



Carderock Springs Swim and Tennis Club
 8200 Hamilton Springs Court
 Bethesda, MD 20817

March 2007 CALENDAR

3/1 Thurs	Deadline to pay dues for Swim Club. Complete the membership form your received in the mail in February.
3/5 Mon 1 - 3 pm	Carderock Women's Book Group
3/7 Wed 7:30 pm	ARC monthly meeting on neighborhood renovations
3/8 Thurs noon	Men's lunch at Normandie Farm
3/15 Thurs noon	Women of Carderock lunch
3/16 Fri 6:30 pm	Movie Night at the Club
3/18 6:30 pm	Women Only Potluck at the Club
3/31 Sat 10 am	Egg Hunt at the Club
Looking ahead:	
April 2 Mon	Tennis: Adult and Junior Programs begin
April 7 Sat 1pm	Spring Tennis Kick-off
April 19 Thurs	Women of Carderock lunch
April 21 Sat, 10-4pm	Carderock Collection Day for A Wider Circle
April 22 Sun 6pm	Citizens' Association Annual Election Meeting
April 28 Sat 1pm	Parent-Child Tennis Round Robin

Newsletter deadline: 20th of the month. Address newsletter items to Margie Orrick and drop them through the mail slot at the Club, or deliver to 8212 Fenway Road, or email to carderockclubnewsletter@verizon.net

Club website www.carderockclub.org

Letter from the President

Dear CSSC Members,

On January 25th, the Club conducted our Annual Meeting. There were two items on the evening's agenda; the approval of the annual operating budget and election of 2007 Board members. Thanks to the participation of our members both in person and by proxy, we were able to successfully complete our agenda. On behalf of the Board, I would like to thank all of you for your help and dedication to our Club.

The 2007 Board includes several new members: Caroline Barbeau - Children's/Social Activities, Paul Barton - Buildings and Long Range Planning, and Pablo Molina - Treasurer. I would like to thank them for taking on this role of service to our community. As we welcome our new members, we must also say our goodbyes to some old members who have served us well.

Tim Mealey served as our President for several years and was not afraid to take on the difficult issues. Under Tim's direction the Club's by-laws were updated. This proved to be a difficult and, at times, contentious task but one that was long over due. In addition, under Tim's guidance the club established a web site (carderockclub.org) as a resource for the club membership.

Tom Deyo served on the board as Treasurer. Treasurer is one of the thankless, but critical jobs. Tom brought his clear-headed and efficient thinking to the position. His diligence has allowed the club to prosper under his watchful eye. Tom and Larry Odrejko, our club manager, have developed a great working relationship over the last few years and I'm sure that Larry joins me in thanking Tom for his insight.

I've saved Ray Sobrino for last as he has had the longest tenure on the board; serving as the Buildings and Long Range Planning member. Ray held this position through both the planning and construction phases of the pool renovation. Ray's work during the renovation went way beyond what can be expected from any volunteer as he took on responsibility for the oversight of this major project. It was a time-consuming endeavor. But perhaps more important is the legacy of planning that Ray leaves behind. Under Ray's direction, and perhaps for the first time, the Club has established a long range capital improvements program. This is a necessity for an aging facility and is Ray's brainchild.

Carderock Springs wouldn't be the same without the Club and without the dedication of these individuals there could be no Club. Please join me in thanking each and every one of these dedicated members of our community for their service.

Looking forward to a great year, Suzette Goldstein

Membership News & Summer Fun

MEMBERSHIP

Thank you! Thank you! to all of you who have returned your dues or have notified me of your inactive status. If you have not received your renewal notice by now, please contact me right away. Membership Dues were due March 1, and there is a \$50 late fee that must be included with any late payments after March 1.

I will be sending out invitations to join to those on our waiting list on March 15, so if you do still plan on joining send your dues along with the late fee before that date.

If you have recently purchased a "Bennett" home in Carderock, a \$1000 initiation fee, in addition to your annual dues, must be paid before you can activate your club membership. Please contact me with any questions regarding membership.

