

Calendar last updated August 25, 2018. Please visit <http://bellinghamathome.org> for updates.



| September – Calendar of Events | | | | | | |
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| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | | | | | | |

Wednesday, Sept. 5, 10:30 a.m., BSAC Rm 2

Photography Workshop: Professional photographer Carol Sheppard will present essential basics, helpful tips, and a new understanding of how to get those great shots, whether you are just beginning to use your camera or are hoping to move from competent to wonderful.

Friday, Sept 7, 6:00 – 9:00 p.m.

Sounds of Watercolor: Art Show and Sale: Excitement builds as the Painting for Fun class here at BSAC gears up for its first annual Art Show and Sale. Plum Hair Studio in downtown Bellingham at 126 Champion Street.

Monday, Sept. 10, 6:15 p.m., Pickford Theater

Special Showing of *A Man Called Ove*: Bellingham At Home will sponsor the film as part of the Pickford’s year-long 20th anniversary celebration, in which the theater is highlighting 20 of its most popular movies. Admission is \$3.

Wednesday, Sept. 19, 12:30 p.m.

Lunch Bunch: The day has changed to the third Wednesday of the month. This month we’ll meet at Panda Palace in Sunset Square. Joan Dow is hosting (360-592-4345).

Thursday, Sept. 20, 3-5 p.m.

Gifts of Aging Interest Group: Please see our article in the September newsletter. Meet at Angela’s home. Call for directions at 360-603-0064.

Friday, Sept. 28, 2-4 p.m.

Book Group: We’ll discuss the newest book (an instant New York Times bestseller) by the critically acclaimed author of *Nickel and Dimed*, Barbara Ehrenreich: *Natural Causes: An Epidemic of Wellness, the Certainty of Dying, and Killing Ourselves to Live Longer*. Meet at Nanette’s home. Call for directions at 360-671-1686.

September dates to be announced

Writers’ Group: We welcome new members! Bring a short excerpt of something you’ve written that you can read to the group. We have agreed to be flexible about meeting times, places and how we spend our time together. Please see our article in the September newsletter. Contact Sandy Stanton (541 588-2446 or sjs.stanton@gmail.com) for our next time and place.

Looking Ahead: The Bellingham Senior Activity Center will host **What’s Next: A Healthier You. Take Charge of Your Health!** on Wednesday, October 3rd from 9:00am to 4:00pm. This health and wellness fair is free to attend and open to the public. The event will cover many aspects of health and wellness, which are important for keeping the body and mind revitalized!

Throughout the day, there will be opportunities to visit and talk with local health and wellness related community partners and attend presentations on topics including brain health, nutrition, exercise and more. For more information, visit our website: www.wcoa.org or call 360-733-4030.