

## **RULES FOR DIVERS**

**CHILDREN UNDER THE AGE OF EIGHT (8) ARE NOT PERMITTED ON DIVING BOARDS UNLESS UNDER THE DIRECT SUPERVISION OF AN ADULT. ALL DIVERS MUST BE ABLE TO SWIM TO THE SIDE LADDERS UNASSISTED.**

**ONLY ONE (1) PERSON IS ALLOWED AT A TIME ON THE DIVING BOARD/S INCLUDING THE LADDER/S. DIVERS MUST WAIT UNTIL THE PREVIOUS DIVER/S HAVE SURFACED AND REACHED THE SIDE LADDER BEFORE GETTING ON THE BOARD.**

**DIVERS MUST DIVE STRAIGHT FROM THE FRONT OF THE BOARD. DIVERS AGE 12 AND UNDER ARE NOT PERMITTED TO DO INWARD OR BACK FLIP DIVES UNLESS UNDER THE DIRECT SUPERVISION OF AN ADULT.**

**NO GENERAL SWIMMING IS PERMITTED IN ANY PART OF THE DIVING WELL AREA, WHILE THE DIVING BOARDS ARE OPEN FOR DIVING.**