Meris Sparrow, Membership Secretary
301-767-9472 or pmsparrow@aol.com

SUMMER FUN

Sign your child up for the Summer Fun Program at Carderock! This fun and relaxed program runs from June 18th - July 27th for children 6-10 years of age. There are two adults as well as neighborhood teens who supervise the children. The Program is comprised of team building games, arts and crafts, tennis games and free swim (no formal instruction for swimming). The children also bring a bagged lunch or may purchase lunch from the snack bar. Fridays are Pizza Day!

How to Register?

- Complete a form for attending or to volunteer as a teen. Forms are in this newsletter and also on CarderockClub.org, click on Summer Fun.
- Place completed forms and a check made out to CSSC in a sealed envelope
- Drop it in the mailbox at the Carderock Clubhouse or snail mail the form and check to CSSC, 8200 Hamilton Springs Court, Bethesda, MD 20817

Questions?

Email carderocksummerfun@verizon.net



KIDS - Movie Night - Friday, March 16

Join us at the Clubhouse !

- 6:30 pm Cartoons
- 7:30 pm Feature Movie: Ice Age 2 The Meltdown

EGG HUNT at the Club

Saturday March 31, begins 10 am sharp

There are plenty of eggs for everyone, but the *eggs go fast* - so be right on time at 10 am so you won't miss out!



Volunteers are needed to fill the eggs, hide the eggs and serve drinks. SSL hours are available for this community service. Please contact Caroline Barbeau at carobarbeau@msn.com or 301 767 0214 if you can help.

??? Kids: Trivia Question ??? History sure is fun....

OK, True or False? One of the 4 items below is false but the rest are TRUE!

T F

- The Carderock Springs Tennis and Swimming Clubhouse won the Metropolitan Washington Board of Trade award for excellence in architecture in 1964. One architect commented, "The adjustment of the building to the site and spatial relationships are excellent; and there is a most satisfying sense of scale about the entire composition."
- Weekend fees in 1964 at the Falls Road Public Golf course were \$1.75 for 9 holes of golf, or \$3.00 for all 18 holes.
- Carderock kids rode pet elephants and dinosaurs in a neighborhood parade in 1966.
- The Carderock Springs Ski Club was founded in 1968.

Many thanks to Mary Lou Shannon for finding newsletters from the 1960's!
The answer of which of the above statements is false is on the club's website, CarderockClub.org .

Tennis News

Welcome back! The long winter is almost behind us and it is time to get back on the court. I can't tell you how excited I am to begin my fourth season here at Carderock.



TENNIS TIP OF THE MONTH

I am sure we all have not played as much tennis as we have liked over the winter. So it is very important to do plenty of stretches before you get back into playing 3 or 4 times a week. We could all use a little more flexibility. We wouldn't want your season to end before it starts! (This goes for juniors as well as adults!)

Carderock Tennis Goes Online

This year you can go online to find out about any tennis events or socials. Just log on to the main club site and move to the tennis link. It will be updated throughout the season.

PROGRAMS

All of our adult and junior programs will begin April 2nd. As always, classes can be prorated or paid on a daily basis. We are very flexible with your schedules, and all make-ups will be offered for any days missed.

LADIES TEAM

We currently host 2 ladies teams which compete in the Spring and Fall. We are always looking for players to join. Our teams are different levels, so you can be sure we will find a spot for you. In addition to these 2 teams we have 2 ladies summer teams that play on Thursday evenings. Feel free to call the shop for team captain's phone numbers and additional information. The more the merrier.

COURT AVAILABILITY

If at any time during the course of the season all courts are taken due to programs, please find me. I will be happy to accommodate in any way possible. We don't want to have people leaving the courts without getting to play! Our staff can always juggle our programs to open up a court for you. The court sheets will again be posted at 8:00 AM on Monday mornings by the staff beginning April 3rd.

CALENDAR OF EVENTS

There will be a '*Calendar of Tennis Events*' located outside of the shop which will have all of our planned events for the entire season. This way you can make your schedule early and decide which events you wish to play. Please make a point to stop by so you can check out our great events for the year. We have added a few more fun socials this year, and you don't want to miss out.

Upcoming events for the month of **April** include the "**SPRING TENNIS KICK-OFF**" set for Saturday, the 7th and the **PARENT-CHILD ROUND ROBIN** set for the 28th. Both events will begin at 1:00 PM. Look for flyers around the club or stop by the tennis shop for details. You may also go online for further information.

