

Carderock Springs Swim and Tennis Club 8200 Hamilton Springs Court Bethesda, MD 20817

May	2007	CALENDAF

5/2 Wed 7:30 pm

5/6 Sun 1 - 5 pm

5/7 Mon 1 - 3 pm

5/9 Wed 9 - 3 pm

5/10 Thurs 11:30 am

ARC monthly meeting on neighborhood renovations

Swim and Dive team registration

Carderock Women's Book Group

Kindergarten orientation at Carderock Elementary

Men's lunch at Normandie Farm

5/12 Sat 1- 3 pm Ladies Tennis Round Robin
5/17 Thurs noon Women of Carderock lunch

5/21 Mon Tune up clinics start for swim team

5/26 Sat, Memorial Day weekend

10:30 am Pool opens for the season! Yippee!

1-4 pm Mixed Doubles Round Robin Memorial Day Tennis Kick-Off

Afternoon Pool games

6-9:30pm Traditional BBQ. Bring your own food;

the Club will supply wine, beer, soda, and music

5/27 Sun Rain date for Memorial Day party - pool games and BBQ

Looking ahead:

June 18 - July 27 Weekly Summer Fun program for kids

Newsletter deadline: 20<sup>th</sup> of the month. Address newsletter items to Margie Orrick and drop them through the mail slot at the Club, or deliver to 8212 Fenway Road, or email to carderockclubnewsletter@verizon.net

Club website www.carderockclub.org

#### Letter from the President

Over the last few years the Club Board has been working hard to find ways to encourage the elders of our neighborhood to become more fully engaged in club activities. Many of the senior members of our community have been long time residents, and have helped to build the Club into the focal point of our neighborhood; others are more recent and welcome additions to the neighborhood.

The Board believes that encouraging the Club to be a multi-generational gathering place and amenity is beneficial to us all, young and old alike.

To that end for the first time last year the Board enacted an emeritus guest pass to those 65 years of age and over.

The emeritus pass allows the bearer to use the Club facilities 15 times during the season at a reasonable rate. Last year 39 residents took advantage of the program.

We are happy to report that this year to date 44 folks will be participating. For more information on this program please contact our membership secretary Meris Sparrow.

At our March meeting the Board discussed and then enacted a new membership rule that we hope will further encourage multi-generational participation in the Club. Initiation fee(s) shall not be applied to Carderock home purchasers 65 years old or older.

We hope that you will share our enthusiasm for the value our seniors add to our Club and we look forward to seeing everyone at the Club this summer.

Suzette

### Saturday 5/26 events include:



Pool Opens! 10:30 am

Tennis! 1-4 pm Mixed Doubles Round Robin

Pool games! Afternoon

Traditional BBQ dinner! 6-9:30 pm
Bring your own food, and the Club will provide wine, beer, soda and music.

Rain Date is Sunday 5/27

### Sign Up for Summer Activities

#### SWIM AND DIVE TEAM REGISTRATION

May 6, 1 - 5 pm

Come on down to the club and register for swim and dive teams! We have the same great coaching staff joining us again this year - Scott Reed (Head Swim Coach), Cal Nannes, and Montana Stevenson. Jessie Sobrino will be heading up the pre-team coaching staff.

#### SUMMER FUN

Sign up for the Summer Fun program at Carderock! This fun and relaxed program runs from June 18 to July 27 for children 6 to 10 years old. Two adults as well as neighborhood teens supervise the children. The Program is comprised of team building games, arts and crafts, tennis games and free swim (no formal instruction for swimming). The children also bring a bagged lunch or may purchase lunch from the snack bar. Fridays are Pizza Day!

Questions? Email carderocksummerfun@verizon.net

How to register for Summer Fun?

