Swedish Days Ride Time Analysis Matrix - 2018

Registration Open

Hampshire Rest Stop Open

Kaneland Rest Stop Open

Course Closed

Rest Stop times are estimated at 15 minutes.

27 Mile

(1) at ~19 miles

Pace - mph	5:30 AM	5:45 AM	6:00 AM	6:15 AM	6:30 AM	6:45 AM	7:00 AM	7:15 AM	7:30 AM	7:45 AM	8:00 AM	8:15 AM	8:30 AM	8:45 AM	9:00 AM	9:15 AM	9:30 AM	9:45 AM	10:00 AM	10:15 AM	10:30 AM	10:45 AM	11:00 AM	11:15 AM	11:30 AM	11:45 AM	12:00 PM	12:15 PM	12:30 PM	12:45 PM	1:00 PM	1:15 PM	1:30 PM	1:45 PM	2:00 PM	2:15 PM	2:30 PM	2:45 PM	3:00 PM	3:15 PM	3:30 PM	3:45 PM	4:00 PM	4:15 PM	4:30 PM	4:45 PM	5:00 PM
20 mph				5	10	15	**20**		25	30																																					
								5	10	15	**20**		25	30																																	
												5	10	15	**20**		25	30																													
																5	10	15	**20**		25	30																									
																		5	10	15	**20**		25	30																							
15 mph				3.8	7.5	11.3	15	**19**		22.5	26.3	30																																		
								3.8	7.5	11.3	15	**19**		23	26	30																														
												3.8	7.5	11.3	15	**19**		23	26	30																										
																3.8	7.5	11.3	15	**19**		23	26	30																						
																		3.8	7.5	11.3	15	**19**		23	26	30																				
10 mph				2.5	5	7.5	10	12.5	15	17.5	**20**		23	25	28	30																														
								2.5	5	7.5	10	12.5	15	17.5	**20**		23	25	28	30																										
												2.5	5	7.5	10	12.5	15	17.5	**20**		23	25	28	30																						
																2.5	5	7.5	10	12.5	15	17.5	**20**		23	25	28	30																		
																		2.5	5	7.5	10	12.5	15	17.5	**20**		23	25	28	30																

44 Mile

(2) at ~19 & ~36 miles

Pace - mph	5:30 AM	5:45 AM	6:00 AM	6:15 AM	6:30 AM	6:45 AM	7:00 AM	7:15 AM	7:30 AM	7:45 AM	8:00 AM	8:15 AM	8:30 AM	8:45 AM	9:00 AM	9:15 AM	9:30 AM	9:45 AM	10:00 AM	10:15 AM	10:30 AM	10:45 AM	11:00 AM	11:15 AM	11:30 AM	11:45 AM	12:00 PM	12:15 PM	12:30 PM	12:45 PM	1:00 PM	1:15 PM	1:30 PM	1:45 PM	2:00 PM	2:15 PM	2:30 PM	2:45 PM	3:00 PM	3:15 PM	3:30 PM	3:45 PM	4:00 PM	4:15 PM	4:30 PM	4:45 PM	5:00 PM
20 mph				5	10	15	**20**		25	30	**35**		40	45																																
								5	10	15	**20**		25	30	**35**		40	45																												
												5	10	15	**20**		25	30	**35**		40	45																								
																5	10	15	**20**		25	30	**35**		40	45																				
																		5	10	15	**20**		25	30	**35**		40	45																		
15 mph				3.75	7.5	11.3	15	**19**		23	26	30	34	**38**		41	45																													
								3.75	7.5	11	15	**19**		23	26	30	34	**38**		41	45																									
												3.75	7.5	11.3	15	**19**		23	26	30	34	**38**		41	45																					
																3.75	7.5	11.3	15	**19**		23	26	30	34	**38**		41	45																	
																		3.75	7.5	11.3	15	**19**		23	26	30	34	**38**		41	45															
10 mph				2.5	5.0	7.5	10	12.5	15	17.5	**20**		23	25	28	30	33	35	**38**		40	43	45																								
								2.5	5	7.5	10	12.5	15	18	**20**		23	25	28	30	33	35	**38**		40	43	45																			
												2.5	5	7.5	10	12.5	15	18	**20**		23	25	28	30	33	35	**38**		40	43	45															

