Activities and Benefits

Some people join Neighborhood Network because it's fun. They enjoy the programs, parties and trips. Other folks value the concierge service — the ease of calling one number for any service or getting the answer to almost any question. Busy Members will appreciate the convenience and time-saving aspect of one-stop shopping for anything from landscapers to massage therapists. And, of course, when it comes to health and wellness, Members will get the benefit of programs, activities and access to quality care. Neighborhood Network goes beyond the Rolodex to offer a wealth of experience and information. When it comes to vendors, staff members get references, run background checks and work to negotiate discounts and preferred treatment for Neighborhood Network Members. Staff members also follow up to learn whether Members were satisfied with the service they received.

Neighborhood Network Members can enjoy peace of mind in the case of a sudden health issue. With a simple phone call to the Network office, Members can feel secure knowing that staff will help coordinate care with appropriate providers and institutions.

Neighborhood Network offers one-stop shopping, wellness/prevention, sense of community, convenience and value.

Advantages of Village Membership

Social and Cultural

Opportunities

- Programs and activities, museum trips, cultural events and more
- Interest groups for members only, such as travel, politics, theater, book clubs, restaurants (as requested)
- Parties and outings

Service

- Information and referral one source for any need or question
- Vetted providers for almost every service or interest
- Insured drivers at modest hourly rates
- Personalized grocery shopping — a ride to a market or delivery to your home
- A volunteer to assist you in your home or around town

Activities and Health

- Walking groups and exercise classes (free); tai chi, Pilates, yoga at a modest cost
- Referral for a massage therapist or personal trainer who makes home visits
- Referral for an acupuncturist
- Escort home (free) from a medical procedure when required by the physician or hospital
- Preferred access to home care agencies and to York Hospital services
- Referral for a companion or an advocate for a medical appointment or hospital stay
- Advice for finding help for older family members elsewhere in the country

Discounts

• Some providers may offer discounts. Categories may include: Drivers, organizers, computer experts, handymen, contractors, personal trainers, massage therapists, home caregivers

and many more — just ask!