NEW PROGRAMS

We will offer a "Junior Sports Camp" in the summer from 1-4 where kids will play tennis, basketball, swim, floor hockey, and many fun on-court games. This will be geared towards kids ages 8-12 who are looking for some fun sports time without the pressure. It will run for 6 weeks during the summer. Sign-ups will be on a weekly basis. (June 18th - July 27th)

Private Lesson Rates for 2005

One hour	\$50	Half hour	\$25
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Special Note

Payments are expected at time of service. If you like to write fewer checks, then feel free to pay up front for several lessons and I will deduct the amount down for you. Thank you for your cooperation.

Tennis Shop 301-365-1541 Ryan Freeman Cell 240-731-3872

We will again offer a full range of services for all of your tennis needs. We restring, re-grip, and you can order any foot apparel or racquet that you like at a cheaper price than most stores. Just stop by to browse our catalogue of tennis equipment.



Carderock Springs Swim & Tennis Club

TENNIS PROGRAM REGISTRATION FORM
SPRING 2007

PLEASE PRINT

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone (H) _____ (W/Cell) _____

If a minor:

Parent's Names: _____

Programs:

Days & Time:

Total Amount Enclosed: \$ _____ *(Please do not send cash in the mail)*

Make checks payable to:

**Ryan Freeman
32 Amarillo Court
Germantown, MD 20874**

◦ FOR PRIVATE & SEMI-PRIVATE INSTRUCTION CALL 301-365-1541◦

Thank you for your early registration!



Junior Tennis Programs – Spring 2007

Junior Elite (Advanced)

Designed for juniors who want to fine tune their game and improve performance at the tournament playing level. Focus is on strokes, tactics and conditioning.

Junior Aces (Intermediate)

This program is designed for the junior who wants to take their game to the next level by developing better skills and to correct weaknesses through fast paced drills and playing.

Junior Netters (Beginners/ Low Intermediate)

Focus will be on stroke production, rules and score keeping. The format will provide a mixture of drills and beginning play with the objective of improving overall play.



Wimbleton (Children ages 4-7)

This is an introductory class to tennis with emphasis on fun, fun, and fun.

JR. PROGRAMS	Days & Times	Dates	Cost:
Junior Elite	Monday & Thursday 3:30-5pm	Session 1: (9 wks) April 2 nd – May 31 st	\$270
Junior Aces	Monday & Thursday 5-6:30pm	Session 1: (9 wks) April 2 nd - May 31 st	\$270
Junior Netters	Wednesday & Friday 5-6pm	Session 1: (9 wks) April 4 th - June 1 st	\$180
Wimbleton	Wednesday or Friday 4-4:45pm	Session 1: (9 wks) April 4 th -June 1 st	\$100

Adult Tennis Programs – Spring 2007

Morning or Evening Explosion (Workout Drill Sessions. All abilities)

Get your workout on the tennis court. This program is composed of high paced drills to increase stamina, speed and overall conditioning. Drop in or sign up in advance.

*Minimum of 2 players must sign up each week.



Ladies Morning Clinic I (Adv. Beginners/ Intermediate)

This class is designed to fine-tune the fundamentals of stroke production and beginning doubles strategy. The class format consists of 1 hour of drills and ½ hour of organized play and critic.

ADULT PROGRAMS	Days & Times	Dates	Cost:
Morning Explosion	Monday or Wednesday 7-8:30am	Session 1 April 2 nd /April 4th	\$25/class
Ladies Clinic I	Friday 11-12:30am	Session 1 April 6 th	\$25/class
Evening Explosion	Tuesday 6:30-8pm	Session April 3 rd – May 29 th	\$25/class

(Please sign up in advance or call within 48 hours if you plan to attend.)

Community

PROGRESS ON HISTORIC DESIGNATION

On February 20, the Maryland Historic Trust (MHT) approved the nomination of the Carderock Springs community/KLC community (Bennett houses) for inclusion in the National Register of Historic Places. The nomination is in recognition of the community as a prime example of situated modernism (that is, modern houses which complement and blend in with the natural landscape). Thanks to Sandy Dembski and Brenda Bell for answering questions from the MHT at this February meeting.