Not feasible due to Rest Stop Times

74 Mile

(2) at ~25 & ~49 miles

Pace - mph	5:30 AM	5:45 AM	6:00 AM	6:15 AM	6:30 AM	6:45 AM	7:00 AM	7:15 AM	7:30 AM	7:45 AM	8:00 AM	8:15 AM	8:30 AM	8:45 AM	9:00 AM	9:15 AM	9:30 AM	9:45 AM	10:00 AM	10:15 AM	10:30 AM	10:45 AM	11:00 AM	11:15 AM	11:30 AM	11:45 AM	12:00 PM	12:15 PM	12:30 PM	12:45 PM	1:00 PM	1:15 PM	1:30 PM	1:45 PM	2:00 PM	2:15 PM	2:30 PM	2:45 PM	3:00 PM	3:15 PM	3:30 PM	3:45 PM	4:00 PM	4:15 PM	4:30 PM	4:45 PM	5:00 PM
20 mph				5	10	15	20	**25**		30	35	40	45	**50**		55	60	65	70	75																										
								5	10	15	20	**25**		30	35	40	45	**50**		55	60	65	70	75																						
												5	10	15	20	**25**		30	35	40	45	**50**		55	60	65	70	75																		
																5	10	15	20	**25**		30	35	40	45	**50**		55	60	65	70	75														
																		5	10	15	20	**25**		30	35	40	45	**50**		55	60	65	70	75												
15 mph				3.8	7.5	11.3	15	19	23	**26**		30	34	38	41	45	**49**		53	56	60	64	68	71	75																					
								3.8	7.5	11.3	15	19		23	26	30	34	38	41	45	**49**		53	56	60	64	68	71	75																	
												3.75	7.5	11.3	15	19	23	**26**		30	34	38	41	45	**49**		53	56	60	64	68	71	75													
																3.75	7.5	15.8	15	19	23	**26**		30	34	38	41	45	**49**		53	56	60	64	68	71	75									
																		3.75	7.5	15.8	15	19	23	**26**		30	34	38	41	45	**49**		53	56	60	64	68	71	75								
10 mph				2.5	5	7.5	10	12.5	15	18	20	23	**25**		28	30	33	35	38	40	43	45	48	**50**		53	55	58	60	63	65	68	70	73	75												
								2.5	5	7.5	10	12.5	15	18	20	23	**25**		28	30	33	35	38	40	43	45	48	**50**		53	55	58	60	63	65	68	70	73	75								
												2.5	5	7.5	10	12.5	15	18	20	23	**25**		28	30	33	35	38	40	43	45	48	**50**		53	55	58	60	63	65	68	70	72.5					

Not feasible due to Course Times.

105 Mile

(4) at ~25, ~42, ~66, ~80 miles

Pace - mph	5:30 AM	5:45 AM	6:00 AM	6:15 AM	6:30 AM	6:45 AM	7:00 AM	7:15 AM	7:30 AM	7:45 AM	8:00 AM	8:15 AM	8:30 AM	8:45 AM	9:00 AM	9:15 AM	9:30 AM	9:45 AM	10:00 AM	10:15 AM	10:30 AM	10:45 AM	11:00 AM	11:15 AM	11:30 AM	11:45 AM	12:00 PM	12:15 PM	12:30 PM	12:45 PM	1:00 PM	1:15 PM	1:30 PM	1:45 PM	2:00 PM	2:15 PM	2:30 PM	2:45 PM	3:00 PM	3:15 PM	3:30 PM	3:45 PM	4:00 PM	4:15 PM	4:30 PM	4:45 PM	5:00 PM
20 mph				5	10	15	20	**25**		30	35	40	**45**		50	55	60	**65**		70	75	**80**		85	90	95	100	105																		
								5	10	15	20	**25**		30	35	40	**45**		50	55	60	**65**		70	75	**80**		85	90	95	100	105														
												5	10	15	20	**25**		30	35	40	**45**		50	55	60	**65**		70	75	**80**		85	90	95	100	105										
																5	10	15	20	**25**		30	35	40	**45**		50	55	60	**65**		70	75	**80**		85	90	95	100	105							
																		5	10	15	20	**25**		30	35	40	**45**		50	55	60	**65**		70	75	**80**		85	90	95	100	105					
15 mph				3.8	7.5	19	15	19	23	**26**		30	34	38	**41**		45	49	53	56	60	**64**		68	71	75	**79**		83	86	90	94	98	101	105												
								3.8	7.5	19	15	19	23	**26**		30	34	38	**41**		45	49	53	56	60	**64**		68	71	75	**79**		83	86	90	94	98	101	105								
12 mph				3	6	9	12	15	18	21	**24**		27	30	33	36	39	**42**		45	48	51	54	57	60	63	**66**		69	72	75	78	**81**		84	87	90	93	96	99	102	105					

Not feasible due to Course times.

Not feasible due to Rest Stop and/or Course Times.

128 Mile

(5) at ~25, ~42, ~66, ~85, ~103 miles

Pace - mph	5:30 AM	5:45 AM	6:00 AM	6:15 AM	6:30 AM	6:45 AM	7:00 AM	7:15 AM	7:30 AM	7:45 AM	8:00 AM	8:15 AM	8:30 AM	8:45 AM	9:00 AM	9:15 AM	9:30 AM	9:45 AM	10:00 AM	10:15 AM	10:30 AM	10:45 AM	11:00 AM	11:15 AM	11:30 AM	11:45 AM	12:00 PM	12:15 PM	12:30 PM	12:45 PM	1:00 PM	1:15 PM	1:30 PM	1:45 PM	2:00 PM	2:15 PM	2:30 PM	2:45 PM	3:00 PM	3:15 PM	3:30 PM	3:45 PM	4:00 PM	4:15 PM	4:30 PM	4:45 PM	5:00 PM
20 mph				5	10	15	20	**25**		30	35	40	**45**		50	55	60	**65**		70	75	80	**85**		90	95	100	**105**		110	115	120	125	130													
								5	10	15	20	**25**		30	35	40	**45**		50	55	60	**65**		70	75	80	**85**		90	95	100	**105**		110	115	120	125	130									
												5	10	15	20	**25**		30	35	40	**45**		50	55	60	**65**		70	75	80	**85**		90	95	100	**105**		110	115	120	125	130					
15 mph				3.8	7.5	11.3	15	19	23	**26**		30	34	38	**41**		45	49	53	56	60	**64**		68	71	75	79	83	**86**		90	94	98	101	**105**		109	113	116	120	124	128					

Not feasible due to Course times.

Not feasible due to Rest Stop and/or Course Times.

Course Closed