



Carderock Springs Swim and Tennis Club
 8200 Hamilton Springs Court
 Bethesda, MD 20817

February 2011 CALENDAR

Jan 29 Sat pm	Kid Movie Night: check out the new flat screen at the Club!
Feb 2 Wed	by today: <u>RSVP to Super Bowl Party at Club</u> (see pg. 2)
Feb 2 Wed 7:30 pm	Architectural Review Committee monthly meeting at Club
Feb 6 Sun 5:30 pm	* NEW * Super Bowl Party at the Club
Feb 7 Mon 7 pm	Citizens' Association monthly board meeting at Club
Feb 10 Th 11:30 am	Men's lunch at Normandie Farm
Feb 17 Thurs noon	Women of Carderock Lunch
Feb 25 6 pm Fri	The Great Zucchini entertains kids at the Club (movie afterwards)

\$ Any day in February: Don't forget to pay your Annual Swim Club Dues! \$

Looking Ahead:

Mar 1 Tues	*** DEADLINE *** to pay \$\$ SWIM CLUB ANNUAL DUES \$\$
Mar 2 Wed	<i>Dang, I forgot to pay my dues on time so now I owe \$75 more</i>
Mar 2 Wed 7:30 pm	Architectural Review Committee monthly meeting at Club
Mar 7 Mon 7 pm	Citizens' Association monthly board meeting at Club
Mar 28	Tennis programs begin

Newsletter deadline: 20th of the month. Address newsletter items to Margie Orrick and drop them through the mail slot at the Club, or deliver to 8212 Fenway Road, or email to CarderockClubNewsletter@verizon.net
 Club website www.CarderockClub.org

RSVP to Super Bowl Party; & Clubhouse Avail to Rent



Sunday Feb. 6th, 5:30 - 9:30 pm
Carderock SUPER BOWL Party at the Club
Everyone welcome!

Hamburgers/hot dogs,
beer/wine/lemonade
will be provided.
Please bring a dish to share.



RSVP by Wednesday February 2 to Jen DeMarinis
jendrennan@Msn.com or call 301-365-1629

CARDEROCK CLUBHOUSE AVAILABLE TO RENT



Looking for a great setting to hold your next special occasion, day long retreat, seminar / training session or business luncheon? Consider the Clubhouse at Carderock Springs Swim and Tennis Club.



A spacious room within a tranquil wooded setting with large flat screen tv, audio equipment and high speed wireless internet service is available.

Please contact the manager Larry E. Ondrejko
carderockclub@verizon.net or telephone 301.365.2292

Visit our web site CarderockClub.org

Carderock Springs Swim and Tennis Club (CSSC)

Renewal notices for the 2011/12 season have been mailed. If you did not receive your envelope and form, please contact me at alisonhewing@aol.com. **If you wish to be an active member this year, please review and update the info on your application form and return it along with your payment before March 1, 2011.** A \$75 late fee is due with payments received after March 1.

Even if you don't intend to be active this year, please return the notice with any corrections and indicate your wish to be inactive. This will save the expense of a second mailing, which our by-laws require for Sustaining Members Type 1 and 2.

We will occasionally communicate via e-mail with our members. As you look over your enrollment forms please make sure you include an e-mail address so that you can receive early updates about club events and membership news.

*Last but not least, for those who missed the Annual Membership Meeting in November, the Board presented the proposed 2011 budget. Included in this budget and unanimously approved were two projects: 1) The expansion of the grassy area by adding a deck and shade structure and 2) The installation of a mechanical lift to assist members and guests with physical limitations in gaining access to the upper deck area and clubhouse. These projects will in part be funded by the approved one-time \$100 dues increase in 2011. **This increase is reflected in the 2011 rates listed below.***

Thank you!

Alison Ewing
CSSC Membership Secretary
alisonhewing@aol.com

New to Carderock?

If you are new to the Carderock Springs Community, Welcome! The membership renewal forms are mailed out to every house that is eligible for Sustaining Membership Type 1 (see below). If you have moved into a home in Carderock Springs – either bought or rented – since last spring and you receive an enrollment form with the incorrect information, please contact me so I can update the database with your information and answer any questions you may have. The enrollment letters will include information about the \$1,000 initiation fee for purchasers of Carderock Springs homes.