- Complete a form for attending or to volunteer as a teen
- Place the completed form & a check (\$200 per week) made out to CSSC in a sealed envelope
- Drop it in the mailbox at the Carderock Clubhouse or snail mail the form and check to CSSC, 8200
   Hamilton Springs Court, Bethesda, MD 20817

#### SUMMER EMPLOYMENT AT THE CLUB

Teens have many choices

- work as a counselor in Summer Fun for student service learning hours or
- work as an employee of the club in buildings and grounds, at the front desk, in the snack bar, or as a lifeguard. Employment Application form is available at CarderockClub.org, click on Summer Employment.

## Help! Forms?

Q: What forms does the club have if I want to sign up for lessons, a team, employment, etc?

A: Forms are in this or previous newsletters; all forms are on the website.

PURPOSE OF FORM	IN NEWSLETTER ?	ON WEBSITE CarderockClub.org?
Tennis lessons	May (that's this one!)	yes
Swim and Dive team	April	Yes
Summer Employment at Club	April	Yes
Summer Fun: kids to attend	March	Yes
Summer Fun: teens to volunteer	March	yes

# \_\_\_\_\_\_Community\_

#### WIDER CIRCLE

A million thanks to everyone who participated in the Wider Circle collection day in late April. The truck was packed to the roof when we closed up plus ten or more furniture pick-ups were done around the neighborhood as well. Many, many low-income families in the region will benefit from your generosity. For a look at the organization and their varied programs, go to <a href="https://www.awidercircle.org">www.awidercircle.org</a>.

Again thanks one and all!

Anne Thompson

**KINDERGARTEN ORIENTATION** will be held at Carderock Springs Elementary School on May 9 from 9 A.M. to 3 P.M. Call the school for a registration packet - 301 469 1034. Your child is eligible to attend kindergarten if he/she will be 5 years old on or before 09/01/07.

#### FLOWERS DONATED TO THE CLUB

Next time you visit the Club, be sure to notice the beautiful New Guinea Impatiens planted in the brick container by the front door. And then take a peek around the corner to see the containers of Petunias and New Guinea Impatiens on the tables on our lovely new tennis patio.

The flowers were donated, and the planting was done by Carderock Springs Elementary School  $2^{nd}$  grade Brownie Troop 1387 as one of their first community service projects. And to just say thanks to the Club for the wonderful meeting space.

#### DOG OWNERS

Please pick up after your dog (it's the law), whether you are walking on the Still Spring/Peck Place/Magruder loop or the Hamilton Spring/Fenway/Lilly Stone loop or elsewhere. Don't expect other people to do your job. There are a lot of young children in Carderock now who should be able to play outside without having to step into dog poop.

## **Tennis News**

The warm weather has finally arrived and the tennis activity is heating up for the summer! Stop by and check out what's going on or call us.

#### **JUNIOR PROGRAMS**

We are running all of our spring programs from the 1st of April until the first week of June. Juniors can still sign up at a discounted rate. If other activities conflict, kids can do only part of the session. Classes will be prorated accordingly.

#### JUNIOR LADDER

We will be conducting a junior ladder for the summer; both boys and girls will be able to participate. It will be ongoing from the middle of June until the middle of the August. Stop by the tennis courts for details and to sign up!

#### **JUNIOR TENNIS TEAM**

Calling all juniors! We are currently signing up all juniors for our summer tennis team. We will practice once a week and have matches once a week. All levels of players are encouraged to sign up. Don't worry if you travel in the summer, you don't have to be here for all the matches.

#### JUNIOR WORLD CLASS ACADEMY

Kris Barns and Ryan Freeman will be conducting a daily 2.5 hour tennis academy from 9:30am to 12 noon during the summer. The academy will be geared towards a more serious player. Intense drill sessions as well as supervised match play will take place. Students will also be put through a rigorous conditioning program to improve footwork and mobility on the court. Video critiquing will be used to better help the players. Interested players should contact the Pro Shop as soon as possible for details. Space is limited.

