

CHEVY CHASE AT HOME

Board of Directors, 2018 Biographies

The Directors are selected for the Board for a 3-year term, and are limited to 2 terms; Officers are elected for 2-year terms and are limited to 2 terms in an office*.

Nathan (Nate) Billig, President 2010-2012; 2015-2018

Nathan Billig became President of Chevy Chase At Home in January, 2015. He has been a resident of Chevy Chase for almost 40 years, over 30 of those in Section 3. He was a member of the Founding Steering Committee and then the first Board of Directors of Chevy Chase At Home from September 2009 through 2012; he served as Vice-President, 2009 through 2010. He has been a volunteer, a member of the Speakers' Bureau and walk leader. He is a psychiatrist, and continues as a clinical professor at Georgetown University Medical School. Nate was previously the director of geriatric psychiatry and director of residency training in psychiatry at Georgetown. He is the author of two books for the general public on geriatric issues.

Karen Bokat, Secretary 2017-2018

Karen has lived in Rollingwood since 1974. She has volunteered with Chevy Chase At Home for the last three years, driving members, hosting "Brunch Bunch," helping a member walk his dog, paying friendly visits and serving as a storm buddy. Karen also volunteers with A Wider Circle. She is a retired antitrust lawyer who spent 29 years at the Federal Trade Commission and in private practice, where she focused on antitrust, intellectual property and the pharmaceutical industry. She received her B.A. degree from Smith and a J.D. from George Washington University.

Jay Brown 2016-2018

Jay has been a resident of Rollingwood since May 2000, when he and his wife moved from DC after the birth of their twin boys. Jay and his teenage boys have volunteered with CC@H for the past two years, assisting members with a variety of household projects. Jay has served on several non-profit boards, including the Maryland Chapter of MADD and Holy Cross Hospital Foundation. Professionally, Jay is currently a Managing Director at Alvarez & Marsal, a global professional services firm specializing in turnaround, restructuring, and crisis management. Prior to that, Jay was a partner at Ernst & Young. He has a Master's Degree in Public Administration (MPA), with an emphasis in public finance, from the University of Washington in Seattle and Bachelor of Arts (BA) in economics from the University of California, Santa Cruz. He is a certified Project Management Professional (PMP) and a Certified Commercial Investment Member (CCIM).

*Terms start on January 1 of the first year listed and expire on December 31 of the last year listed.

Barbara Bryniarski Treasurer 2018-2019

Barbara Bryniarski lives in the Town of Chevy Chase. She moved to this area in 1969 and attended Leland Junior High School and Bethesda-Chevy Chase High School. Barbara obtained a B.B.A. at the University of Miami with a major in accounting. She passed the Maryland CPA exam in 1981 and then went to Bryant University where she obtained a Masters in the Science of Taxation. Barbara is an executive editor with Parker Tax Publishing, an online tax research product. In addition to volunteering with Chevy Chase At Home, Barbara has been a volunteer with the Bethesda-Chevy Chase Rescue Squad since 1997, where she is an EMT and drives an ambulance.

Elaine Collins 2015-2020

Elaine has resided in the Town of Chevy Chase since 1984. She became interested in CC@H as she explored the reasons for the community need and attended many of the initial planning and organizing meetings. She serves on the Community Service Providers Committee and the Communications Committee. Since 2011, she and her husband Tom have compiled the CC@H Neighbor Recommended Vendor List. After obtaining a Ph.D. in Biology from Catholic University of America, she was a Federal employee for 40 years, most of the time for the National Oceanic and Atmospheric Administration.

Lucy Cook 2017-2019

Lucy and her husband have lived in the Town of Chevy Chase since 1988, raising three children here. She is a volunteer for CC@H and has served as a driver, friendly visitor and is an active storm buddy. She also currently volunteers with the USO at Dulles Airport and on the Bethesda Naval campus. She previously served on the Board of St. James School and has served on committees for Rhodes College, as well as for a foundation providing scholarships to young women in public service internships and for the Town of Chevy Chase. Lucy worked in government affairs for several trade associations before leaving the work force.

Elizabeth Cullen 2014 - 2019

Elizabeth is a resident of Rollingwood, where she has lived since 2002. Elizabeth serves on the Social Networking and Program Committee and is the chair of the Ad Hoc Class Offering Subcommittee. Elizabeth has more than 18 years of experience in health law and policy on the federal and state levels as a lawyer, legislative analyst and lobbyist. She worked as Director of Congressional Affairs and Director of Legal and Regulatory Affairs for the American Psychological Association prior to establishing her own health policy and government relations practice in 2007. Elizabeth currently is the Senior Legislative Associate with The

Jewish Federations of North America's newly launched Strategic Health Resource Center based in Washington, DC.

Lois Fern 2016-2018

Lois has been involved with Chevy Chase At Home since its inception, serving on the committee that planned the Village Hall gathering at which the very idea was presented to prospective members; for that event she hand-carried invitations door to door in Section 3. Once the Program Committee was established, Lois became an active member, helping to plan the "Meet & Mingle" programs and a variety of talks, tours, classes, and lectures, one of which was a presentation by her husband, Alan, on portraiture. Lois became co-chair of the committee, serving until January 2015. She graduated from the University of Chicago with a B.A., later receiving an M.A. from its School of Library Science. Lois worked as a reference librarian there until moving to Chevy Chase with her husband in 1961. She worked as a reference librarian at the now-defunct U. S. Information Agency and later as a freelance editor.