The nomination process began when the MHT asked two University of Maryland professors to document modernism in Montgomery County. At the CSCA meeting last April, MHT rep Peter Kurtz informed the community of the study's recommendation that Carderock Springs be included in the National Register. Over the summer, Brenda Bell, Sandy Dembski and Mary Lou Shannon put together an inventory of CS homes which was added to the nomination.

A final decision on the community's inclusion in the National Trust should be made before the end of the year. While this recommendation by the MHT is very positive, the final decision will be made by the National Register. More information on the Maryland Historic Trust can be found at MarylandHistoricTrust.net

CARDEROCK COLLECTION DAY FOR A WIDER CIRCLE

10:00 am -4:00 pm, Saturday, April 21 at the Clubhouse

Start planning for Carderock's own "collection day" for A Wider Circle. There will be a truck parked at the clubhouse during those hours for you to drop off gently used household goods, including furniture. We can arrange for pick up at your house for things too large to carry down in your car. More details will follow in the April newsletter but in the meantime start de-cluttering closets and cabinets. There is a need for dishes, flatwear, cooking utensils, linens, beds, desks, couches, table and chairs, dressers, toys and baby equipment.

A Wider Circle is a service organization dedicated to ending poverty in the region. One of their programs helps low-income families and families coming out of homelessness furnish their homes. For a look at the organization and their varied programs, go to www.awidercircle.org

For questions about the Carderock Collection Day contact Anne Thompson at 301-365-9651 or thompson_kunin@comcast.net or Mary Lou Shannon at 301-365-0472 or MaryLou@MaryLouShannon.com.

Social and Book Groups

CARDEROCK SENIOR MEN'S GROUP LUNCH March 8, Thursday noon

Lunch at Normandie Farm! If you are interested in attending, please call Seth Tuttle at 301 365 1277 or email stuttle@starpower.net .

WOMEN OF CARDEROCK

March 15, Thursday noon

Undaunted by ice and snow, 15 Women of Carderock responded to Theres Kellermann's luncheon invitation on February 15. Delicious food and lively conversation prevented our discussing the scheduled topic: "WOC's experiences and challenges of combining work away from home with work at home" .We will discuss this at Annette Davis'on Thursday, March 15 at noon. Please bring your lunch.

The following WOC meeting will be on April 19, please mark you calendar now, location will be announced in the April Carderock Newsletter. The topic for discussion will be inter-generational experiences concerning aging, a topic that concerns everybody.

For further information, please call Margit Meissner at 301-469-6740 or via e-mail margitmeiss@comcast.net .

CARDEROCK BOOK CLUB

Monday, March 5, 1 - 3 pm



The Enormous Room by ee cummings

Most of us know of ee cummings as an unconventional poet who had little regard for punctuation or other niceties of English grammar. He was also, however, a man of conscience who spent a year in a French prison camp in Normandy during World War I for refusing to inform against a friend. The Enormous Room is his account of his detention; despite horrific living conditions, he describes his time in the "room" as being one of the happiest, most liberating experiences of his entire life.

We will meet on Monday, March 5 at the home of Erika Schantz,
7008 Barkwater Court, 301 229 1947, from 1-3 pm.

Coming up..... April: King Lear

May: My Name is Red

For more information, please call Carolyn LoBuglio at 301/767-0098.
Be curious, come join us. All are welcome, hope to see you on the 5th !

REGISTRATION FORM SUMMER FUN PROGRAM

(Return completed form and check payable to CSSC to
Carderock Club, 8200 Hamilton Spring Ct, Bethesda MD 20817)



REQUIREMENTS: Child must be at least 6 years of age as of August 31, 2007 entering first grade and no older than 10.