#### **Junior Sports Camp**

We will be offering a new camp this year for juniors interested in learning sports in a not so intense structure. The camp will include tennis, hockey, basketball, waffle ball, and swimming. The time is 1-4 pm starting June 18<sup>th</sup>. It will run until the end of the summer. Sign-ups are on a weekly basis with a cost of \$150 per week. Stop by or call the shop for details.

#### **CARDIO TENNIS**

WE WILL BE RUNNING CARDIO TENNIS AGAIN THIS SEASON, JUST STOP BY THE SHOP FOR DAYS AND TIMES.

#### **LOOK WHAT'S GOING ON THIS MONTH!**

**Ladies Round Robin** 

May 12<sup>th</sup> Time: 1-3pm

Mixed Doubles Round Robin Memorial Day Tennis Kick-Off

May 26<sup>th</sup> Time: 1-4pm

**PRO SHOP NUMBER** 301-365-1541

## Carderock Springs Swim & Tennis Club

# TENNIS PROGRAM REGISTRATION FORM SPRING 2007

#### **PLEASE PRINT**

Name:				
Address:				
City:		_ State:	Zip:	
Phone (H)		(W/Cell)		<u> </u>
If a minor: Parent's Names:				
Programs: Days & Time:				
Total Amount Enclosed	l: \$	(Please do	not send cash in the n	nail)

Ryan Freeman

Make checks payable to:

32 Amarillo Court Germantown, MD 20874

∘ FOR PRIVATE & SEMI-PRIVATE INSTRUCTION CALL 301-365-1541∘

Thank you for your early registration!



#### Junior Tennis Programs - Spring 2007

#### Junior Elite (Advanced)

Designed for juniors that want to fine tune their game and improve performance at the tournament playing level. Focus is on strokes, tactics and conditioning.

#### Junior Aces (Intermediate)

This program is designed for the junior who wants to take their game to the next level by developing better skills and to correct weaknesses through fast paced drills and playing.

#### Junior Netters (Beginners/ Low Intermediate)

Focus will be on stroke production, rules and score keeping. The format will provide a mixture of drills and beginning play with the objective of improving overall play.

#### Wimpleton (Children ages 4-7)

This is an introductory class to tennis with emphasis on fun, fun, and fun.

JR. PROGRAMS	Days & Times	Dates	Cost:
Junior Elite	Monday & Thursday 3:30-5pm	Session 1: (9 wks) April 2 <sup>nd</sup> – May 31 <sup>st</sup>	\$270
Junior Aces	Monday & Thursday 5-6:30pm	Session 1: (9 wks) April 2 <sup>nd</sup> - May 31 <sup>st</sup>	\$270
Junior Netters	Wednesday & Friday 5-6pm	Session 1: (9 wks) April 4 <sup>th</sup> - June 1 <sup>st</sup>	\$180
Wimpleton	Wednesday or Friday 4-4:45pm	Session 1: (9 wks) April 4 <sup>th</sup> -June 1 <sup>st</sup>	\$100

#### Adult Tennis Programs - Spring 2007

#### Morning or Evening Explosion (Workout Drill Sessions. All abilities)

Get your workout on the tennis court. This program is composed of high paced drills to increase stamina, speed and overall conditioning. Drop in or signup in advance.





#### Ladies Morning Clinic I (Adv. Beginners/ Intermediate)

This class is designed to fine-tune the fundamentals of stroke production and beginning doubles strategy. The class format consists of 1 hour of drills and  $\frac{1}{2}$  hour of organized play and critic.

ADULT PROGRAMS	Days & Times	Dates	Cost:
Morning Explosion	Monday or Wednesday	Session 1	\$25/class
	7-8:30am	April 2 <sup>nd</sup> /April 4th	
Ladies Clinic I	Friday	Session 1	\$25/class
	11-12:30am	April 6 <sup>th</sup>	
Evening Explosion	Tuesday	Session	
	6:30-8pm	April 3 <sup>rd</sup> – May 29 <sup>th</sup>	\$25/class

(Please sign up in advance or call within 48 hours if you plan to attend.)

