



January 2019 – Calendar of Events						
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
17	28	29	30	31		

Wednesday, Jan. 9, 10:30 a.m., BSAC

Cyber Security and Fraud Protection

Seminar: Seniors are more vulnerable to cyber threats and are often targets of fraud. This seminar will uncover some common fraud schemes and teach you how to protect your information and assets.

We will go over a checklist on cyber security so you can assess how protected or susceptible you are to fraudsters. We will dive into ways you can protect yourself and what some of the more common fraud schemes are.

Presented by Austin Neufeld, Financial Advisor.

Wednesday, Jan.9, 1-3 p.m., BSAC Rm 2

BAH Volunteer training session: Call the office, 360-746-3462, for details.

Thursday, Jan.10, 2-4 p.m.

Gifts of Age Conversation Group: Meet at Angela’s home. Call for directions at 360-603-0064.

Wednesday, Jan. 16, 1:30 p.m. BSAC Auditorium

Rodney’s Jammers Bluegrass Band: This group from the Blaine Senior Center will play a mix of classical bluegrass with some spirituals and a small taste of sixties folk rock. Members and guests are welcome to attend and light refreshments will be available.

Thursday, January 17, 12 p.m.

Lunch Bunch: Meet at Café Akroteri, 1219 Cornwall Ave. Contact Joan, 360-592-4345

Friday, Jan. 25, 2-4 p.m., Jan Claussen’s home

Book Group: The book is *When Breath Becomes Air* by Dr. Paul Kalanithi. At the age of thirty-six, on the verge of completing a decade’s worth of training as a neurosurgeon, Paul Kalanithi was diagnosed with stage IV lung cancer. One day he was a doctor treating the dying, and the next he was a patient struggling to live. And just like that, the future he and his wife had imagined evaporated. *When Breath Becomes Air* chronicles Kalanithi’s transformation from a naïve medical student “possessed,” as he wrote, “by the question of what, given that all organisms die, makes a virtuous and meaningful life” into a neurosurgeon at Stanford working in the brain, the most critical place for human identity, and finally into a patient and new father confronting his own mortality.

Contact Jan for directions: janice@janice32.com or 360-738-0316

Looking Ahead to February

Wednesday, Feb. 13

BAH Volunteer Appreciation: Watch for details.

Wednesday, Feb. 20, 10 a.m.- 3 p.m. BSAC

What’s Next? Housing Options as We Age: Tap into a wealth of information on housing options for seniors in Whatcom County at this free BSAC event.

Speakers TBA.

NOTE: Details for some events were not available at press time. Please be sure to watch for updates in Colleen Harper’s e-blasts.