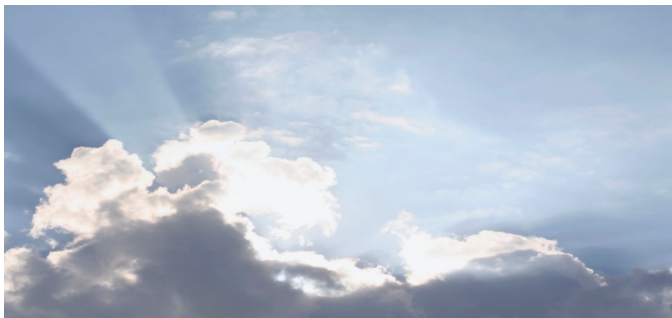


2013 Fall Newsletter

The President's Message

By Howard Friedman, Ph.D., ABPP



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Our Board consists of nearly 12 positions, including a number of people who have been filling a variety of roles for many years. Some Board members have even transitioned between positions, remaining on the Board in service to the rest of us. Some members of longer service have been Dr. Andy Pojman and Dr. Ed Abramson; in fact, befitting Andy's historical involvement on the Board, he now has the position of Historian. Other members who have held positions have to leave the Board for a variety of reasons, to devote their efforts to other pursuits.

Dr. Shendl Tuchman is moving on after 9 years as Membership Chair. We really appreciate the great job she's done. We're also losing Dr. Elizabeth Leftik as Disaster Response Chair, as she is expecting a baby in January. We thank her in advance for beginning to make arrangements for our Annual Meeting in January 2014, and, of course, congratulations in advance. Details about the Annual Meeting will be forthcoming. In addition, Dr. Nicole Sucre had assumed the role of Early Career Psychologist Chair following Dr. Candia Smith having started this group. We've valued having this excellent group supporting early career professionals, encouraging them to become involved in the field. Unfortunately for us, Dr. Sucre is increasingly busy with her career and will leave her position to focus her efforts on that.

This points out some open positions that we have. In addition Program Chair will be vacant as Dr.

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Alissa Scanlin now becomes our President-Elect. Our Co-Chair for Programs, Dr. Marc Komori

Stager, is transitioning to become Membership Chair; I am personally extremely appreciative of his contributions to the Board and that he will be following in Shendl's footsteps and remaining on the Board. Thus, we now have three open chair positions: Early Career Psychologist, Programs, and Disaster Response.

I encourage each of you to consider stepping forward to assume one of these positions. I believe we all have a shared obligation to advance our profession, and this is an easy, fun way to fulfill it. I also find Board participation a very desirable way to interact with peers. I look forward to the opportunity to get out of my relatively isolated office and practice, and interact with like-minded colleagues, not simply around clinical issues. This enables us to stretch our expertise beyond practicing psychology, and connect directly with colleagues who may become sources for referral. These opportunities are expansive for our profession, our practices, and for us as individuals. So please contact either me or Alissa if you are interested in offering your service to the CCPA Board.

As I've often done in the past, I want to harangue you regarding political activism and advocacy; hopefully, I will do it in a nice and effective way. Six of us from our chapter were present at a recent Political Action Committee support meeting. As Dr. Sadur has communicated, this was a coalition of four chapters working for two years in planning a "get out the vote" initiative. While it's nice that we

had six people there from our chapter, that's only six out of a total of 120 members.

In addition, we have often received a poor response to our request for financial contributions to the PAC and I sometimes hear the question: How does the PAC directly benefit me? I believe we all benefit as psychologists from the PAC, as well as from CPA's professional advocacy. Ultimately, advocacy may result in a personal benefit for our practices, but all of us reap the benefits of advancing our profession.

We're not asking everyone to be an active advocate, but we do ask for occasional support, such as sending out a form letter. I recently sent an advocacy email that required less than one minute just to point and click, since the letter was already written and pre-addressed. In terms of financial support, sometimes we are only asking for as little as \$25. Our discipline makes one of the least proportional contributions to advocacy initiatives. The absolute amount of money you contribute isn't as important as the fact that you are contributing something. Legislators are primarily interested in the number of people sending a letter, contributing to a PAC, or becoming members of our association. They simply do a head count, and if we represent the largest number of people possible, it makes a much bigger impact in affecting legislation.

