



Carderock Springs Swim and Tennis Club  
 8200 Hamilton Springs Court  
 Bethesda, MD 20817

## August 2010

## CALENDAR

Aug 2 Mon 7 pm  
 Aug 4 Wed 7:30 pm

Citizens' Association monthly board meeting at Club  
 Architectural Review Committee monthly meeting at Club

Aug 12 Th 11:30 am  
 Aug 30 Mon

Men's lunch at Normandie Farm  
 First day of school in the *brand new*  
 Carderock Springs Elementary School

Coming in September:  
 Sept 1 Wed 7:30 pm

Architectural Review Committee monthly meeting at Club

Sept 4 Saturday  
 2 - 4 pm  
 4 pm  
 6:30 pm

Labor Day Celebration  
 Tennis Social  
 Pool Games (for ages 3 and up up up)  
 BBQ/Evening celebration  
 (you bring food, club provides beverages)

Sept 12 Sun 8:30 pm

Pool closes for the season

Sept 13 Mon 7 pm

Citizens' Association monthly board meeting at Club

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Newsletter deadline: 20<sup>th</sup> of the month. Address newsletter items to Margie Orrick and drop them through the mail slot at the Club, or deliver to 8212 Fenway Road, or email to [CarderockClubNewsletter@verizon.net](mailto:CarderockClubNewsletter@verizon.net)  
 Club website [www.CarderockClub.org](http://www.CarderockClub.org)

## July's SWIM & DIVE BANQUET

Congrats to all the swimmers and divers who worked hard this summer season to achieve their goals - and also thanks to their parents who volunteered their time to make this a successful season.

Although a thunderstorm just a few hours before the banquet wiped out power for over 2 days, Tim Long immediately came to the rescue with equipment enabling not only lights but also electricity for the video show to go on as scheduled. Many thanks to terrific Tim Long!

## TENNIS

Fall programs will begin the week of Aug 30th and run for 10 weeks plus one make up week.  
See [www.carderocktennis.com](http://www.carderocktennis.com) for more info about:

Elite (High School Team or USTA Tournament player)  
Mon 330-530p, Wed 330-530p, Sat 12-2p  
One day a week \$300, 2 days \$520, 3 days \$660.

Tournament Training (training to be a USTA player, advanced intermediate)  
Tues 5-630, Thurs 5-630  
One day \$225, 2 days \$390

Players on the Rise (Intermediate, players can serve and rally)  
Monday 530-7p, Wed 530-7p  
One day \$225, 2 days \$390

Up and Comers (low intermediate/ ages 8-12, learning to serve consistently)  
Thursday 4-5p, Friday 4-5p  
One day \$150, 2 days \$260

Tiny Tots (ages 4-7, beginners)  
Friday 5-545, Saturday 1115a-12p  
One day \$115, 2 days \$195



I hope to see everyone on the courts!

Nitin Deodhar, Carderock Tennis Pro  
[carderocktennis@verizon.net](mailto:carderocktennis@verizon.net)

# LABOR DAY

**\*Saturday\***

**September 4**

**2 - 4 pm Tennis Social**

**4 pm Pool Games** for ages 3 and up up up

**6:30 pm BBQ**

(you bring food, club provides beverages)

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Men's Lunch; Welcome & Farewell

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**CARDEROCK SENIOR MEN'S GROUP LUNCH**

**Aug 12, Thursday 11:30**

The next Carderock Senior Men's lunch will be on August 12 at Normandie Farm. Social hour at 11:30 - 12:00, lunch at noon. Contact Doug Robinson 301-365-7503 for questions..

**WELCOME**

New neighbors with kids ages 18 months to 16 years old! Please knock on their door and say hello:

Emily and Michael Vanhuysen with 2 year old Ryan (Ry-Ry)  
They have just bought 7009 Endicott Court

Lisa and Daniel Jaouiche with Alexandra 11 and Samantha, 7 years old.  
They have just moved into 8024 Fenway Rd.

Luciana and Santiago Porta, with Alba 4 years old and Sol 18months  
They have just bought 8000 Glenmore Spring Rd.

Guatalupe Duron and Mark Zimsky, Dylan, 18 months  
They have just bought 7909 Park Overlook Drive.

Anya and Mark Rein, with Areon, 4 and Rachel 3 years old.  
They have moved to 8317 Still Spring Court.

