



VOLUNTEER OPPORTUNITIES TO EXPLORE

- **Drivers needed to pick up meals from Ridgewood restaurants and deliver them to distribution centers in Bergen County (without leaving your car). Sign up for shift(s) at FeedtheFrontlinesVolunteer@gmail.com**
- **Docent at [Flat Rock Brook](#)**
- **Can you spare 1 hour on 1 day of each month to drive your own car for delivering meals prepared by [Meals on Wheels North Jersey](#)?**
- **Bergen County Volunteer Center's CHEER, CHORE and [Redefining Retirement](#) programs offer intergenerational opportunities, companionship, and sharing handyman skills**
- **Join S.H.A.R.E.'s [Guest Chef Program](#)**
- **[NJV HUB Village & Other Opportunities](#)**

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March 15, 2021