In Contra Costa County and throughout California, the Chapter and state associations only represent approximately 25 percent of all licensed psychologists who could be members. So please remember to encourage your colleagues and students to join our chapter in the coming months and year. ♦

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Mandatory Cultural Competence/Diversity Training: Time for a Serious Discussion? Division VII – Diversity and Social Justice

By Hengameh Maroufi, Ph.D.

As psychologists we strive to understand the experience of our clients and feel empathy as we help them heal. But what happens when their experiences and their personal stories are vastly different from ours in terms of ethnicity, upbringing, socioeconomic status, gender, sexual identity or disability status? The stakes are high and it is crucial that we are able to help diverse clients. Should there be mandatory continuing education (CE) in diversity? The argument in favor of such a requirement is obvious – the population in California is especially diverse; psychologists should not work outside their areas of competence; many groups are grossly underserved and psychologists from similar cultures may not be available.

However, there are arguments to be made against mandatory topics for CE. CPA takes the position that psychologists themselves, not the legislature, should decide what kind of training they need. The Board of Psychology (BOP) currently requires psychologists to complete pre-licensure courses in Alcoholism, Child Abuse and Neglect, Human Sexuality, Spousal and Partner Abuse, and Aging and Long Term Care (California Board of Psychology, Article 3, section 1382) for licensure eligibility, and also requires continuing education in law and ethics and clinical supervision (for supervising psychologists) (Article 10, section 1397) for license renewal. The question then, is why not include diversity among these important mandated areas of training? Cultural competence is an ethical issue (APA 2010, Standard 2.01 b). We simply cannot do our job ethically if we are not culturally responsive (we note that cultural competence cannot be achieved for each psychologist for every culture). Cultural competency may reduce the disparity gap that exists in healthcare. It is a way that patients and psychologists can collaborate on treatment in a way that allows for a respectful and responsive relationship where cultural differences enhance rather than interfere with treatment (Office of Minority Health, www.minorityhealth.hhh.gov).

I will never forget the first family therapy class I attended in graduate school. I walked away feeling alarmed that, based on Western views of family dynamics, my close-knit and loving Iranian family would be “pathologized” by a therapist who was not culturally competent. I feared for marginalized minority groups who find it hard to speak up for themselves if their perspective is not understood. The client sitting in front of us, needing our help and empathy may have a very different world view than us. As psychologists we need to listen to our client’s stories and traditions. We also need to find out how problems are typically solved in their culture and families, and learn what it means to be seeking mental health treatment in their community.

It is my hope that we each take responsibility for our own professional and personal growth. My fear is that we may think that we are culturally competent when we are not. Diversity training would increase awareness of attitude towards individuals of diverse backgrounds, helping us know how much we don’t know. According to the BOP website, discussions have begun on how to include diversity training as part our CE. There are already several examining boards that require mandatory training in this area. The New Mexico State Board of Psychological Examiners requires eight units within one year of licensure and four units during each renewal period (State of New Mexico, 2013). The Maryland Board of Examiners of Psychologists and The District of Columbia Department of Health requires three units every

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renewal period (Maryland Department of Health and Hygiene, 2013; District of Columbia Department of Health, 2013). On May 21, 2013, the Oregon legislature voted in support of cultural competency training for all licensed health care professionals (Oregonlive.com, 2013). The Oregon Examining Board appears to be headed toward changing their licensing requirements too. Is California merely to follow? Shouldn't we lead? The Board of Division VII strongly encourages our colleagues to communicate with us on this topic. We are very interested in your thoughts and ideas.

References

American Psychological Association (2010). Ethical principles of psychologists and code of conduct (2002, Amended June 1, 2010).

California Board of Psychology (2012). Laws and regulations relating to the practice of Psychology: Business and professions code 2915. Retrieved from www.psychboard.ca.gov.

California Board of Psychology (2012). Laws and regulations relating to the practice of Psychology: Board of Psychology, Article 3, 1387 (Education and training). Retrieved from www.psychboard.ca.gov.

Hengameh Maroufi, PhD (drmaroufi@hotmail.com) is a licensed psychologist in independent practice conducting developmental, psychological, neuropsychological and psycho-educational assessments as well as therapy in Contra Costa County. She has devoted her career to the well-being of children, adolescents and families. Dr. Maroufi was born in Iran, raised in England and is fluent in Farsi. She is the Chair of Division VII and was recently appointed the Chair of the Diversity Committee for the Contra Costa Psychological Association. ♦

CPA Progress Notes

ACA Countdown: Expect Low Pay for Practitioners in Exchange Plans

By David Pittman, Washington Correspondent, *MedPage Today*

WASHINGTON -- Provider payments under health plans sold through the Affordable Care Act's health insurance marketplaces may be "significantly" lower than reimbursements from commercial plans, initial indications suggest.

