



## More to Do from Home



March 2021

NJV HUB Village is a member of the Village-to-Village Network

Although many of you who have decided to get the vaccine may have gotten at least one if not both rounds of a Covid-19 vaccine, it is important to know what precautions continue to be important to protect yourself and others. The best resource you can check if you have questions is the [Centers for Disease Control](#) website.

To help pass the time, to stay well, and to insure you have all needed provisions, there are many who have expanded their normal operations. We have verified that the resources below are still available for your enjoyment, wellbeing, or to meet basic daily needs...

### Virtual Entertainment

[www.papermill.org](http://www.papermill.org)

<https://www.metopera.org/user-information>

<https://www.nycballet.com/Season-Tickets/Digital-Spring-Season.aspx>

<https://www.hulu.com/welcome>

<https://www.broadwayworld.com/article/Broadway-From-Home-157-Musicals-Shows-You-Can-Watch-Online=20200319><https://discover.silversea.com/category/to-the-curious/>

<https://www.road scholar.org/virtualearning/lecturelibrary/>

<https://www.cbsnews.com/news/coronavirus-culture-guide-for-socially-distanced-art-lovers/>

<https://wildearth.tv/safarilive/>

<https://www.nps.gov/grca/learn/photosmultimedia/virtualtour.htm>

<https://www.youvisit.com/tour/videos/mountrushmore/80795>

<https://ymlptr3.net/248d3qwsaaehwquaramyadaewsbq/click.php>

**FREE Digital Magazines, Audiobooks and e-Books from your library! (*Visit your local library's website*)**

### Health and Wellness

**Keep moving! Don't just sit around cooped up at home... Here are a few exercise programs you can try. Remember, the hardest part is getting started, but you can always stop after 5 minutes if you want!**

<https://tools.silversneakers.com/>

<https://www.nia.nih.gov/health/exercise-physical-activity>

<https://www.verywellfit.com/> (has some good recipes & tips for cooking during quarantine too)

### Food/Supplies

**Here are a few resources for food, medicine and other provisions.**

<https://www.peapod.com/>

<https://www.instacart.com/>

<https://www.postmates.com/>

<https://www.wegmans.com/>

<https://www.target.com/>

<https://www.cvs.com/>

<https://www.walgreens.com/>

<https://grocery.walmart.com/>

### Connecting with Technology

**Not everyone has high-speed internet access, but most mobile phones can connect through their networks. Experiment with different ways to stay connected with friends and family.**

<https://www.skype.com/en/>

<https://zoom.us/> <https://www.netflixparty.com/>

<https://www.messenger.com/login/>

<https://hangouts.google.com/>

**Need training or a device to borrow? Many libraries now offer these services as well (*Visit your local library's website*).**