

**History of the American Balint Society
1992-1994**

	FIRSTS	PRESENTATIONS, WEEKENDS, INTENSIVES
<p>1992 Frank Dornfest – President Clive Brock – Vice President Laurel Milberg – Secretary/Treasurer Robert Dozer – Editor Council: Ronald Stock and Paul Scott</p> <ul style="list-style-type: none"> • Third meeting of the American Balint Society was held during the 25th Annual Spring Conference of the STFM, April 1992, St. Louis, Missouri. 		<p>April 1992, STFM Pre-Conference Workshop “Sharpening the Skills of Balint Group Leaders” St. Louis, MO</p> <p>October 1992, West Regional STFM San Francisco, CA</p>
<p>1993 Elected Clive Brock – President Paul Scott – Vice President Laurel Milberg – Secretary/Treasurer Robert Dozer – Newsletter Editor</p> <p>Council: Geoffrey Margo, Don Ransom, Alec Chessman, Alan Johnson. Past President: Frank Dornfest</p> <ul style="list-style-type: none"> • Fourth meeting of the American Balint Society was held during the 26th Annual Spring Conference of the STFM, April 1993, San Diego, California. 	<p>First Balint Leader Intensive held October 1993, Wild Dunes, South Carolina</p> <p>The “Balint Track” a series of Balint groups and introduction to leadership skills presented at the Behavioral Science Forum for the first time. This invited presentation was to continue yearly through 2008.</p>	<p>April 1993, STFM Pre-Conference Workshop on Balint Groups and Leadership, San Diego, CA</p>
<p>1994 Clive Brock – President Paul Scott – Vice President Geoffrey Margo – Secretary/Treasurer Robert Dozer – Newsletter Editor</p> <p>Council: Alec Chessman, Alan Johnson, Laurel Milberg, Megeen Parker, Don Ransom. Past President: Frank Dornfest</p> <ul style="list-style-type: none"> • Fifth meeting of the American Balint Society was held during the 27th Annual Spring Conference of the STFM, May 1994, Atlanta, Georgia. 	<p>ABS hosts the 9th International Balint Federation Congress, November 1994, Charleston, SC</p>	<p>March 1994, Academic Psychiatry Meeting, Tucson, AZ</p> <p>October 1994, NE Regional STFM Philadelphia, PA</p>

**History of the American Balint Society
1995-1996**

1995 elected	FIRSTS	PRESENTATIONS, WEEKENDS, INTENSIVES
<p>Laurel Milberg – President Alec Chessman – Vice President Geoffrey Margo – Secretary/Treasurer Alec Chessman, Katherine Margo, Megeen Parker – Newsletter Editors</p> <p>Council: Michael Floyd, Alan Johnson, Joel Merenstein, Megeen Parker, Paul Scott, Mary Hall, Katherine Margo, William Miller, Lee Scheingold, Ronald Stock Past Presidents: Frank Dornfest, Clive Brock</p> <ul style="list-style-type: none">• Sixth meeting of the American Balint Society was held during the 28th Annual Spring Conference of the STFM, May 1995, New Orleans, Louisiana.	<p>1995 Balint-L Society Listserve started by Don Nease</p>	<p>October 1995, NE Regional STFM Rye Brook, NY</p> <p>October 1995, Balint Leadership Intensive, Charleston, SC</p>
<p>1996</p> <p>Laurel Milberg – President Alec Chessman – Vice President Geoffrey Margo – Secretary/Treasurer Alec Chessman, Katherine Margo, Megeen Parker – Newsletter Editors</p> <p>Council: Mary Hall, Katherine Margo, Ronald Stock, Megeen Parker, Alan Johnson, Michael Floyd, Joel Merenstein, Will Miller, Lee Scheingold, Paul Scott Past Presidents: Frank Dornfest, Clive Brock</p> <p>Council began meeting monthly via conference call.</p> <ul style="list-style-type: none">• Seventh meeting of the American Balint Society was held during the 29th Annual Spring Conference of the STFM, May 1996, San Francisco, California.• Structure of a Balint Leadership Intensive passed by the ABS Council codifying this training method.		<p>October 1996, NE Regional STFM Washington, DC</p>

**History of the American Balint Society
1997-1998**

	FIRSTS	PRESENTATIONS, WEEKENDS, INTENSIVES
<p>1997 elected Laurel Milberg – President Alec Chessman – Vice President Geoffrey Margo – Treasurer Mary Hall – Secretary</p> <p>Council: Michael Floyd, Alan Johnson, Katherine Margo, Joel Merenstein, Will Miller, Paul Scott, Ronald Stock Donald Nease – Listserve Manager Megeen Parker – Newsletter Editor Past presidents: Frank Dornfest, Clive Brock</p> <ul style="list-style-type: none"> ● Eighth meeting of the American Balint Society was held during the 30th Annual Spring Conference of the STFM, May 1997, Boston, Massachusetts. ● First Council Retreat in Charlotte, NC, to articulate its mission and establish formal operating procedures. 		<p>April 1997, Balint Leadership Intensive, Galveston, TX</p> <p>October 1997, NE Regional STFM Pittsburgh, PA</p>
<p>1998 Laurel Milberg – President Alec Chessman – Vice President Geoffrey Margo – Treasurer Mary Hall – Secretary Donald Nease – Listserve Manager</p> <p>Council: Alan Johnson, Meg Parker (editor), Katherine Margo, Floyd, Joel Merenstein, Will Miller, Paul Scott, Ronald Stock Past Presidents: Frank Dornfest, Clive Brock</p> <ul style="list-style-type: none"> ● Ninth meeting of the American Balint Society was held during the 31st Annual Spring Conference of the STFM, April 1998, Chicago, Illinois. ● July 1998, The ABS Council convened in Sayre, PA, to do strategic planning for the restructuring of the Society around a clearer, more manageable set of operating procedures. 		<p>Jan 1998, American Academy of Physician and Patient, Winter Course, Memphis, TN</p> <p>April 1998, Balint Leadership Intensive, Galveston, TX</p> <p>Sept 1998, International Balint Federation Congress, Oxford, England</p> <p>October 1998, NE Regional STFM New Brunswick, NJ</p> <p>October 1998, Balint Leadership Intensive, Boiling Springs, PA</p>

