

## Message from the President: Gratitude

Lately, I have been spending my weekends in Stamford, and on Sunday mornings I attend Christ Church in Greenwich. On May 6<sup>th</sup>, the Reverend Jennifer Owen's sermon included three things recommended by a cardiologist for a long and healthy life: a healthy diet, plenty of exercise, and gratitude. I called her the next day to ask the name of the doctor, and she told me the source was a book called *Grateful, the Transformative Power of Giving Thanks*, by Diana Butler Bass. Before I get the book, which I will, I decided I would give gratitude a whirl. I have been on an exercise sabbatical lately, and I have also taken a slight break from my usual healthy diet, but I do have time to meditate on the things for which I am grateful.



and Al fell in love with the photographs of old friends that were in it when we first saw it. Al and the former owner, Duke Henning, were fellow Whiffenpoofs (20 years apart) and the house had been a favorite haunt of the Whiffs when "the Duke" lived there.

Jane Jervis lived across the street and asked me to volunteer for an organization she was involved in: East Rock Village, forerunner of HomeHaven and part of the Village Movement founded 16 years ago by Beacon Hill Village in Boston. I had read about Beacon Hill and thought it was a great idea. I agreed to volunteer as a member of the Visitors Committee, and I am so grateful for that opportunity, not only because of the ways I could help people who were lonely or anxious, but for the ways they also helped me.

After a couple of years, Jane asked me to serve on the Board of what by then was known as HomeHaven.

*continued on page 2*

As many of you may know, my term as President of HomeHaven is coming to a close in a few months (September 30) and I am thinking how grateful I am to have had the opportunity of being President.

Second, I am so grateful that my husband, Al, was willing to buy the house on Bradley and Lincoln Streets where we have lived since 2009. We moved to New Haven because I fell in love with the house

**Please join us for**  
**HomeHaven's Annual**  
*Summer Picnic*  
**Tuesday, June 5, 5-7 PM**  
**Edgerton Park**  
*See page 10 ... for details.*

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Click on the logos to go to the websites.

Message from the President *continued from page 1*

I agreed, and to be on the Board, Al and I joined HomeHaven. We are both grateful for the friends we have made in the six years we have belonged.

As my term as President comes to a close, I am grateful to Jane for the successful search she did with the Governance Committee for our next president, who will be nominated in September for the two year term beginning October 1, 2018.

When you have gratitude, the Rev. Owen said, you lose anxiety and fear. It's true. I am neither anxious nor afraid. But I need to concentrate once again on the exercise I have neglected and the healthy diet that I have largely ignored!



Margaret "Peggy" Atherton

## LINKING UP

*Links to items of interest recommended by newsletter readers. We welcome your comments about these links and your suggestions for others.*

Two timely articles from Jane Brody, the always-sensible health writer for the *New York Times*:

["Alzheimer's? Your Paperwork May Not Be In Order,"](#) offers end-of-life directives governing your care if you should become demented.

["How to Age Well and Stay in Your Home,"](#) includes advice about how to get your well-meaning adult children off your back.

### HomeHaven News

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## Our Mission Statement

*HomeHaven's mission is to support its members' desire to remain in their own homes as they grow older. To help them remain active, independent and useful, we offer social and educational activities and volunteer opportunities. As needed, we offer volunteer services, companionship, and referrals for professional services.*

### PLEASE JOIN US!

For information, call the HomeHaven office at 203.776.7378  
email [info@homehavenvillages.org](mailto:info@homehavenvillages.org)  
or stop in at  
291 Whitney Avenue, Suite 103  
New Haven, Connecticut 06511.

