

## Tick Ridge Ramble

Instruction	Mile
Depart Athens Fitness Park	0.0
Turn LEFT (West) onto West Market Street	0.2
Turn LEFT (South) onto Hine Street	0.5
Turn RIGHT (West) onto West Hobbs Street	0.5
Turn RIGHT (North) onto Seven Mile Post Road	6.5
Turn LEFT (West) onto Quinn Road	6.7
Turn RIGHT (North) onto Parker Road	7.8
Bear RIGHT (North-East) onto New Cut Road	8.2
Turn LEFT (North) onto Baker Hill Road	8.6
Turn LEFT (West) onto Elk River Mills Road	10.4
Turn LEFT (West) onto Lentzville Road	11.6
Turn LEFT (West) onto Temperance Oak Road	16.7
Bear RIGHT (North) onto Upper Snake Rd	19.1
Turn LEFT (North) onto Flanagan Rd	21.2
Turn RIGHT (East) onto Stinnett Hollow Road	24.7
REST STOP	26.0
Turn LEFT (East) onto Cairo Hollow Road	28.2
Turn LEFT (East) onto Elk River Mills Road	31.5
Turn RIGHT (South) onto Tillman Mill Road	36.0
Turn LEFT (East) onto Quinn Road	39.6
Turn LEFT (North) onto Hine Street	43.6
Turn RIGHT (South-East) onto West Market Street	43.6
Turn RIGHT (South-West) onto Fitness Way	43.9
Arrive Athens Fitness Park	44.1

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