National physician groups are concerned the rates are so low that their members won't sign on to participate in ACA marketplace plans, and there will be no doctors to treat those newly covered patients. A representative of one primary care provider organization, speaking to *MedPage Today* on background, said some rates were 70% lower than traditional preferred provider network plans, adding that plans were trying to make provider rates as low as possible to keep premiums equally low.

"Initial hearsay information is that payment rates being offered by [marketplace] plans are quite low in at least some of the states," a federal affairs representative for a second primary care provider group said.

"What that means is that fewer providers will sign up."

Health insurers are approaching community providers, hospitals, and clinics with Medicaid rates and starting negotiations with providers at that level, Lon Sprecher, chief executive of Dean Health Plan in Madison, Wis., told *MedPage Today*. Dean Health Plan and its owner SSM Health Care in St. Louis operate health plans,

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clinics, and hospitals in Missouri, Illinois, Oklahoma, and Wisconsin.

"The theory that they use is, 'Well, you're seeing these patients already. They're probably Medicaid or uninsured, so Medicaid reimbursement-plus would either be status quo or better than what the provider is receiving,' " Sprecher said.

Meanwhile, health insurers would receive commercial-level premiums while paying Medicaid-level reimbursement rates. "A lot of the providers that we deal with are just saying we're not interested in Medicaid or Medicaid-plus for a commercial [marketplace] product," Sprecher said.

He added that it will depend on the provider group, payer in the marketplace, and individual market forces as to what patients' options will be in their ACA-marketplace plans. But he knows of several instances where providers have chosen not to participate with a marketplace plan because of reimbursement rates based on Medicaid payments.

"I think in certain instances, certain geographies, and for certain provider groups, the answer is yes, they will choose not to participate [in a marketplace] under those reimbursement parameters," Sprecher said.

"My guess is ... there are going to be some areas that have a fairly spotty provider network." However, other medical groups were less certain about what marketplace products would look like. The Medical Group Management Association said they didn't have specific or concrete information to share.

"Our information is anecdotal only," Pam Udall, spokeswoman for the Texas Medical Association, told *MedPage Today*. "We have heard from some physicians the offers are lower but we can't quantify what that means. Lower for that practice? Lower for the market?"

Richard Gough, MD, of Frederick Primary Care Associates said his 25-physician practice in Frederick, Md., hasn't heard from commercial plans in the market on what the rates will be.

"Nobody is expecting them to be great," Gough said of the payments. "For Maryland, we're probably not expecting any more than what you would get with public assistance or basic Medicare rates." His group isn't looking to bring on a bunch of new patients, he said. Instead, they want to sign on with one marketplace plan in Maryland and then direct their existing self-pay patients to that one. That's difficult when they don't know what the payments or terms of participation will look like.

"It's aggravating not knowing what's coming down," Gough said. "Patients are going to start being able to sign up and not even know what our reimbursements are or what our options are, frankly." He wasn't sure how it would blend with existing programs like CareFirst's patient-centered medical home project.

A spokeswoman for the trade group America's Health Insurance Plans said provider payment rates are contract decisions between individual plans and providers, and she couldn't comment.

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However, a final rule released earlier this year by the Centers for Medicare and Medicaid Services on marketplace plans attempts to address the provider access issue.

"The final rule requires a [qualified health plan] issuer to maintain a network that is sufficient in number and types of providers, including providers that specialize in mental health and substance use disorder services, to assure that all services will be accessible without unreasonable delay," the rule states CMS said that for 2014, it will mostly rely on states' assessments of network adequacy. ♦



Office Space in San Ramon

Office space available full time in a well-sound-proofed suite in San Ramon. Long-time colleague is leaving the office. There is a separate exit as well as kitchen space. Office is located within two blocks of 680 in a three-building complex with plenty of parking. Full-time charges would be \$750 to \$800 per month. Opportunity for some referrals.

