



Carderock Springs Swim and Tennis Club  
8200 Hamilton Springs Court  
Bethesda, MD 20817

## September 2007

## CALENDAR

9/1 Sat, Labor Day Celebration

3-4 pm

Pool Games

6-9 pm

BBQ. Bring your own food; party, dance, swim!  
The Club will supply wine, beer, soda, and music

9/5 Wed 7:30 pm

ARC monthly meeting on neighborhood renovations

9/10 Mon 1-3 pm

Carderock Women's Book Group

9/10 Mon 7:30 pm

Citizen Association Monthly Meeting at the Club

9/13 Thurs 11:30 am

Men's lunch at Normandie Farm

9/16 Sun 7 - 8:30 pm

Doggie Swim to close the pool

9/20 Thurs noon

Women of Carderock lunch

9/23 Sun 2-5 pm

Carderock House Tour

Looking ahead:

10/21 Sun 6:30 pm

Annual Citizen Assoc Fall Meeting at the Club

---

Newsletter deadline: 20<sup>th</sup> of the month. Address newsletter items to Margie Orrick and drop them through the mail slot at the Club, or deliver to 8212 Fenway Road, or email to [carderockclubnewsletter@verizon.net](mailto:carderockclubnewsletter@verizon.net)  
Club website [www.carderockclub.org](http://www.carderockclub.org)

## House Tour Set for September 23, 2007, 2-5 pm.

There will be six Carderock homes to tour this year. You'll see different models, styles and types of remodeling. The Carderock houses still, after 40+ years, offer flexibility and allowance for personal tastes. All of the homeowners worked through the neighborhood's Architectural Review Committee and all of the plans were approved by the ARC.

The houses are open from 2-5 pm and tickets will be available at the **clubhouse** on that day from 1:45 to 2:30 pm. Cost is \$10 and is limited to adult residents of the community. Please plan to car-pool or walk. Maps will be included in the brochure.

Proceeds from the tour will benefit the Carderock Springs Citizens Association and be used for beautification projects in the community.

If you would like to serve as a greeter for a two-hour period, call or write to Mary Lou Shannon, 301-365-0472 or [marylou@maryloushannon.com](mailto:marylou@maryloushannon.com). You will receive a free ticket and will still have time to see the other houses.



### September Pool Hours

Mon-Thurs **3:30** - 8:30 pm

Fri **3:30** - 10 pm

Sat-Sun 10:30 am - 8:30 pm

## Labor Day Celebration

At the Club

Saturday **September 1**

3-4 pm      Pool Games  
6 -9 pm      BBQ

**LABOR  
DAY**

Bring your own food.

Join us to party, dance and swim !

The club will provide snacks, sodas, beer, wine, and music!

Sunday, **September 16<sup>th</sup>**:

**DOGGIE SWIM      7:00 - 8:30 pm**

The pool closes for the season in mid-September with the annual and hysterical Doggie Swim. Whether you come with or without a dog, you are sure to leave with a big smile.



A 2006 multi-talented Carderock canine swimmer →



## JUNIOR TENNIS PROGRAMS - FALL 2007

We believe that repetition is the mother of all learning. Practice makes perfect, and the more time you put into anything the better you get at it. As a way to develop our juniors into high level athletes we have added more hours to each class. All programs are designed to improve



performance in every aspect of our junior's skills: from mental toughness to self-confidence to things as basic as hitting the ball over the net. As the juniors become older and skills are more developed, the goal is to have them graduate in the more advanced classes as a way to measure progress.

However, progress takes time, so juniors should have perspective and train hard!

### World Elite (Advanced)

A combination of our successful World Class Clinic and Elite class from the summer 2007 season. This class is for the more serious player and is designed for juniors who want to fine tune their game and improve performance at the tournament playing level. The program's focus is on intense live ball drilling, scenario and strategic training, as well as fitness and conditioning.

### Junior Aces (Intermediate)

This program is designed for the player who is looking to become more serious about their development but isn't quite ready for the more advanced level training. This class is a feed in to World Elite and will focus on developing skills and correcting weaknesses through fast paced drills and match play.

### Junior Netters (Beginners/Low Intermediates)

Focus will be on stroke production, rules and score keeping. This class feeds into the Junior Aces program. The format will provide a mixture of drills and begin with the objective of improving overall play.

### Wimpleton (Children aged 4-7)

Introductory class to tennis with emphasis on motor control and cognitive learning. Focus will be on hand-eye coordination, stroke production, and most importantly creating interest to ensure longevity in the sport. Will also focus on having lots of fun!!!

