










# Shopping Guide

## THINGS TO LOOK FOR IN A PRODUCT

-  Light Weight
-  Large Buttons
-  Large Print
-  Adjustable (Height / Handle)
-  Thick handles with a comfortable grip
-  Yellow Light (Avoid blue light which may cause eye strain)
-  Automatic (Power On/Off button or automatic shut off feature)

**This information was created by occupational therapy students under mentorship of faculty member Monique Chabot, OTD, OTR/L. All information is for educational purposes only. You should consult your physician prior to engaging in any physically demanding activity, including providing care for another, and consult a licensed occupational or physical therapist regarding recommendations specific to you or your care recipients' needs. It is important to exercise good judgment in every situation.**