Phil Frayne and Cari Reixa, with Nicholas (will be a junior at Whitman), Adriana (sophomore at Whitman) and Black Lab retriever Cleo to 8109 Lilly Stone Drive. Phil is a Foreign Service Officer with our State Department, is originally from Croton-on-Hudson, NY, and Cari is a Spanish teacher from Bilbao, Spain. Phil is currently serving in Baghdad as the Spokesman for the US Embassy there. They have previously been posted in Jordan, Egypt, Sri Lanka, Morocco, Yemen and India.

**FAREWELL**

Good luck to Martha Donnelly on her move to a small but thriving community in Mexico: San Miguel de Allende. We'll miss her green expertise, both in recycling and landscaping.

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## College Bound, Fall 2010 & \*\*\*New\*\*\* Carderock Springs Elementary School

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The Carderock community gives big Good Luck hugs to our high school seniors as they become college freshmen this coming fall. We remember many of them as toddlers in the baby pool, as trick-or-treaters, as Summer Fun campers or counselors and as club employees. Now where are they heading? (Apologies to any senior inadvertently excluded from this list.)

Surbhi Agrawal, Whitman - U Penn  
Shayna Barbash, Whitman - Williams  
Lisa Esposito, Whitman - Lehigh  
Kettner Griswold, Whitman - Georgia Tech

Madeline Holland, Sidwell Friends - Harvard (after a gap year)  
Ben Hughes, Whitman - Harvard  
Julia Kern - Penn State  
Owen Knight, Whitman - Tulane

Matt Lynch, Whitman - Colby  
Emily Massey, Whitman - Yale  
Sammi Massey - Reed College  
Alex Rogers, Whitman - Vanderbilt

Sam Sharpe, Whitman - Oberlin  
Emily Sobel, Whitman - Duke  
Sam Talisman, Whitman - Washington U  
Christy Tono, Whitman - St. Mary's



Meanwhile, the brand new Carderock Springs Elementary School is opening for classes on August 30. Wow, it's much bigger than the old school and offers tons of amenities including colorful floors, multiple playgrounds and a gym --- just to name a few! More photos on back cover of this newsletter.



Front West



Front South

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## House Cleaning Services Available

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- Our housekeeper/childcare provider has both Tuesday & Wednesday mornings available. Mile is enthusiastic, reliable, speaks English, has own transportation and great references. Please contact Mile directly (240-462-5453 ) or Lois Kramer (301-758-8088) or loiskramer@msn.com
- Maria, a wonderful, pleasant, reliable housekeeper with her own transportation and who has worked for me over 20 years. She has every other Saturday available and I know you won't regret hiring her. Call Muriel Ebitz 301-365-7756
- Cathy Mumaw (office:301-802-1286, home: 301-515-7232) has a great team of cleaners (C&J Best Cleaning Co.) who blitz through the home cleaning and do an excellent job for a reasonable fee. Dependable, honest, and efficient. Use their own supplies unless you specify otherwise. Highly recommended by Stefanie Greene.
- Yvanne has worked as a housekeeper in Carderock for over 20 years and has a slew of references from Carderock families (including Scott and Sally Cameron and Lee Talisman) who can attest to the quality of her house cleaning, her work ethic, and her delightful personality. 301-365-3633.
- Housekeeper now available M-F (morning or afternoon) to do: cleaning, laundry/ironing, run local errands, cooking, organizing, pet care, etc. Good work and good references (experienced in Bethesda and Potomac areas, currently working for 3 Carderock families), own car. Please call Nan 240 423 6314 or leave a message.
- Enthusiastic housecleaner available M-F. Excellent references, own transportation. Please call Gisela 301 622 2897 or 240 535 4549 or leave a message.
- Anna Maria 301 933 1256. Avail Mon or Thurs.
- Maria H 301 949 7848. Available Mon and Tues.
- Experienced house cleaner with Carderock references. Available Monday and Friday. Call Bertha 240 672-3249
- My housekeeper of more than 10 years is seeking additional work for her expanding business. She is a lovely person & a very good housekeeper. She speaks English well and is conscientious and reliable. Veronica 301 758 8099.

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## For Sale & Services Available

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### FOR SALE

Hey ladies! Want to update your wardrobe for a reasonable price? My name is Sonya Glaessner and as a college student, I have been forced to purge some fashionable pieces on account of my lack of closet space! If you are a high school or middle school or college student (or looking for a good-priced gift for a high school/middle school/college student), please come and check out my collection of handbags, boots, shoes, dresses, skirts, jackets, pants, tops, jewelry, and other accessories, which are all reasonably priced! Also books for sale, \$1. Please call me 240-476-2586 (cell) or 301- 365- 7530 (home) or email me at Sglaessner@yahoo.com!

