

Storm Preparedness Kit - Do You Have Yours Ready?

<p>FOOD Store at least a three-day supply of non-perishable foods that do not require refrigeration, cooking, a lot of water or a lengthy preparation.</p> <ul style="list-style-type: none"> • Such items might include ready-to-eat canned meats, fruits and vegetables, canned juices, peanut butter, jelly, trail mix, and staples (sugar, salt, pepper). • Don't forget foods for family members with special needs such as infants or those on special diets. 	<p>WATER</p> <ul style="list-style-type: none"> • Store water in plastic containers such as soft drink bottles or buy one-gallon containers of water. • Store one gallon of water per-person per-day for a three-day period. • In an emergency, you can treat water by using 16 drops of regular household liquid bleach per gallon of water. Do not use scented, color safe or bleaches with added cleaners.
<p>FIRST AID KIT</p> <ul style="list-style-type: none"> • Sterile adhesive bandages • Scissors • Tweezers • Needle • Moist towelettes • Antiseptic • Thermometer • Petroleum jelly • Cleanser/soap • Aspirin/pain reliever • Assorted sterile gauze pads • Antacid • Laxative 	<p>TOOLS AND SUPPLIES</p> <ul style="list-style-type: none"> • Paper cups, plates & plastic utensils • Aluminum foil • Battery operated radio and extra batteries • Flashlight and extra batteries or solar operated lantern/flashlights • Matches • Wood for <i>working</i> fireplaces • Non-electric can opener and utility knife or pocket knife • Pliers or wrench to turn off utilities • Tape (duct and regular) • Needles & thread • Map of the area • Salt and sand for snow storm; snow shovel • Paper and pens/pencils
<p>SANITATION</p> <ul style="list-style-type: none"> • Toilet paper • Soap • Paper towels • Personal hygiene items • Plastic garbage bags with ties • Plastic bucket with tight lid • Disinfectant • Household chlorine bleach 	<p>CLOTHING & BEDDING</p> <ul style="list-style-type: none"> • Include at least one complete change of clothing and footwear per person. • Blankets/sleeping bags • Sunglasses; hat/cap • Sturdy shoes/workboots • Rain gear • Cold weather gear, as appropriate (jackets, hats, gloves, scarves)
<p>SPECIAL ITEMS such as:</p> <ul style="list-style-type: none"> • A week's supply of prescription medications, insulin, denture needs, hearing aid batteries; extra eyeglasses and/or contact lens supplies. • Important family documents: birth certificates, marriage licenses, wills, bank account numbers, deeds, credit card numbers and companies, insurance policies, passports, insurance cards (keep these items in a watertight container). • Cash and traveler's checks. • Books, games, puzzles. • Pet food and extra water for your pet. 	

(From the Maryland Emergency Management Agency, amended)