



Try us on Thursdays!

Kaplen JCC Senior Virtual Programming, free and open to the community.

Join our virtual programs for the day and fill your day with activities and new friends! Together we'll enjoy exercise, bingo, and a live concert that will have you singing and dancing.

10 AM Join us for Sweat with Annette our daily chair exercises for all abilities.
<https://zoom.us/j/392611165> Bring a small pillow, and 2 wooden spoons.

At 11am, we'll be playing Virtual Bingo. Print out a Bingo card and come try your luck.
<https://zoom.us/j/448524219>

Then at 2 pm, put on your dancing shoes and sing along with us at our weekly Live Concert and Dance Party! <https://zoom.us/j/256268280>

Want more of what you tried? Contact Judi Nahary 201.408.1450 or jnahary@jccotp.org