*"The best way to find yourself, is to lose yourself in the service of others."*

- Mohandas Gandhi

## ... AT YOUR SERVICE!

In the past three months, HomeHaven provided members with:

- 67 rides by volunteer drivers
- 38 visits by volunteer visitors
- 8 computer assists by volunteer computer helpers
- 31 referrals to volunteers or vetted providers for household help

Note: Members often call a service provider more than once without informing the office. You can help us keep records by always letting us know each time you use a provider we recommended. **It's important!!**

*Look for monthly reports giving rolling three-month totals.*

## MEET OUR MEMBERS: A Conversation with Jean and Ron Rozett

by Patty Langdon



I was greeted by Sparky at the doorway to the Rozetts' charming Hamden home. Sparky, who likes to bark at those who come and go but will lick your hand once you are inside, was adopted from a non-profit organization in South Carolina run by a mother and daughter team who had rescued her. Ron and Jean Rozett are very happy to have her.

The Rozetts have been in their Hamden home for almost 40 years, coming down from Boston where Ron was the Public Health and General Primary Care Administrator of the Cambridge Hospital and Jean was working at the Children's Museum under Michael Spock, and, later, finishing her MLS degree in library administration at Simmons. She had a baby and a three-year-old when they moved to the New Haven area so that Ron could run the Continuing Care and Chronic Disease Management unit at Yale New Haven Hospital. Jean continued going to her classes in Boston one night a week until she graduated, while Ron cared for the two children at home. He loved coming home to his six-month-old daughter Louise and his three-year-old son Michael and he still has the recordings he made of the baby laughing, while her brother tickled her and Dad changed her diaper. Ron beams at the memory.

"Life is what happens while you're making plans," Jean observed, thinking of their early days in New Haven. Ron stayed at Yale for two years and then joined Community Health Care Plan (CHCP), a primary care center, which was in the making for two years before it became a legal entity in Connecticut. He was Medical Director there for nine years and still thinks very highly of the organization, although it went bankrupt after 17 years. It was in competition with two other groups started around the same time: the Yale Health Plan and the Hill Health Center. CHCP had the blessing of the Yale New Haven Hospital administration as well as the unions. Ron then went on to Gaylord Hospital where he was Medical Director to Sam Chauncey's CEO. It's interesting to note that Gaylord was originally a TB hospital and that Eugene O'Neill was there in the early 1900s.

Jean soon got a job at the Peabody Museum teaching in the Public Education department. She later worked at Science Park under Will Ginsberg, at the Patent and Trademark Federal Library, the only one of its kind in Connecticut. It was a fascinating place to work, with patents covering everything from the cotton gin to smart phones, and Jean thoroughly enjoyed it. She noted that visitors who came to the library were absolutely amazed that access to such treasure was open and free to all. She currently teaches part time at Quinnipiac, is active in the Literacy Volunteers of Connecticut in New Britain, and is an avid gardener.

Their son, Michael, lives in Massachusetts and works at iZotope, which creates audio post-production software, while his wife, Cara, monitors pharmaceutical clinical trials. Daughter Louise is a published author and has written several pilots. She works at Studio City in Los Angeles and edits for Scholastic in New York.

Due to his focus on geriatrics, Ron became interested in the Beacon Hill Village about 10 years ago and thought the concept made a great deal of sense. He and Jean joined HomeHaven, in part, to assist with that concept. Ron is currently on the Board of Whitney Center and is head of the HomeHaven Health and Wellness Committee. He is also a member of the Hamden Village Core Team. Both he and Jean read grants for the Community Foundation (they were in the process of doing so on the day we met). They are great additions to the HomeHaven community.

## IN MEMORIAM

### MIRIAM SOMMER (1929 -2018)



Miriam Hilda (Goldstein) Sommer died peacefully on May 9, 2018, at the Connecticut Hospice. Mimi, as she was known to many, was born on May 2, 1929, in Springfield, Massachusetts, to Nathan and Annie (Ginsberg) Goldstein. She attended Northampton School for Girls and Wells College and later earned a master's degree in art history at Southern Connecticut State College. For many years, she worked in the Department of Music at Yale University. She was proud of her second career as a freelance journalist; her interviews and stories were published in the *New York Times* and in various travel magazines. She was

a champion of the arts and a devoted cinephile. For many years she held a weekly “story hour” for her neighbors’ children. She joined HomeHaven in March 2012.