CHILDS NAME: _____

ADDRESS: _____

AGE: (_____) **DATE OF BIRTH:** (_____)

PARENT'S NAME _____

PHONE NUMBERS: HM (____) (____) (____) **WRK** (____) (____) (____)

E-MAIL ADDRESS: (_____) **CELL** (____) (____) (____)

EMERGENCY CONTACT: 1 (_____) (____) (____) (____)

EMERGENCY CONTACT: 2 (_____) (____) (____) (____)

FOOD / OTHER ALLERGIES OR SPECIAL CONCERNS: _____

EACH FIVE DAY SESSION FEE IS \$200

Questions? carderocksummerfun@verizon.net

DATE	CHOICE	FEE
6-18 THRU 6-22	_____	\$200
6-25 THRU 6-29	_____	\$200
7-02 THRU 7-06	_____	\$200
7-09 THRU 7-13	_____	\$200
7-16 THRU 7-20	_____	\$200
7-23 THRU 7-27	_____	\$200

PAYMENT IN FULL REQUIRED AT TIME OF ENROLLMENT. IF YOU CANCEL CHILD'S ENROLLMENT TWO WEEKS PRIOR TO START OF CHOSEN SESSION YOUR FEE LESS \$75.00 WILL BE REFUNDED. LESS THAN TWO WEEKS NOTICE WILL RESULT IN NO REFUND.

The club assumes no liability for injury or damages arising from participation unless due to the will fully fault or gross negligence of it's agents or employees.

I hereby approve my child's participation in the program activities and consent to the emergency treatment of my child on my behalf. To the best of my knowledge, there are no physical or other limitations, which will interfere with my child's participation.

Parent / Guardian Signature

Date

Payment Received: Amount (_____) **Date** (_____) **Ck #** (_____)

**CARDEROCK SPRINGS SWIMMING CLUB
SUMMER FUN 2007**

COMMUNITY SERVICE/VOLUNTEER APPLICATION
(Return completed form to the Carderock Club,
8200 Hamilton Springs Ct, Bethesda, MD 20817)

TEENS

NAME _____

ADDRESS _____

AGE (_____) DATE OF BIRTH _____

TELEPHONE HOME (_____) (_____) (_____)

TELEPHONE CELL (_____) (_____) (_____)

E-MAIL _____

PLEASE INDICATE WHICH SESSION/S YOU WISH TO VOLUNTEER FOR.

NOTE: (YOU MUST COMMIT TO THE FULL WEEK SESSION TO BE CONSIDERED FOR THAT WEEK.)

_____ **6/18 - 6/22** _____ **6/25 - 6/29**

_____ **7/02 - 7/06** _____ **7/09 - 7/13**

_____ **7/16 - 7/20** _____ **7/23 - 7/27**

PLEASE LIST ANY RELEVANT EXPERIENCE YOU HAVE HAD WORKING WITH CHILDREN AGES 5 THRU 10.

Exercise Classes & Housecleaning Available

FELDENKRAIS AWARENESS THROUGH MOVEMENT (ATM) CLASSES with Donna Blank at the clubhouse, Jan 10 - March 28:

- Wednesdays 1:45 - 3 pm, 12 classes @ \$240 for series.

You are welcome to come and try a class for \$20, then sign up for series if you would like to continue. The first several sessions will focus on breathing: 'Find ease and freedom with and through the breath.' Later in the series we will develop lessons from themes based on people's requests. Call Donna at 301-469-8665 for more info or to register.

ALICIA'S STRETCH & TONE YOGA EXERCISE CLASSES at the clubhouse: Stretch, strengthen and tone every muscle group in your body.

- Mondays and Wednesdays, 9 to 10 am, \$10 per class.

First two classes free for new students. For more information call Alicia Yepes, Certified Instructor and Yoga Alliance Registered Teacher, at 301.770 7994 or 301.412 5432 or email alexercise@comcast.net .

MAGGIE's ~ YogaPlus ~ CLASSES. Carderock resident Maggie Wong offers a variety of Yoga classes locally year-round. Join any class any time, fee is pro-rated.

- Tuesday 9-10:30 am (Yoga with weights),
- Friday 9-10:00 am (Yoga with massage balls)

Please visit www.yogaplus.com for evening schedule.
Maggie Wong 301-365-2424 maggie@yogaplus.com

HOUSE CLEANING SERVICES AVAILABLE

- Enthusiastic, with excellent references and own transportation. Available Mon-Fri. Call Gisela 301 622 2897.
- Anna Maria 301 942 6473. Avail Mon or Thurs.
- Experienced with Carderock references. Available Mon, Wed, Fri. Call Bertha 301 309 2302.
- My housekeeper of more than 10 years is seeking additional work for her expanding business. She is a lovely person & a very good housekeeper. She speaks English well and is conscientious and reliable. Veronica 301 758 8099.

