

Coping with Social Anxiety After COVID-19 Vaccination

NewYork-Presbyterian Brooklyn Methodist Hospital is pleased to collaborate with the NYC Department for the Aging, to offer this virtual presentation, featuring Jennifer Bress, PhD, Assistant Professor of Psychology at Weill Cornell Medicine and psychologist at NewYork-Presbyterian Hospital.



Wednesday, June 16 at 2pm

nyph.zoom.us/j/94487371447

Or dial by phone: 877-312-6016

Meeting ID: 944 8737 1447

The presentation will cover topics such as:

- Problem-solving strategies to handle tricky situations
- Letting go of anxieties that are no longer realistic
- Using values as a guide for behavior