The following pages include a description of the membership categories and how they work, as well as a description of our Emeritus Guest Privilege. If you have questions regarding any of these matters, please contact me at alisonhewing@aol.com

Sustaining Members Type 1

The 404 original homes in Carderock Springs are Sustaining Members Type 1 of the Carderock Springs Swim Club (CSSC). Sustaining Members Type 1 are either active or inactive depending on whether the people living in these homes have paid the annual membership dues. Sustaining Membership Type 1 is only available to the current residents of the 404 eligible houses and does not follow those residents after the sale or rental of one of these homes. However, Club membership (with more limited voting rights) is available to anyone who rents one of these homes. As of February, 2003, following the sale of a house eligible for Sustaining Membership Type 1, a \$1000 activation fee must be paid before the new owners can activate their membership. If the owners choose not to activate their membership in the year of purchase, they may choose to do so in any following year.

Dues for the 2011 season for Sustaining Members Type 1 are \$795.

Sustaining Members Type 2

A limited number of additional Sustaining Memberships have been made available to residents of near-by communities. This class of membership is referred to as Sustaining Members Type 2. Starting in 2006, obtaining Sustaining Member Type 2 membership status requires a non-refundable activation fee of \$1000 plus a \$1,500 refundable capital contribution. This fee grants the household limited voting rights, entitles the household to the same annual membership dues as Sustaining Members Type 1, and allows the member to become inactive in one or more years while retaining the right to rejoin the Club as an active member in subsequent years. If a Sustaining Member Type 2 decides to leave the Club, their capital contribution fee is refunded. Written requests for this type of membership should be submitted to the Board of Directors of CSSC, where they will be considered at their next monthly Board meeting.

Dues for the 2011 season for Sustaining Members Type 2 are \$795.

Senior Members

A reduced rate for Senior Citizens (defined as households of 2 or 1, at least one of whom is 65 years old or older) is available for both Sustaining Memberships Type 1 and Type 2. This class of membership is for unlimited use of the facilities throughout the season. A Senior membership is not available to Annual Members.

Dues for Seniors for the 2011 season are \$690.

Annual Members

All members who do not hold Sustaining Memberships Type 1 or 2 are considered Annual Members. Annual Members do not have voting rights and must return to the waiting list if they go inactive for a year. The waiting list for Annual Memberships is made available in the following order or priority: 1) Families who have taken a Guest Preview Privilege in the previous season. 2) residents in neighborhoods in the Carderock sub-division; 3) in the immediate vicinity of the Carderock Springs & Carderock Springs South neighborhoods; 4) residents of the Whitman school district; 5) all others.

Dues for Annual Members for the 2011 season are \$940.

Emeritus Guest Privileges

Emeritus Guest Privileges were established in 2006 to encourage the participation of Senior Citizens in the community who are Sustaining Members Type 1 or Type 2 but who do not wish to purchase a full senior membership. This privilege, which will permit the occasional use of the facilities, is limited to Sustaining Members Type 1 and Type 2 households having no more than two persons, each 65 years old or older. Each senior member of the household will be entitled to 15 days use of the club's facilities. Emeritus Guest Privileges are not transferable among family members. Guests (e.g., visiting grandchildren) are still required to pay the regular guest fees. Emeritus Guest Privileges may be purchased for \$100 and must be purchased by the March 1st membership renewal deadline. A list will be kept at the front desk where Emeritus Guests will be asked to sign in when visiting the club.

Preview Guest Privileges

In order to encourage potential applicants, and give them a chance to become familiar with the swim and tennis club, we offer a Preview Guest Privilege. This will allow use of all the facilities beginning August 1, at a cost of \$300. This preview of the club is a ONE TIME ONLY privilege that may not be repeated for other members of any household who has declined an invitation to purchase a membership. Applications for Preview Guest Privileges can be requested by e-mail at alisonhewing@aol.com beginning May 1, and will be accepted on a first come first serve basis.



Kids Movie Night

Saturday, January 29

5:30 pizza/hot dogs/popcorn 6 pm Doodlebops 6:30 Feature Film
Check out the Club's new flat screen! Come in PJ's, bring your sleeping bag.



