

2019 Paramedic of the Year: Sarah Elizabeth Tompkins

Sarah Tompkins was born and raised in Savannah. After graduating Calvary Day School, Sarah continued her education, earning Bachelors of Science in Chemistry and Biology from (now) Georgia Southern University.

Unhappy with the job opportunities post college, Sarah obtained an EMT-I and ultimately Paramedic certifications from Rescue Training, Inc.

In 2006, Sarah began her career at MedStar, where she worked full time as a paramedic until Southside, now Chatham Emergency Services, merged. In 2009, Sarah attended and completed the Critical Care Course offered by MCG in Augusta.

At the urging of some respected co-workers in 2012, Sarah applied and was hired as a flight medic for AirMethods and Sarah worked for Lifestar, until her base closed in 2017.

Sarah has only taken brief leaves from EMS, to work her other passion of fishing in Alaska.

Most recently, Sarah has found her true calling in teaching. From assisting in any Chatham ES classes when asked, to her current endeavors with Savannah Fire's EMT courses, Sarah has found her niche in educating future generations.