Betsy Braunstein (925-820-0975)

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PAC Fundraiser Review

By Ellin Sadur, Psy.D., GAC, CPA Representative
Contra Costa County Psychological Association

On September 22, 2013, several of our members participated in a wonderful fundraiser for our CPA Political Action Committee. The event was held at the home of Dr. Lara Weyland, a member of Alameda County Psychological Association, who graciously opened her home in El Sobrante to about thirty five psychologists from four different Northern California associations (Marin, San Francisco, Alameda, and Contra Costa counties). We enjoyed deliciously catered food, listened to live jazz music (piano and saxophone), and topped the event off with an informative CE talk by Gilbert Newman, Ph.D. (Dean, Wright Institute) on the Affordable Care Act and Implications for Psychologists.

The genesis of this fundraiser evolved out of the Leadership Meeting in Sacramento this past February, 2013, where the various Government Action Chairpersons brainstormed methods with which to raise contributions to our CPA PAC. We formed a Northern Californian Consortium to combine our efforts in this endeavor (Bay Area Consortium, or BAC PAC). As I have mentioned before in previous articles, psychologists as a profession are woefully lacking in contributing to their PAC. It is the general consensus of the CPA Board that psychologists tend not to contribute to the PAC because they do not feel directly affected by the efforts of our lobbyist, Amanda Levy, to their individual private practices. Therefore, our combined BAC PAC efforts hope to reach out to more of our members, educate them on the benefits of supporting our visibility to our State Assembly members, and continuing to differentiate our profession from other health care providers (MFCC, LCSW, etc.).

Our first BAC PAC Fundraiser (September 22, 2013) also focused on the need for psychologists to be ever present in the development of mental health benefits as insurance companies begin to offer policies in compliance with the Affordable Health Care Act (Covered California). Dr. Newman covered these issues in his CE talk at our fundraiser, explaining the potential implications to our role as mental health providers. While he explained some of the nuances of the upcoming changes, he stated that there remains many questions as to what the psychologists role will actually be as participant providers. As Dr. Newman states, "Stay tuned!"

Our first official BAC PAC raised approximately \$4000!!!!!! Many people who were not able to attend did send in their contributions, reassuring us that our purpose of combining efforts to increase involvement from our members is working. We also enjoyed the camaraderie of organizing a social event together and plan to combine our efforts again. So keep your eyes and ears and check books open for future events. We all worked long and hard to become psychologists: let's proudly keep our profession strong! ♦

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Letter from the Editor

The CCPA newsletter is a forum for sharing information. I invite submissions about 1) groups that you offer, 2) reviews of workshops you have attended or book that you have found useful or 3) a variety of other topics relevant to the community. Occasionally, I include an interview with a CCPA member, so if you would like to respond to a list of questions about yourself and your practice, please contact me. It is a great way to be better known within the organization.

Please consider contributing to future newsletters. The following dates are deadlines by which I must have your submission. Thank you in advance!

January 15, 2014 - Winter edition
April 15, 2014 - Spring edition
July 15, 2014 - Summer edition

The following prices are in effect for advertisements:

¼ Page Ad \$30 ½ Page Ad \$60 ¾ Page Ad \$100

Note: Advertisements for office space are free to CCPA members.

All professional advertisements are free on the listserv for CCPA members.

Email submissions by the deadline to sarahewoodphd@hush.com ◊



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Calendar of Events

Mark Your Calendars!

Workshop: Dealing with Stress and Trauma in Multicultural Populations

Presenters: Ramona Norton, Ph.D. & Rut Gupkin, Ph.D.

Date/Time: Thursday, October 24, 2013, 6:00-6:45pm Social Hour, 6:00-9:00pm Presentation

Place: Lafayette Park Hotel, 3287 Mt. Diablo Blvd.

CCPA Annual Holiday Party

Date: December 6, 2013 (see listserv for specific dates)

Time/Location: TBD

How Psychologists Respond to Crisis and Other Disasters

Date: January 31, 2014

Time: 12:00-1:00pm Annual Business Meeting and Lunch
1:00-4:00 Presentation

Place: TBD

Presenter: Mark Kamena, Ph.D.

