



#### 45 Mile Freewheel Training Route Directions:

Start – Mohawk Zoo Parking Lot

Ride North through the park (via Herb Beatie Trail) and exit through the North entrance

Left on 56<sup>th</sup> St (Mohawk)

Right on Yale Ave

Left on 66<sup>th</sup> St N

Right on Pittsburg

Left on 76<sup>th</sup> St N

Right on Harvard

Left on 96<sup>th</sup> St N

Right into park (just before Hwy 11)

Right on Hwy 11

Left on 106<sup>th</sup> St N

Left on N Osage Drive (Cemetery Rd)

Right on W 93<sup>rd</sup> St N

Right (North) on N 20<sup>th</sup> W Ave (N 3820 Rd)

Straight across at 103<sup>rd</sup>

Around the curve to the left to 116<sup>th</sup> St N

Straight across N 52<sup>nd</sup> W Ave (Heading West)

Country Corner Fire Dept is on the right (approximately mile 21.5)

Back East on road in front of Country Corner Fire Dept

Right on N 68<sup>th</sup> W Ave (South)

Straight across 103<sup>rd</sup>

Left at T onto 78<sup>th</sup> St N

Straight at Stop Sign

Left at Y onto N 36<sup>th</sup> Ave

Right on 83<sup>rd</sup> St N (other road ends)

Right at T onto 88<sup>th</sup> St N

Left at 20<sup>th</sup> W Ave (N 3820 Rd)

Right on 93<sup>rd</sup> St N

Left on N Osage Drive

Right on W Osage Drive

\*Optional Jog to the left towards Sperry (Restaurants, Library w/restroom)

Right on S Cincinnati

Left on 61<sup>st</sup> St N

Curve around right (South) on N Johnstown Ave

Curves around left to become 60<sup>th</sup> St N

Left on N Owasso Ave

Right on 60<sup>th</sup> Pl N

Left on Peoria & immediate right onto 61<sup>st</sup> St N

Right on N Lewis

Left on 56<sup>th</sup> St N

Right into North entrance to Mohawk park

Back to Zoo parking lot via Oxley Nature trail