Mimi was predeceased by her three older brothers and is survived by her daughters, Babette, of Forest Hills, New York, and Annie (David Rabinowitz) of Hamden, Connecticut. She was previously married to Leonard Samuel Sommer of Key Biscayne, Florida. She leaves behind many loving and devoted relatives and friends, including her “French family” — younger generations of the family she had lived with during a summer with the “Experiment in International Living” and kept in touch with over the years.

A private burial service took place on May 14 at Temple Beth El Cemetery in West Springfield, Massachusetts.



### GORDON M. AMBACH (1934 - 2018)

Gordon Ambach, a member of East Rock Village since 2015, died on May 25 at the age of 83. He is survived by his wife, Lucy, their three children, Kenneth, Alison, and Douglas, and ten grandchildren. Gordon is remembered as a charming and elegant man, a good conversationalist on almost any topic, and one of those rare people who is always fully engaged with his conversational partners.

A 1956 graduate of Yale, Gordon spent undergraduate summers working for the Office of Education in Washington, DC. After receiving his M.A.T. from Harvard, he taught school on Long Island for three years. In 1961 he returned to the Office of Education in Washington, where he met Lucy, who had just graduated from Radcliffe. In 1964 they returned to Harvard where Gordon did further graduate work in Education Policy and Administration. In 1967, with their first son, they moved to Albany where Gordon became Special Assistant to the New York State Commissioner of

Education. He served as Commissioner of Education and President of the University of the State of New York from 1977 to 1987. Then returning to Washington, he was executive director of the Council of Chief State School Officers until he retired in 2001.



The Ambachs moved to New Haven in 2009 to be closer to their children and grandchildren, and Gordon became Director of the New Haven Symphony Orchestra’s Board. He led its Education Committee, planning and implementing the Symphony’s extensive programs for youth, reaching out to schools in New Haven and throughout the state. He is remembered as “an incredibly generous and warm person.”

A memorial service will be held at 10:30 am, June 16, at First Presbyterian Church, New Haven.

## Decluttering Panel Presentation

Nearly 50 HomeHaveners turned out for the panel presentation on decluttering last month, testimony to the importance of this subject to our members! The two speakers urged us on with useful information and encouragement for this daunting project.

Steve King focused on how to dispose of things we have decided to part with—giving away, donating, selling. His handout listed useful websites for organizations accepting donations, including some that pick up; a sampling of unusual items—fireworks, eyeglasses, motor oil—that we might wonder what to do with; and a partial list of organizations and the items they accept. A much more detailed version is available as a .pdf document from Steve at [sfk432X@gmail.com](mailto:sfk432X@gmail.com). It is well worth having.

Elaine Turek, “The Declutter Specialist,” encouraged us to get at it: “Less stuff = More clarity” is her mantra. But she also warned against being overwhelmed by the task, urging us to break it up into manageable projects, even baby steps. If you can’t do a whole closet at once, just do shoes or blouses, she suggested. But do it! Her website is [www.thedeclutterspecialist.com/](http://www.thedeclutterspecialist.com/). Her book—*The Declutter Handbook*—is available from her or on Amazon.

Following the presentations, the discussion turned to options for selling more valuable items, on eBay or Craig’s List, or by organizing a group tag sale or auction. Profits might go to individuals or to benefit HomeHaven or another nonprofit, such as a service organization or a museum. If you are interested in pursuing these ideas, please contact Gretchen Kingsley ([gma322@gmail.com](mailto:gma322@gmail.com)) or call the HomeHaven office.

# SATURDAY, JUNE 2

## the **HOMEHAVEN** **SHREDDING** EVENT

*An important service for HomeHaven members, friends, and neighbors – the more the merrier!*

**WHEN:** Saturday, June 2, 9 am-12 noon

**WHERE:** The HomeHaven office parking area behind 291 Whitney Ave.

**WHAT:** A giant commercial shredder will be on site to chew up all the paper you can provide.

**WHY:** It helps you. It helps HomeHaven. You lose unwanted pounds! HomeHaven gains dollars! Profits above the cost of the shredding service go to HomeHaven.