## ADULT TENNIS PROGRAM - FALL 2007

### Ladies Practice (for members who are on the club tennis teams):

Focus is set on live ball drills, doubles strategy, and overall play to help improve performance in matches. The class format consists of about 45 minutes to an hour of drills and an hour of organized play and critique.



→ Players must sign up in advance for class to be held. Sign up sheets will be posted on Monday morning. Wednesday is the last day for registration. You may register by phone.

### Morning or Evening Explosion (Workout Drill Sessions, all abilities)

Get your workout on the tennis court! This program is composed of high paced drills to increase stamina, speed, and overall conditioning.

→ Minimum of 2 players must sign up each week for class to be held. Call to register.

### Ladies Morning Clinic I (Advanced Beginners/Intermediate)

This class is designed to fine-tune the fundamentals of stroke production and beginning doubles strategy. The class format consists of one hour of drills and a half hour of organized play.

→ Minimum of 2 players must sign up each week for class to be held. Sign up sheets will be posted Monday morning. Wednesday is the last sign up day. May reserve by phone.



### Three and a Pro

One and a half hours of tennis: 45 minutes of drills, 45 minutes of double match play with the pro. A great way to work on doubles skills in a concentrated setting. Call to set up times that work in your schedule.

## TENNIS CLASS SCHEDULE, Fall 2007

### JUNIOR PROGRAMS

	DAY/TIME	DATES	COST
World Elite	Mon-Fri 3 - 5 pm	Session 1 (9 weeks) Sept 3 - Nov 2	Full 9 weeks: \$1200 (90 hrs) Weekly \$170 (10 hrs) Daily Drop-In \$40 (2 hrs)
Junior Aces	Mon, Wed, Fri 5 - 6:30 pm	Session 1 (9 weeks) Sept 3 - Nov 2	Full 9 weeks: \$400 (40.5 hrs) Weekly \$54 (4.5 hrs) Daily Drop-In \$20 (1.5 hrs)
Junior Netters	Tues, Thurs 5 - 6 pm	Session 1 (9 weeks) Sept 4 - Nov 1	Full 9 weeks: \$240
Wimpleton	Tues, Thurs 5 - 5:45 pm	Session 1 (9 weeks) Sept 4 - Nov 1	Full 9 weeks: \$80

### ADULT PROGRAMS

	DAY/TIME	DATES	COST
Ladies Practice	Thurs, Fri 9 - 11 am	Aug 30 - Nov 2 (10 weeks)	4 players or less: \$25 per class 5 players or more: \$20 per class
Ladies Clinic I	Friday 11 am - 12:30	Sept 7 - Nov 2 (9 weeks)	\$25 per class
Morning Explosion	Mon or Wed 7 - 8:30 am	Sept 3 - Oct 31	\$25 per class
Evening Explosion	Tuesday 6:30 - 8 pm	Sept 4 - Oct 29 (9 weeks)	\$25 per class
Three and a Pro	Call for more info	Call for more info	\$25 per person

Make all checks payable to Kristoffer Barnes.

Payment for programs and private lessons are due at the time of service. Any Make-Ups due to inclement weather will be announced.

Any questions, please call the tennis office at 301 365 1541. Thanks and great hitting!

---

## Hail and Farewell

---

Carderock welcomes the following new neighbors:

- Bruce and Marie Claire Page and their 3 children who have moved into 8408 Fenway Road.
- Mark and Catherine Remijan and their 2 daughters from Seattle, Washington
- Scott and Melissa Wilets to 8009 Hamilton Spring Road from Silver Spring. Scott is an architect and Melissa a graphic designer.
- Barbara Ames to 8104 Fenway Road from Rockville. Barbara is an accountant.



Carderock bids fond farewells to:

- Pat and Paul De Wolfe as they leave Carderock for city life in the District. Paul served as president of the swim club for several years in the 1990's.
- Eileen Shoemaker who moved this winter to Collington, a retirement community in Prince Georges County.
- Gayle and David Roehm who moved around the corner to Cabin John. Many thanks to Gayle for administering the cs-chat Yahoo list-serv for the neighborhood. She's continuing being administrator for a while then she will bequeath it.

---

---

Social and Book Groups

---

---

**CARDEROCK SENIOR MEN'S GROUP LUNCH**

**September 13, Thursday noon**

The next Carderock Senior Men's lunch will be on September 13 at Normandie Farm.  
Social hour at 11:30; lunch at 12:00.