Friday, February 25

5:30 Pizza/hot dogs and popcorn
6 pm The Great Zucchini performs! Appropriate for children ages 3-8.
He is one of the best performers in the DC area!
7 pm Feature Film

This one is not to be missed!

Tennis News

The tennis website (www.carderocktennis.com) has now been updated for the 2011 season. All junior and adult tennis programs begin the week of March 28th. Most program days and times remain the same.

This season the tennis office will include racket demos, grips, strings, balls and other accessories for members' convenience. All demo rackets will be \$5 per day for trial, however that amount will be subtracted from your total if you purchase a racket from the shop within a 2 week time frame. For example if a racket costs \$175 and you demo a racket for 3 days, the \$15 in demo charges will be subtracted from the cost of the racket.

Credit Cards will now be accepted! Paying by cash or check can be inconvenient so hopefully this makes payment simpler and hassle-free. I have not set up the website to handle credit card payments. As of now credit card payments will be done only through Nitin and no other pros.

I am putting a firm limit on participants allowed in certain junior programs. Both Tiny Tots and Up and Comers will have a cap of 12 students, this is a 6:1 student to pro ratio. At this level it is important for the ratio to stay low. I will have enrollment as first come, first serve for these 2 clinics, once I have RECEIVED REGISTRATION INFORMATION and PAYMENT the student will be officially enrolled.

As for the Ladies Team practices, I have added a separate practice for the C Team on Thursdays at 11 am. The B Team will have the regular times of Thursday and Friday at 9 am. I will send out an email each Tuesday to team members and ask that they reply whether or not they will be attending clinic. This will enable me to staff the clinic appropriately.

I look forward to my 4th season at Carderock and seeing everyone on the courts in late March!

Thanks,
Nitin Deodhar
Carderock Tennis Pro



Exercise Classes and Social Groups

TANYA NEIDER's STRENGTH & STRETCH EXERCISE CLASSES at the Club

- Mondays and Wednesdays, 9 to 10 am, fee is \$10 per class, drop-in fee \$15

Improve body strength, flexibility and balance while firming all major muscle groups using free weights & exercise. Includes body warm-up, strength training, abdominal work, and cool down stretch. Bring a mat/towel and light hand weights (some available at Clubhouse). Tanya has certifications as a Lifestyle Fitness Coach, ACE Personal Trainer and in CPR/AED. Tanya Neider 301 365 2338, tjneider@juno.com

MAGGIE WONG's YOGA/EXERCISE CLASSES at the Club - join any time

- Tuesday and Thursday 9:00-10:30 am. Yoga and light hand weights for flexibility, strength and peace of mind.

Evening classes at Potomac Methodist Church: Tuesdays and Thursdays at 7:30 - 9:00.

Visit www.yogaplus.com or call Maggie 301-365-2424 for more information and to sign up.

Body Massage Ball Workshop

Carderock Springs yoga teacher Maggie Wong also specializes in the use of the Body Massage Ball for achieving deep tissue massage, acupressure release and overall body flexibility. She holds periodic workshops to teach the use of the ball for improved flexibility and pain management. Please email maggie@yogaplus.com for more information.

CARDEROCK SENIOR MEN'S GROUP LUNCH

Feb 10, Thursday 11:30

The next Carderock Senior Men's lunch will be on Feb 10 at Normandie Farm.

Social hour at 11:30 - 12:00, lunch at noon. Questions? Contact Doug Robinson, 301 365 7503.

WOMEN OF CARDEROCK

Feb 17, Thursday noon

The February meeting of the Women of Carderock will be on Thursday, February 17th at the home of Millie Pettipaw, 8012 Fenway Rd from noon to 2 pm. Please RSVP to her at 301-469-9521. Bring your lunch and enjoy the company. Newcomers are always welcome.

Other Groups your neighbors are involved in:

COLLEGE ACCESS FUND JAZZ CONCERT

Feb 26, Saturday 7 pm

Featuring the Walt Whitman High School Jazz Combo at River Road Unitarian Universalist Congregation. Benefits the organizations College Bound and Mentors Inc, provides Minority Scholarships to DC area students. Tickets avail @ door: \$25/adult, \$10/youth, \$50/family & are partially tax deductible. Desert reception begins 6:45, Jazz Concert 7 pm. Questions? Catherine Remijan, 301 365-1725.