**FEES:** \$10.00/a cardboard file/banker’s box (10” x 12” x 15”); \$5.00/grocery bag

*Call the office (203-776-7378)  
for more information,  
or if you need a volunteer to help  
get your load to the shredder.*



# HEALTH MATTERS: Osteoarthritis

by Robert Gifford, M.D.

The next time you cook a whole chicken, remove one of the legs and look closely at the round knob that connects it to the chicken. You will note that it is a bony ball that sets into a bony socket (the chicken hip joint) and you will see that both the ball and the socket are covered with a smooth, relatively thick, shiny material, firmly adherent to the underlying bone of the joint. That shiny material is called **articular cartilage** and it provides a beautifully smooth surface for the ball of the hip to move effortlessly within its socket. When you and I were young and healthy, the surfaces of our joints looked just like that. They were without a blemish. If, however, that magnificent cartilaginous surface should become injured, worn, cracked, roughened, thinned, or damaged in any way, you might easily imagine that any interruption of those slippery smooth surfaces could cause some dysfunction of the joint, perhaps discomfort or even pain on movement. And if that hypothetical cartilage damage was unable to fully repair itself, you might further surmise that it could progress and eventually even damage the underlying bone.

I have just described the basic underlying process of the condition known as **osteoarthritis (OA)**. OA is, in fact, simply the end result of the degeneration and **gradual damage and dissolution of articular cartilage** in some of our own most active joints. It can lead to eventual narrowing of the joint space, pain on motion, limitation of motion, and often to secondary bony deformities of the joint itself. Actively used joints such as the base of your thumb, the outer joints of your fingers, or weight-bearing joints such as knees, hips, and spine seem to be most at risk of articular cartilage damage and subsequent osteoarthritis, although the process can involve any joint. Why does it happen?

There is abundant evidence that even slight uneven stress on articular cartilage over time can initiate the process of degeneration. For example, ligament and meniscal injuries to the knees can definitely result in unequal stress on joint surfaces and initiate the process. Some of us may have been born with hips or knees that weren't perfectly aligned, putting unusual asymmetric stress on the articular cartilage leading to premature osteoarthritis. In fact, virtually everyone who is in our age group has some degree of osteoarthritis from a lifetime of use, overuse, and general wear and tear of articular cartilage throughout the body.

Once articular cartilage is abnormally stressed, it begins to soften and wear away leading to tiny fractures of the underlying bone. The bone then tries to repair itself but in the process sends out bony spurs to the side of the joint. In the spine, these spurs can sometimes press on spinal nerves, further complicating the disease. If you have osteoarthritis of fingers, you can see and feel these spurs (known as osteophytes), especially in the distal joints, at the base of the thumb, and also sometimes in the middle finger joints.

Sadly, no medication yet exists that can stop or reverse the progression of osteoarthritis. Some physicians believe that a trial of glucosamine chondroitin supplements, a biochemical component of cartilage, can perhaps help cartilage to repair itself, but that remains unproven. Most physicians would recommend the use of the pain reliever acetaminophen or one of the several non-steroidal anti-inflammatory drugs (such as ibuprofen or naproxen) to help with pain management and to reduce the joint inflammation that invariably accompanies OA. In addition, a supervised exercise program to strengthen muscles surrounding involved joints can be extremely helpful in taking some of the pressure off the joint itself. And, of course, those with extensive OA in the knee or hip that significantly alters the quality of life can always consider a life-changing operation to replace the damaged joint with an artificial one.

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*Dr. Gifford (aka Bob or the Doctor of Doggerel) is Professor of Medicine Emeritus at Yale University School of Medicine and former Chair of HomeHaven's Health Committee. He writes this column in collaboration with members of the Committee. Suggestions for subjects are welcome and may be sent to Bob at [bobbygi32@gmail.com](mailto:bobbygi32@gmail.com).*

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## LAUGHTER: THE BEST MEDICINE

### The Digital Option

I asked my daughter if she'd seen my newspaper. She told me that newspapers are old school. She said that people use tablets nowadays and handed me her iPad. The fly didn't stand a chance.