We always welcome new members. If you would like to attend or be put on our invite list call Doug Robinson at 301 365-7503.

**WOMEN OF CARDEROCK**

**September 20, Thursday noon**

The next Women of Carderock meeting is noon Thursday, September 20, at Marilyn Mayerfeld's home at 8011 Fenway Rd. Please bring lunch and confirm that you are coming by calling Marilyn, 301-469-6004.

**CARDEROCK WOMEN'S BOOK GROUP**

**September 10, Monday, 1 - 3 pm**

"Ali and Nino", by Kurban Said

Russian occupied, oil rich Baku is the stage for human conflict in the novel Ali and Nino. What are the choices that confront our hero? Come and join in our discussion. The Carderock Women's Book Club will meet September 10<sup>th</sup>, 1 - 3 pm in Jean Gal's backyard at 8228 Stone Trail Drive. Newcomers are always welcome.



In October and November, the book club will discuss Bleak House by Charles Dickens.



---

## Exercise Classes

---

### ALICIA'S STRETCH & TONE YOGA EXERCISE CLASSES at the clubhouse:

Stretch, strengthen and tone every muscle group in your body.

- Mondays and Wednesdays, 9 to 10 am, \$10 per class.

First two classes free for new students. For more information call Alicia Yepes, Certified Instructor and Yoga Alliance Registered Teacher, at 301 770 7994 or 301 412 5432 or email [alexercise@comcast.net](mailto:alexercise@comcast.net) .

Starting on September 10, in addition to the traditional 1 hour stretch and tone program, there is also an *optional half an hour for those students who would like to enjoy a longer class with additional stretching and breathing exercises with soothing relaxation at the end of the class.* Fee is \$2 for the extra half hour.



© SIMRIS TECHNOLOGIES, INC.  
ARTHEX.COM



© SIMRIS TECHNOLOGIES, INC.  
ARTHEX.COM



© SIMRIS TECHNOLOGIES, INC.  
ARTHEX.COM

MAGGIE's ~ YogaPlus ~ YOGA CLASSES. The fall session of Maggie Wong's yoga classes begin at the club September 18. The session fee is \$16 per class; drop-in fee is \$20.

- Tuesday (yoga with weights) 9 to 10:30 am
- Thursdays (Iyengar yoga) 10 - 11:30 am
- Fridays (yoga and massage ball) 9 - 10:30 am

Six evening and a Kid's class are offered at the Potomac Tennis Club. Please visit [www.yogaplus.com](http://www.yogaplus.com) for a complete schedule. Call/email Maggie at 301-365-2424, [maggie@yogaplus.com](mailto:maggie@yogaplus.com)

*New Student Special: Sign up for one month at \$40 and attend any or all classes at Carderock or Potomac Tennis Club.*

---

## Free, Wanted, For Sale

---

### FREE

ITEMS FOR AN ANIMAL LOVER'S HOME-- a 50 gallon glass aquarium with filter, strip air bubble pump, and tank light. Tank sits on a beautiful stained wood base with 2 glass shelves and center wood door for storage. Also have a 10 gallon glass aquarium on black wrought iron base with a bottom storage shelf. These tanks would also be great for live animal (furry critters, reptiles, etc.) habitation. If interested, please call Suzanne at 301-767-3931.

Original kitchen cabinets from 1965 Bennett house, 2 sets of 2 doors each, good condition.  
301-365-3633

### WANTED

Late afternoon transportation help needed in the fall. Responsible teenager or adult needed to drive my 12 year-old to his tutor on Thurs. at 5:30 pm (off of Falls Rd., before Wooten Parkway). No need for ride back. Also need transport at least one-way - to or from guitar lesson - just past Pyle Middle School (probably Wednesdays 4:30 - 5:20). Call Marci at 301-469-8191

Babysitter. We would like find a reliable neighborhood babysitter who can work three to five days a week (M-F) from about 3 PM to 6PM. Duties include 1) picking up our two 3 ½ year old girls from Manor Montessori (Oaklynn Drive) at 3:00 PM; 2) picking up our 12 year-old son from St. Albans (near the National Cathedral) at around 4 PM; 3) Recreational outdoor play with the girls at a nearby park or at our home (while waiting to pick up our son and after dropping him off at our home). Hours and days of the week have some flexibility. Rate: \$10 to \$15 per hour, depending on duties, frequency and other factors. Please contact ASAP: David or Barbara Beers at 301.365.7107.

