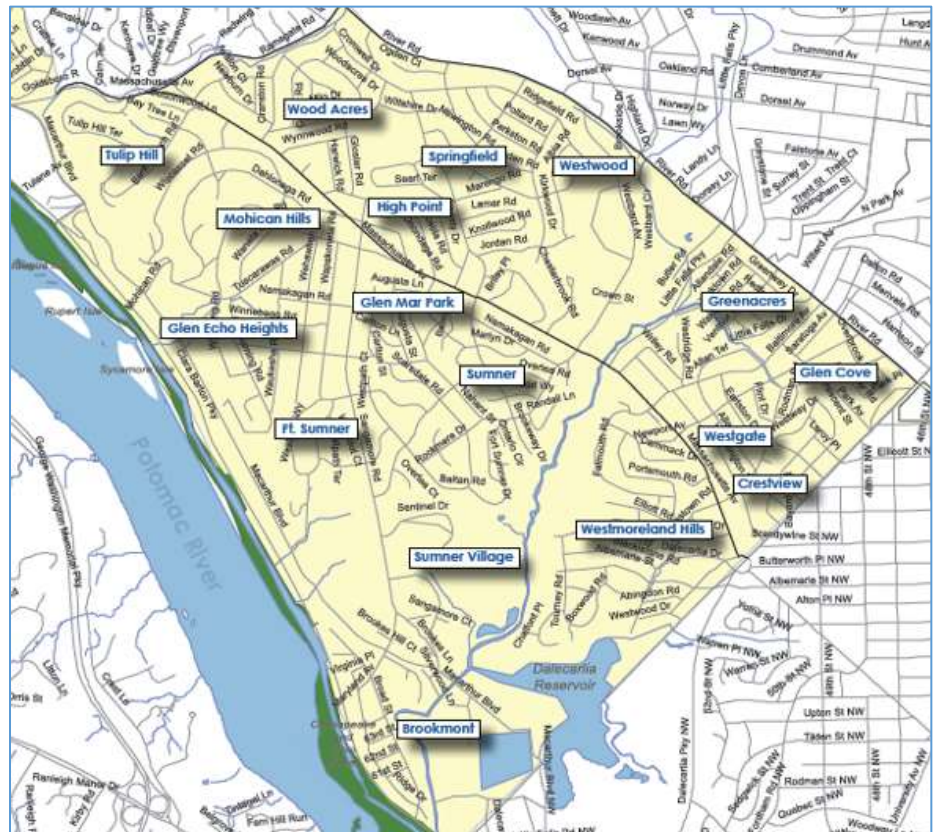
Capital Hill Village was the first Village in the three-state region. But like the nearly 50 villages in the region, we were inspired by the nation's first village; Beacon Hill Village in Boston.

In 1999, Beacon Hill residents observed that their older neighbors needed some very basic help to realize their goals of remaining independent at home as they aged. It was there, in Boston, that the "*neighbors helping neighbors*" concept was born and spread across country.

Little Falls Village is an IRS designated tax-exempt 501c3 nonprofit organization.

Volunteers provide our members, who need a helping hand, with rides to the doctor, grocery store, or village events. They also can request assistance with basic household tasks, simple repairs, bookkeeping, a little gardening, or a friend to come for a regular or periodic visit. Little Falls Villages also organizes a

variety of social and educational events for members and the wider community. We have Social Members as well, anxious to participate in the events and activities we plan each month, while providing tax-deductible support for our operations. While full members must live in the 20816 zip code to request and receive services. Because Social members cannot request services, they do not need to live in 20816. Anyone at any age is welcome to join us. When needed, Little Falls Village also provides financial assistance to those who need services, but cannot afford the annual fee.