Services Available

Pyle 8th grader available after school, some weekends, to babysit, help with homework (especially math) and play games. My specialty: playing games that make you think - chess, Set, Stratego, Othello, Spy Alley, Labyrinth, and Boggle - and puzzles that take patience. I make good snacks. Please call Christian LoBuglio at 301 767 0098.

Beginner guitar lessons on rock, blues, jazz, or other styles. 30, 45 or 60 minutes lessons are available almost any day of the week. I have 5 years of guitar experience and many more years on different instruments. Price and times are flexible. For more information, contact 10th grader Michael Massey 301 518 5650 or midfieldn24@gmail.com .

Need help entering and organizing information into your computer? I can enter addresses, contact info, organize photos, create labels, and aid with misc data entry for \$10/hour. Call 8th grader Emily Deyo 301 365 1247.

PanaCea Computer Help. Having trouble with your computer? Desperately need an upgrade to your machine (RAM, Hard Drive, new Optical Drive, etc)? Just want to solve some problems with your PC or Mac? Call Nick Fernandez-Arias of PanaCea Computers, a group of technically-oriented Juniors at Sidwell Friends School, and get your issue resolved. Drop off your computer or have us come by and take a look for a fraction of the price offered by other "geek" services. For pricing info and services offered, call 301-648-9081 or e-mail panaceacomputers@gmail.com.

Extra Credit Academic Support & Enrichment provides educational services to students and parents. Short-term tutoring, email-based editing assistance, and weekend study sessions for upcoming tests. For more info, contact former CSES teacher Tom Sellevaag at 202 338 4445 or info@extracredittutor.com

Gutter Cleaning. Includes sweeping roof. Standard Carderock house \$75. Call Carderock resident for estimate. Dan and Eric 301-365-6237, dabruestle@smcm.edu.

Your neighbors are interested in reliable contractors. Please send recommendations to carderockclubnewsletter@verizon.net.

Wanted, Recommended & For Sale

WANTED

PLAYDATES: Looking for weekday playdates for 3.5 year old twin girls and 1 year old boy. Rena and Zahava would love to have someone to play with on Wednesday or Thursday mornings (lunch-dates ok too, but they nap in the afternoons). Sammy is home all week and currently naps twice a day, but should shift to an afternoon-nap-only schedule soon. If you're interested, call Mom (Michal Freedhoff) in the evenings or Nanny (Haide Salburo) during the weekdays at 301 767 9721. We have a great backyard playground, a sandbox, and lots of toys!

SUMMER STUDENT HOSTING OPPORTUNITY WITH RECIPROCITY. A high school friend of my sister-in-law (both of whom are Austrian) is looking for an exchange situation in the DC area for a few weeks this summer. She is 16 and is fluent in German and French, and based on her correspondence thus far, her English appears to be nearly fluent. She is willing to do child care but would also like to have ample time to learn the culture, take in some sight-seeing, and perfect her language skills. A household with another teen would be perfect. She is willing to host an American student in Austria at a later date. If you are interested or would like more information please contact Nancy Everett at 301-767-0086 or neeverett@comcast.net

RECOMMENDED

Learn a new sport and get in shape while sitting down! Ever notice people in those impossibly long skinny boats on the Potomac? A DC boathouse is just 20 minutes away and offers lessons in sweep rowing (8 people per boat) and sculling (1 person per boat). It's incredibly fun and a fantastic way to start your day! Recommended by Margie Orrick and Lisa Deyo. ThompsonBoatCenter.com



FOR SALE

8 contemporary dining chairs, scrubbed white finish \$500; Italian dining room buffet with beautiful travertine top \$700; Ethan Allen dining table with 6 Crate and Barrel chairs \$300; Glass coffee table \$100; Lee Industries wing chair \$300; Wood/glass end table \$100; 2 wood backed upholstered seat living room chairs \$300. All items are in great shape and would look good in a contemporary home or beach home. Contact: Ellen at 301 983-2249 or 301 452-4473

For Sale, cont.