Carderock couple need a handyperson for fix-it work around the house and also outside. Probably about 3-6 hours per month on the average. Minor carpentry, repairs, etc. If you know of someone who is competent and experienced, please call us at 301 469 8665. Art and Donna Blank.

### FOR SALE

Solid oak wood loft twin bunkbed set with built in desk with 2 drawers on the left side of the Bunkbed and has 2 built in shelves and 4 built-in stacked dresser drawers on the right side. Oak set is 4 years new and in Excellent condition but our 10yr old has outgrown the bunkbed phase. The lower twin bed is detached and the headboard, footboard and frame are on rollers so it can be used separately from the loft bed anywhere in your home. Toss a beanbag chair under the loft to have a quiet, cozy reading space next to the 2 shelves. This would also be a great loft bed for your college student's dorm. Very efficient and extra strong support with solid oak construction. Call Suzanne if you'd like to come take a look at it anytime 301-767-3931.

---

## For Sale, House Cleaning

---

### **FOR SALE, cont.**

Antique oak table, 29 x 36 x about 30 inches high. \$100, Cheryl cell 301 395 0954

A 2000 Dell desktop computer system complete with computer tower, 15" color monitor, keyboard and mouse, perfect for middle, high school or college student classwork. System Features are: 2 GB harddrive, Sony CD Burner (doubles as an additional CD Rom drive also), original CD Rom drive and 3.5" floppy disk drive, Windows 98 operating system, and Microsoft Office professional pre-installed-- includes MS Access, Word, Excel, Powerpoint, and MS Publisher. Boots up and runs programs well, just a little temperamental sometimes but we had way too much kids' educational software installed that was maxing out the 1999 Intel processor. All the kids software has been uninstalled and it works very well now and would be ideal for middle, high school or college level classwork. Please call if you can really use a 2<sup>nd</sup> computer for your kids, it has loads of useful productivity left in it and I don't want to see it sitting by someone's curb for the landfill. Suzanne 301-767-3931.

Home for Sale 8129 Hamilton Spring Rd. Updated Overlook house on .58 acre lot. Skylights, 4 bedrooms, 3 BA 2 FP, FR. Newly renovated kitchen, granite surfaces, eat-in, sunny dining. Rear deck backs into a private and beautifully landscaped woodland setting. Pool and Tennis club are around the corner. For Sale by Owner. \$849,000.



For appointment, please call 301-299-3830.

### **HOUSE CLEANING SERVICES AVAILABLE**

- Enthusiastic, with excellent references and own transportation. Available Mon-Fri. Call Gisela 301 622 2897.
- Anna Maria 301 933 1256. Avail Mon or Thurs.
- Maria H 301 949 7848. Available Mon and Tues.
- Experienced with Carderock references. Available Mon, Wed, Fri. Call Bertha 301 309 2302.
- My housekeeper of more than 10 years is seeking additional work for her expanding business. She is a lovely person & a very good housekeeper. She speaks English well and is conscientious and reliable. Veronica 301 758 8099.

---

## Recommendations

---

House cleaning Carmen Mendez 703-277-9644. Professional, reasonable, experienced. Works for several Carderock families and is looking for 1 or 2 more. She has a car and speaks English very well. Recommended by Barbara Feuer 301-365-0113.

Handyman. Miguel Perez - 301-370-0157, excellent for work around your house including minor remodeling jobs, window replacement/installation, drywall work, and more. Capable for small to medium sized jobs. Extremely meticulous and very reasonably priced. He has done a lot of work on our home. Recommended by Bill Todd.

Handyman. Alberto Benavides : 301-933-2094 (home), 301-520-6018 (cell). Excellent handyman who does interior and exterior painting; carpentry; plaster work; removal of wallpaper; power washing; remodeling; ceramic tile work, electrical, and decks. Free estimates, prices are reasonable, excellent worker. Recommended by Tyler Tansing.

Bradley Construction Company, Inc, Damascus, MD: 301.253.6090. When compared to the  $\frac{1}{2}$  dozen prime contractors we have had in our home over the past 10 years, Bradley Construction is our top recommendation. They are punctual and proceeding on time and on budget (in spite of various post-planning changes) as we near completion of an addition and complex remodeling of virtually every room in the existing house. They are making use of innovative "green" thermal and acoustical products and working seamlessly with me and one or two subs I am hiring directly. Any errors, including those that are ours, are corrected at once and they have been exceptional assisting us in working around our children's sleeping arrangements. We have had a lot of contractors in our home over the years. Bradley has proven to be the best. Recommended by David and Barbara Beers.