INTENSIVE JOB SEARCH TRAINING CLASSES

beginning Feb 7, Mar 7, Apr 4, May 9

For county residents over 50: Career Gateway program, \$75 for 30 hours over a 2 week period.

Contact Jewish Council for the Aging University, 301-255-4200, JCAUniversity@AccessJCA.org

For Sale, Recommendations & Services Available

FOR SALE

Kayak. Perception Java 7.8 high-performance swift water creek boat for the small-to-medium sized paddler, 110-220 pounds. This hot little creek boat designed by Clay Wright enlivens your performance on steep creeks but is a thrill to paddle on most any white water. Innovative safety features with eye-opening performance. 2003, excellent condition, blue, \$800. Call 301 674 0489.

Redskin season tickets. 4 seats together in the end zone for all games (including pre-season) and a green parking pass. A parking pass is a big plus! The seats are located in section 441, row 18, seats 21-24. The cost for all seats for the entire season is \$2311. Please call Charlene at 302-829-8816.

RECOMMEND

Excellent tax accountant/CPA/financial advisor. My friends and I have employed Peter Levine for 12+ years. He is knowledgeable, personable and reliable. Proven track record, is up-on-the-latest. To top it off, his rates are reasonable. Peter can be reached at 301-598-7705. Recommended by Jane Roth.

Had energy audit by Ecobeco & though it usually costs \$450, we paid \$100 because Pepco covers the rest. Even if you get electric through Clean Currents, it's still covered because billing is through Pepco. Jonathan (energy auditor) was at our house for 3+ hours w/lots of serious equipment, doing a very thorough/comprehensive/professional job looking in every nook & cranny in/outside to see what's going on/how we can save energy/costs/environmentally. They'll send a final report w/all recommendations. On Angie's List & Pepco energy audit company list. Jonathan Ferree, Energy Auditor, 240-396-2141, ext. 707. www.ecobeco.com . Highly recommended by Barbara Feuer.

If you need new heating or air conditioning equipment, I recommend Metcalfe Heating and Air Conditioning (call Bud Jose, w 703 530 1635, c 240 434 9944). I obtained 6 estimates for our 2 systems and this company was clearly the best and the most customer-oriented. Recommended by Nancy Everett.

SERVICES AVAILABLE

Tutor Available Janna Haynes, M Ed., previously an elementary school teacher for six years, have been tutoring students 2nd - 8th grade for the past five years in reading, mathematics (up to Algebra and Geometry,) and writing. My rate is \$65/hour and I will come to your home. Please call 202-486-4879 or email janna.haynes@gmail.com.

Experienced Spanish/English-speaking Babysitter/Tutor: Provides a range of services to families with young children between one & eight years of age. Certified to tutor young kids in math, reading, English & Spanish. Can also provide assistance in establishing routines & managing unwanted behavior. Nine years experience with young children; currently working on my B.A. in Early Childhood/Elementary Educ. Reference: KarenRoman1@gmail.com. Contact Paty Franco 301-529-6993, 4infinitehope@gmail.com .

Services Available, cont.

Guitar and mandolin instruction for kids or adults by Carderock parent Mike Rychlik. Electric and acoustic guitar and mandolin lessons in a broad range of genres such as Bluegrass, Jazz, Blues, Old Time, Country and Rock. Also instrument repair and set-up. Call 301-365-8022 or email rychliks@gmail.com

Allegretto Studio offers piano, violin, cello, music theory, lessons. 301 379-6681, 301 762-7553, Allegrettostudio@yahoo.com

Responsible, hardworking Whitman student is available to babysit. I am happy to play games & sports, do artwork, read & cook for kids & can also help out by emptying dishwashers, folding laundry, straightening up, & doing other household chores. Call Anna Volkov, cell phone 240-997-6539 or home, 301-365-1981.

Experienced babysitter available on weekends and weeknights. Whitman senior Emily Deyo has flexible hours and really enjoys being with children. Completed a Child Development class focusing on ages 3 to 5. Contact emily.deyo@yahoo.com (preferred) or Cell: 301-335-9879, Home: 301-365-1247

Experienced Nanny available in the mornings 'til afternoon. Is reliable, has taken superb care of our daughter for 6 years. Peruvian, speaks fluent English, has her own car. Alejandrina Alonzo h-301 270 0727, c-301 8069423 or call Carderock reference Beth Vergnetti h-301 320 7455, c-301 351 6620.