## Social and Book Groups

#### CARDEROCK SENIOR MEN'S GROUP LUNCH

May 10, Thursday noon

The next Carderock Senior Men's lunch will be on May 10th at Normandie Farm. Social hour at 11:30; lunch at 12:00.

We always welcome new members. If you would like to attend or be put on our invite list call Seth Tuttle at 301 365-1277 or e-mail at stuttle@erols.com.

#### WOMEN OF CARDEROCK

May 17, Thursday noon

On Thursday, April 19, WOC met at Jean Wadsworth's house and discussed issues concerning the continuation of the group. The consensus was that WOC fulfilled an important community function and should continue. Several assignments were made.

The next get together will be at Marilyn Mayerfeld's on May 17<sup>th</sup> at noon. Please bring your lunch and call me, Margit Meissner at 301-469-6740 to let me know whether you will be coming.

#### CARDEROCK BOOK CLUB

May 7, Monday, 1 - 3 pm

My Name is Red, Orhan Pamuk

"I am nothing but a corpse now, a body at the bottom of a well..."

This lament launches readers into Orhan Pamuk's 16th century mystery about the murder of a miniaturist hired to illustrate a book about the sultan. Come join us at the home of Erika Schantz, 7008 Barkwater Court, on Monday May 7 from 1-3 pm, and learn whodunit.





For more information, please call Carolyn LoBuglio at 301 767-0098. Be curious, come join us. All are welcome, hope to see you!

## Art & Exercise Classes



THE KIDS STUDIO summer art camp is in the home studio of Carderock resident Kristina Valencia. We teach kids ages 4-12. Our focus is on providing our students with the opportunity to experiment with many different art media; Wood, clay, paper, fiber.... Our goal is for the kids to feel empowered to create wherever life takes them.

Camp Schedule: June 25, 26, 27, 28 July 2, 3, 5, 6 July 9, 10, 11, 12
Camp runs from 10:30-1:30 and kids need to bring a lunch or big snack.
Each week session is \$250. PLEASE call or email soon! Kristina Valencia 301-767-9738 or kristina\_valencia@yahoo.com

## ALICIA'S STRETCH & TONE YOGA EXERCISE CLASSES at the clubhouse:

Stretch, strengthen and tone every muscle group in your body.

Mondays and Wednesdays, 9 to 10 am, \$10 per class.

First two classes free for new students. For more information call Alicia Yepes, Certified Instructor and Yoga Alliance Registered Teacher, at 301 770 7994 or 301 412 5432 or email <a href="mailto:alexercise@comcast.net">alexercise@comcast.net</a>.

<u>MAGGIE's ~ YogaPlus ~ YOGA CLASSES</u>. Carderock resident Maggie Wong offers a variety of Yoga classes year-round. The Spring Session starts April 10. Join any class at any time, the fee is pro-rated.

- Tuesday 9-10:30 am (Yoga and Weights)
- Thursday 9:00 10:30 am (Mixed Level Yoga)
- Friday 9-10:30 am (Mixed Level Yoga and Massage Ball)

Please visit <a href="www.yogaplus.com">www.yogaplus.com</a> for the schedule of classes in evenings and other locations. Maggie Wong 301 365 6237, maggie@yogaplus.com

#### Services Available

Preschool teacher looking for summer nanny position. Available part-time June 11-July 20 and full-time for the rest of the summer. Have valid driver's license and own transportation. Reliable, fun-loving, great with kids. References available upon request. Call Katie at 301-461-1576.

Looking for personalized, practical, flexible <u>summer tutoring</u> for your child? Extra Credit Academic Support & Enrichment has the answer! Registration is underway for Summer 2007 Workshops for students entering grade 3 through high school. For more information, contact former Carderock Springs ES teacher Tom Sellevaag at 202.546.4445 or go to www.extracredittutor.com.

