



Character Buildout

Creating a Fictional Life

DIRECTIONS

This exercise should take about 8 minutes.

- Near each header, write at least 3 character traits.
- Don't overthink this... use the first trait that pops into your head.
- It helps if you think of traits your favorite character from a book or movie might have.
- There's no right or wrong way to fill this exercise in, just write anything!

COURAGE

your character's name

FRAILTY

EVIL

STRENGTH

VIRTUE

FEAR