Early Career Group

Date: 2nd Friday of every month

Time: 5 - 6 or 6:30 pm

Place: ATC, 61 Moraga Way, #6 in Orinda

Contact: Dr. Nicole Sucre (415) 999-3264

Professional Networking Group

Date: See Listserv for Announcements

Time: Noon

Place: 2930 Camino Diablo, #305, Walnut Creek

Contact: Dr. Goldberg-Boltz (925) 788-7888

*RSVP to: Dr. Alissa Scanlin 3468 Mt Diablo Blvd, Ste. B203, Lafayette, CA 94549 PHONE: (925) 283-3902
EMAIL: drscanlin@pacbell.net Include your Name, Address, License#, Phone and Email
(All event locations are wheelchair accessible. Please let me know if you need any special accommodations.)*

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List of Groups

A Healthy Divorce/Separation Group

Meeting Day: Monday's
Meeting Time: 7:00 – 8:30 pm
Group Leader: Shendl Tuchman, Psy.D.
Contact Number: 510-201-3435
Email: dr.tuchman@earthlink.net

Breakthrough Weight Loss and Maintenance Group

Meeting Day: Thursday's
Meeting Time: 6:00 - 7:30 pm
Group Leader: Candia Smith, DMH
Contact Number: (925) 254-7823
Email: candia.smith@comcast.net

Introduction to Meditation for Stress Reduction Group

Meeting Day: 1st and 3rd Tuesday of each month
Meeting Time: 6:00 -7:00 pm
Cost: Free, small donation asked for rent
Group Leader: Candia Smith, DMH
Contact Number: (925) 254-7823
Email: candia.smith@comcast.net

Men's Group

Meeting Day: Monday's
Meeting Time: 7:30 -9:00pm
Group Leader: Bruce H. Feingold, Ph.D.
Contact Number: (925) 945-1315

Men's Group

Meeting Day: Wednesday's
Meeting Time: 6:00-7:30 pm
Group Leader: Bruce H. Feingold, Ph.D.
Contact Number: (925) 945-1315

Mindfulness-Based Stress Reduction Class

Group Leader: Susan O'Grady, Ph.D.
Contact Number: 925-938-6786
Website: www.ogradywellbeing.com

Dialectical Behavior Therapy Group (ages 19+)

Meeting Day: Tuesday's
Meeting Time: 5:30-7 PM
And
Meeting Day: Wednesday's
Meeting Time: 9:30 – 11 AM
Group Leaders: Elizabeth Rauch Leftik, Psy.D.
(925) 314-6354
Sarah E. Wood, Ph.D.
(925) 680-1844

Website: www.mtdiaglopsychologicalservices.com

Interpersonal Psychotherapy Group: Co-ed

Meeting Day: Wednesday's
Meeting Time: 5:00-6:30
Leader: Ann Steiner, Ph.D., MFT, CGP
Contact Number: 925-962-0060
Website: www.DrSteiner.com

Chronic Medical Illness Group

Meeting Day: Wednesday's
Meeting Time: 12:30 - 2:00
Group Leader: Ann Steiner, Ph.D., MFT, CGP
Contact Number: 925-962-0060
Website: www.DrSteiner.com

Psychotherapy Group for Psychotherapists

Meeting Day: Thursday's
Meeting Time: 12:30 - 2:00
Leader: Ann Steiner, Ph.D., MFT, CGP
Contact Number: 925-962-0060
Website: www.DrSteiner.com

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List of Groups (cont'd)

Psychotherapy Group for Pre-Licensed and Early Career Therapists

Meeting Day: Thursday's
Meeting Time: 9:00 - 10:30 am
Leader: Ann Steiner, Ph.D., MFT, CGP
Contact Number: 925-962-0060
Website: www.DrSteiner.com
Website: www.PsychotherapyTools.com

Dialectical Behavior Therapy Skills Group for Parents & Teens

Meeting Day: Wednesday's
Meeting Time: 4:30 - 6:00 PM
Location: Lafayette
Group Leader: Patricia E. Zurita Ona, Psy.D.
Contact Number: (619) 578-3974
Website: www.eastbaybehaviortherapycenter.com

DBT Skills Group for Parents and Teens in Lafayette

Meeting Day: Wednesday's
Meeting Time: 4:30 - 6:00 pm
Location: Lafayette
Group Leader: Patricia E. Zurita Ona, Psy.D.
Contact Number: 619-578-3974
Website: www.eastbaybehaviortherapycenter.com

Loss and Grief Therapy Group for Parents Who Have Lost a Child (child of any age)