The pool opens at the end of May and that is a great time to start swim lessons for your child. Please call Montana Stevenson, Assistant Carderock Swim Team Coach. Lifeguard certified; life-long member of Carderock Swim Team; UVA Club Swim Team. Extensive experience teaching/coaching children of all ages. 301-469-0140.

<u>Petsitter</u> available. We have lived in Carderock Springs for over 20 years, and I have had pets all my life. Call Susan Burkhalter, 301-469-8728, e-mail scastlekep@aol.com

Gutter Cleaning. Any standard house in Carderock \$75. A bit more if there is an extension and more gutters to clean. We also do odd jobs and Concierge service. Please call Dan or Eric at 301-365-6237.



<u>Painting / Remodeling</u> company. Discount to Carderock residents, just mention this ad during one of our FREE ESTIMATES and receive a full house power wash for free with any painting or remodeling work. Experienced employees specialize in painting, deck work, and flooring; no job too small. Many Carderock references. Contact Daniel Mendelsohn, Alex Shatskov 301 221 7462 or

PanaCea Computer Help. Having trouble with your computer? Desperately need an upgrade to your machine (RAM, Hard Drive, new Optical Drive, etc)? Just want to solve some problems with your PC or Mac? Call Nick Fernandez-Arias, part of PanaCea Computers, a group of technically-oriented Juniors at Sidwell Friends School, and get your issue resolved. Drop off your computer or have us come by and take a look for a fraction of the price offered by other "geek" services. Call 301 648 9081 or e-mail panaceacomputers@gmail.com.

#### Recommended, Wanted, and House Cleaning Available

#### RECOMMENDED

<u>Speech-Language Pathologist</u> makes Carderock house calls. If a child in your family is in need of speech therapy over the summer, please contact Tracy Calandro, MS CCC-SLP. She's dynamic, fun and engaging, not to mentioned highly skilled, and will come to your home directly. She can be reached at 301/455-0587. For references please call Carolyn LoBuglio, 301/767-0098.

#### WANTED

<u>Full-Time Baby Sitter</u> wanted - We are looking for any recommendations from Carderock families who might know of an experienced full-time baby sitter/nanny who will be leaving their current family after the summer and will be looking for employment beginning around September 1, 2007. We have two girls ages 6 months and 3 1/2 and need help from 8:30 am until 6:30 pm. Thank you in advance for any recommendations. Please contact Donna or Rick Mattick at 301-365-1251.

<u>Pet care</u> - Weekday and weekend care wanted for older cat who needs to be fed twice a day, in morning and evening. If you are interested, or know of someone who would be (e.g. Au Pair or college student/recent grad living at home), please call Amy at 301-365-4776 (evenings and weekend).

<u>Short-Term Rental in Carderock</u> wanted. Carderock family needs to move out temporarily during renovations and would like to stay in the neighborhood. We expect to need to be out of the house for 2 to 3 months starting in mid-May or June. <u>jesse.leary@comcast.net</u> or (301)365-1594.

Desired: <u>2 BR w/ parking in DC or Bethesda</u>. May1 to August 31 rental for single woman, 2 older dogs. Approx. \$4000/month. Please call 202.338.8824.

#### HOUSE CLEANING SERVICES AVAILABLE

- My wonderful Thai housekeeper has some hours free! She can babysit, take care of pets, clean, organize, iron, and do laundry. She is currently working part-time for several Carderock families, and has her own transportation. Please call 202 246 5616.
- Enthusiastic, with excellent references and own transportation. Available Mon-Fri. Call Gisela 301 622 2897.
- Anna Maria 301 942 6473. Avail Mon or Thurs.
- Experienced with Carderock references. Available Mon, Wed, Fri. Call Bertha 301 309 2302.
- My housekeeper of more than 10 years is seeking additional work for her expanding business.
   She is a lovely person & a very good housekeeper. She speaks English well and is conscientious and reliable. Veronica 301 758 8099.