## NEWS FROM OUR VILLAGES:

### Amity Village by Peter Wells

On April 18<sup>th</sup>, **Amity Villagers** met for lunch at Dozo, a Japanese restaurant on Whalley Avenue. The cuisine was new to some, familiar to others, but all found it delicious and the service wonderful. Highly recommended.

On May 20<sup>th</sup>, Amity gathered for a spring social afternoon at the home of Helen and Jack Cooper. Although the weather had seemed iffy, the rains held off and the 30 members in attendance were able to sit outside and enjoy the lovely grounds and garden.



### East Rock Village by Mary Barnes

About 18 members of East Rock Village attended the Spring Soup Sunday at Louis Audette's home on April 22. The soups and desserts were all delicious, and it was a beautiful day, allowing us to enjoy sunshine and conversation in Louis' courtyard.

On May 17 ERV held its first Third Thursday Coffee Hour at 10:30 am at the coffee shop in the mActivity Fitness Center at 285 Nicoll Street. A dozen members turned out and found the Center very welcoming and the space comfortable, with couches, tables, and chairs. Following in the footsteps of Hamden Village's very popular coffee hour at Best Video, this will be a regular Third Thursday event where members can enjoy informal conversation, share ideas for Village activities, and get to know each other better.

### Downtown Village by Phoebe Edwards

In April, **Downtown Village** had a party at the home of Sara Ohly on Wooster Square just as the cherry blossoms were beginning to blossom. Both the Square and Sara's yard were showing signs of spring and everyone enjoyed getting together in such a lovely spot.

### Westville Village by Susan Feinberg

On May 23, **Westville** had a walking tour of homes designed and built by architect Alice Washburn between 1919 and 1931. Washburn, who filed her first building permit before women had the right to vote, designed homes with distinctive embellishments—columns, detailed molding—and spacious, light-filled interiors. The tour, led by architect Kelly Chiarandini, began at the Washburn home of Shula Chernoff and ended with a reception at the home of Susan and Harvey Feinberg.



## COMPUTER CONNECTION:

Your HomeHaven web page: [www.homehavenvillages.com](http://www.homehavenvillages.com)

by Christa Sammons

HomeHaven's 2017-2020 Strategic Plan, the Life Care Alternatives report, HomeHaven newsletters going back to issue #1, a recipe for risotto with eggplant and tomatoes, and a fairly straightforward algorithm for obtaining single malt Scotch whiskey. How can you come by these and many other valuable pieces of information? By visiting the HomeHaven website!

The opening page of the website includes announcements about events, links to articles about living well as we age, and direct access to that Strategic Plan and the current newsletter. On the left side of the page, you'll see the main menu. Click on Newsletters to retrieve back issues. (Hint: click on the yellow folder icon to view its contents.) Click on the Services tab to be reminded of all the things HomeHaven offers its members. The Health Care button under Services provides access to a lot of useful information, including the Life Care Alternatives report. The Six Villages tab leads to pages devoted to our neighborhood

clusters: Amity, Downtown, East Rock, Hamden, North Haven, and Westville. These pages not only tell you what the local groups are doing, but give a real sense that HomeHaven is fulfilling its fundamental purpose—building community. And as for risotto and Scotch—click the word Menus on the Activities page. Many of the pages are enhanced by photographs of members having fun, volunteering, or being helped by neighbors and HomeHaven volunteers.

The Events Calendar and Membership Directory are reason enough to become conversant with the website. The Calendar lists HomeHaven's upcoming meetings, gatherings, and events, with time, place, and whom to contact for further information. The Membership Directory allows you to look up the address, phone number, and email address of any member; it's searchable by first, last, or full name. (Hint: click on the thumbnail picture of the person to get his or her mailing address.)

