

**Please Note:**

All Programs are subject to change at the discretion of the staff, and new programs may be added as we continue to adapt to the needs of our participants during this time.

**Have Questions?**

**Contact the Programming Staff:**

**Sal: [spintavalle@jccotp.org](mailto:spintavalle@jccotp.org)**

**Sarah: [sfeinmark@jccotp.org](mailto:sfeinmark@jccotp.org)**



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>To Join a Zoom Meeting:</b></p> <ul style="list-style-type: none"> <li>If you receive weekly e-mails, enter the program by clicking the link in the e-mail.</li> <li>In the Zoom App, click Join Meeting, enter the Meeting ID Number, and passcode <b>JCC</b>: <ul style="list-style-type: none"> <li><b>10AM Meeting ID: 976 6789 9602</b></li> <li><b>11AM Meeting ID: 959 9012 1723</b></li> <li><b>2PM Meeting ID: 924 9013 5478</b></li> </ul> </li> </ul>				
5	6	7	8	9
<p><b>10:00 Moving with Maurice</b> Full Body Exercise (please bring two “weights” and a towel)</p> <p><b>11:00 History Club</b> Join us as we share our memories and reflect on memorable historic events, mysteries, and more!</p> <p><b>2:00 Virtual Concert with Joe Keys</b> Sing and Dance at home while we listen to a live concert performed just for us!</p>	<p><b>10:00 Moving with Maurice</b> Functional Movement (please bring two “weights” and a towel)</p> <p><b>11:00 Trivia</b> Challenge your brain with interactive trivia</p> <p><b>2:00 Music Appreciation</b> Join us as we enjoy classical and contemporary music</p>	<p><b>10:00 Moving with Maurice</b> Boxing</p> <p><b>11:00 Virtual Road Trip</b> Let’s hit the road and see the sights!</p> <p><b>2:00 Virtual Concert with Ilya</b> Sing and Dance at home while we listen to a live concert performed just for us!</p>	<p><b>10:00 Moving with Maurice</b> Yoga and Stretching</p> <p><b>11:00 Name That Tune</b> Join The Bristol, Seniors in Place, and Generations Counseling &amp; Care Management for a <i>LIVE</i> game of Name that Tune (with prizes)!</p> <p><b>2:00 Virtual Concert with John M</b> Sing and Dance at home while we listen to a live concert performed just for us!</p>	<p><b>10:00 Moving with Maurice</b> Balance and Agility (please bring two “weights” and a towel)</p> <p><b>11:00 Sing-A-Long</b> Join us as we follow the lyrics on screen and sing along to our favorite songs.</p> <p><b>2:00 Nature Club</b> Join us as we venture into the wild.</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;"><b>12</b></p> <p><b>10:00 Moving with Maurice</b> Full Body Exercise (please bring two “weights” and a towel)</p> <p><b>11:00 History Club</b> Join us as we share our memories and reflect on memorable historic events, mysteries, and more!</p> <p><b>2:00 Virtual Concert with Hal</b> Sing and Dance at home while we listen to a live concert performed just for us!</p>	<p style="text-align: right;"><b>13</b></p> <p><b>10:00 Moving with Maurice</b> Functional Movement (please bring two “weights” and a towel)</p> <p><b>11:00 Trivia</b> Challenge your brain with interactive trivia</p> <p><b>2:00 Music Appreciation</b> Join us as we enjoy classical and contemporary music</p>	<p style="text-align: right;"><b>14</b></p> <p><b>10:00 Moving with Maurice</b> Boxing</p> <p><b>11:00 Virtual Road Trip</b> Let’s hit the road and see the sights!</p> <p><b>2:00 Virtual Concert with Selah</b> Sing and Dance at home while we listen to a live concert performed just for us!</p>	<p style="text-align: right;"><b>15</b></p> <p><b>10:00 Moving with Maurice</b> Yoga and Stretching</p> <p><b>11:00 Virtual Bingo</b> Will you be this week’s big winner? Join us for virtual Bingo and find out!</p> <p><b>2:00 Virtual Concert with Reggie</b> Sing and Dance at home while we listen to a live concert performed just for us!</p>	<p style="text-align: right;"><b>16</b></p> <p><b>10:00 Moving with Maurice</b> Balance and Agility (please bring two “weights” and a towel)</p> <p><b>11:00 Sing-A-Long</b> Join us as we follow the lyrics on screen and sing along to our favorite songs.</p> <p><b>2:00 Nature Club</b> Join us as we venture into the wild.</p>