Letter from the President

May 2017



We are pleased to present the Little Falls Village (LFV) 2016 Annual Report, marking our fourth year of providing services, activities and programs to our

older adult neighbors within Bethesda 20816. This past year, LFV implemented several new initiatives and services:

- The Volunteer Services Committee was established and created a volunteer manual, instituted a volunteer training program, launched a formal “friendly visit program” which currently benefits several of our members, and gave a volunteer recognition party.
- We implemented a program of phone outreach to full members, ensuring LFV had contact with each full member at least monthly, accomplished thanks to the speed-dial of social member Marian O’Brien.
- Volunteer Karen Goldstein and social member Gabrielle Grunau initiated Game Day, which is held the first Thursday of every month, to the delight of growing numbers of Scrabble, Mahjong and card players.
- Poetry club shares rhymes and free verse monthly, thanks to the initiative of member Rosemary Harding.
- Cultural outings to the Museum of African-American History, Arena Stage, Kennedy Center and other venues are now organized monthly by Emeritus Board President Dave Gries.

- A “Trash or Treasure” appraisal event was organized for the community, raising funds for LFV, thanks to the Development Committee chaired by Board Vice-President Susan Harding.

Just as we all “call Todd” with our questions and service needs, several new and emerging aging-in-place villages tapped LFV executive director Todd Smith for his expertise in village operations, allowing LFV to share what we’ve learned in our four years of operations with our neighbors in Montgomery County. Todd also managed transitions of our physical office – following the loss of donated office space – with our move to Concord-St. Andrews Church and back to the Shops at Sangamore following a successful grant application to Montgomery County.

Fulfilling our mission, Little Falls Village continues to provide daily service to our members through a dedicated group of volunteers. We are building strength in the community, neighbors helping neighbors, that ensures we will keep growing and thriving. We are grateful to our Full Members, Social Members, volunteers, donors, government leaders and friends for their continued support of our efforts.

Sincerely,

A handwritten signature in blue ink that reads "Margie Ott".

Margie Eulner Ott
Board President

We Thank Our 2016 Village Volunteers

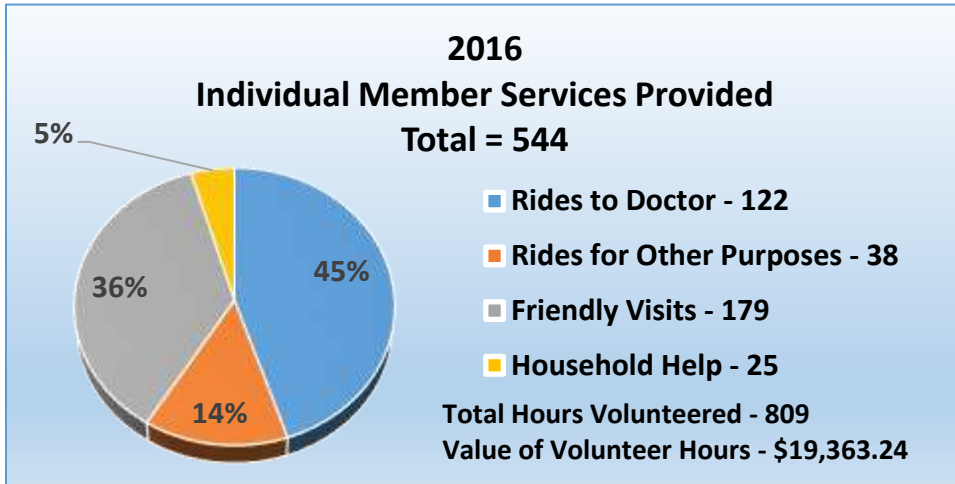
Our village mission cannot be achieved without the energy, enthusiasm, and commitment of our volunteers toward making this community a better place for everyone. They respond and complete member requested rides, provide computer help, give the time that's needed to a friendly basic handyman assistance, assist in office operations and at events and are patiently there when a member needs someone to spend time with because they cannot get out. They lead activities and events, staff our committees, and help in the office. To all our volunteers, we say thank you for the help and friendly smiles they provided through-out 2016.