Experienced babysitter and pet sitter available. Red Cross Certified Babysitter. Experienced Pet Foster Parent. Local references available. Whitman High School junior and Carderock resident. Please contact Adrienne Remijan at 301 365-1725.

Pet-sitting, dog-walking, or any other pet-related activities. 14 year old Shoshana, an experienced pet owner, is responsible and available to walk/play/care for your pets. Call Shoshana Leventhal at 240-715-2826 or Maureen at 240-498-4887 or Penny at 240-899-3954.

Cabin John Dog Walking: Mid-day walks to keep your pets happy and healthy. Carolyn 301 257 1076.

Experienced pet sitter available. I love animals and have taken care of a variety of cats, dogs and small animals in the neighborhood. I have 2 pets of my own. I will make sure your pet is happy and not lonely while you're away. Please contact 9th grader Sylvia Deyo: dragonsister424@gmail.com or 301-365-1247

Whitman senior available for pet sitting, walking dogs and taking care of cats and other animals. Experienced. I love animals. Please call Natasha at 301 469 4973

Petsitter available. Experienced pet owner (cats, dogs, and small animals) who has lived in Carderock Springs for over 25 years and has had pets all her life, references available. Call Susan Burkhalter, 301-469-8728, e-mail scastlekep@aol.com

Services Available, cont.

Responsible Whitman freshman with years of experience in the art of the pooper scooper is available for watering plants, checking for mail, newspapers, packages, dog walking, and caring for small animals in your home (cats, bunnies, etc.). Please call T.J. today! 301-908-5646/cell, 301-767-9747/home.

Planning a move? Downsize-Etc guides seniors through every step of the moving process including where to move, staging your property for sale, what to keep, what to sell, packing/unpacking & a final clean-up. Don't be overwhelmed. Turn an ordeal into a truly pleasant experience. Nancy Malphrus 301 873 0795.

Reading specialist Cheryl McLaughlin (Glaessner), Ed.D., has been teaching elementary school children for 17 years. Many references available. If you suspect that your child is having some difficulty in reading and would like help, please call 301 365 7530 or email cmglaessner@yahoo.com

Exercise Physiologist offers custom personal training based on your goals, your sport & your fitness level through weightlifting, strength yoga, toning & flexibility. Improve existing injuries through exercises & specific/targeted stretching. Includes diet/nutritional needs & pitfalls. Stefi Huber 301-767-1057.

Carderock's gutter cleaner of choice is Thierry Callier, who works to high standards or better. Unchanged price policy: \$85 for any standard Carderock house, a bit more for big extensions. Also available for odd jobs including heavy lifting. Contact bigfrog002@yahoo.com, phone 240-644-3312.

Jose Luis will help with any and all chores, in and around the house, including snow shoveling, gardening and yard cleanup, garage cleaning, painting or any kind of heavy work, on a reasonable hourly basis. Contact Carderock neighbor Ray, 301-469-0192.

Lawn Mowing, Reseeding, Leaf Raking, Snow Shoveling - all your yard and lawn care needs. Energetic high school senior. Dmitri Schill H: 301-469-4973 C: 240-361-7769

Our company provides the following services at reasonable rates: Mulching, Bush Trimming, Lawn Mowing and Maintenance, Leaf Cleanup, Rototilling, Aerating/Dethatching/Seeding and more! Please call 301-840-9509 or e-mail aaron@gratzlawncare.com to schedule an estimate.

I Build Construction. Serving the Carderock community for over 5 years. Additions, kitchen and bathroom remodeling, basement finishing and waterproofing, decks, flooring, roofing, siding, fine carpentry, etc. www.ibuildmd.com or Alex Shatskov at 301-358-4806.

Computer Services - DC/PC Computer Support offers friendly, personalized maintenance, repairs, upgrades, tune-ups, new pc setups, virus and spyware removal, networking and training. Telephone and e-mail support is also available. Email support@dc-pc.com or call Jim at 202 841 0873.