Full-size walnut stained hardwood desk in excellent condition. Best offer. Please call 301 469 5052 to speak to Jim or Linda.

Antique solid oak icebox with brass hardware. \$400. 48"H x 32" Wide x 20" Deep. Please call L. Hall 301 469 0575.

New transportable scooter. Lightweight, adjustable, comfortable. "Rear Wheel Drive" delivers high torque w/ a strong ability to climb even steep inclines, ramps & hills. Innovative "Easy-Light-Deluxe" front wheel articulation enables 4-wheel stability w/ 3-wheel maneuverability. Highly efficient motors give you that extra power and longevity.

Compact design and ultra light weight folds into one piece weighing only 54 pounds. Folds easily to fit into the trunk of most cars. Folded Dimensions 32.5 x 15.75 x 22.5.



Price : \$1,800. Call Corin: 301-767-9467 or e-mail drmillo@hotmail.com

24' pontoon boat, 205HP 4.3 LXH Mercruiser gas engine. 1997 Harris Flote Bote, Royal Heritage 240 I/O, teal/white, aluminum Pontoons, 8' beam, depth finder, never used port-a-potty, sink, AM/FM radio, built-in swim ladder. Located at Lake Gaston, NC. \$6,000 obo. 301-469-0432.

Carderock Overlook house: Original model home, received national awards & local recognition for innovative design & woodland setting. Brick-walled entry courtyard extends entire length of house, surrounded by dogwoods & azalea gardens.

This home showcases the only addition and remodel designed by the Carderock Springs architecture firm, Keyes Lethbridge and Condon. Kitchen w/ professional Wolf Range, electric grill, built-in freezer, pantry closet, bar sink, lots of storage. The 19' sunny kitchen, adjacent Great Room addition and enlarged living room w/FP open to a balcony, flagstone patio and Japanese garden with a koi pond, perfect for indoor-outdoor living and entertaining.

Main level also has 3 bdrms, 2 baths; lower level has family room/FP, office with built-in cabinets, library/bdrm, bath, workshop, laundry room w/ auxiliary kitchen. Custom-built garden storage shed is set in the whimsical flamingo garden.

Please make an appointment to see this well-maintained home after March 4th by calling 301-469-6990. Offered exclusively by owner/former sales manager for E.J. Bennett Assoc. at \$925,000.

For Rent

Carderock. Lower level of Clubview, furnished, includes bedroom, sitting room, private bath, private refrigerator, private patio. Laundry and kitchen privileges. Non-smoking household has two resident cats. \$800 monthly rent includes all utilities and other extras. 301 469 6069.

Rehoboth Beach, DE. New 5 bdrm 4 $\frac{1}{2}$ bath fully furnished (and equipped kitchen) townhouse with swimming pool just 3 blocks from the beach and walking distance to Rehoboth and Dewey. Two Master Bdrms and 4 additional twin beds make it ideal for up to 8 people. Two decks, garage, and 3 additional parking spaces. Amenities include Central air, microwave, washer-dryer, cable TV and DVD. No pets or smoking please. Seasonal rate May 25 - Sept 3 \$19,000 (including some utilities). 20924 Coastal Hwy, Rehoboth 19971. Contact art@yogaplus.com or 301 365 6237.

Myrtle Beach, SC. 2 bdrm villa, sleeps 6. Perfect for golf, beach, or family vacation! Ideal for golfer, individual, family, leisure or corporate traveler. Nestled along Intracoastal waterway and near Broadway at the Beach, easy access to 27-hole golf course, entertainment, restaurants, popular attractions. 9 foot ceilings, wall-to-wall carpet, ceramic tile bathrooms & kitchen, and a screened-in patio. Direct access to community outdoor pool and BBQ area off back patio. Resort has heated indoor pool & exercise center. Avail April-Dec, 2007. Denise 301-365-2460.