History of the American Balint Society 1999

<p>1999 elected Geoffrey Margo – President Alan Johnson – Vice President Mary Hall – Secretary Megeen Parker – Treasurer</p> <p>Council: Ritch Addison, Albert Lichtenstein, Katie Margo, Donald Nease, Ronald Stock, Paul Scott, Ann Sinclair, Frank Dornfest Past Presidents: Clive Brock, Laurel Milberg</p> <ul style="list-style-type: none"> ● Tenth meeting of the American Balint Society was held during the 32nd Annual Spring Conference of the STFM, Seattle, Washington. ● July 1999, Credentialing Procedures for Balint Seminar Leaders passed by the ABS outlining several pathways to becoming a credentialed Balint leader, the final step in all cases being a demonstration of leadership skill at a Balint Leadership Intensive. 	<p style="text-align: center;">FIRSTS</p> <p>A pilot Balint leader certification workshop was convened at Sayre, PA in February 1999, during which accomplished Balint leaders were certified by the ABS. The purpose of this workshop was to identify the necessary and unique characteristics of Balint group leadership and to determine how they could be evaluated.</p>	<p style="text-align: center;">PRESENTATIONS, WEEKENDS, INTENSIVES</p> <p>June 1999, Balint Leadership Intensive, Portland, OR</p> <p>October 1999, Balint Leadership Intensive, Boiling Springs, PA</p> <p>October 1999, NE Regional STFM Syracuse, NY</p> <p>October 1999, Association of Behavioral Sciences in Medical Education, Savannah, GA</p>
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History of the American Balint Society 2000

<p>2000 Geoffrey Margo – President Alan Johnson – Vice President Mary Hall – Secretary Megeen Parker – Treasurer</p> <p>Council: Ronald Stock, Ritch Addison, Frank Dornfest, Katie Margo, Don Nease, Albert Lichtenstein, Ann Sinclair, Paul Scott Past Presidents: Clive Brock, Laurel Milberg</p> <p>Credentialing Coordinating Committee: Ritch Addison (2000-2002), Paul Scott (2000-2003), Alan Johnson (Coordinator of Intensives 2000-2003), Frank Dornfest (2000-2004), Laurel Milberg (Coordinator of Supervision and Chair 2000-2004)</p> <ul style="list-style-type: none"> ● New Bylaws Adopted ● Eleventh meeting of the American Balint Society was held during the 33rd Annual Spring Conference of the STFM, Orlando, Florida ● ABS creates a standing Credentialing Coordinating Committee to administer the leader credentialing process, including supervision. The positions of Coordinator of Intensives and Coordinator of Supervision are created. 	<p>FIRSTS</p>	<p style="text-align: center;">PRESENTATIONS, WEEKENDS, INTENSIVES</p> <p>March 2000, Balint Leadership Intensive, Santa Rosa, CA</p> <p>May 2000, American Psychiatric Association, Chicago, IL</p> <p>June 2000, Association of Family Practice Program Directors, Kansas City, MO</p> <p>October 2000, NE Regional STFM Philadelphia, PA</p> <p>October 2000, Balint Leadership Intensive, Sayre, PA</p>
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**History of the American Balint Society
2001-2002**

	FIRSTS	PRESENTATIONS, WEEKENDS, INTENSIVES
<p>2001 elected Mary Hall – President Ritch Addison – President Elect Albert Lichtenstein – Secretary Frank Dornfest – Treasurer</p> <p>Council: Alan Johnson, Katie Margo, Megeen Parker, Paul Scott, Karen Glaser, Donald Nease, Mike Floyd, Ann Sinclair Past Presidents: Laurel Milberg, Geoffrey Margo</p> <p>Credentialing Coordinating Committee: Ritch Addison, Paul Scott, Alan Johnson (Coordinator of Supervision), Frank Dornfest, Laurel Milberg (Coordinator of Supervision and Chair)</p> <ul style="list-style-type: none"> • Annual Council Retreat held in Charlotte, North Carolina 		<p>March 2001, Balint Leadership Intensive, Portland, OR</p> <p>May 2001, American Psychiatric Association, New Orleans, LA</p> <p>October 2001, Balint Leadership Intensive, Sayre, PA</p>
<p>2002 Mary Hall – President Ritch Addison – President Elect Albert Lichtenstein – Secretary Frank Dornfest – Treasurer</p> <p>Council: Alan Johnson, Katie Margo, Megeen Parker, Paul Scott, Karen Glaser, Donald Nease, Mike Floyd, Ann Sinclair Past Presidents: Laurel Milberg, Geoffrey Margo</p> <p>Credentialing Coordinating Committee: Frank Dornfest, Alan Johnson, Paul Scott, Laurel Milberg, Ann Sinclair (2002-2005)</p> <ul style="list-style-type: none"> • Annual Council Retreat held in Jonesborough, Tennessee • Annual American Balint Society meetings become virtual (online) • Membership Committee formed • Research Committee formed • Meeting of an active supervisors – Metasupervision begun 		<p>March 2002, Balint Leadership Intensive, Santa Rosa, CA</p> <p>May 2002, American Psychiatric Association, Philadelphia, PA</p> <p>June 2002, WONCA, London, England</p> <p>October 2002, Balint Leadership Intensive, Pittsburgh, PA</p>

**History of the American Balint Society
2003**

2003 elected	FIRSTS	PRESENTATIONS, WEEKENDS, INTENSIVES
<p>Ritch Addison – President Paul Scott – President Elect Albert Lichtenstein – Secretary Frank Dornfest – Treasurer</p> <p>Council: Don Nease, Karen Glaser, Mike Floyd, Ann Sinclair, Jill Romm, Bill Cohen, Janet Walker, Lisa Buck Past Presidents: Mary Hall, Geoffrey Margo, Laurel Milberg</p> <p>Credentialing Coordinating Committee: Frank Dornfest, Ann Sinclair (Coordinator of Intensives), Laurel Milberg (Chair), Mary Hall (2003-06), Clive Brock (2003-06)</p> <ul style="list-style-type: none">• Annual Council Retreat held in Pittsburgh, PA• ABS passes “The Organization and Procedures of Credentialing Intensives” specifying the roles, processes, and procedures for evaluating a credentialing candidate at an Intensive.	<p>November 2003 First Balint Weekend, Pittsburgh, PA</p>	<p>2003, Society for Developmental and Behavioral Pediatrics Pittsburgh, PA</p> <p>April 2003, Balint Leadership Intensive, Sacramento, CA</p> <p>September 2003, Balint Leadership Intensive, Charleston, SC</p> <p>October 2003, NE Regional STFM Pittsburgh, PA</p> <p>2003, American Association for Sexuality Educators, Counselors and Therapists Annual Meeting Las Vegas, NV</p>

**History of the American Balint Society
2004-2005**

<p>2004 Ritch Addison – President Paul Scott – President Elect Albert Lichtenstein – Secretary Frank Dornfest – Treasurer</p> <p>Council: Don Nease, Karen Glaser, Mike Floyd, Ann Sinclair, Jill Romm, Bill Cohen, Janet Walker, Lisa Buck Past Presidents: Mary Hall, Laurel Milberg, Geoff Margo (resigned)</p> <p>Credentialing Coordinating Committee: Frank Dornfest, Mary Hall (Coordinator of Supervision), Clive Brock, Ann Sinclair (Coordinator of Intensives), Laurel Milberg (2004-07 Chair)</p> <ul style="list-style-type: none"> ● Annual council Retreat held in Portland, OR ● Intensives Committee established to help Coordinator of Intensives oversee the conduct of Balint Leadership Intensives <p>2005 elected Paul Scott – President Donald Nease – President Elect Ann Sinclair – Secretary Janet Walker – Treasurer</p> <p>Council: Clive Brock, Lisa Buck, Bill Cohen, Mara Rubio, Kim Salloway, Jeffery Sternlieb, Greg Troll, Jill Romm Past Presidents: Ritch Addison, Mary Hall, Laurel Milberg</p> <p>Credentialing Coordinating Committee: Clive Brock, Mary Hall (Coordinator of Supervision), Ann Sinclair (Coordinator of Intensives), Laurel Milberg (Chair), Albert Lichtenstein (2005-2008)</p> <ul style="list-style-type: none"> ● Annual Council Retreat held in Pittsburgh, PA 	<p>FIRSTS</p> <p>April 2004, “Essential Characteristics of Effective Balint Group Leadership” published.</p>	<p>PRESENTATIONS, WEEKENDS, INTENSIVES</p> <p>November 2004, Balint Leadership Intensive, Pittsburgh, PA</p> <p>March 2005, Balint Leadership Intensive, Santa Rosa, CA</p> <p>November 2005, Balint Leadership Intensive, Jonesborough, TN</p>
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**History of the American Balint Society
2006-2007**

	FIRSTS	PRESENTATIONS, WEEKENDS, INTENSIVES
<p>2006 Paul Scott – President Donald Nease – President Elect Ann Sinclair – Secretary Janet Walker – Treasurer</p> <p>Council: Clive Brock, Lisa Buck, Bill Cohen, Mara Rubio, Kim Salloway, Jeffery Sternlieb, Greg Troll, Jill Romm Past Presidents: Ritch Addison, Mary Hall</p> <p>Credentialing Coordinating Committee: Mary Hall, Ritch Addison (Coordinator of Intensives), Albert Lichtenstein (Coordinator of Supervision), Lisa Buck (2006-09), Laurel Milberg (Chair)</p> <ul style="list-style-type: none">• Annual Council Retreat held in Ann Arbor, MI		<p>February 2006, Balint Weekend, Charleston, SC</p> <p>March 2006, Balint Leadership Intensive, Portland, OR</p> <p>October 2006, Balint Leadership Intensive, Bethlehem, PA</p> <p>November 2006, Balint Weekend, Santa Rosa, CA</p>
<p>2007 elected Donald Nease-President Ann Sinclair-President Elect Jillian Romm-Secretary Janet Walker-Treasurer</p> <p>Council: Clive Brock, D. Todd Detar, Maria Devens, Chiara Ghetti, Mara Rubio, Kim Salloway, Jeffrey Sternlieb, Greg Troll. Past Presidents: Richard Addison, Mary Hall, Paul Scott</p> <p>Credentialing Coordinating Committee: Ritch Addison (Coordinator of Intensives), Albert Lichtenstein (Coordinator of Supervision), Lisa Buck, Mary Hall (Chair), Paul Scott</p> <ul style="list-style-type: none">• Annual Council Retreat held in Portland, OR.• “Credentialing Procedures for Balint Group Leaders” revised		<p>January 2007, American Psychoanalytic Assn, New York, NY</p> <p>March 2007, Balint Leadership Intensive, Santa Rosa, CA</p> <p>April 2007, Balint Weekend, Providence, RI</p> <p>Nov 2007, Balint Leadership Intensive, Bethlehem, PA</p>

**History of the American Balint Society
2008-2009**

	FIRSTS	PRESENTATIONS, WEEKENDS, INTENSIVES
<p>2008 Donald Nease-President Ann Sinclair-President Elect Jillian Romm-Secretary Janet Walker-Treasurer</p> <p>Council: Clive Brock, Todd Detar, Maria Devens, Chiara Ghetti, Mara Rubio, Jeff Sternlieb, Greg Troll, Kim Salloway Rickler, Fellow: Kristen Reihman Past Presidents: Ritch Addison, Mary Hall, Paul Scott</p> <p>Credentialing Coordinating Committee: Ritch Addison (Coordinator of Intensives), Albert Lichtenstein (Coordinator of Supervision), Mary Hall (Chair), Lisa Buck, Paul Scott</p> <ul style="list-style-type: none"> ● Annual Council Retreat held in Charlotte, NC 	<p>One of the first Forum Impact Awards given to the “2007 Balint Track” series of Balint groups presented at the Annual Behavioral Science Forum to introduce process and leadership skills</p>	<p>April 2008, Balint Leadership Intensive, Seattle, WA</p> <p>November 2008, Balint Leadership Intensive, Pittsburgh, PA</p> <p>September 2008, Balint Weekend, Santa Rosa, CA</p>
<p>2009 elected Ann Sinclair-President Jeffrey Sternlieb-President-Elect Jillian Romm-Secretary Janet Walker-Treasurer</p> <p>Council: D. Todd Detar, John Freedy, Chiara Ghetti, Thomas Klee, Katherine Knowlton, Albert Lichtenstein, Mary Wassink, Fellow: Susan Mason Past Presidents: Don Nease, Paul Scott, Ritch Addison</p> <p>Credentialing Coordinating Committee: Ritch Addison, (Coordinator of Intensives), Don Nease, Paul Scott, Albert Lichtenstein (Coordinator of Supervision and Chair), Katie Margo (Chair Elect)</p> <ul style="list-style-type: none"> ● Annual Council Retreat held in Charlotte, NC ● Change in Credentialing Coordinating Committee structure and elections 		<p>January 2009, American Psychoanalytic Assn New York, NY</p> <p>March 2009, Balint Leadership Intensive, Portland, OR</p> <p>April 2009, Balint Weekend, Chicago, IL</p> <p>November 2009, Balint Leadership Intensive, Charleston, SC</p>

History of the American Balint Society 2010-2011

2010	FIRSTS	PRESENTATIONS, WEEKENDS, INTENSIVES
<p>Ann Sinclair – President Jeffrey Sternlieb – President Elect Jillian Romm – Secretary Janet Walker – Treasurer</p> <p>Council: D. Todd Detar, John Freedy, Chiara Ghatti, Thomas Klee, Katherine Knowlton, Albert Lichtenstein, Mary Wassink, Fellow: Arun Raghunath Past Presidents: Ritch Addison, Paul Scott, Don Nease</p> <p>Credentialing Coordinating Committee: Albert Lichtenstein (Chair), Don Nease (Coordinator of Supervision), Ritch Addison (Coordinator of Intensives), Katie Margo (Chair Elect), Paul Scott</p> <ul style="list-style-type: none"> ● Annual Council Retreat held in Spokane, WA 	<p>August 2010, First Credentialed Leaders' Weekend in Ann Arbor, MI</p> <p>ABS Graduation Certificates first issued to resident participants</p>	<p>March 2010, Balint Leadership Intensive, Santa Rosa, CA</p> <p>April 2010, Balint Weekend, Seattle, WA</p> <p>November 2010, Balint Leadership Intensive, Long Beach Is., NJ</p> <p>November 2010, Balint Weekend, Santa Rosa, CA</p>
<p>2011 elected Jeffrey Sternlieb-President Albert Lichtenstein-President Elect Thomas Klee-Secretary Janet Walker-Treasurer</p> <p>Council: John Freedy, Katherine Knowlton, Steve Crossman, Dahna Berkson, Phil Phelps, Bradley Samuel, Don Nease, John Muench, Mary Wassink, Fellow: Kristin Reihman Past Presidents: Don Nease, Ann Sinclair, Paul Scott</p> <p>Credentialing Coordinating Committee: Don Nease (Chair), Kathy Knowlton (Coordinator of Intensives), Katie Margo (Coordinator of Supervision), Phil Phelps, Jill Romm (Chair Elect)</p> <ul style="list-style-type: none"> ● Annual Council Retreat held in Spokane, WA ● Council passes amended By-Laws. Creates position of Treasurer-Elect 	<p>September 2011, ABS Hosts the 17th IBF Congress, Philadelphia, PA</p>	<p>March 2011, Balint Leadership Intensive, Seattle, WA</p> <p>April 2011, Balint Weekend, Providence, RI</p>

History of the American Balint Society 2014

2014	FIRSTS	PRESENTATIONS, WEEKENDS, INTENSIVES
<p>Albert Lichtenstein-President Steve Crossman-President Elect Kathy Knowlton-Secretary John Muench-Treasurer</p> <p>Council: Dahna Berkson, Phil Phelps, Bradley Samuel, Elaine Graves, Ellen Barnett, Lisa Buck, Demetrio Sanchez, Mary Wassink. Fellow: David Atkinson Past Presidents: Don Nease, Ann Sinclair, Jeff Sternlieb</p> <p>Credentialing Coordinating Committee: Katie Margo (Chair), Jeffrey Sternlieb (Chair Elect), Frank Dornfest, Janet Walker (Coordinator of Intensives), Jillian Romm (Coordinator of Supervision)</p> <ul style="list-style-type: none"> ● 2014 Annual Council Retreat held in Spokane, WA, ● Member Survey and consultation by Mary Byers ● Council approved hiring an Administrative Assistant 	<p>2014 Inaugural Year of the ABS Student/Resident Essay Contest 2014 (Enid Balint Award) 3 winners and 3 honorable mention essays published in the IJPM Winning essays presented at the National Meeting</p> <p>First National Meeting of the American Balint Society held in Estes Park, Colorado, July 2014</p>	<p>April 2014, Balint Leadership Intensive, Seattle, WA</p> <p>October 2014, Balint Leadership Intensive Jonesborough, TN</p> <p>May 2014, Association of Pediatric Program Directors Chicago, IL</p> <p>October 2014, Association of Behavioral Sciences in Medical Education Annual Meeting Newport Beach, CA</p> <p>September 2014, Behavioral Science Forum, Chicago, IL</p>

History of the American Balint Society 2015

2015	FIRSTS	PRESENTATIONS, WEEKENDS, INTENSIVES
<p>Steven Crossman – President John Freedy – President Elect Katherine Knowlton – Secretary Arnold Goldberg – Treasurer</p> <p>Council: David Atkinson, Ellen Barnett, Lisa Buck, Elaine Graves, Barbara Hemmendinger, Alan Ng, Demetrio Sanchez, Jr., Mary Wassink Past Presidents: Jeffrey Sternlieb, Albert Lichtenstein Resident Fellow: Cynthia Odogwu Admin Assistant: Shantel Beckers</p> <p>Credentialing Coordinating Committee: Jillian Romm – Chair; Janet Walker – Coordinator of Intensives; Jeffrey Sternlieb – Coordinator of Supervision; Philip Phelps – Chair Elect; Ritch Addison – Member at Large</p> <ul style="list-style-type: none"> ● Annual council Retreat held in Spokane, WA. ● The Credentialing Coordinating Committee membership was amended to include the Treasurer as an ex-officio, non-voting member. ● Credentialed leaders will be required to report leader supportive events they participated in on a yearly basis to maintain credentialed status. ● A Diversity Task Force was created to find ways to make the ABS Council more diverse. ● Council approved a proposal to pilot a Balint Leader Education Fellowship Program. 	<p>Balint 2.0: First virtual Balint group for doctors around the world held.</p>	<p>January 2015, A Day of Balint Seattle, WA</p> <p>March 2015, Balint Leadership Intensive, Portland, OR</p> <p>March 2015, Lehigh Valley Balint Weekend, Bethlehem, PA</p> <p>March 2015, Association of Pediatric Program Directors Orlando, FL</p> <p>October 2015, Balint Leadership Intensive, Long Beach Island</p>

History of the American Balint Society 2016

2016	FIRSTS	PRESENTATIONS, WEEKENDS, INTENSIVES
<p>Steven Crossman – President John Freedy – President-elect Katherine Knowlton – Secretary Arnold Goldberg – Treasurer</p> <p>Council: David Atkinson, Ellen Barnett, Lisa Buck, Elaine Graves, Barbara Hemmendinger, Alan Ng, Demetrio Sanchez, Jr., Mary Wassink Past Presidents: Jeffrey Sternlieb, Albert Lichtenstein ABS Representative to IBF: Albert Lichtenstein Graduate Education Representative (formerly resident fellow): Scott Lloyd Admin Assistant: Shantel Beckers</p> <p>Credentialing Coordinating Committee: Jillian Romm – Chair; Janet Walker – Coordinator of Intensives; Jeffrey Sternlieb – Coordinator of Supervision; Philip Phelps – Chair Elect; Ritch Addison – Member at Large</p> <ul style="list-style-type: none"> ● ABS Annual Business Retreat held in Oak Brook, IL ● Second Bi-Annual ABS Student/Resident Essay Contest held. Enid Balint Award given to 3 winners and 3 honorable mention essays published in the IJPM. Winning essay presented at the National Meeting ● Policy and Procedures adopted for the selection of an ABS representative to the International Balint Federation. ● Council approved the use of Balint-L to solicit subjects for Balint related research after review/approval by a two Council Member panel ● All ABS meetings conducted via conference call now conducted via Zoom 	<p>Three Intensive Leadership Training Workshops approved to be held in one year; November, January, March.</p> <p>Pilot year of the Balint Leader Education Fellowship started with two groups of Fellows, July 2016.</p> <p>First Balint Leadership Training Workshop taken to an institution by request to train multiple staff, Cherokee Health System, Knoxville, TN. November 2016. ABS Council approves paying faculty for this and for future such events.</p>	<p>February 2016, Balint Workshop presented at the American Group Psychotherapy Association, New York, NY</p> <p>March 2016, Balint Leadership Intensive, Santa Rosa, CA</p> <p>April and October 2016, Healing, Mindfulness and Compassion: A Balint Weekend, Sonoma County, CA</p> <p>July 2016, Second National Meeting of the American Balint Society held in Oak Brook, IL</p> <p>September 2016, University of Chicago Biological Sciences, The Bucksbaum Institute for Clinical Excellence, Chicago, IL</p> <p>September 2016, A. K. Rice Institute Dialogues Meeting, Chicago, IL</p> <p>September 2016, Behavioral Science Forum, Chicago, IL</p> <p>October 2016, Family Medicine Education Consortium, Pittsburgh, PA</p> <p>November 2016, Balint Leadership Intensive, Long Beach Island, NJ</p> <p>November 2016, Intensive on the Road (IOTR), Cherokee Health, TN</p>

**History of the American Balint Society
2016 Continued**

2016 cont.	FIRSTS	PRESENTATIONS, WEEKENDS, INTENSIVES
<ul style="list-style-type: none">● ABS became an APA-approved provider of continuing education for psychologists attending Balint Leadership Training Intensives and other educational events● Major restructuring of ABS Committees eliminating: Scheduling, Opportunity, Weekends, Council Fellow Selection, Fundraising, Membership, Events, Marketing and Graduate Certificates. New committees structured to align with major goals of ABS Mission, including Fellowship Steering Committee, Nominating Committee, Outreach and Scholarship Committees● Policy and Procedure adopted "Maintenance of Credentialing," to ensure on-going training for credentialed leaders● Membership in the CCC will include the Balint Group Leader Education Fellowship Director. The Fellowship Committee is a sub-committee of the CCC● Video Conference Balint Group Committee established to vet and coordinate newly formed Balint Online Groups● A Nominating Committee was established to conduct all ABS position elections● An ad hoc Committee was formed to propose revisions to the ABS bylaws		

**History of the American Balint Society
2016 continued**

<p>2016 cont.</p> <ul style="list-style-type: none">● Policy and Procedure documents were approved for the: Credentialing Coordinating Committee, Finance Committee, Nominating Committee, History and Continuity Committee● An Evaluator Guide was added to the Practical Guide by the Intensives Committee● The Diversity Task Force was declared a standing committee of the Society at the Council's annual retreat in Chicago, Illinois. This committee was formed to foster at each level of the Society inclusion of all aspects of a diverse health care team, including race, ethnicity, culture, sexual orientation, age, professional role, socioeconomic status, ability differences, spiritual beliefs, and others	<p>FIRSTS</p>	<p>PRESENTATIONS, WEEKENDS, INTENSIVES</p>
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History of the American Balint Society 2017

2017 elected	FIRSTS	PRESENTATIONS, WEEKENDS, INTENSIVES
<p>Council officers: John Freedy-President Kathleen Knowlton-President-elect Ruth Elaine Graves-Secretary Arnold Goldberg-Treasurer</p> <p>Council: Vidush P Athyal, Barbara Hemmendinger, Barbara Hernandez, Jonathan Kersun, Eran Metzger, Jose Niño, Evelyn Reis, Sandra Relyea.</p> <p>Past President: Steve Crossman ABS Representative to the IBF: Albert Lichtenstein Graduate Education Representative: tbd Administrative Assistant: Shantel Beckers</p> <p>CCC: Jeffrey Sternlieb-Chair; Phil Phelps-Coordinator of Supervision, Janet Walker-Coordinator of Intensives, Lisa Buck-Chair elect, Alec Chessman-Member-at-large, Albert Lichtenstein-BGLE Fellowship Director; John Freedy, Arnold Goldberg ex-officio members.</p> <ul style="list-style-type: none"> ● Annual Business Retreat held in Charleston, SC ● Policy and Procedure documents approved for the: Fellowship sub-Committee, selection of Emeritus Councilors, Videoconference Balint Groups ● An ad-hoc Events Committee was formed to determine how to co-sponsor events and provide oversight while broadening offerings beyond leadership training 	<p>"Balint in Brief" a new ABS Newsletter posted on Balint-L for the first time. Newsletter to be published three times per year: April, September, and December.</p> <p>Faculty at Intensives on the Road (IOTRs) are paid.</p>	<p>January 2017, Balint Leadership Intensive, Denver, CO</p> <p>March 2017, Balint Leadership Intensive, Seattle, WA</p> <p>May 2017, IOTR, Richmond, VA</p> <p>September 2017, IBF Congress, Oxford, UK</p> <p>October 2017, Balint Leadership Intensive, Pittsburgh, PA</p> <p>October 2017, Healing, Mindfulness and Compassion Weekend Retreat, Ratna Ling, Sonoma, CA (co-sponsored)</p>

History of the American Balint Society 2018

2018	FIRSTS	PRESENTATIONS, WEEKENDS, INTENSIVES
<p>John Freedy – President Katherine Knowlton– President-elect Elaine Graves – Secretary Arnold Goldberg – Treasurer</p> <p>Council: Vidush Athyal, Barbara Hemmendinger, Barbara Hernandez, Jonathan Kersun, Eran Metzger, José Niño, Evelyn Reis, Sandra Relyea. Past President: Steve Crossman</p> <p>ABS Representative to IBF: Albert Lichtenstein</p> <p>Graduate Education Representative (formerly resident fellow): TBD</p> <p>Admin Assistant: Shantel Beckers</p> <p>Credentialing Coordinating Committee: Jeffrey Sternlieb-Chair; Janet Walker-Coordinator of Intensives; Phillip Phelps-Coordinator of Supervision; Lisa Buck-Chair Elect; Alexander Chessman-Member at Large.</p> <ul style="list-style-type: none"> • ABS Council Annual Business Retreat held in Minneapolis, MN • Membership dues raised to \$125 per year • P and Ps for the Scholarship and Diversity Committees approved. • Ad hoc Revenue Enhancement Task Force formed • Diversity Questionnaire developed to track diversity of presenters and attendees at ABS educational events and committee membership • Third Bi-annual ABS Student/Resident Essay Contest held. Enid Balint Award given to 3 winners and 3 honorable mention essays to be published in the IJPM and presented at the 3rd National ABS Meeting 	<p>ABS Online Balint Groups started.</p> <p>Diversity Initiative: Strategic recruitment of NP’s and PA’s at their AAPA annual meeting.</p>	<p>January 2018, Balint Leadership Intensive, Denver, CO.</p> <p>April 2018, Balint Leadership Intensive, Portland, OR</p> <p>May 2018, American Academy of Physician Assistants Annual National Conference, New Orleans, LA.</p> <p>June, 2018, IOTR, Lehigh Valley, PA.</p> <p>July 2018 Third National Meeting of the American Balint Society held in Minneapolis, MN</p> <p>August 2018, IOTR, Washington State U., Spokane, WA</p> <p>September 2018, IBF Leadership Conference, Helsinki, Finland.</p> <p>October 2018, Balint Leadership Intensive, Boston, MA.</p> <p>October 2018, Behavioral Science Forum, Chicago, IL.</p>

**History of the American Balint Society
2018 - 2019**

2018 cont.	FIRSTS	PRESENTATIONS, WEEKENDS, INTENSIVES
<ul style="list-style-type: none"> • Task force to develop a financial aid proposal for assistance to attend ABS sponsored events • Creation of a Leveraging Technology Task Force to update the ABS website • ABS Bylaws Revision passed. Revisions clarify election processes, financial oversight responsibilities and broaden the intent of the Society to include healing relationships outside the doctor patient relationship and other professionals as leaders and participants • Principles, Requirements, Guidelines (PRG) for holding Intensives updated 		<p>March and October 2018, Healing, Mindfulness and Compassion Weekend Retreat, Ratna Ling, Sonoma, CA. (co-sponsored)</p> <p>October, 2018, Annual Olympic Medical Physicians Symposium, Port Angeles, WA.</p>
<p>2019 Elected Katherine Knowlton– President Janet Walker-President-elect Barbara Hemmendinger –Secretary Alexander Chessman – Treasurer John Freedy – Past President</p> <p>Council: Vidush Athyal, Allison Bickett, Francis Chu, Megan Lemay, José Niño, Rebekah Schiefer</p> <p>ABS Representative to IBF: Albert Lichtenstein Graduate Education Representative Katherine Fu</p> <p>Admin Assistant: Shantel Beckers</p>	<p><u>Restoring the Core of Clinical Practice: What is a Balint Group and how does it help.</u> published.</p> <p>Supervisors’ Handbook created.</p> <p>Scholarship Fund created to award up to 2 (\$500.) grants to attendees at an Intensive in order to promote diversity in participation. A one year trial.</p>	<p>April 2019, Balint Leadership Intensive, Spokane, WA</p> <p>April 2019, Workshop at the Academic Pediatric Association Meeting, Baltimore, MD</p> <p>July 2019, Credentialed Leaders’ Meeting, Seattle, WA</p> <p>August 2019, IOTR, St. Luke’s, Bethlehem, PA</p> <p>August 2019, IOTR, KPMG, Seattle, WA</p> <p>September 2019, Forum for Behavioral Science in Family Medicine, Chicago, IL</p> <p>September 2019, 21st International Balint Congress, Portugal</p>

**History of the American Balint Society
2019 - 2020**

2019 cont.	FIRSTS	PRESENTATIONS, WEEKENDS, INTENSIVES
<p>Credentialing Coordinating Committee: Phillip Phelps-Chair; Eran Metzger-Coordinator of Intensives; Lisa Buck- Coordinator of Supervision; Roberta Sherman-Chair Elect; Steve Crossman-Member at Large; Fellowship Director-Albert Lichtenstein.</p> <ul style="list-style-type: none"> • ABS Council Annual Business Retreat held in Seattle, WA • P and P for the dealing with Balint Leadership Intensive complaints and grievances approved • Membership Task Force formed to pursue ways to grow and retain membership • Credentialing Procedures P&P was revised including an increased administrative fee 	<p>Evaluations of IOTRs and Intensives go online.</p> <p>Folasade Odeniyi, a Brandeis U. MBA candidate, became an intern to the ABS focused mainly on research.</p>	<p>October 2019, Balint Leadership Intensive, Long Beach Island, NJ</p> <p>October 2019, International Conference of Communication in Healthcare, San Diego, CA</p> <p>October 2019, Healing, Mindfulness and Compassion Weekend Retreat, Ratna Ling, Sonoma, CA. (co-sponsored)</p> <p>November 2019, IOTR, UCLA</p>
<p>2020 Kathy Knowlton - President Janet Walker - President-elect Barbara Hemmendinger - Secretary Alec Chessman - Treasurer John Freedy - Past President</p> <p>Council: Vidush Athyal, Allison Bickett, Francis Chu, Megan Lemay (resigned April 2020), José Niño, Rebekah Schiefer</p> <p>ABS Representative to IBF: Albert Lichtenstein</p> <p>Graduate Education Representative: Katherine Fu (took Council position April 2020)</p> <p>Brandeis Fellow: Folasade Odeniyi</p> <p>Admin Assistant: Shantel Beckers</p>	<p>Free short-term Balint groups held for medical providers worldwide as a response to the Covid pandemic.</p> <p>Members of the Balint Online Groups Committee develop and disseminate a tutorial on converting Balint groups to online, helping leaders continue their groups during the pandemic.</p>	<p>January 2020, IOTR, Anschutz Medical Campus, Denver, CO</p> <p>February 2020, IOTR, Southern Illinois U. School of Medicine, Springfield, IL</p> <p>February 2020, IOTR, Community Health Network, Indianapolis, IN</p> <p>February 2020, Balint Group Demonstration, Innovations in Medical Education, U. of Southern California</p>

**History of the American Balint Society
2020 continued**

<p>2020 cont.</p> <p>Credentialing Coordinating Committee: Phillip Phelps-Chair; Eran Metzger-Coordinator of Intensives; Lisa Buck- Coordinator of Supervision; Roberta Sherman-Chair Elect; Steve Crossman-Member at Large; Fellowship Director-Albert Lichtenstein.</p> <ul style="list-style-type: none"> ● Leveraging Technology Task Force becomes the standing committee Communications and Marketing ● Events Committee becomes a standing committee ● Document Maintenance Protocol policy is revised ● Membership Task Force is disbanded after surveying active and expired members and sending an invitation to explore Balint groups to all FM Residency PDs. ● P& P for Grievances at an Intensive approved by Council ● Balint Online Committee P&P approved by Council. ● Nominating Committee established Feb 1st slate deadline and Chair appointed two at-large members ● ABS Council Annual Business Retreat held virtually May 16-17 due to Covid pandemic. ● International J. of Psychiatry in Medicine publishes proceedings of 2018 ABS National Meeting with winning essays from the 3rd Enid Balint Essay contest ● 4th Biennial Enid Balint Essay contest held 	<p style="text-align: center;">FIRSTS</p> <p>History & Continuity Committee pilots a “Zoominar” presentation and discussion for ABS Council on the purpose and outcomes of Balint Groups.</p> <p>International J. of Psychiatry in Medicine publishes a special edition on A Narrative History of the ABS 1990 - 2020, by A. Johnson & L. Milberg, featuring first hand accounts by 12 founding members.</p> <p>History & Continuity Committee initiates bi-monthly drop-in consultation group for Credentialed Leaders.</p> <p>National Association of Social Workers approved CE credits for the Boston Balint Leadership Intensive.</p>	<p style="text-align: center;">PRESENTATIONS, WEEKENDS, INTENSIVES</p> <p>February 2020, Balint Leadership Training Intensive, Seattle, WA</p> <p>May 2020, 4th ABS National Meeting, Denver, CO. CANCELLED due to Covid pandemic. Going forward the National Meeting will be designated by year.</p> <p>June 2020, ABS 30th Anniversary Celebration held virtually.</p> <p>September 2020, Healing, Mindfulness & Compassion Weekend Retreat, CANCELLED due to Covid pandemic.</p> <p>September 2020, presentation “Balint Group Process: Bringing Joy to Your Practice Through Reflection of the Provider-Patient Relationship,” at the virtual STFM Conference on Practice and Quality Improvement (CPQI).</p> <p>November 2020, Balint Leadership Training Intensive, Boston, MA, CANCELLED due to Covid pandemic.</p>
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**History of the American Balint Society
2020 - 2021**

<p>2020 cont.</p> <ul style="list-style-type: none"> Intensives Financial Aid Program piloted providing two scholarships to attend. <p>2021 elected Janet Walker - President Phil Phelps - President-elect Barbara Hemmendinger - Secretary Alexander Chessman - Treasurer Kathy Knowlton - Past-president</p> <p>Council: Allison Bickett, Francis Chu, Connie Hixson, Rebekah Schiefer, Terri Wall, Brian Wexler</p> <p>ABS Representative to the IBF: Albert Lichtenstein</p> <p>Graduate Education Representative: Alyssa Vigliotti</p> <p>Administrative Assistant: Shantel Beckers</p> <p>Credentialing Coordinating Committee: Lisa Buck - Chair, Eran Metzger - Coordinator of Intensives, Robbie Sherman - Coordinator of Supervision, Chiara Ghetti - Chair-elect, Steve Crossman - Member at Large, Mary Hall - Fellowship Director.</p> <p>Brandeis Fellows: Romy Kushnick and Melissa Najjar</p> <ul style="list-style-type: none"> Revised Policy & Procedures for the Enid Balint Essay Contest approved by Council. 	<p style="text-align: center;">FIRSTS</p> <p>Communications and Marketing Committee initiated a quarterly online drop in Social Hour for ABS members.</p> <p>October 22, 2021, the Diversity Committee presented a Zoominar addressing how leaders might notice and intervene in Balint group situations that involve diversity, equity and inclusion.</p> <p>Welcome packets distributed to new ABS members, including useful information about benefits and opportunities of membership and the name of an existing member who has volunteered to buddy that person.</p>	<p style="text-align: center;">PRESENTATIONS, WEEKENDS, INTENSIVES</p> <p>January and March 2021, the Balint Leadership Project conducted two Virtual Intensive pilot groups to study the feasibility of training leaders virtually.</p> <p>March 9, 2021, Virtual IOTR Mayo Clinic Dept. of Psychiatry and Clinician Wellbeing Office</p> <p>May 19 - 21, 2021, Virtual Credentialed Leaders' Meeting. Zoominar on Pushback Method piloted by History and Continuity Committee.</p> <p>Late May 2021, A project initiated with the AAFP introduced the AAFP's Wellness Scholars to Balint Groups with the option to continue in virtual Balint groups.</p> <p>Six months of virtual Balint groups initiated to train psychiatrists and other mental health professionals as part of a grant in the Department of Psychiatry, Truman Medical Center, U. of Missouri, Kansas City, Kansas.</p> <p>November 2021, Balint Leadership Training Intensive held in person, Wellesley, MA.</p>
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**History of the American Balint Society
2021 cont.**

<p>2021 cont.</p> <ul style="list-style-type: none">● Annual Council Business Retreat held virtually June 4-6.● History and Continuity Committee structured a method of encouraging and publishing donations to the Society which was approved by Council.● Communications and Marketing Committee identified ABS members as Balint Champions to promote Balint work in their specialties.● Administrative Assistant position upgraded to Executive Administrator with commensurate pay.	<p>FIRSTS</p>	<p>PRESENTATIONS, WEEKENDS, INTENSIVES</p>
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***Originally compiled by Laurel Milberg, 2013**