Meeting Day: Thursday's
Seven weekly sessions starting on October 31st and ending on December 19th. No session on November 28th, Thanksgiving.
Meeting Time: 6:00 - 7:30 pm
ALSO
Meeting Day: Tuesday's
Ten weekly sessions starting September 17th and ending November 19th.
Meeting Time: 6:00 - 7:30 pm
Group Leader: Nurit Mussen, Ph.D.
Contact Number: 925-926-0535
Email: n.mussen@gmail.com
Website: www.nuritmussen.com
Fees: \$45 per session
Location: 33 Quail Court, Suite 200
Walnut Creek

Anger: "Becoming Curious Instead of Furious"

Meeting Day: Monday's
Meeting Time: 5:30 - 7:00 pm
Location: Lafayette
Group Leader: Patricia E. Zurita Ona, Psy.D.
Contact Number: 619-578-3974
Website: www.eastbaybehaviortherapycenter.com

Contra Costa Psychological Association Annual Membership Renewal 2014

Another year has rolled by and it is Fall again. It is an important time of renewal and change as we approach the new year.

One change is that after 9 years this will be my last renewal cycle as CCPA's Membership Chair. I am stepping down and making room for Marc Kamori-Stager to take over the reins. Thank you so much Marc. I am certain you will take membership into a whole new realm. Thank you all for a fabulous 9 years. I have made many wonderful connections being a board member and will continue to do so as a member.

It is also time for our association to renew itself as we come together for camaraderie, networking, education and membership

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renewal! It is also time for our association to renew itself as we come together for camaraderie, networking, education and membership renewal! CCPA continues to provide a broad array of important topics to learn about and discuss with learned colleagues as well as maintain the fun and friendship of a close association.

In addition to our Quarterly Dinner meetings, CCPA held our usual social events:

- The Annual Holiday Party (December)
- The Annual BBQ (September)
- First Friday social networking, a monthly get-together at Scott's in Walnut Creek. Please think about joining us and having a great way to wind down from the week to kibitz and schmooze with your colleagues on the first Friday of every month. It is a great way to get to learn about the resources in the area and to let others know about yours.

We hope more of you will come and take part in the exchange of ideas, humor and camaraderie.

Our Early Career Psychologists Group continues to grow. Seasoned psychologists meet with early career psychologists to mentor them through getting their practices under way. It meets the 2nd Friday of the month at 5pm.

MEMBER BENEFITS

You can keep on top of the Continuing Education events through the CCPA listserve as well as at our website: cocopsych.org. CCPA provides access to information about colleagues and the latest thinking and treatment advances in an interesting and challenging environment through the great work Sarah Wood does in producing our Newsletter.

The CCPA listserve makes it possible to:

- be in easy contact with your colleagues
- seek information and referrals to better serve your clients
- let others know what your area of expertise is
- keep up on the latest legislative actions affecting psychologists
- find or offer office space
- other ideas you may have that we haven't thought of yet

For those of you who have psychological assistants, we hope you encourage (or perhaps require?) them to become members of CCPA. The association provides an excellent opportunity for them to meet and network with established members in their field. What better way to let others know they are in practice and taking referrals in their particular area of expertise.

The Student membership fee is an affordable \$20. We are hoping this will make it easier for students to find CCPA a place they can begin to establish themselves in our community of psychologists.

Most importantly, we want to thank the membership for continuing to support CCPA. It would be much more difficult to offer the services that you have come to expect, without it. As an organization, we are trying to add value by exploring ways to bring in new members, experts able to speak on a variety of cutting edge topics and to set up functions designed to meet the dynamic needs and interests of the membership. Thank you all for continuing to be members of CCPA and helping to make it the successful Association it is today.

HOW TO RENEW ***IMPORTANT NOTE***

Your membership renewal must be paid for by December 31st or your membership will lapse and the renewal amount will go from \$100 to \$120.

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There are a number of options for renewing your memberships:

1. Renewing through the US mail:

You may send in your check without including a Renewal Application unless there are changes to your information such as your address, email address, etc.). If there are any changes that we need to make to our records, please use the attached Renewal Application.