Fenway Road resident selling piano. Please contact us at smalushte@comcast.net or (301) 685-5582.

### SERVICES AVAILABLE

*HIRE LOCAL! Tons of our teens and young adults are in town for the summer and would love to organize you, fix your computer, babysit, pet sit, work in your yard, etc.*

Kids' playroom a mess? Boxes still packed from a move? Time to clean out the garage? To The Rescue! is here to help. Katie Kunin, preschool teacher, will come to your home and organize wherever you need it! She is a former Carderock Springs resident, familiar with the challenges in these homes. Summer availability (beginning in June) and reasonable rates. Email: katie.kunin@gmail.com or call (301) 461.1576.

Summer babysitter. Whitman Senior Eliza Orrick is known for being creative, enthusiastic and *not* parking your kids in front of a screen. Safe Sitter Certified. Eliza.Orrick@gmail.com, 301 365 6253.

Experienced babysitter available days, evenings, & weekends. Claire Silverstein is a responsible Whitman graduate with flexible hours. She enjoys being around kids and is Red Cross certified. She is also available for dogsitting or dog walking. Please contact claire.silverstein@gmail.com or 301-221-2917.

Experienced Nanny/Babysitter available. Our wonderful nanny is available to babysit mornings & early afternoon starting in September since daughter will be in school. She is absolutely reliable and has taken superb care of our daughter for the last 6 years. Originally from Peru, lived in the US for over 30 years, speaks fluent English, has her own car. Call her directly (Alejandrina Alonzo home 301-270-0727, cell 301-806-9423) or call me for a reference (Beth Vergnetti home 301-320-7455, cell 301-351-6620).

Our wonderful nanny, Candy, who has worked in the neighborhood for the last 6 years, is available in September since all our kids will be in school but she is willing to start in October or November. She is looking for a full time, live-out position. She speaks both English and Spanish and drives her own car. She is responsible, energetic, and patient. Please call Debbie with any questions at 301-767-3379.

Allegretto Studio offers piano, violin, cello, music theory, lessons. 301 379-6681, 301 762-7553, Allegrettostudio@yahoo.com

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## Services Available, cont.

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Responsible, hardworking Whitman student is available to babysit. I am happy to play games & sports, do artwork, read & cook for kids & can also help out by emptying dishwashers, folding laundry, straightening up, & doing other household chores. Call Anna Volkov, cell phone 240-997-6539 or home, 301-365-1981.

Our company provides the following services at reasonable rates: Mulching, Bush Trimming, Lawn Mowing and Maintenance, Leaf Cleanup, Rototilling, Aerating/Dethatching/Seeding and more! Please call 301-840-9509 or e-mail aaron@gratzlawncare.com to schedule an estimate. Be sure to ask about the new customer promotional offer.

Cabin John Dog Walking: Mid-day walks to keep your pets happy and healthy. Carolyn 301 257 1076.

Cabin John Chores & More: assistance with household chores, errands, tasks, etc. A helping hand when you need it. Carolyn 301-257-1076.

Reading specialist Cheryl McLaughlin (Glaessner), Ed.D., has been teaching elementary school children for 17 years. Currently available on Mondays and Wednesdays after school and would love to work with children in her neighborhood. Many references available. If you suspect that your child is having some difficulty in reading and would like help, please call 301 365 7530 or email cmglaessner@yahoo.com

Lawn Mowing, Reseeding, Leaf Raking, Snow Shoveling - all your yard and lawn care needs. Energetic high school senior. Dmitri Schill H: 301-469-4973 C: 240-361-7769

Carderock's gutter cleaner of choice is Thierry Callier, who works to high standards or better. Unchanged price policy: \$85 for any standard Carderock house, a bit more for big extensions. Also available for odd jobs including heavy lifting. Contact bigfrog002@yahoo.com, phone 240-644-3312.

It's vacation time again! Call T.J. McPhaul for all of your vacation needs. I am a responsible, upcoming, Whitman freshman with years of experience in the art of the pooper scooper. If it comes to watering plants, checking for mail, newspapers, packages, dog walking, and caring for small animals in your home (cats, bunnies, etc.) you can rely on me. Please call T.J. today! 301-908-5646/cell, 301-767-9747/home.