Charles Applegate
Cecilia Bacigalupo
Maurine Beasley
Suzanne Blouin
Anita Boltt
Kay Bowman
Susan Brown
Jody Callen
Eileen Carver
Sharron Cochran
Loretta Collins
Marja Corden
Jane Croft
Joe Croft
Kathy Daniel
Ursula Daniels
Suzanne Dater
Adrienne Dominguez
Norma Dugger
Gary Ender
Lyn Ermer
Marc Fialco
June Gardner
Robert (Bob) Girouard
Karen Goldstein
Alice Goodman
Sandra Grant

Cynthia Green
Dave Gries
William Grosshandler
Gabrielle Grunau
Susan Harding
Ann Hatsis
Joanne Hellyer
Robert Hennemeyer
Heidi Hiebert
Pauline Hill
Eleanor Hillegeist
Russell Hogle
Frank Huffman
Helen-Louise Hunter
Asher Hyatt
Donna James
Clair Johnson
Linda Koenig
Gary Lorenz
Marianne Mandel
Carol McNiff
Maura Merlis
Nancy Mitchell
Carol Moravsky
Barbara Norton
Marian O'Brien
Mary O'Donoghue

Lee Ohringer
Margie Ott
Lynn Pekkanen
Grace Peterson
Paula Pini
Karen B. Possner
Margorie Pray
Pickett Randolph
Ed Rastatter
Carol Russel
Jim Russel
Alvin Sacks
Karen Scrock
Laurene Sherlock
Porter Shreve
Todd Smith
Jane Stone
Betty Taska
Mamie Terrot
Manuel Valencia
Sarah Vassiliou
Michael Wehr
Nancy Wehr
Jing Yin
Charles Yost
Kathleen Zellmer

Our 2016 Statistics



96 volunteers, including 34 who are also members, performed 544 member services.

Full members totaled 112, including 99 individuals and 13 couples.

Financial Report 2016

Income

Membership Dues	\$33,350.00
Contributions	\$16,511.82
Foundation Grants	\$2,850.00
Government Grants	\$2,050.00
Miscellaneous Revenue	\$4,100.00
Fundraiser	\$5,069.00
Total Income	\$63,930.82

Expenses

Bank Fees	\$761.00
Contract Services	\$3,334.76
Facilities and Equipment (Primarily Rent)	\$9,300.87
Event Expenses	\$2,541.26
Fundraising Expenses	\$1,453.04
Insurance	\$2,484.00
Operations (printing, postage, background checks, supplies, telephone, etc.)	\$6,642.79
Payroll Expenses	\$28,404.72
Total Expense	\$54,922.44
Net Income	\$9,008.38

Many Thanks to Our 2016 Donors

Membership dues cover about 52% of Village costs. We are grateful to the following donors for their generous contributions that help our organization advance our mission of neighbors helping neighbors to “age in place”

\$500 or more

Anonymous (3)
Yuriko and John Gandolfo
Susan and David Gries
Susan Harding
Stephanie and Eugene
Lawson
Todd and Mary Smith

\$100 to \$499

Cecilia Bacigalupo
Elida B. Bessalel
Gustavo Bessalel
Ruth Meixner Bird
Anita Bollt
Boothe Family Fund
(Virginia and Malinda
Boothe)
Karla Brandt
Elliot S. Cafritz
Sharron Cochran
Agnes D. DeBra
Elizabeth and Ed Dietel
Norma Dugger
Marilyn Ermer
Barbara Esau
Anne and Burton Fishman
Robert Friedman & Loretta
Scott
Christine and Lucien Garo
M. Kay Gartrell and Richard
Kirschner
Alan and Karen Goldstein
Alice and John Goodman
Juliet Grant-Suttie
Joan and Robert
Hennemeyer
Eleanor Hillegeist