House Cleaning Services Available

- Our housekeeper/childcare provider has both Tuesday & Wednesday mornings available. Mile is enthusiastic, reliable, speaks English, has own transportation and great references. Please contact Mile directly (240-462-5453) or Lois Kramer (301-758-8088) or loiskramer@msn.com
- Maria, a wonderful, pleasant, reliable housekeeper with her own transportation and who has worked for me over 20 years. She has every other Saturday available and I know you won't regret hiring her. Call Muriel Ebitz 301-365-7756
- Cathy Mumaw (office:301-802-1286, home: 301-515-7232) has a great team of cleaners (C&J Best Cleaning Co.) who blitz through the home cleaning and do an excellent job for a reasonable fee. Dependable, honest, and efficient. Use their own supplies unless you specify otherwise. Highly recommended by Stefanie Greene.
- Yvanne has worked as a housekeeper in Carderock for over 20 years and has a slew of references from Carderock families (including Scott and Sally Cameron and Lee Talisman) who can attest to the quality of her house cleaning, her work ethic, and her delightful personality. 301-365-3633.
- Housekeeper now available M-F (morning or afternoon) to do: cleaning, laundry/ironing, run local errands, cooking, organizing, pet care, etc. Good work and good references (experienced in Bethesda and Potomac areas, currently working for 3 Carderock families), own car. Please call Nan 240 423 6314 or leave a message.
- Enthusiastic housecleaner available M-F. Excellent references, own transportation. Please call Gisela 301 622 2897 or 240 535 4549 or leave a message.
- Anna Maria 301 933 1256. Avail Mon or Thurs.
- Maria H 301 949 7848. Available Mon and Tues.
- Experienced house cleaner with Carderock references. Available Monday and Friday. Call Bertha 240 672-3249
- My housekeeper of more than 10 years is seeking additional work for her expanding business. She is a lovely person & a very good housekeeper. She speaks English well and is conscientious and reliable. Veronica 301 758 8099.
- Housecleaner available M-F for housecleaning, laundry-ironing, has own car, good work and references. Call Sod 240 676 4344.

Vacation Rentals Available

Duck, NC - Outer Banks Duck, NC - Outer Banks Two-level, oceanfront condo 3 bdrm, 2 bath w/ great ocean views. Family friendly community with amenities, 15% off to Carderock Club members. <http://www.outerbanksrentals.com/rental/house.html?ID=1248> or contact lisatippins@verizon.net

Corolla, NC - Outer Banks beach house rental. Beautiful waterfront home. Enjoy romantic sunsets over the water. Private pier on the water with screened gazebo and hot tub. Professionally decorated. Gourmet granite kitchen. 6 Bedrooms & 5 1/2 baths. Call Barbara 301-469-9292

Pawley's Island, SC 3-Bdrm, 2-bath resort condo on True Blue Resort, includes golf/lessons, tennis, 4 pools, and beach. Fully furnished. Offering 10% discount for Carderock families. See <http://www.vrbo.com/56199> or contact Hamilton Springs Rd Pawley's resident Denise 301-646-5829.

Murrells Inlet, SC 3-bdrm, 2-bath condo on first floor within historic fishing village. Nearby dining, stroll along the scenic walkway overlooking Inlet. Shopping & golf greens nearby. Offering a 10 % discount for Carderock families. See <http://www.vrbo.com/216319> or contact Denise 301-646-5829.

Sanibel Island, FL 2 bdrm beachfront condo, 1st floor, screened lanai, wireless internet, tennis & pool, clubhouse with daily kid activities, miles of bike trails and nearby famous Ding Darling bird sanctuary. Sleeps 6 - 8. Handicap accessible. Contact Suzanne Yokel's daughter Yael Ellis yyellis1@tampabay.rr.com

Key Colony Beach, FL 3 bdrm vacation home near Key Marathon. Sleeps 6 plus 2 more. Located across from golf & tennis courts. Great places for dinner/drinks on the beach. Fall rates: \$1450 per week. Email sabinapfogle@gmail.com. Photos: <http://www.airbnb.com/rooms/22654>

Santa Fe, New Mexico Santa Fe Casita nestled in the Eldorado Community with views of the surrounding mountain ranges. This house is perfect for a honeymoon, romantic getaway, mother/daughter-father/daughter (son) vacation, or healing journey. For more info call 301 395 0954.