Whitman Senior available for pet sitting, walking dogs and taking care of cats and other animals. Experienced. I love animals. Please call Natasha at 301 469 4973

Experienced babysitter available on weekends and weeknights. Whitman senior Emily Deyo has flexible hours and really enjoys being with children. Completed a Child Development class focusing on ages 3 to 5. Contact emily.deyo@yahoo.com (preferred) or Cell: 301-335-9879, Home: 301-365-1247



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## Services Available, cont.

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Experienced babysitter and pet sitter available this summer. Red Cross Certified Babysitter. Experienced Pet Foster Parent. Local references available. Whitman High School junior and Carderock resident. Please contact Adrienne Remijan at 301 365-1725.

Experienced pet sitter available. I love animals and have taken care of a variety of cats, dogs and small animals in the neighborhood. I have 2 pets of my own. I will make sure your pet is happy and not lonely while you're away. Please contact 9<sup>th</sup> grader Sylvia Deyo: dragonsister424@gmail.com or 301-365-1247

Petsitter available. Experienced pet owner (cats, dogs, and small animals) who has lived in Carderock Springs for over 25 years and has had pets all her life, references available. Call Susan Burkhalter, 301-469-8728, e-mail scastlekep@aol.com

Guitar and mandolin instruction for kids or adults by Carderock parent Mike Rychlik. Electric and acoustic guitar and mandolin lessons in a broad range of genres such as Bluegrass, Jazz, Blues, Old Time, Country and Rock. Mike also offers fretted instrument repair and instrument set-up and can assist in the procurement of a suitable beginner instrument. Call 301-365-8022 or email rychliks@gmail.com

I Build Construction. Serving the Carderock community for over 5 years. Our services include new custom homes, additions, kitchen and bathroom remodeling, basement finishing and waterproofing, decks, flooring, roofing, siding, fine carpentry, and many more. There's nothing we can't handle. Estimates are always free! See pictures [www.ibuildmd.com](http://www.ibuildmd.com) or call Alex Shatskov at 301-358-4806.

Having trouble with your computer? Running slow, full of viruses / spyware, or just need help installing a printer or computer program? Call Nick Fernandez-Arias, lifetime Carderock Springs resident, back from Princeton for the summer and fixing computers as usual for a fraction of the price charged by other computer repair services. I have experience making hardware repairs -- replacing hard drives / CD drives / adding RAM, etc. -- as well. (301) 648-9081.

Computer Services - DC/PC Computer Support offers friendly, personalized computer services to local residents. Includes maintenance, repairs, upgrades, tune-ups, new pc setups, virus and spyware removal, networking & training, phone and e-mail support also available. Day or evening appointments. Contact support@dc-pc.com or call Jim 202-841-0873.

Young Guatemalan will help with any and all summer cleaning chores, including cutting fallen tree branches, applying lime and fertilizer, mulching, pruning, transplanting, garage cleaning and any kind of heavy work, on a reasonable hourly basis. Recommended by Ray 301-469-0192.

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## Vacation Rentals Available and Recommendations

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### VACATION RENTALS AVAILABLE

Duck, NC - Outer Banks Two-level, oceanfront condo avail for weekly rentals in Sept & Oct. 3 bdrm, 2 bath w/ great ocean views. Family friendly community w/ multiple outdoor & indoor pools, tennis courts, game room and more. Sleeps up to 6. Not pets or smoking allowed. 15% off to Carderock Club members. See <http://www.outerbanksrentals.com/rental/house.html?ID=1248> or contact [lisatippins@verizon.net](mailto:lisatippins@verizon.net).

Corolla, NC - Outer Banks beach house rental. Beautiful waterfront home. Enjoy romantic sunsets over the water. Private pier on the water with screened gazebo and hot tub. Professionally decorated. Gourmet granite kitchen. 6 Bedrooms & 5 1/2 baths. Call Barbara 301-469-9292

Pawley's Island, SC 3-Bdrm, 2-bath resort condo available for daily or weekly rentals through Oct. Located on True Blue Resort, includes golf/lessons, tennis, 4 pools, and beach. Fully furnished Offering 10% discount for Carderock families. See <http://www.vrbo.com/56199> or contact Hamilton Springs Rd resident Denise 301-646-5829.

Murrells Inlet, SC 3-bdrm, 2-bath condo on first floor available for daily, weekly, or monthly rentals year-round within historic fishing village. Nearby dining, stroll along the scenic walkway overlooking the Inlet. Shopping & golf greens nearby - TPC at Prince Creek, Blackmoor, Wachesaw East, and International Golf Course. Offering a 10 % discount for Carderock families. See <http://www.vrbo.com/216319> or contact Denise 301-646-5829.

