

## Storm Preparedness Kit - Do You Have Yours Ready?

<p><b>FOOD</b> Store at least a three-day supply of non-perishable foods that do not require refrigeration, cooking, a lot of water or a lengthy preparation.</p> <ul style="list-style-type: none"> <li>• Such items might include ready-to-eat canned meats, fruits and vegetables, canned juices, peanut butter, jelly, trail mix, and staples (sugar, salt, pepper).</li> <li>• Don't forget foods for family members with special needs such as infants or those on special diets.</li> </ul>	<p><b>WATER</b></p> <ul style="list-style-type: none"> <li>• Store water in plastic containers such as soft drink bottles or buy one-gallon containers of water.</li> <li>• Store one gallon of water per-person per-day for a three-day period.</li> <li>• In an emergency, you can treat water by using 16 drops of regular household liquid bleach per gallon of water. Do not use scented, color safe or bleaches with added cleaners.</li> </ul>
<p><b>FIRST AID KIT</b></p> <ul style="list-style-type: none"> <li>• Sterile adhesive bandages</li> <li>• Scissors</li> <li>• Tweezers</li> <li>• Needle</li> <li>• Moist towelettes</li> <li>• Antiseptic</li> <li>• Thermometer</li> <li>• Petroleum jelly</li> <li>• Cleanser/soap</li> <li>• Aspirin/pain reliever</li> <li>• Assorted sterile gauze pads</li> <li>• Antacid</li> <li>• Laxative</li> </ul>	<p><b>TOOLS AND SUPPLIES</b></p> <ul style="list-style-type: none"> <li>• Paper cups, plates &amp; plastic utensils</li> <li>• Aluminum foil</li> <li>• Battery operated radio and extra batteries</li> <li>• Flashlight and extra batteries or solar operated lantern/flashlights</li> <li>• Matches</li> <li>• Wood for <i>working</i> fireplaces</li> <li>• Non-electric can opener and utility knife or pocket knife</li> <li>• Pliers or wrench to turn off utilities</li> <li>• Tape (duct and regular)</li> <li>• Needles &amp; thread</li> <li>• Map of the area</li> <li>• Salt and sand for snow storm; snow shovel</li> <li>• Paper and pens/pencils</li> </ul>
<p><b>SANITATION</b></p> <ul style="list-style-type: none"> <li>• Toilet paper</li> <li>• Soap</li> <li>• Paper towels</li> <li>• Personal hygiene items</li> <li>• Plastic garbage bags with ties</li> <li>• Plastic bucket with tight lid</li> <li>• Disinfectant</li> <li>• Household chlorine bleach</li> </ul>	<p><b>CLOTHING &amp; BEDDING</b></p> <ul style="list-style-type: none"> <li>• Include at least one complete change of clothing and footwear per person.</li> <li>• Blankets/sleeping bags</li> <li>• Sunglasses; hat/cap</li> <li>• Sturdy shoes/workboots</li> <li>• Rain gear</li> <li>• Cold weather gear, as appropriate (jackets, hats, gloves, scarves)</li> </ul>
<p><b>SPECIAL ITEMS</b> such as:</p> <ul style="list-style-type: none"> <li>• A week's supply of prescription medications, insulin, denture needs, hearing aid batteries; extra eyeglasses and/or contact lens supplies.</li> <li>• Important family documents: birth certificates, marriage licenses, wills, bank account numbers, deeds, credit card numbers and companies, insurance policies, passports, insurance cards (keep these items in a watertight container).</li> <li>• Cash and traveler's checks.</li> <li>• Books, games, puzzles.</li> <li>• Pet food and extra water for your pet.</li> </ul>	

(From the Maryland Emergency Management Agency, amended)