



# JOIN US FOR A NEW SERIES NAVIGATING LIFE'S JOURNEY

**FRIDAY, NOVEMBER 5 | 1:00 P.M. | VIA ZOOM**

DURING THIS INTERACTIVE SERIES, YOU WILL LEARN HOW TO NAVIGATE YOUR OPTIONS FOR EACH STAGE OF AGING. IN THIS SESSION, WE WILL DISCUSS HOW TO PLAN FOR AGING IN PLACE, WITH PANELISTS THAT INCLUDE ELDER CARE MANAGERS AND CAREGIVER AGENCY MANAGERS.

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PARTICIPANTS WILL ALSO HAVE THE OPPORTUNITY TO SUBMIT THEIR QUESTIONS IN ADVANCE IF THEY WOULD LIKE TO REMAIN ANONYMOUS. FOR YOUR CONVENIENCE, THIS EVENT WILL BE RECORDED AND SENT TO ALL WHO REGISTER IN ADVANCE.

## HOSTED BY:

**ANGELIQUE JACKSON**  
MANAGER, MARKETING, AND BUSINESS  
DEVELOPMENT  
CHARLES E. SMITH LIFE COMMUNITIES

**KATHARINE KOSIN**  
VOLUNTEER AND MEMBERSHIP PROGRAM  
MANAGER  
CHEVY CHASE AT HOME

**KIERSTEN PARSONS**  
DIRECTOR OF HEALTHCARE SALES  
INGLESIDE

## PANELISTS INCLUDE:

**REBECCA BIANCO**  
BUSINESS DEVELOPMENT MANAGER  
FAMILY & NURSING CARE

**ALISON CARELLI, LCSW-C**  
CARE MANAGER AND PSYCHOTHERAPIST  
AGING NETWORK SERVICES

**DEBBIE HEDGES, LCSW-C**  
DIRECTOR OF SENIOR SERVICES  
JEWISH SOCIAL SERVICE AGENCY

**KATHLEEN MCGUINNESS, CDP, EOL**  
DIRECTOR, COMMUNITY RELATIONS  
SMITHLIFE HOME CARE

**ALLYSON BUTLER**  
DIRECTOR OF BUSINESS DEVELOPMENT  
SMITHLIFE HOME CARE

**SUSY ELDER MURPHY, BA, CMC**  
OWNER  
DEBRA LEVY ELDERCARE ASSOCIATES

**JIHAN STARR**  
OWNER OF DAVENPORT SENIOR CONNECTIONS, LLC  
ELDERCARE CONSULTING AND CARE