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President's Message

Dear Colleagues,

I am very sad to write my last President's address several months shy of the end of my term. As I mentioned in my email, I have resigned from the Board because my schedule at my new job at Kaiser does not allow me the flexibility to leave in the middle of the day for the meetings. Several months ago, I made the decision to leave my contracting position with the California Department of Corrections and Rehabilitation

(CDCR) for a position at Kaiser Permanente. I lost some flexibility when I left private practice for CDCR and now I have even less flexibility over my schedule. This has brought to light how challenging it is to be involved with our local associations when you have certain types of employment. It has been my recommendation to the board to allow members to attend remotely when needed. It is my hope that being able to attend remotely would encourage people who have been interested in joining the board but were concerned about being able to make the meetings in person each time. This has been a truly wonderful experience and I hope to remain involved with the Board. Dr. Alissa Scanlin has kindly agreed to take over from me during the next few months.

I want to thank those of you who came to CCPA's end of summer BBQ at our house. It was our pleasure to host and really lovely to see so many of you. We also recently enjoyed a wonderful CE dinner presentation by Dr. Steve Frankel about how to deal with Board of Psychology complaints. I was very excited that our membership got an opportunity to learn from Dr. Frankel's experience. Our next social event will be the Holiday Party on December 7th which is always so much fun.

I would like to tell you about one change in 2019. We usually have our annual meeting on the third Friday of January. However, this year the Board decided to delay it until February 23rd since we are excited to offer a six-hour presentation by Dr. Joiner that will meet the new BOP suicidality training requirements. Stay tuned for more details!

In addition to my departure from the Board, some of you may be aware that we have other board members who will be leaving after many years of service and commitment. We are currently looking for President Elect, Website Chair, Secretary, and Treasurer. Please join this wonderful group of colleagues if you have a few hours a week to volunteer. It is such a wonderful way to stay informed and connected with what is going on in our field and with colleagues. The board is considering making changes so that the length of the commitment for the President will be shorter than before. While the length of time of the presidency would remain 2 years the period for President Elect and Past President would be 1 year each instead of 2.

On a final and separate note, please vote! No matter what your political beliefs are, there is a lot at stake. Please make your opinion and vote matter.

I look forward to seeing you all at our upcoming events.

Hengameh

JONATHAN FEINBERG

New CPA Representative

Hello! My name is Jonathan Feinberg, and I am excited to be the new CPA Representative on the Contra Costa Psychological Association. With a Bachelor's degree in both psychology and political science, I am passionate to do my part in affecting positive change for the field of psychology in California. I am recently licensed and working with pediatric and adult patients providing neuropsychological testing at O'Grady Psychological Associates in Walnut Creek. I graduated with my PhD in Clinical Psychology from Palo Alto University in 2016, with a focus in neuropsychology. I look forward to meeting and working with you all soon!

Fall 2018 CCPA Program Update

Hey, Hey CCPA – Program chair checking in! Happy Fall to you all! It was great to see so many people at our Annual End of Summer BBQ. It was a lovely event hosted by Dr. Hengameh Maroufi and her wonderful husband! Many thanks to them for hosting us in their beautiful new home. And many thanks to those of you who added delicious treats to the afternoon.

First Friday continues to be a popular event, and I hope you will plan to join us at Scott’s in Walnut Creek for future First Fridays. We had an excellent dinner meeting on October 11th with Dr. Steven Frankel at the Lafayette Park Hotel. I think everyone enjoyed the meal and his presentation on dealing with ethical situations and the Board of Psychology.

Please save the date for our annual holiday party on December 7th and watch for the Evite that will be coming early November. It is hard to believe the holidays are right around the corner!

Also, please be aware that unlike previous years, our annual meeting will take place in February rather than at the end of January. That meeting will be on Saturday, February 23rd from (8:30 for coffee) 9 to 3:30. The reason for the change is that we will be having a presentation from Dr. Thomas Joiner from the Florida State University laboratory for the study and prevention of suicide and related conditions. He will be presenting on his interpersonal theory of suicidality. Not only will this be an excellent presentation, Dr. Joiner is a very well-known expert, but it will also meet the new BOP regulation for psychologists to have six hours of suicide prevention training. Please save the date - February 23, 2019!

I look forward to seeing you at the First Friday on November 2nd, at the holiday party on December 7th, and at the annual meeting on February 23rd!

- Alissa

2018 CCPA BOARD OF DIRECTORS

President:

Hengameh Maroufi, Ph.D.

Past President:

Alissa Scanlin, Psy.D.

Secretary:

Barbara J Peterson, Ph.D.

Treasurer:

Marley M Middlebrook, Psy.D.

Program Committee Chair:

Alissa Scanlin, Psy.D.

Membership Chair:

Marc D Komori Stager, Psy.D.

Newsletter Editor:

Catherine Chan, Ph.D.

Diversity Chair:

Hengameh Maroufi, Ph.D.

CARE Representative:
(Vacant)

Community Outreach:

Leryn Messori, Psy.D.

CPA Representative & Government Affairs:

Jonathan Feinberg, Ph.D.

Website Chair:

Romi Mann, Psy.D.

Historian:

Andrew Pojman, Ed.D.

Ethics and Professional Relations:

Susan J O’Grady, Ph.D.

Disaster Response Chair:

Theresa M Schuman, Ph.D.

Early Career Chair:

Alexis Smith-Baumann, Psy.D.

Administrator:

Annette Taylor

Description of the Duties of the Secretary

CCPA Board of Directors

The role of the Secretary is primarily to take minutes during the Board meetings. Familiarity with a word processing program is very helpful, as are basic skills in electronic communications (for example, email, posting documents to the online listserve, etc). The minutes are maintained electronically.

This position does require attending Board meetings in person, as well as maintaining membership in CPA. Otherwise this position is very flexible as it allows participation on additional committees as desired, but can be structured to require minimal time outside the Board meetings. It is a great way to contribute to the association, and to work with amazing colleagues on the Board of Directors.

Feel free to contact Dr. Peterson with any questions (bpetersonphd@astound.net) if you would like more information about this position.

Here is the official description of this position in the Bylaws:

The Secretary shall keep minutes of all meetings of CCPA and of the Board of Directors, which shall be an accurate and official record of all transactions of CCPA. The Secretary shall be custodian of all CCPA records, except those of the Ethics Committee. The secretary shall assume additional duties as may be designated by the Board of Directors.

Description of the Duties of the Treasurer

CCPA Board of Directors

The role of Treasurer includes:

- * Collect income, pay expenses, and document details in a monthly report (10 times a year)
- * Participate in Board Meetings
- * Prepare the annual IRS 990 postcard report
- * Submit budgets for the CPA annual report
- * Manage Wells Fargo checking, savings, account, and Square account.

Feel free to contact the Board if you have any questions.

Description of the Duties of the Website Chair

CCPA Board of Directors

Are you looking for a way to become involved with CCPA? If so, please consider becoming the new Website Chair. You do *not* need to be a tech wizard to be the Website Chair. Our administrative assistant and our vendor's technical support do all the heavy lifting. The main thing you need is an interest in working with great colleagues on the Board and wanting the public and our members to find the website inviting and intuitive.

The Website Chair participates in monthly Board meetings (September through June) and may serve on the Executive Committee of the Board. Besides serving on the CCPA Board, the Website Chair coordinates with our vendor and our administrative assistant to update website content, add events to the website calendar, and upload documents as needed (e.g. quarterly newsletters and monthly board meeting minutes). For more information, please contact the current Website Chair, Romi Mann (romi@drromimann.com).