

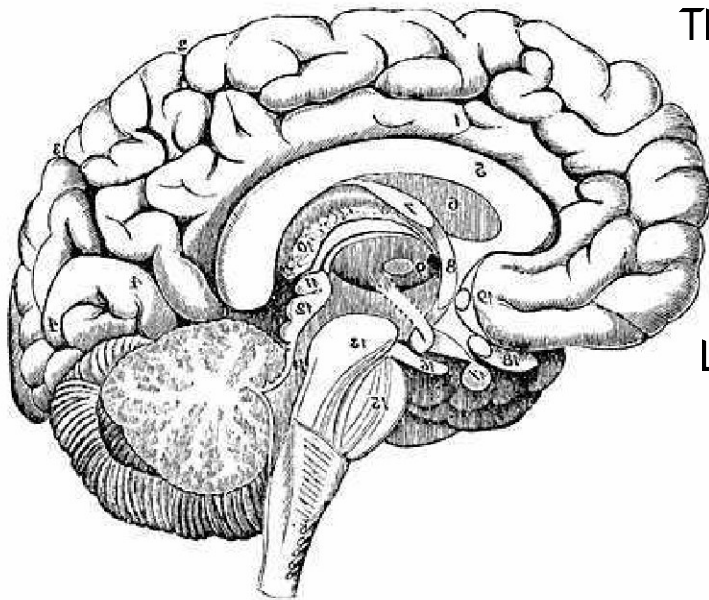
FAIR LAWN SENIOR CENTER

11-05 Gardiner Road, Fair Lawn, NJ 07410

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Aging Well in the Digital Age



The Empowerment through
Science & Technology
Initiative (ESTI)

Presented by
Nicole Lalta,
Lab Manager & Research
Project Assistant

RUTGERS
UNIVERSITY | NEWARK

Have you worked your brain out today?

Find out the importance of brain health and what you can do to promote healthy aging in the brain to reduce your risk of Alzheimer's, dementia, and other brain-related diseases.

WEDNESDAY, OCTOBER 20, 2021 @ 10:30 A.M.

Advance registration is necessary for this program.

The Senior Center offers a Noon lunch (\$1.25 suggested donation) and reservations should be made at least 24 hours in advance.