Planning a trip to Santa Fe, New Mexico? Enjoy a week for two in an enchanting Santa Fe Casita. Nestled in the Eldorado Community, with views of the surrounding mountain ranges, this house is perfect for a honeymoon, romantic getaway, mother/daughter-father/daughter (son) vacation, or healing journey. For more info call 301 395 0954.

### RECOMMEND

To clean up home and belongings after a flood (or fire): FireClean, 301 417 0124, [FireClean.com](http://FireClean.com). Prompt and extremely thorough. Recommended by Suzanne Yokel.

Painter Ali Nesvaderani: [www.famepainting.com](http://www.famepainting.com), 301-906-8994, 240-477-5109. Recently painted the exterior of our house. He is experienced, meticulous, thorough with preparatory work and performed an excellent finish at a reasonable price in a timely manner. Highly recommended by Angelika Mumme 301-365-2908

Please send recommendations for reliable contractors to [CarderockClubNewsletter@verizon.net](mailto:CarderockClubNewsletter@verizon.net) and they'll go in this newsletter and in John's online list at [www.Carderock.info](http://www.Carderock.info)

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**Swim and Tennis Club Contacts**

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**CLUB BOARD OF DIRECTORS, 2009 - 2010**

President	Suzette Goldstein	301 469 7597
Vice President	Mike Nannes	301 767 0086
Secretary	Marie Caulfield	301 365 3675
Treasurer	Edward Bird	301 365 1953
Tennis Committee	Colette Worley	301 469 0876
Swim/Dive Teams	Robyn Nietert	301 469 0140
Children/Social Activities	Jen DeMarinis	301 365 1629
Bldg and Long-Range Planning	Ray Sobrino	301 365 3878
Membership	Alison Ewing	301 469-0345

**CLUB CONTACTS**

Manager	Larry Ondrejko	301 365 2292	carderockclub@verizon.net
Membership Secretary	Alison Ewing	301 469-0345	alisonhewing@aol.com
Newsletter Editor	Margie Orrick	301 365 6253	carderockclubnewsletter@verizon.net
Summer Fun	Larry Ondrejko	301 365 2292	carderocksummerfun@verizon.net
Tennis Pro	Nitin Deodhar	301 365 1541	carderocktennis@verizon.net

The Swim and Tennis Club (this orange newsletter) is NOT the Citizens' Association.

Group	Website	Email to the group
SWIM & TENNIS CLUB (CSSC)	<a href="http://www.CarderockClub.org">www.CarderockClub.org</a>	
NEIGHBORHOOD CITIZENS' ASSOC. (CSCA)	<a href="http://www.CarderockSprings.net">www.CarderockSprings.net</a>	
Overview of CSSC & CSCA	<a href="http://www.Carderock.info">www.Carderock.info</a>	
OTHER/neighbors		<a href="mailto:CS-Chat@yahoogroups.com">CS-Chat@yahoogroups.com</a>

Other online resources in addition to the 2 websites for the Club and Citizens' Association:

- [www.Carderock.info](http://www.Carderock.info) is an overview of Carderock and an easy-to-remember portal to the CSSC and CSCA websites
- CS-Chat neighborhood-maintained Yahoo group for email. While it includes topics of interest to the Club and Citizens' Association, it is not part of either of them. To join the email list of 309 of your neighbors to keep informed of neighborhood events and issues, send email to [cs-chat-subscribe@yahoogroups.com](mailto:cs-chat-subscribe@yahoogroups.com)

**CSCA ARC Meetings, 1<sup>st</sup> Wednesday of the month, 7:30 pm**



The Citizens' Association has an Architectural Review Committee meeting on the 1<sup>st</sup> Wednesday of each month at the Clubhouse, 7:30 pm. If you are considering an addition or exterior modification of your home, bring your plans for review. Design and review procedures plus other documents are available at the Citizens' Association website, [CarderockSprings.net](http://CarderockSprings.net). The ARC was created by the covenants which govern your property in Carderock. ARC meetings are open for any and every community member to attend, whether you are renovating or not. Next meetings are Wednesday, Aug 4 & Sept 1.



More photos of our brand new Elementary School are on page 5.



Playgrounds and Garden



Rear Amphitheater

Rear View and Athletic Fields

Aerial Photo June 2010

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