

FOR RIGHT COLUMN TABLE OF CONTENTS [Click here](#)



SKYLINE VILLAGE CHICAGO NEWSLETTER SEPTEMBER/OCTOBER 2012



How Skyline Village Serves You

We are a collaborative nonprofit community organization created and run by neighbors for neighbors to support one another and to enhance our quality of life in our neighborhoods: Streeterville, the Gold Coast, River North, and the New Eastside.

OUR MISSION is to enrich the lives of our members through unique cultural, educational and social activities designed to take advantage of the vast resources of our vibrant city. We initiate programs and provide access to community information our members have indicated they want and need to stay actively engaged and connected.

Our regular **NEWSLETTERS** are transmitted bi-monthly at the beginning of the 2 month period. In addition, we send periodic **UPDATES** to assure that you are kept current with what is happening in our neighborhood, as well as to serve as "reminders" of upcoming events and activities. Hope to see you soon at one of our events. We welcome your comments and suggestions at svcchgo@gmail.com

WELCOME NEW MEMBERS

Nancy Almquist
Barbara Kite
Jean Klein
Eleanor Laser
Gay Roberts

Streeterville
Streeterville
Gold Coast
Streeterville
Gold Coast

CONTENTS

(Click on underlined words to go to appropriate item)

[NEW MEMBERS](#)

[MESSAGE FROM THE SVC PRESIDENT](#)

[FOCUS ON VOLUNTEERS](#)

SPECIAL PROGRAMS

[SLEEP PRESENTATION](#)

[MEDICARE PROGRAM](#)

[MEDICARE 1 ON 1 CONSULTATIONS](#)

[GLESSNER HOUSE TOUR](#)

[COMPUTER CLASSES](#)

["SHALOM" EXHIBIT CHICAGO HISTORY MUSEUM](#)

GROUPS FOR ALL

[WALKING GROUP](#)

[CLASSIC CINEMA](#)

MESSAGE FROM THE PRESIDENT

The power of socialization, meeting new people and forming friendships has been first and foremost in Skyline's programming during our first year. SVC made a strategic choice- people told us they wanted and needed opportunities to meet their neighbors who enjoyed like-minded things to break down some of the natural barriers in our *uber-urban* neighborhood.

This summer we broke bread together while chefs at the **Carlton Club** demonstrated cooking a simple but elegant summer meal, so delicious in so many ways: the setting, the tastes, the camaraderie as we sampled the delights from Nicholson's Farm and choice wines selected for us by Pierre Lasserre, Manager of the Carlton Club. We also enjoyed several musical "meet-and-greets" at the **MCA** and **St. John's Rush Hour Concerts** and an Ikebana floral arranging class and lunch hosted by **The Hallmark** and taught by the **Japanese American Service Committee**.

Events have been designed to address two underlying objectives: One, to enhance our own personal growth and connections to one another (key ingredients to longevity and health.) The other is to connect our members to our neighborhood by introducing people to places and facilities they might not otherwise know about. In sharing common experiences and interests, our goal is to also build friendships and mutual support networks.

Building on that assumption, **Conny Tozer, Joanne Rixton, Susan Nathanson, Barbara Kite and Phyllis Mitzen** recently formed a **VOLUNTEER PLANNING COMMITTEE** to find ways for members to help other members who might need assistance, and to further explore expectations that our members have for Skyline Village Chicago. A members' wine and cheese meeting was held on August 27th and our committee will be acting on their recommendations. Look for updates in upcoming bulletins.

The Board is pleased to announce that we have joined the national **Village to Village Network**. There are now Villages in 40 states in the US as well as in Canada, Australia and several European countries. To learn more about the Network, go to www.vtvnetwork.org.

We'd like to hear from you...are we on the right track?

We welcome your comments and suggestions, and most of all, your support by getting more involved in our planning and leadership and also by encouraging your friends and neighbors to join SVC.