Pawley's Island, SC. 3-bdrm 2-bath Golf villa avail for long-term rental - 3, 6, or 12 months. Unfurn., overlooks 9th fairway True Blue Golf Resort. Ground level villa, full washer & dryer, ample storage, screened-in patio, wall-to-wall carpet, full kitchen, large walk-in closet in master bdrm. Close to one of resort's pools. Resort has tennis, swimming, kid's playground, & 18-hole golf course. Minutes to Atlantic Ocean, close to restaurants & shopping in Murrells Inlet & Myrtle Beach. True Blue has no high-rises or neon lights. Monthly rate \$1,100 (some utilities included). Denise 301-365-2460.

Outer Banks, NC. Soundfront beach house with magnificent sunsets. Hot tub on private pier in screened gazebo. 5 bdrm, 4 full baths, 1/2 bath. Gourmet kitchen. Community pool, tennis courts, clubhouse, exercise room. Available off season, spring, fall, and summer. Barbara 301-469-9292.

Club Contacts

Manager

Larry Ondrejko 301 365 2292 carderockclub@verizon.net

Membership Secretary

Meris Sparrow 301 767 9473 pmsparrow@aol.com

Newsletter Editor

Margie Orrick 301 365 6253 carderockclubnewsletter@verizon.net

Tennis Pro

Ryan Freeman 301 365 1541 and 240 731 3872 carderocktennis@verizon.net

Club Board of Directors

President Suzette Goldstein 301 469 7597

Vice President Mike Nannes 301 767 0086

Secretary Fish Brown 301 767 1088

Treasurer Pablo Molina 301 365 3474

Tennis Committee Hilda Maibach 301 315 2124

Swim/Dive Teams Robyn Nietert 301 469 0140

Children/Social Activities Caroline Barbeau 301 767 0214

Bldg and Long-Range Planning Paul Barton 301 365 1491

Membership Meris Sparrow 301 767 9473

RECOMMENDED

Vegetables for Breakfast ?! Great recipes at www.freshandlocalcsa.com, click on (top of page) AU Shareholders Cookbook and/or (bottom of page) fun Vegetables for Breakfast blog. Yes, there's a farmer delivering fresh veggies to Carderock.

Fresh and Local Community Supported Agriculture delivers organic produce to the Carderock neighborhood each Thursday from early June through mid-October. Great flavor plus it's nice to know where your food comes from! If interested in joining this group delivery (last year 30 neighbors participated),

see the website above or contact info@freshandlocalcsa.com. You pre-pay now in the Spring for 20 weeks of fresh Summer produce. The volume is about $\frac{3}{4}$ bushel each week, enough to supplement a family of 4. Recommended by Betsy Brach.



New Neighborhood Website

The Swim and Tennis Club (orange newsletter, CSSC, clubhouse, sports teams, President Suzette Goldstein) is NOT the Citizens' Association (green newsletter, CSCA, Architectural Review Committee, enforces community's covenants, produces a neighborhood directory, sponsors a house tour, President Malcolm Stevenson). They've each got their own website - and the new Association's website has a different address than it did a month ago - it's CarderockSprings.net, (not CarderockSprings.webresident.net).

Group	Website	Email
SWIM & TENNIS CLUB	CarderockClub.org (no password required)	
NEIGHBORHOOD CITIZENS' ASSOCIATION	CarderockSprings.net New ! (create a password to see info)	
OTHER/neighbors		CS-Chat@yahoogroups.com

In addition to those 2 websites, there is a neighborhood-maintained Yahoo group for email. While it includes topics of interest to the Club and Citizens' Association, it is not part of either of them. To join the email list of 130 of your neighbors to keep informed of neighborhood events and issues, send email to cs-chat-subscribe@yahoogroups.com .

CSCA ARC Meetings, 1st Wednesday of the month, 7:30 pm

The Citizens' Association has an Architectural Review Committee meeting on the 1st



Wednesday of each month at the Clubhouse, 7:30 pm. If you are considering an addition or exterior modification of your home, bring your plans for review. Design and review procedures plus other documents are available at the Citizens' Association website, CarderockSprings.net . The ARC was created by the covenants which govern your property in Carderock.

ARC meetings are open for any and every community member to attend, whether you are renovating or not. The next ARC meeting is March 7.

Carderock Springs Swim and Tennis Club
8200 Hamilton Springs Court
Bethesda, MD 20817