

## Bergen County & New Jersey Food Assistance

### **7-day frozen meal pack available from Bergen County.**

For those age 60 or over, unable to travel to the grocery store or have no one to provide assistance or due to health issues **cannot shop or cook for yourself**.

Call Bergen County at **201-336-7400** to apply.

Residents who need food assistance are encouraged to visit *and* **apply for SNAP online at [www.NJHelps.org](http://www.NJHelps.org)**.

### **New Jersey SNAP Recipients Receive Enhanced Benefits**

**March 26, 2020** Information highlights from NJDHS press release found at:

<https://www.state.nj.us/humanservices/news/press/2020/approved/20200326.html>

**June 12, 2020** SNAP recipients can now use their benefits to order groceries online. Per a recent press release from the NJ Dept. of Human Services, "Recipients can visit [Amazon.com/SNAP](https://www.amazon.com/SNAP) to register their EBT card. Visit [here](#) to learn about Walmart's SNAP online program. Any ShopRite or Fresh Grocer that currently provides online shopping will also accept online ordering with SNAP benefits

**Supplemental benefits will be directly loaded to NJ SNAP recipients' Families First EBT cards.** The April supplemental benefit will arrive together with eligible recipients' typical monthly payment, meaning **recipients will receive one combined payment in April of the supplement and their standard benefit.**

Human Services also has received federal approval to **extend NJ SNAP recertification periods to six months for cases that are expiring in March, April and May**. This means families receiving SNAP will not have benefit interruptions during that time.

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