You must log in as a member to see the Membership Directory and to access full information about events. This is necessary for privacy reasons—we don't want to publish phone numbers and email addresses to the world at large. Logging in also allows you to see Home Haven's Committees and their meetings and make full use of most other pages. The login button is at the top right corner of the first page, printed in red. If you don't know your user name or password, call Kate at the office (203-776-7378), and she will walk you through the process of getting them. It's not hard, and well worth the effort.

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*Christa Sammons is a member of HomeHaven's Information Technology (IT) Task Force. Suggestions for subjects are welcome and may be sent to [Christa at christa.sammons@gmail.com](mailto:christa.sammons@gmail.com).*



### ***Happy Birthday to HomeHaven members with a birthday in June***

Diane Ariker   Jim Barnes  
Julie Crowder   Martha Dobrowski  
Steve Feinstein   Jane Jervis  
Elise Kenney   Adrienne Lewis  
Barbara McGhie   Lois Sackrider  
Anne Schenck   Reva Schwartz  
Annelies Sheehan   Hal Spitzer  
Virginia Wilkinson



**If HomeHaven helps you,  
help HomeHaven with a bequest.**



# HomeHaven Helps

by Jane Jarvis

## HIERONYMUS

A newcomer to town, Hieronymus (*not his real name*) thought a good way to get acclimated would be to volunteer for a non-profit board of directors, and he sought out HomeHaven. He discovered a group of older people who had led really interesting lives, who had a lot to give to one another, and who had banded together to make their voices heard and to be useful to the larger community as well.

Not a naturally gregarious person, Hieronymus really enjoys getting to know people and being part of a group working toward a worthwhile goal. The common task makes it easy to talk with people he might otherwise be reluctant to approach; he is often surprised to discover fascinating stories behind the most unexpected people. At the same time he has made important contributions to HomeHaven, not only as a member but also as an officer of the board. He has chaired an important board committee, and brought order to a rather chaotic group.

But Hieronymus feels that he has benefitted more than he has given. He has himself felt heard and useful in his new community. He finds himself opening up in the company of so many smart and interesting people who are building circles of friendship and generosity where people, regardless of age, find full expression of their talents and wisdom in helping others.

*If you would like to be interviewed for this feature, please contact Jane at [hjjarvis@gmail.com](mailto:hjjarvis@gmail.com).*

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## Village Verse: ADVANTAGES

In struggles toward prosperity,  
White skin has been my subsidy.  
Belonging to the middle class  
Has also lifted me to pass  
Those folk from poorer city parts,  
Although we all had equal smarts.

This is wrong as we well know,  
For Lincoln banned it long ago.  
Race and class and gender too  
Should not determine what we do.  
Discrimination is a disgrace,  
A weakness of the human race.

— Bob Gifford, *Doctor of Doggerel*,  
East Rock Village

## ONGOING GROUP MEETINGS

### COOKING IN DIFFERENT LANGUAGES:

**Italian (Emilia-Romagna region)**

**MONDAY, June 18, 6:30 pm**

**Sign up deadline is Friday, June 8.**

New members are always welcome—what better way to make friends than sharing food. Since it is essential to have an accurate count of attendees in the early days of planning, please be sure to RSVP to Celeste Markle at [c\\_markle@yahoo.com](mailto:c_markle@yahoo.com) by the deadline. If you don't use email, call her at 203-397-0492 or call the office. Please call Celeste for any other information.

### MEMOIR WRITING GROUPS

The groups meet every second and fourth Monday of the month (no meetings June through August) for an hour and a half. For more information or if you would like to attend a meeting to see how it works, please call or email Harriet Bergmann at 203-776-0703 or [hfb183@gmail.com](mailto:hfb183@gmail.com)

### PINS AND NEEDLES

**Monday, June 25, 3:00 pm**, at the home of Arlene Goldblatt, 592 Whitney Avenue. **Please always RSVP to the hostess—she needs to know if you are coming or if you are not coming.** Arlene may be reached at 203-776-1550 or [arlenegoldblatt@sbcglobal.net](mailto:arlenegoldblatt@sbcglobal.net). The group always meets on the fourth Monday of the month, with the exception of July and August. Bring whatever project you are working on and enjoy the good company, lively conversation, and refreshments. New members are always welcome. For more information, please call or email Sophie Powell at 203-776-1477 or [szrppowell@gmail.com](mailto:szrppowell@gmail.com).