Cabo San Lucas, Mexico 3 bdrm, 3 bath Penthouse Suite avail March 10-17 at PuebloBonitoSunsetBeach.com. Suite also includes LR & DR, kitchen, full veranda over-looking the Pacific, hot tub, daily maid service. Tennis, pools, restaurants on premises. Contact Phil Rider 301-469-0231 or pmrbthmd@yahoo.com



Swim and Tennis Club Contacts

CLUB BOARD OF DIRECTORS, 2011

President	Suzette Goldstein	301 469 7597
Vice President	Mike Nannes	301 767 0086
Secretary	Marie Caulfield	301 365 3675
Treasurer	Edward Bird	301 365 1953
Tennis Committee	Colette Worley	301 469 0876
Swim/Dive Teams	Robin Meyer	301 365 1370
Children/Social Activities	Jen DeMarinis	301 365 1629
Bldg and Long-Range Planning	Ray Sobrino	301 365 3878
Membership	Alison Ewing	301 469-0345

CLUB CONTACTS

Manager	Larry Ondrejko	301 365 2292	carderockclub@verizon.net
Membership Secretary	Alison Ewing	301 469-0345	alisonhewing@aol.com
Newsletter Editor	Margie Orrick	301 365 6253	carderockclubnewsletter@verizon.net
Summer Fun	Larry Ondrejko	301 365 2292	carderocksummerfun@verizon.net
Tennis Pro	Nitin Deodhar	301 365 1541	carderocktennis@verizon.net

The Swim and Tennis Club (this orange newsletter) is NOT the Citizens' Association.

Group	Website	Email to the group
SWIM & TENNIS CLUB (CSSC)	www.CarderockClub.org	
NEIGHBORHOOD CITIZENS' ASSOC. (CSCA)	www.CarderockSprings.net	
Overview of CSSC & CSCA	www.Carderock.info	
OTHER/neighbors		CS-Chat@yahoogroups.com

Other online resources in addition to the 2 websites for the Club and Citizens' Association:

- www.Carderock.info is an overview of Carderock and an easy-to-remember portal to the CSSC and CSCA websites
- CS-Chat neighborhood-maintained Yahoo group for email. While it includes topics of interest to the Club and Citizens' Association, it is not part of either of them. To join the email list of 346 of your neighbors to keep informed of neighborhood events and issues, send email to cs-chat-subscribe@yahoogroups.com

CSCA ARC Meetings, 1st Wednesday of the month, 7:30 pm



The Citizens' Association has an Architectural Review Committee meeting on the 1st Wednesday of each month at the Clubhouse. If you are considering an addition or exterior modification of your home, submit your plans for review by the 20th of the month. Design and review procedures plus other documents are available at the Citizens' Association website, CarderockSprings.net. The ARC was created by the covenants which govern your property in Carderock. ARC meetings are open for any & every community member to attend, whether you are renovating or not. Next meetings are Wed. 2/2 and 3/2.

SUMMER FUN

Who can believe that Summer Fun is entering its 18th season?

A community-building endeavor, this program occupies Carderock kids and teens in organized activities at the Club Monday through Friday during the summer. Campers are age 6 to 10, volunteer counselors are age 12 and up. The weekly fee for campers is \$225 per week. Volunteers receive Community Service hours.



Visit our website CarderockClub.org and go to the Summer Fun link to download the registration form for campers and the volunteer form for teens. The six weekly sessions start June 20 and end July 29. On the registration/volunteer form, prioritize which week(s) you'd prefer:

WEEK 1: 6-20 THRU 6-24

WEEK 4: 7-11 THRU 7-15

WEEK 2: 6-27 THRU 7-01

WEEK 5: 7-18 THRU 7-22

WEEK 3: 7-04 THRU 7-08

WEEK 6: 7-25 THRU 7-29



TEENS

Want to work at the club this summer (snack bar, grounds, life guarding, etc) and get paid? Complete an employment application this spring - it's online at www.CarderockClub.org

Carderock Springs Swim and Tennis Club

8200 Hamilton Springs Court

Bethesda, MD 20817