

First Aid Kit Comparison

Swimmers Kit	Alternate Kit	Red Cross
Ace Bandage	First Aid Booklet	Compress 5x9 Dressing
Kotex Pads	Adhesive Bandages	Bandages
4x4 Gauze Pads	Tweezers	Adhesive Tape Cloth
Liquid Iodine	Scissors	Antibiotic Ointment Packets
Triangle Badges	Spool of Tape	Antiseptic Wipe Packets
Motrin	Compress Bandages	Aspirin (Chewable)
Benadryl	Triangle Bandage	Space Blanket
Flashlight	Small Ice Pack	CPR Breathing Barrier
Energy Bar	Finger Tip Bandages	Instant Cold Compress
Duct Tape	Cloth Knuckle Bandages	Non-latex disposable gloves
Fire Starter	Eye Dressing	Hydrocortisone Ointment Packets
Knife	Telfa Pads	Scissors
Space Blanket	Roller Gauze	3" Roller Bandage
Trash Bags	Clean Wipes	4" Roller Bandage
	Compact CPR Shield	3x3 Gauze Pad
	Latex Gloves	4x4 Gauze Pad
	Finger Splint	Oral Thermometer
	Cell Phone	Triangular Bandage
	Matches	Tweezers
	Headache pills	First Aid Booklet
	Insect Bite Kit	
	Ammonia Inhalant Ampule Sticks	
	Space Blanket	
	Energy Bars	