Window washer. Marco Quispe 301 335 0273 (new number). Clean your windows, screens, and skylights so you can enjoy your beautiful Carderock views! Recommended by Margie Orrick & many Carderock neighbors.

Spanish Tutor for Kids and Teens, Romina Cialdella (240) 506 - 1762, romina\_cialdella@hotmail.com . Wootton High School graduate, U of MD Honors student. Uses fun activities such as games, pictures, role play, stories, and much more! Recommended by Mercedes Canton .

Please send recommendations for reliable contractors to [carderockclubnewsletter@verizon.net](mailto:carderockclubnewsletter@verizon.net)

---

## Services Available

---

Sugar & Spice Desserts: Tamara Lowengrub 202 248 4178 cell 301 512 0555.  
Baker of desserts for the swim/dive team banquet in July!



Petsitter available. We have lived in Carderock Springs for over 20 years, and I have had pets all my life.  
Call Susan Burkhalter, 301-469-8728, e-mail [scastlekep@aol.com](mailto:scastlekep@aol.com)

Gutter Cleaning. Any standard house in Carderock \$75. A bit more if there is an extension and more gutters to clean. We also do odd jobs: yard cleanup, driveway sealing, small jobs around the house. Please call Dan or Eric at 301-365-6237.

Painting / Remodeling company. Discount to Carderock residents, just *mention this ad* during one of our FREE ESTIMATES and receive a *full house power wash for free* with any painting or remodeling work. Experienced employees specialize in painting, deck work, and flooring; no job too small. Many Carderock references. Contact Daniel Mendelsohn, Alex Shatskov 301 221 7462 or [IpaintInc@gmail.com](mailto:IpaintInc@gmail.com).



**I Paint Inc.**

PanaCea Computer Help. Having trouble with your computer? Desperately need an upgrade to your machine (RAM, Hard Drive, new Optical Drive, etc)? Just want to solve some problems with your PC or Mac? Call Nick Fernandez-Arias, part of PanaCea Computers, a group of technically-oriented Juniors at Sidwell Friends School, and get your issue resolved. Drop off your computer or have us come by and take a look for a fraction of the price offered by other "geek" services. For pricing information, services offered, and everything else you might need, call 301 648 9081 or e-mail [panaceacomputers@gmail.com](mailto:panaceacomputers@gmail.com).

College Essay Consultation - Robyn Nietert (301/469-0140). I consult with high school seniors on all aspects of their college essays, including: content, organization, style, sentence structure, syntax and grammar. Topic selection can be a daunting process for many applicants but, by talking through their ideas and experiences, most students can settle on a topic that is both compelling and personal. I have a BA in English from GWU, a JD from GWU and, am a founding volunteer at Walt Whitman High School's Writer's Workshop. Last year I began consulting privately with college applicants and neighborhood references can be provided upon request.

Looking for personalized, practical tutoring for your child? ? Do you need a flexible program to fit your jam-packed schedule? Extra Credit Academic Support & Enrichment has the answer! Registration is underway for Summer 2007 Workshops for students entering grade 3 through high school. For more information, contact former Carderock Springs ES teacher Tom Sellevaag at 202.546.4445 or go to [www.extracredittutor.com](http://www.extracredittutor.com).

---

## For Rent

---

Carderock. Space in private home: private sitting room, bedroom, bath and patio. Kitchen and laundry privileges. Two adult women and two cats in home. Available September 1 -- \$800 monthly. Call 301 469 6069.

**Rehoboth Beach** House Rental with Swimming Pool. A 2 year old townhouse, 5 bdrms, 4-1/2 baths, fully furnished, 3 blocks to beach. 2 master bdrms and 4 additional twin beds make it ideal for 8 to 10 people (families only please). 2 decks, garage and 2 additional parking places. Includes fully equip. kit., central air, microwave, washer-dryer, cable TV & DVD. No pets or smoking please. Off -season weekly rate \$800; weekends \$350. Email [art@yogaplus.com](mailto:art@yogaplus.com) or call 301-365-6237 for pictures and more information.