Barbara Hughes
Ursula Kelnhofer
Edwin P. Kennedy Jr.
Richard Kirschner and M.
Kay Gartrell
Susan and Randall Lewis
Ellen Markham
Rae Nelson
Marian O'Brien
Margaret Ott
Marjorie Pray
Robert Roach
Ann Dyer Robertson
Stapelton and Sandy Roy
Joan Seelye
Cora and Murray Simpson
Family Fund Inc.
Robin and David Sproul
Betty Keene Taska
Barbara Torrey
G. Duane Vieth
Mark Vige
Albert Voorthuis
Ruth Williamson

Up to \$99.00

Charles Applegate
Maurine and Hank Beasley
Mette and Robert Beecroft
Mary Ann Bernald
Margaret Byrne
Eileen Carver
Xin Chen
Jacqueline Corbett
Dr. and Mrs. Joseph Croft
Adrienne Dominguez
Jean Draggon
Janice Earle
Gary Ender

Marietta Falzgraf
Judith Fogt
Irene Gad
Andrew Gefen
Rosemary Harding
C. Joyce Hartman
Austin Heyman
Jacqueline Hoffman
Asher Hyatt
Charmaine M. Iversen
Barbara and Felton Johnston
Betty and Norman Kline
Susan and Alan Miller
Constance Milner
Ellen Lister Mishkin
Kay Shaw Nelson and Rae
Nelson
Charles F. Neubauer
Richard and Marie Newman
Mary O'Donoghue
Geraldine Ostrove
Diane and Richard Powers
Pickett Randolph
Richard A. Ratner, MD
Elise Ruedi
Alvin Sacks
Catherine Scott
Kathryn Scott
Learita Scott and Robert
Friedman
Susan and Rey Tejada
Patricia Wand
Nancy and Michael Wehr
Susan and Howard Weiss -
Tzedakah Fund
Janet Wintrol
Ellis Wisner
Jean and William Yount
Kathleen Zellmer

These Companies Generously Support Little Falls Village. Thank you.



June Gardner



Andy B. Gibson David E. Weinstein
Financial Advisor Financial Advisor
301.263.8902 301.263.8516

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Bethesda, MD 20817

Andrew B. Gibson
&
David E. Weinstein



Contact Peter Dressner 24/7 for help with PC and Apple problems.
For professional help call
301-718-1088 or e-mail
Peter.Dressner@verizon.net.

Board of Directors



Margaret "Margie" Eulner Ott, Board Member

Margie Eulner Ott, a 25-year resident of the Crestview neighborhood, brings substantial non-profit

management experience to the LFV Board. Margie held various positions with Youth for Understanding International Exchange between 1983 and 2013, including serving as Director of US Programs. Margie is currently working as a non-profit executive management consultant. She is leading LFV's Volunteer and Operations committees, while also assisting with grant writing. She secured a Montgomery County grant for LFV in 2016.

Susan Harding, Vice President



Susan Harding worked for more than 25 years publishing national equine magazines and now is on the boards of several equine nonprofit organizations, including Equine Land

Conservation Resource and the International Museum of the Horse. A graduate of Northwestern University and Harvard Business School, Harding worked for the Congressional Research Service and Newsweek. She has been a resident in Sumner Village for more than 15 years, where she has been involved as chair of the Pool Committee and on the Management Search Committee. She leads the LFV Development Committee which spearheaded the successful "*Trash or Treasure*" fundraiser in 2016.

June Gardner, Secretary



A native Floridian, June Gardner migrated north attending Duke University and then Boston University. In 1985, she arrived in Washington, D.C., where she

worked as a congressional press secretary and as a part-time political consultant. Gardner became a real estate agent in 1999 and continues to work full time at Evers and Company Real Estate Inc. The Gardner family has lived in the Wood Acres neighborhood since 1989, and she has been an active member of the community, serving on the PTA Board at Wood Acres Elementary School, as co-chair of the Whitman Arts Festival, and she served on the Board of the Wood Acres Citizens Association the association's Architectural Covenants Committee.