Please send your checks to:

Dr. Shendl Tuchman, 2 Crow Canyon Court, Suite 200, San Ramon, CA 94583

2. To renew from the website, go to www.cocopsych.org

- Log in through the Members' Corner. (Instructions to get into the Members' Corner are below)
- Click on Renew Membership
- Review the online renewal application. If there are any changes, make the corrections and click on the Submit button. You may download a Word document or open .pdf file to print, fill out and mail it
- You may send a check or use PayPal to make your payment

3. You may use PayPal to pay your dues without doing it from our website if you have your own PayPal account and provide the CCPA payment email address:

- Log in to your PayPal account at www.paypal.com
- Select "Send Money"
- Enter the CCPA payment email address (ccpapaypal@gmail.com) and the amount to be paid
- Select "Services/Other" under "Send Money for", and click Continue
- Choose a funding source and click "Send Money"

To get into the Members' Corner, please do the following:

- Click on CCPA Members' Corner at the bottom of the left side column. You will be asked for a User ID and Password
- If you do not know what your User ID or Password are, follow these directions:
- Click on Forgotten User ID just below and to the right of the fields asking for this information
- You will be asked for your email address, please type it in and click on Send User ID
- Your User ID will be sent to you via email in a few minutes
- Click on Forgotten Password just below and to the right of the fields asking for this information
- You will be asked for your email address again, please type it in and click on Send Password
- Your Password will be sent to you via email in a few minutes. If there is a problem, it could be because the email address you entered does not match the email address in our files.
- Once you have entered your User ID and Password, you can renew your membership.

Please contact me should you have any questions.

Shendl Tuchman
Membership Chair
925.201.3435

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2013 Board of Directors & Committee Chairs

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Co-Chair:

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Website Chair:

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Ethics Chair:

Edward Abramson, Ph.D.
925-299-9011
abramson@jps.net

Disaster Response Chair:

Elizabeth Leftik, Psy.D.
415-531-7638
elizrauch@yahoo.com

Historian:

Andrew Pojman, Ph.D.
925-944-1800
apojman@pacbell.net

Contra Costa Psychological Association

A member of the California Psychological Association

2014

New and Renewal* Membership Application

(*A Renewal Application is only required if there are changes to your membership information)

Name _____ License No. _____

Mailing Address _____ Email _____

City _____ State _____ Zip _____

Phone _____ Fax _____

New Members:

License#: _____ Date Licensed: _____ Yrs. Clinical Experience: _____ License State: _____

Are you a current CPA member? Yes No Are you a current APA member? Yes No

Membership in the California Psychological Association (CPA) and the American Psychological Association (APA) is recommended, but not required, for membership in CCPA.

Return completed application plus dues to:

Shendl Tuchman, Psy.D., 2 Crow Canyon Court, Suite 200, San Ramon, CA 94583

New members licensed two years or less are invited to attend one quarterly dinner meeting for free.

Full Member: California Licensed Psychologist or Doctoral Degree in Psychology/Educational Psychology or Diplomate of the American Board of Professional Psychology (\$100 – Up to December 31st; \$120 – After December 31st)	\$100	<input type="checkbox"/>
New member: Joining between July 1 st and September 30 th (next year renewal period starts October 1 st)	\$51.50	<input type="checkbox"/>
Student Member or Psychological Assistant*: Please attach a copy of your current school I.D. or Psychological Assistant Certificate	\$20	<input type="checkbox"/>
Emeritus Member: Must be retired full-time (additional conditions apply, please contact us)	\$00	<input type="checkbox"/>
Find-A-Psychologist: This is a <u>one-time</u> fee for setting up your Enhanced Listing	\$50	<input type="checkbox"/>
Voluntary CPA-PAC Contribution: The CPA-PAC supports legislative activities to protect and promote the practice of psychology in California. This contribution is a non-deductible expense. Employer _____ Profession _____	\$50	<input type="checkbox"/>
TOTAL AMOUNT REMITTED:		\$

* Students and Associate members are non-voting until licensed. Requests for hardship dues reduction will be reviewed on an individual basis by the Board. In such cases we request the applicant to volunteer time to committee activities and special projects.

PLEASE READ THE FOLLOWING DECLARATION OF PROFESSIONAL ETHICS, AND THEN INDICATE YOUR CONFORMITY BY CHECKMARK AND SIGN AND DATE BELOW:

I have never had action taken against me for unprofessional conduct by a licensing agency or professional organization.

True False

I have never been convicted in a court of law of a criminal charge.

True False

I am not currently being investigated by any of the above.

True False

The information that I have provided is true and verifiable.

Yes No

I adhere to the APA Code of Ethics.

Yes No

If you have answered false or no to any of the above, please attach a detailed letter of explanation.

Print Name _____

Signature _____

Date _____