**Sanibel Island, Florida.** Pointe Santo condo on the beach of the Gulf of Mexico. 2 bedrooms, 2 baths, AC, washer/dryer, TV/DVD, fully equipped kitchen, outdoor grills, pool, Jacuzzi, children's activities, clubhouse with internet access. Value rates (cheaper) from July to early December. Call Suzanne 301 365 2931 or email [yyellis1@tampabay.rr.com](mailto:yyellis1@tampabay.rr.com)

**Myrtle Beach, SC.** 2 bdrm villa, sleeps 6. Perfect for golf, beach, or family vacation! Ideal for golfer, individual, family, leisure or corporate traveler. Nestled along Intracoastal waterway and near Broadway at the Beach, easy access to 27-hole golf course, entertainment, restaurants, popular attractions. 9 foot ceilings, wall-to-wall carpet, ceramic tile bathrooms & kitchen, and a screened-in patio. Direct access to community outdoor pool and BBQ area off back patio. Resort has heated indoor pool & exercise center. Avail Aug-Dec, 2007. Denise 301-365-2460.

**Pawley's Island, SC.** Resort villa available for vacation or short term rental. This 3-bdrm, 2-bath villa sleeps 8 and is newly furnished. This 1st floor villa has everything you will need to make your vacation a pleasure. Situated on the 9th fairway of True Blue Golf course this villa is relaxing and enjoyable. Resort amenities include: tennis, swimming, a golf school and 18-hole golf course. Close to the beach, restaurants, and shopping. Daily and monthly rentals available. Please contact Denise 301-646-5829.

**Outer Banks, NC.** Soundfront home with magnificent sunsets. Hot tub on private pier in screened gazebo. 5 bdrm, 4 full baths, 1/2 bath. Gourmet kitchen. Community pool, tennis courts, clubhouse, exercise room. Available off season, spring, fall, and summer. Barbara 301 469 9292.

## CLUB CONTACTS

Manager	Larry Ondrejko	301 365 2292	carderockclub@verizon.net
Membership Secretary	Meris Sparrow	301 767 9473	pmsparrow@aol.com
Newsletter Editor	Margie Orrick	301 365 6253	carderockclubnewsletter@verizon.net
Summer Fun			carderocksummerfun@verizon.net
Tennis Assistant Pro	Kris Barnes	301 365 1541	carderocktennis@verizon.net

## CLUB BOARD OF DIRECTORS

President	Suzette Goldstein	301 469 7597
Vice President	Mike Nannes	301 767 0086
Secretary	Fish Brown	301 767 1088
Treasurer	Pablo Molina	301 365 3474
Tennis Committee	Hilda Maibach	301 315 2124
Swim/Dive Teams	Robyn Nietert	301 469 0140
Children/Social Activities	Caroline Barbeau	301 767 0214
Bldg and Long-Range Planning	Paul Barton	301 365 1491
Membership	Meris Sparrow	301 767 9473

The Swim and Tennis Club (this orange newsletter) is NOT the Citizens Association (green newsletter).

Group	Website	Email
SWIM & TENNIS CLUB	CarderockClub.org (no password required)	
NEIGHBORHOOD CITIZENS ASSOC.	CarderockSprings.net (create a password to see archived info)	
OTHER/neighbors		CS-Chat@yahoogroups.com

In addition to those 2 websites for the club and Citizen Association, there is a neighborhood-maintained Yahoo group for email. While it includes topics of interest to the Club and Citizens Association, it is not part of either of them. To join the email list of 155 of your neighbors to keep informed of neighborhood events and issues, send email to [cs-chat-subscribe@yahoogroups.com](mailto:cs-chat-subscribe@yahoogroups.com) .

## **CSCA ARC Meetings, 1<sup>st</sup> Wednesday of the month, 7:30 pm**

The Citizens' Association has an Architectural Review Committee meeting on the 1<sup>st</sup> Wednesday of each month at the Clubhouse, 7:30 pm. If you are considering an addition or exterior modification of your home, bring your plans for review. Design and review procedures plus other documents are available at the Citizens' Association website, [CarderockSprings.net](http://CarderockSprings.net). The ARC was created by the covenants which govern your property in Carderock. ARC meetings are open for any and every community member to attend, whether you are renovating or not. The next ARC meeting is

Wednesday, September 5.

### **TO ACCESS THE CITIZEN ASSOCIATION WEBSITE**

1. go to <http://carderocksprings.net/>
  2. On the left side, click "My Community"
  3. Just scroll down to see the latest Citizen Association news.
- No need to click "2007 Documents" or "Document Library" unless you want to see older documents.

### **TO ACCESS THE CLUB WEBSITE**

Go to [CarderockClub.org](http://CarderockClub.org) for Announcements, the Club Calendar, link to photos, this newsletter online, etc.

<p><b>Carderock Springs Swim and Tennis Club</b> <b>8200 Hamilton Springs Court</b> <b>Bethesda, MD 20817</b></p>
---