## Introducing New Members

*HomeHaven is delighted to welcome the following members who joined us last month.*

Marlene and Pierre Demarque ~ North Haven





## Events: June



**Saturday, June 2, 9:00 am-12 noon**  
**Shredding Truck comes to HomeHaven,**  
**291 Whitney Avenue**  
**Parking lot behind the building—**  
**entrance off Bishop St.**

Bring that mass of documents you have been collecting because it contains sensitive material and watch the giant shredder make it disappear. No need to remove staples. The charge is \$10 per File/Banker's Box (10"x12"x15"), or \$5 for a grocery bag full. Any money over the cost of the shredder will benefit HomeHaven.

If you have papers to shred but cannot get to the event or need help, please call the office (203 776 7378).

**Tuesday, June 5, 5:00 pm-7:00 pm**  
**Annual Summer Potluck Picnic**  
**Edgerton Park Carriage House, Rain or Shine**

It's time again for this happy gathering of all HomeHaven members--family and friends also welcome--a time to catch up with members you may not see often and to make new friends. A time also to share your favorite picnic food, sweet or savory. Please register online or call the office if you plan to attend, need a ride, or have any questions.

Parking is on both sides of Cliff Street and Edgehill Road. It is possible to drive in from Cliff Street to drop passengers off close to the Carriage House but there is no parking within the park.

**International Festival of Arts & Ideas**  
**Saturday, June 9, 6:00 pm**  
**New Haven Green, Free**  
**Jazz Trombonist Elan Troman and**  
**Guitarist Rohn Lawrence**

Bring your chair and picnic supper and join HomeHaven friends (look for the HomeHaven banner) for the first of the Festival headline series concerts on the Green.

Barbados born, Berklee educated jazz saxophonist, **Elan Troman**, approaches jazz in his own way. Blending Caribbean rhythms with skillful horn textures, his playing is full of surprises. New Haven native and guitarist **Rohn Lawrence** has been leading bands for years and says his goal is to create a feeling of joy. The New Haven group, **The Rahsaan Langley Project**, will make a guest appearance on this exciting program.

Please call or email the office if you plan to attend.

**Tuesday, June 12, 11:00 am**  
**Trail walk with Justin Elicker**  
**Pond Lily Park, 42 East Ramsdell Street, New Haven**  
 As Executive Director of the New Haven Land Trust, Justin Elicker knows well the story of what it took to transform a site ravaged by almost 200 years of degradation by industrial use into a beautiful 14 acre nature preserve enlivened by fish, birds, and other animals. Join us in exploring this lovely oasis in the city.

**Registration is required** for this event so be sure to call the office or register online by Friday, June 8. The site is not wheel chair accessible.

Parking is on East Ramsdell Street.

# INTERNATIONAL FESTIVAL OF ARTS & IDEAS

**Saturday, June 9- Friday, June 22**

**International Festival of Arts & Ideas**  
**Saturday, June 16, 6:00 pm**  
**Gala Choral Concert, Free**  
**Woolsey Hall, Corner of Prospect and Grove Streets**  
 The gala final concert of the **Yale International Choral Festival** will feature performances by the **Yale Alumni Chorus** and the visiting international choruses—Germany's **ensemble cantissimo**, Mexico's **Staccato Coro Universitario**, the **Muslim Choral Ensemble of Sri Lanka**, and the **Young People's Chorus of New York City** as well as the **Yale Choral Artists**. The concert will end with an evocative guided choral improvisation, created by Andre de Guadros, involving all the choirs.

No tickets required, but show up early!

**HOMEHAVEN OFFICE**

☎ 203-776-7378 ☎

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