Cecilia Bacigalupo, Treasurer



A Peruvian native, Cecilia came to the US and started working for the Inter-American Development Bank in various capacities. In her last position, she was Chief of the

Conference Section, which entailed organizing and coordinating meetings worldwide. A Bethesda resident for more than 25 years and a mother of a college student, has found time to give back to society. Cecilia became involved as a volunteer in the village through her husband, Manuel Valencia who is operations director for LFV.

Jane Croft, Board Member



Jane Croft is a longtime resident of Bethesda, Maryland and is a founding member of Little Falls Village. She joined the Village Board of Directors in 2015. With a degree in education, Mrs. Croft taught school in Chicago and White Plains, NY before working in the New York City office of renowned rheumatologist, Dr. Walter Bauer of the Massachusetts General Hospital. Jane has been an enthusiastic exercise instructor for the past 37 years, was a DC Hospice volunteer and served as a volunteer at Sibley Memorial Hospital for more than twenty years.

Gary Ender, Board Member



After college Gary was a Peace Corps Volunteer in Nepal, where he lived in a village and helped farmers become more productive; his friendship with his “older brother” in Nepal continues. Gary obtained a PhD in agricultural economics and worked at USDA for several years. For most of their careers Gary and his wife worked in international development; Gary worked at Abt Associates for 23 years. From 1984 to 2002, he and his family lived in the Philippines, Pakistan and Egypt, and in the DC area. Now retired, Gary enjoys volunteering for LFV and Food & Friends, traveling, gardening, and birdwatching. Gary is overseeing LFV’s automation project.

Mary O’Donoghue, Board Member



Mary O’Donoghue started Corewood Homecare after caring for her father, a well-respected physician in Washington D.C., who was diagnosed with early onset Alzheimer’s. As the disease progressed, Mary and her family wanted her

father to remain in a familiar environment in their family home on Corewood Lane in Bethesda. With the help of two extraordinary professional caregivers, Mary’s father could stay home and, because of the exceptional care he received, Mary started her company to help other families. Mary serves on the board of the Senior Connection, a countywide organization dedicated to providing programs and help that preserve and foster independence, mobility and quality of life for seniors. Mary is co-chair of the LFV Volunteer Committee..

Laurene Sherlock, Board Member



Laurene is an accredited member of The American Society of Appraisers. In 2010, she founded Greystone Appraisals, a personal property practice that includes appraisal consultation for insurance, estates, equitable distribution, dispersal, downsizing, positioning property for sale, museum gifting and collection management. As a 26-year resident of Sumner Square, she has served three times as President of its Homeowners Association. Laurene is chair of the LFV Communications Committee.

Nancy Wehr, Board Member



A native of Washington state, Nancy is “at home” in the lab. She worked as a chemist at Oregon State University for 22 years before moving across the country to Bethesda, Maryland, in 1993. She was a biologist at the National Institutes of Health for 18 years, retiring in 2011 and returning to the same laboratory as a special volunteer to continue work on detection methods focusing on oxidative damage implicated in aging and disease. Nancy has served LFV as its Treasurer and now as its assistant treasurer. Nancy is also a valued member of the LFV Membership and

Operations Committees. When she and her husband, Michael aren't with their grandchildren, you'll find them at their home in the Wood Acres neighborhood, hoping to age in place.

Staff

Todd Smith, Executive Director



Todd is responsible for the day-to-day operations of Little Falls Village. His interest in aging issues was born during 15 years of lobbying on behalf of seniors and long-term care providers while at the American Health Care Association. Prior to joining the association in 1996, Smith spent nearly 30 years as a television news reporter. He lives with his wife and two sons in Glen Mar Park.

Manuel Valencia, Director of Operations



Manuel assists the executive director on a day-to-day basis. He received a double Bachelor of Arts degree in graphic design and printmaking from American University. He is also a certified Teachers of English to Speakers of Other Languages teacher, with a degree from Montgomery College. Currently in semi-retirement, he attended a Little Falls Village informational meeting and joined as a volunteer.





Neighbors helping Neighbors to "Age in Place"

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