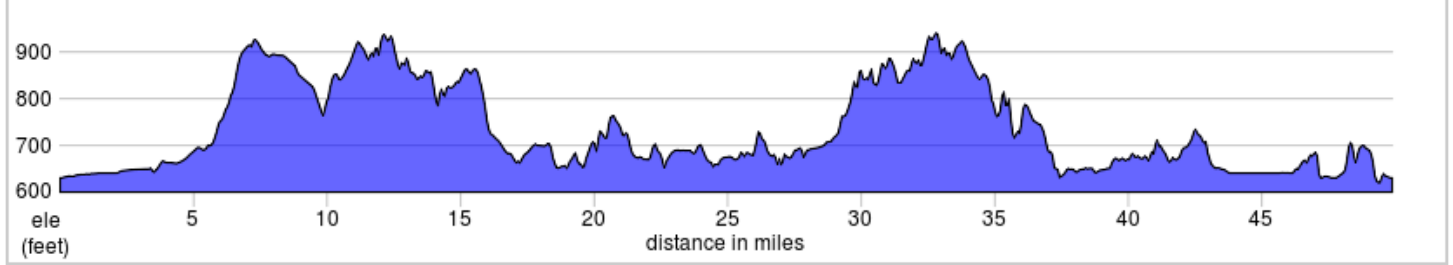


49.9 miles, + 1904 / - 1904 feet



Dist	Note	Next
0.1	Left onto Rte 66/Southwest Blvd	0.5
0.7	Right onto W 23rd St	0.5
1.2	Left onto W 21st St S	2.4
3.6	Left onto S 57th W Ave	2.0
5.6	Right onto W 41st St S	0.4
5.9	Left onto E 57th Pl	0.2
6.2	Continue onto W Skyline Dr	0.6
6.8	Continue onto S 73rd W Ave	0.5
7.2	Continue onto W Skyline Dr	0.7
8.0	Right onto W 51st St	1.9
9.9	Left onto OK-97 S	0.5
10.4	Rest Stop #1 open 8:20 to 9:30	4.3
14.6	Continue onto OK-97 S/N 9th St/Sand Springs Rd	1.7
16.3	Continue onto US-75 ALT S/S Main St	2.8
19.1	Right onto S 97th W Ave	0.0
19.1	Right to stay on S 97th W Ave	1.8
21.0	Right onto W 151st St S	0.9
21.9	Right onto S Hickory St	3.0
24.9	Left onto W Taft Ave	0.4
25.3	Right onto S Hawthorn St	0.5
25.9	Left onto W Dewey Ave/Rte 66	0.1
26.0	Right onto Sahoma Lake Rd	0.1
26.0	Rest Stop # 2 on right open 9:00 am to 2:00 pm	0.5
26.5	Slight left onto W Line St	0.3
26.8	Right onto N3850 Rd/Sahoma Lake Rd	2.5
29.3	Right onto Ridge Oak Rd	0.3
29.6	Left to stay on Ridge Oak Rd	0.6
30.2	Left onto West 91st St S	0.8
31.0	Left onto S 113th W Ave	0.5
31.5	Right onto W 86th St S/E0675 Rd	0.0
31.5	Left onto OK-97 N	6.2
37.7	Right onto trail immediately after bridge	0.8
38.5	Right toward S River City Park Rd	0.1
38.6	Left onto S River City Park Rd	0.2
38.8	Rest Stop #5 open 8:30 AM to 3:15 PM	0.8

38.6 miles. +1505/-1495 feet

Dist	Note	Next
39.5	Left onto W 11th St S/W Wekiwa Rd	0.5
40.0	Right onto Connector	0.1
40.1	Right onto W 4th St	0.4
40.6	Continue onto W Wekiwa Rd	0.3
40.9	Continue onto W 2nd St/E 33rd St	0.7
41.6	Left onto N Main St	0.0
41.6	Right onto E 3rd St/E Broadway St	0.3
41.9	Slight left onto Broadway	0.1
42.0	Continue onto Park Rd	1.2
43.3	Right onto E 11th St/S 81st W Ave	0.1
43.3	Left onto W Katy Jogging Trail/Katy Trail	1.8
45.1	Continue straight to stay on W Katy Jogging Trail/Katy Trail	1.9
47.1	Right onto N 25th W Ave/N Gilcrease Museum Rd	0.3
47.4	Left onto Charles Page Blvd	1.0
48.4	Continue onto W 3rd St	0.2
48.6	Right onto S Houston Ave	0.2
48.8	Right onto W 7th St	0.2
48.9	Left onto E 43rd St/S Lawton Ave/Southwest Blvd	0.8
49.7	Left onto W 17th St	0.0

11.0 miles. +323/-363 feet