

Starting Soon!

# PaddleHeads



2017

## Junior Platform Tennis Program at URTC

5 week Fall Program Starts Week of November 8th

Give your Junior an "edge" by introducing Platform Tennis (Paddle) now!

**FREE PADDLEHEADS T-SHIRT WITH SIGNUP!**

With each program signup, your junior will receive a free URTC Paddleheads long-sleeve t-shirt. Please indicate size below.

YOUTH Sizes

Small  Medium  Large

ADULT Sizes

Small  Medium  Large

### Step 1: Pick your program & day

- LITTLE LOBBERS: 4:00-5:30pm, ages 8, 9, & 10**  
Game fundamentals, stroke and footwork development
- TUESDAYS - Nov 14, 21, & 28 and Dec. 5 & 12
- WEDNESDAYS - Nov 8, 15, & 29 and Dec. 6 & 13
- THURSDAYS - Nov 16 & 30 and Dec. 7, 14 & 21

- RISING STARS: ages 11 & 16**  
Stroke and footwork development, match play preparation
- Time - 4:00-5:30pm**
- MONDAYS - Nov 13, 20, & 27 and Dec. 4 & 11
- Time - 5:30-7:00pm**
- TUESDAYS - Nov 14, 21, & 28 and Dec. 5 & 12
- WEDNESDAYS - Nov 8, 15, & 29 and Dec. 6 & 13
- THURSDAYS - Nov 16 & 30 and Dec. 7, 14 & 21

- FUTURE "DRIVERS": 5:30-7pm, ages 13-16**  
Intense drill focusing on match play preparation, footwork, and conditioning. Point strategy and point development
- MONDAYS - Nov 13, 20, & 27 and Dec. 4 & 11

### Step 2: Enter fee

- \$165 Member
- \$195 Non - Member
- Enter amount selected here ..... \$ \_\_\_\_\_

- \$165 Member
- \$195 Non - Member
- Enter amount selected here ..... \$ \_\_\_\_\_

- \$165 Member
- \$195 Non - Member
- Enter amount selected here ..... \$ \_\_\_\_\_

Amount

### Where to register

Stop by the pro shop to sign up, or mail this form in with a check addressed to the bottom address. For further information, contact -- Kevin Schmitt  
Head Tennis and Platform Professional  
kschmitt@upperridgewoodtennis.com

- Payment in full due with application.
- All credit cards, check or cash accepted
- All junior programs under the direction of Kevin Schmitt.
- On-court directing professionals are Kevin Schmitt, Abigail Burke, Ed Gartner, and Krisi Behrens

Here is a wonderful video illustrating the excitement of Jr Platform Tennis  
<https://vimeo.com/19993131>:

### What to wear

In general, athletic clothing you wear for walking, jogging, hiking, biking or cross country skiing is appropriate for platform tennis. In keeping with the club dress policy, jeans are not permitted on the courts. You'll want to wear what you can move around in without feeling constricted. Think clothing layers! As you generate body heat by playing, you will find yourself shedding a layer or possibly two or three! Tennis sneakers or footwear meant for cross training are best. Running and track shoes are NOT recommended for two reasons: they do not provide the lateral support necessary for your feet, and they tend to flare out on the sole, running the risk of catching that edge of the sole on the court and tripping the player.

### Weather Make-up Policy

If clinic is cancelled due to inclement weather, your session will be extended by one week.  
**If class needs to be cancelled for weather, you will receive an email advising of the cancellation.**

### Step 3: Membership status

- URTC Member
- If not a member, add \$20 registration fee  
*Registration fee is waived for non-members if your child participated in our 2015 spring, summer or fall program.*
- \$ \_\_\_\_\_

### Step 4: Calculate total

- Check your child's level of play --
- Beg  Adv. Beg  Intermediate

Office Notes:

Follow us on:

