

GKHAT Chat

December 2020

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☆ RCR Season Passes and Waivers ☆

GKHAT recommends that you connect with RCR to process your season pass quickly. Be sure to complete the RCR waivers.

This is particularly important for families that would like to take advantage of Nakiska, as your season pass will work there until Kicking Horse opens up.

If you have not yet received an email from RCR regarding your pass and waivers, be sure to contact them.

☆ BC Alpine Waivers ☆

Once you have registered, BC Alpine waivers need to be completed for all skiers in your family. To complete your waiver, go to bcalpine.com and click on "Member Login". It's located in the center left of the page. When you sign the waiver, be sure to complete it for yourself and all the athletes. In this case "yourself" is the primary parent that you assigned the parent insurance to. If you encounter any problems, please email registrar@gkhat.ca to get help. These must be done before your child can ski!



GKHAT Auction

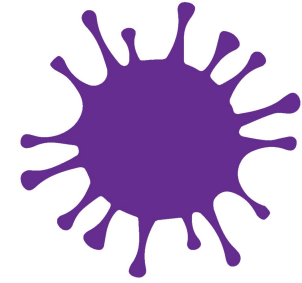
Thanks to all our families and donors near and far who provided items and donations to this year's successful auction. The auction raised nearly \$14000 for the club. We especially would like to recognize businesses who donated to the auction and thank them for supporting our club.

☆ Christmas Camps ☆

We are pleased to announce that we are able to hold Christmas camps for our older athletes this year (U12 and older). Dates will be:

- [Camp #1](#): Dec 27-29
- [Camp #2](#): Jan 2-3

Please login and sign up on the website with the above links or just check the event calendar [here](#) if you have an interested athlete.



☆ COVID and the Ski Season ☆

As we plan for GKHAT starting up, the board is updating our COVID-19 policies and practice. It is important to keep in mind these are subject to change as the restrictions in British Columbia are revised. Our COVID information is located in the main menu bar on our website.

Our head coaches are currently working on creating ski groups. We will be grouping athletes under U12 in community cohorts. Consequently, we will be shifting a small number of kids from Saturday to Sunday and vice versa. Sarah Recoskie (our head Nancy Greene coach) will contact those families in the coming days.

Changes this season will likely include:

- New cold-weather policy.
- Increased use of chairlift access.
- Staggered drop off/pickup times and locations by group.
- Changes in the duration of the ski day.
- Daily COVID waiver completion.
- The yurt will be off-limits to athletes.

Daily Safe Skiing operations will hinge on strict maintenance of

- **Social Distancing:** Minimum 3m distance (two ski poles) between athletes. Lifts are an exception.
 - **Hand Hygiene:** Athletes will be required to carry a personal container of (alcohol based) hand sanitizer and use it frequently as per detailed protocols.
 - **Mask use:** Athletes will be required to wear either a nonmedical mask OR buff with a fitted filtered mask component ***continuously through the day***. Traditional single layer buffs are not acceptable as masks.
- It is mandatory for all families participating this season to familiarize themselves with and abide by all of GKHAT and provincial public health protocols for themselves and their athletes.
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Follow us on Social Media

Did you know GKHAT is on Facebook, Twitter and Instagram?

- Facebook: GKHAT
- Instagram: @gkhat.racing
- Twitter: @GKHAT

Follow us and watch for updates, photos and more ski content as the season progresses.

Selkirk Sports discount

Selkirk Sports continues to offer a discount for GKHAT athletes on tuning services with a punch card program. Additionally, GKHAT athletes receive 20% off soft goods and ski services. All other goods are discounted at 10% off for our athletes.

2020 Tentative Home Race Schedule

Please see planned races and available race dates below for those wanting to start planning the ski season

Tentative Home Race schedule for *all GKHAT athletes* including those skiing friday gates only

- Cookie Cup: January 23 and 24, 2021
- 2020 Skitacular event: March 20 and 21, 2021

Home Races available to all Nancy Greene athletes (ages 4-11)

- GKHAT Nancy Greene festival: two day event Feb 20 and 21

BC Alpine will announce a tentative U12/U14 schedule for the 2021 season in the next month. Stay tuned for dates as they are available.



GKHAT Sponsorship

Ski racing is an expensive sport and fundraising is a necessity to keep program fees from creeping upwards. If you know of any businesses that would like to see their brand promoted; If you have 2019 auction items; If you have any ideas or proposals for fundraising please send an email to sshort@gkhat.ca to get started. We need your ideas and input!



BECOME A SPONSOR



Ski Gear Swap

Is your skier growing like a weed? Do you have gear you would like to sell to another ski family? Are you looking for a place to find quality used gear for next season? Have a look or post an ad on the GKHAT Facebook gear swap "event". To get to this "event", simply search for "GKHAT" on facebook, select the "GKHAT" page, and look for "events". This event is an ongoing event to allow you to post what you would like to sell. Feel free to connect for purchases. GKHAT does not benefit financially from these transactions in any way.

Grade 4 and 5 Snowpass

Canada Ski Council is once again offering a Grade 4/5 snowpass valid for free lift tickets at selected resorts across Canada. These are useful for away races and family skiing away from KHMR. Apply now until Feb 2021 [here](#).



Coach's Corner

We are excited to welcome some new coaches to GKHAT this year. Get to know **Tess Davies**, an experienced coach who will be joining our club this season.

Hometown: Canmore, AB

Home ski hill: Norquay

Favorite ski hill: KICKING HORSE! - But seriously, I've been all over the world to ski and this place still wins

Favorite skier: Bode Miller, I feel like this is self-explanatory but if anyone has any questions on this I offer this video as conclusive proof [here \(link to video\)](#)

Favorite race discipline: Downhill - less turns, more speed

Other Fun Fact: I am full of fun facts and things you wish you didn't know...



GKHAT Sponsors



