



May 2019 – Calendar of Events						
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

### There will be no Volunteer Training in May

Thursday, May 9, 2-4 p.m.

**Gifts of Age Conversation Group:** Meets at Karin Clumpner's home. Call 832-628-5567 for directions.

Monday, May 13, 4-6 p.m., Stone's Throw Brewery

**Member meet-up:** Come to 1009 Larabee in Fairhaven and enjoy the camaraderie of fellow BAH members. Not a beer enthusiast? The brewery offers cider and non-alcoholic beverages, too. Call the BAH office if you need a ride.

Thursday, May 23, 1 p.m., Room 16

#### **Disaster Emergency Action Planning Part 1: The basic disaster supply kit**

Presented by BSAC member Wallace Wilson, who has spent most of his professional life in various emergency management positions, including a stint with FEMA. Wallace will provide education on how to become more disaster resilient.

Friday, May 24, 1- 3 p.m., Location TBD

**Book Group:** Join us for a potluck and book discussion. We'll be reading an alternative choice: "Becoming" by Michelle Obama or "The Matriarch: Barbara Bush and the Making of an American Dynasty" by Susan Page. Both books describe strong-willed, talented first ladies. Read one or both books and bring your ideas. We're looking forward to seeing YOU, the reader. Call Nanette (360-671-1686) to reserve a spot.

Friday, May 24, 9:30-11:30 a.m., BSAC

**Animals as Natural Therapy:** ANT is a nonprofit organization that offers healing programs for at-risk youth & veterans based on the knowledge that animals can teach humans important life skills, such as respect for self and others, boundaries, self-management, and clear communication. This visit will consist of ANT staff and 10 Shuksan Middle School students accompanying ANT therapy animals, including dogs, rabbits, chickens, and miniature horses (if available). Come and see the animals, chat with the staff and students and learn more about this great local organization!

Wednesday, May 29, 11 a.m.-1 p.m. Squalicum Harbor Boathouse.

**BAH Third Annual Member Meeting:** Hear about what BAH has done, is doing, and plans to do and enjoy yummy finger food and acoustic guitar music by George Chue.

Thursday, May 30, 1:00 p.m., Room 16

#### **Disaster Emergency Action Planning**

**Part 2:** Potential disasters we might be exposed to.

#### Looking Ahead

Wednesday, June 12<sup>th</sup>, 10 a.m – 3 p.m., BSAC

#### **What's Next: Planning Ahead, Legacy & Healthcare:**

This informative fair is free to attend and open to the entire community. This sometimes hard-to-discuss topic will focus on palliative care, wills, legal issues, end-of-life choices, advance directives and more.