Your neighbors are interested in <u>reliable contractors</u>. Please send recommendations to <u>carderockclubnewsletter@verizon.net</u>.

## For Sale\_

<u>Baby Einstein jumper</u>, excellent condition, like new, \$35. <u>Baby Einstein play mat</u>, like new, \$25. <u>High rise computer desk</u> \$35. <u>Antique oak rocker</u> \$135. <u>Call</u> 301-469-0084.

Get In Shape for fun this summer! <u>Weight bench and weights</u>: 4-25lb, 4-10lb. 4-5lb. 6-2 1/2lb. \$50 obo. <u>Situp board</u> - \$25 obo Variable Resistance <u>Stationary Bicycle</u> - \$50 obo All in excellent condition. Call 301 229-6682

Beautiful contemporary <u>marble table</u>, white with gray accents. Coffee-table size, 30 inches  $\times$  48  $\times$  16 inches high. Sits on a marble pedestal, \$100. Also 2 contemporary <u>area rugs</u>, approx 5  $\times$  8 feet, olive green/brown/black and olive green/gray-dusty-purple/cream, good condition, \$75 each. Call 301 365 7530.

Chickering console <u>piano</u>, fruitwood finish, owned by one family, very good condition, recently tuned. Includes upholstered bench. \$1200 obo. Please call 301 469 6990.

<u>Home for Sale</u>. 8221 Lilly Stone Drive. Sitting on one of Carderock Springs most beautiful cul-de-sacs is an Overlook Model that has been updated and is in immaculate move-in condition. 4BRs, 3BA, 2FP, FM, Sep. DR, large 1 car garage with storage area, beautiful fenced rear yard with 2 patios, and large custom shed. This is a must see if you want to live in Carderock Springs. Pool & Tennis Club membership convey with full price offer. \$874,900 (will co-op). (240) 425-3818

<u>Home for Sale</u>. 8205 Fenway Road. Well-maintained Overlook house received national awards for innovative design & woodland setting. Brick-walled entry courtyard extends entire length of house, surrounded by dogwoods & azalea gardens.

This home showcases the only addition and remodel designed by the Carderock Springs architecture firm, Keyes Lethbridge and Condon. Kitchen w/ professional Wolf Range, electric grill, built-in freezer, pantry closet, bar sink, lots of storage. The 19' sunny kitchen, adjacent Great Room addition and enlarged living room w/FP open to a balcony, flagstone patio and Japanese garden with a koi pond, perfect for indoor-outdoor living and entertaining.

Main level also has 3 bdrms, 2 baths; lower level has family room/FP, office with built-in cabinets, library/bdrm, bath, workshop, laundry room w/ auxiliary kitchen. Custom-built garden storage shed is set in the whimsical flamingo garden. Offered exclusively by owner/former sales manager for E.J. Bennett Assoc. at \$925,000. For an appointment to view the home, please call 301-469-6990.

## For Rent & ARC Meeting Info

<u>Rehoboth Beach</u> House Rental with Swimming Pool. A two year old townhouse, 5 bedrooms, 4-1/2 baths, fully furnished, three blocks to beach. Two master bedrooms and four additional twin beds make it ideal for up to eight people. Two decks, garage and 3 additional parking places. Amenities include fully equipped kitchen, central air, microwave, washer-dryer, cable TV and DVD. No pets or smoking please. Weekly rate \$1800. Email <u>art@yoqaplus.com</u> or call 301 365 6237.