Susan Hamburger, Vice-President 2015-2018

Susan has lived in Chevy Chase since 1994, in Section 3 since 2010. In addition to the Executive Committee, Susan serves on the Volunteer Services Committee and is a long-time volunteer in the CC@H office. Formerly a kindergarten teacher and school psychologist, she retired in 2000 from the National Institute of Mental Health, Child Psychiatry Branch, where she was a Health Statistician. Susan chaired the Board of the Parkinson Foundation of the National Capital Area for 11 years and remains on that Board. Susan currently volunteers at the Kennedy Center and has volunteered at Montgomery Hospice, Smithsonian Gardens and the Washington Animal Rescue League. She has published a book on caregiving and Parkinson's disease.

Linda Kaplan 2017-2019

Linda has resided in the Rollingwood Section of Chevy Chase for 31 years. Her interest in Chevy Chase At Home grew out of her belief in the importance of the village concept and her mother's ability to remain in her home the last decade of her life due to the support and services she received. Linda has been a volunteer for CC@H for the past several years and believes in the concept of "neighbors helping neighbors" to allow people to live as independently as possible in their communities. Linda has extensive experience in non-profit management, having served as the executive director of three non-profit organizations and as a board member and officer of a number of nonprofit boards of directors, including a two year term as President of the Jewish Council for the Aging. She ended her career working for a Federal agency as a special expert on substance abuse and mental

health workforce issues. In addition to volunteering with CC@H, she tutors second graders at Glen Haven Elementary School for JCA's Interages Grand Reader program. Linda has a M.A. in counseling from the University of Maryland and a B.A. from the City College of New York in history.

Ava Kaufman 2017-2019

Ava has resided in Chevy Chase for 5 years. She is a practicing geriatrician and has been an internist for more than 35 years. Ava learned about Chevy Chase At Home through a long-time patient who was an enthusiastic volunteer and supporter. She has been instrumental in the expansion of CC@H into her neighborhood, Chevy Chase West, and the Village of Drummond. Ava is the Chairman of the Department of Medicine of Suburban Hospital. She is a graduate of Case Western Reserve, School of Medicine.

Kathleen Mahoney McGuinness 2018-2020

Kathleen is a 3rd generation Washingtonian who attended American University. She moved to Rollingwood as a newlywed in 1979 and later moved to Potomac. Kathleen worked as an executive for a Fortune 500 Company for 20 years and then served as a senior leader for the EXCO/Minister of Tourism & Aviation team in the British West Indies. In 2009, she formed KMM Consulting and is still active in the local business community. She has served on over 10 Boards of Directors in the past 20 years. Currently she serves on a Montgomery County Tourism Board of Directors, and is President/Chairperson Emeritus for WSRG, a non-profit serving Twelve Step Communities. Kathleen joined the CC@H Social Networking and Program Committee 18 months ago and is pleased to be contributing more to CC@H in anticipation of her return to Chevy Chase early next year.

Monique Milhollin 2016-2018

Monique has been a resident of the Town of Chevy Chase for 30 years. A founding member of Chevy Chase At Home's Volunteer Services Committee, she now serves as its chair. Monique was part of the team who wrote our Volunteers' Training Manual and has since led most of the volunteer training sessions. Born and raised in France, where she met her husband, she came to New York City in 1967, shortly thereafter moving to D. C., Madison, WI, and finally Chevy Chase. She taught French much of the time since, and is now retired from Johns Hopkins University where she was director of the French Language Program for 15 years.

Mark Nadel 2016-2018

Mark and his wife Beverly have lived in Chevy Chase Village for over thirty years. Mark's career focused on studying and practicing public policy in academia and the Federal Government. He retired as the Associate Commissioner for the Office

of Disability and Income Assistance Policy at the Social Security Administration. Prior to coming to Social Security, Mark was Associate Director of the U.S. Government Accountability Office's (GAO) Income Security issue area where he was responsible for GAO's work on welfare reform and child welfare issues. Previously, he directed GAO's work on public health and health insurance issues. Early in his career he taught political science at Cornell University and, after retiring from the government, he was a visiting professor of public policy at Georgetown. He received his B.A. from the University of California, Berkeley and his Ph.D. in political science from Johns Hopkins University. He is the author of two books and several articles on American politics.

Barry Passett 2017-2019

Barry moved to Rollingwood 13 years ago after 40 years in D.C. He worked in international, then domestic community action in the mid '60s, founded the Maryland Hospital Education Institute in the '70s, ran the Greater Southeast Healthcare System in the '80s and chaired the board of the first globalized health system in the '90s. Barry then served as advisor to the President of the American Hospital Association, focusing on equity of care. Barry was on the board that closed DC General Hospital. He served on the Advisory Commission of the C & O Canal for 30 years. His degrees are from Wesleyan and Princeton.

Frances Ann (Fran) Pitlick Ex-officio, Special Advisor

Fran has been a resident of the Town of Chevy Chase since 1980. She served on the Founding Steering Committee and the initial Board and served as Vice-President from 2011 through 2014. Fran currently serves as Co-Chair of the Communications Committee and as Co-Webmaster of the CC@H website. She has been instrumental in the production of several CC@H publications, including the Members Handbook and Quarterly Newsletter. Fran regularly volunteers at the Smithsonian and the National Capital Trolley Museum. Her career included medical research, grants and contracts administration, and management and development of several societies for academicians in pathology research.

Karen Spangler 2017-2019

Karen has lived in Chevy Chase Village since 2001. She has volunteered with Chevy Chase At Home for the last three years, driving members, organizing hosts for "Brunch Bunch" and serving as a storm buddy. Karen serves on the Volunteer Services Committee. She became interested in CC@H after admiring the work of the Social Network and Program Committee. Karen has volunteered on various committees over the years for The Lab School, Somerset Elementary School, Chevy Chase Village and Chevy Chase Park.