<p style="text-align: right;"><b>19</b></p> <p><b>10:00 Moving with Maurice</b> Full Body Exercise (please bring two “weights” and a towel)</p> <p><b>11:00 History Club</b> Join us as we share our memories and reflect on memorable historic events, mysteries, and more!</p> <p><b>2:00 Virtual Concert with Janice</b> Sing and Dance at home while we listen to a live concert performed just for us!</p>	<p style="text-align: right;"><b>20</b></p> <p><b>10:00 Moving with Maurice</b> Functional Movement (please bring two “weights” and a towel)</p> <p><b>11:00 Trivia</b> Challenge your brain with interactive trivia</p> <p><b>2:00 Music Appreciation</b> Join us as we enjoy classical and contemporary music</p>	<p style="text-align: right;"><b>21</b></p> <p><b>10:00 Moving with Maurice</b> Boxing</p> <p><b>11:00 Virtual Road Trip</b> Let’s hit the road and see the sights!</p> <p><b>2:00 Virtual Concert with Rhonda</b> Sing and Dance at home while we listen to a live concert performed just for us!</p>	<p style="text-align: right;"><b>22</b></p> <p><b>10:00 Moving with Maurice</b> Yoga and Stretching</p> <p><b>11:00 Virtual Bingo</b> Will you be this week’s big winner? Join us for virtual Bingo and find out!</p> <p><b>2:00 Virtual Concert with John M</b> Sing and Dance at home while we listen to a live concert performed just for us!</p>	<p style="text-align: right;"><b>23</b></p> <p><b>10:00 Moving with Maurice</b> Balance and Agility (please bring two “weights” and a towel)</p> <p><b>11:00 Sing-A-Long</b> Join us as we follow the lyrics on screen and sing along to our favorite songs.</p> <p><b>2:00 Nature Club</b> Join us as we venture into the wild.</p>
<p style="text-align: right;"><b>26</b></p> <p><b>10:00 Moving with Maurice</b> Full Body Exercise (please bring two “weights” and a towel)</p> <p><b>11:00 History Club</b> Join us as we share our memories and reflect on memorable historic events, mysteries, and more!</p> <p><b>2:00 Virtual Concert with Joe Keys</b> Sing and Dance at home while we listen to a live concert performed just for us!</p>	<p style="text-align: right;"><b>27</b></p> <p><b>10:00 Moving with Maurice</b> Functional Movement (please bring two “weights” and a towel)</p> <p><b>11:00 Trivia</b> Challenge your brain with interactive trivia</p> <p><b>2:00 Music Appreciation</b> Join us as we enjoy classical and contemporary music</p>	<p style="text-align: right;"><b>28</b></p> <p><b>10:00 Moving with Maurice</b> Boxing</p> <p><b>11:00 Virtual Road Trip</b> Let’s hit the road and see the sights!</p> <p><b>2:00 Virtual Concert with Van Martin</b> Sing and Dance at home while we listen to a live concert performed just for us!</p>	<p style="text-align: right;"><b>29</b></p> <p><b>10:00 Moving with Maurice</b> Yoga and Stretching</p> <p><b>11:00 Virtual Bingo</b> Will you be this week’s big winner? Join us for virtual Bingo and find out!</p> <p><b>2:00 Virtual Cooking Demonstration with Care One</b></p>	<p style="text-align: right;"><b>30</b></p> <p><b>10:00 Moving with Maurice</b> Balance and Agility (please bring two “weights” and a towel)</p> <p><b>11:00 Sing-A-Long</b> Join us as we follow the lyrics on screen and sing along to our favorite songs.</p> <p><b>2:00 Nature Club</b> Join us as we venture into the wild.</p>