<u>Sanibel Island, Florida</u>. Pointe Santo condo on the beach of the Gulf of Mexico. 2 bedrooms, 2 baths, AC, washer/dryer, TV/DVD, fully equipped kitchen, outdoor grills, pool, Jacuzzi, children's activities, clubhouse with internet access. Value rates (cheaper) from May to early December. Call Suzanne 301 365 2931 or email <u>yyellis1@tampabay.rr.com</u>

<u>Myrtle Beach, SC</u>. 2 bdrm villa, sleeps 6. Perfect for golf, beach, or family vacation! Ideal for golfer, individual, family, leisure or corporate traveler. Nestled along Intracoastal waterway and near Broadway at the Beach, easy access to 27-hole golf course, entertainment, restaurants, popular attractions. 9 foot ceilings, wall-to-wall carpet, ceramic tile bathrooms & kitchen, and a screened-in patio. Direct access to community outdoor pool and BBQ area off back patio. Resort has heated indoor pool & exercise center. Avail April-Dec, 2007. Denise 301-365-2460.

<u>Pawley's Island, SC.</u> 3-bdrm 2-bath Golf villa avail for long-term rental - 3, 6, or 12 months. Unfurn., overlooks 9<sup>th</sup> fairway True Blue Golf Resort. Ground level villa, full washer & dryer, ample storage, screened-in patio, wall-to-wall carpet, full kitchen, large walk-in closet in master bdrm. Close to one of resort's pools. Resort has tennis, swimming, kid's playground, & 18-hole golf course. Near Atlantic Ocean, close to restaurants & shopping in Murrells Inlet & Myrtle Beach. True Blue has no high-rises or neon lights. \$1,100/month (some util incl). Denise 301-365-2460.

<u>Outer Banks, NC</u>. Soundfront beach house with magnificent sunsets. Hot tub on private pier in screened gazebo. 5 bdrm, 4 full baths, 1/2 bath. Gourmet kitchen. Community pool, tennis courts, clubhouse, exercise room. Available off season, spring, fall, and summer. Barbara 301 469 9292.

## CSCA ARC Meetings, 1st Wednesday of the month, 7:30 pm

The Citizens' Association has an <u>Architectural Review Committee</u> meeting on the 1<sup>st</sup> Wednesday of each month at the Clubhouse, 7:30 pm. If you are considering an addition or exterior modification of your home, bring your plans for review. Design and review procedures plus other documents are available at the Citizens' Association website,

CarderockSprings.net. The ARC was created by the covenants which govern your property in Carderock. <u>ARC meetings are open</u> for any and every community member to attend, whether you are renovating or not. The next ARC meeting is May 2.

CLUB CONTACTS Manager	Larry Ondrejko	301 365 2292 carderockclub@verizon.net
Membership Secretary	Meris Sparrow	301 767 9473 pmsparrow@aol.com
Newsletter Editor	Margie Orrick	301 365 6253 carderockclubnewsletter@verizon.net
Summer Fun		carderocksummerfun@verizon.net
Tennis Pro	Ryan Freeman	301 365 1541 and 240 731 3872 carderocktennis@verizon.net

CLUB BOARD OF DIRECTORS		
President	Suzette Goldstein	301 469 7597
Vice President	Mike Nannes	301 767 0086
Secretary	Fish Brown	301 767 1088
Treasurer	Pablo Molina	301 365 3474
Tennis Committee	Hilda Maibach	301 315 2124
Swim/Dive Teams	Robyn Nietert	301 469 0140
Children/Social Activities	Caroline Barbeau	301 767 0214
Bldg and Long-Range Planning	Paul Barton	301 365 1491
Membership	Meris Sparrow	301 767 9473

The Swim and Tennis Club (this orange newsletter) is NOT the Citizens Association (green newsletter).

Group	Website	Email
SWIM & TENNIS CLUB	CarderockClub.org	
	(no password required)	
NEIGHBORHOOD CITIZENS ASSOC.	CarderockSprings.net	
	(create a password to see info)	
OTHER/neighbors		CS-Chat@yahoogroups.com

In addition to those 2 websites, there is a neighborhood-maintained Yahoo group for email. While it includes topics of interest to the Club and Citizens Association, it is not part of either of them. To join the email list of 140 of your neighbors to keep informed of neighborhood events and issues, send email to <u>cs-chat-subscribe@yahoogroups.com</u>.