Special membership rate: now until the end of 2012 is \$25

Phyllis Mitzen, President
mitzen@sbcglobal.net or 312-932-0096

MEMBERS ONLY GROUPS

[BOOK CLUB](#)

[GAMES](#)

[ASIAN ART GROUP](#)

NEWS YOU CAN USE
(Neighborhood Programs & Events)

[SPEAKERS FORUM](#)
[NEIGHBORHOOD CRIME](#)

[SOAR MOVIE](#)

[SOAR ANNUAL MEETING](#)

[FOURTH CHURCH](#)
[OPEN HOUSE](#)
[WORLD ALZHEIMER DAY](#)

[NORTHWESTERN FOOTBALL GAME](#)

[RISING HEALTH COSTS PROGRAM](#)

[NORTHWESTERN HOSPITAL DINNER/BENEFIT](#)

CONTENTS

(Click on [underlined](#) words to go to appropriate item)

[NEW MEMBERS](#)

[MESSAGE FROM THE SVC PRESIDENT](#)

[FOCUS ON VOLUNTEERS](#)

SPECIAL PROGRAMS

[SLEEP PRESENTATION](#)

[MEDICARE PROGRAM](#)

[MEDICARE 1 ON 1 CONSULTATIONS](#)

[GLESSNER HOUSE TOUR](#)

FOCUS ON LOCAL VOLUNTEERS

by Ed Cooper

The Holy Name Cathedral Human Concerns Commission is dedicated to serving the disadvantaged in a variety of ways both as an individual organization and in conjunction with other charities in the city. As a group within the Cathedral they provide volunteers to prepare and serve dinner on Thursday and Friday nights at Catholic Charities on LaSalle Street. During the year they also conduct a food drive, a school supplies drive, a baby bottle drive and a diaper drive.

The commission also recruits volunteers to help the Greater Chicago Food Depository. Other organizations they coordinate with include the Central City Housing Ventures, which describes its mission as meeting the needs of low-income wage earners, those precariously housed and the homeless; supporting affordable housing with on-site social services such as counseling adult education and job training. They also advocate for the importance of maintaining affordable housing, including single room occupancy, single-family and multi-family dwellings in the central city. The commission has also formed a new partnership with Little Brothers Friends of the Elderly.

Little Brothers describe themselves as an organization who attempts to alleviate the isolation and loneliness of those over 60 who don't have any support in their immediate area. Their volunteers visit people in their homes; they provide transportation to hospitals and doctors' appointments, and have wheelchair accessible vans for people who need them.

Ms. Laurie Doyle, the newly elected chairman of the commission has been active in it for several years. She finds it an extremely rewarding experience and says she devotes virtually all her free time to it.

SPECIAL PROGRAMS

THE SLEEP WE DREAM ABOUT

Wednesday, October 3, 2012 - Phyllis Zee, MD, PhD

In conjunction with the SOAR First Wednesday programs, this program is in response to the survey conducted by Skyline Village Chicago, SOAR and Northwestern Memorial Hospital where you clearly defined SLEEP as a top issue to be explored.

Dr. Zee is Benjamin and Virginia T. Boshes, Neurology & Physiology and Director of the Sleep Disorders Center at Northwestern University's Feinberg School of Medicine in Chicago, where she is

[COMPUTER CLASSES](#)

["SHALOM" EXHIBIT
CHICAGO HISTORY MUSEUM](#)

GROUPS FOR ALL

[WALKING GROUP](#)

[CLASSIC CINEMA](#)

MEMBERS ONLY GROUPS

[BOOK CLUB](#)

[GAMES](#)

[ASIAN ART GROUP](#)

NEWS YOU CAN USE

(Neighborhood
Programs & Events)

[SPEAKERS FORUM
NEIGHBORHOOD CRIME](#)

[SOAR MOVIE](#)

[SOAR ANNUAL MEETING](#)

[FOURTH CHURCH
OPEN HOUSE
WORLD ALZHEIMER DAY](#)

[NORTHWESTERN FOOTBALL
GAME](#)

[RISING HEALTH COSTS PROGRAM](#)

[NORTHWESTERN
HOSPITAL DINNER/BENEFIT](#)

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on our

[SVC WEBSITE](#)

Associate Director of the Center for Sleep and Circadian Biology. She is also a fellow of the American Academy of Sleep Medicine, fellow of the American Academy of Neurology and member of the American Neurological Association. She is President of the Sleep Research Society, past Chair of the NIH Sleep Disorders Research Advisory Board, and a Deputy Editor for the journal SLEEP. Dr. Zee is the recipient of the 2011 American Academy of Neurology Sleep Science Award.

Sleep disturbances affect nearly 25% of the general population and nearly 50% of older adults. Growing evidence indicates a strong link between insufficient sleep and increased risk for neurological, psychiatric and cardio-metabolic disorders. This lecture by Dr. Zee will discuss the importance of prioritizing sleep for health across all age groups and present common features of sleep disorders. Most importantly, Dr. Zee will address recent advances in the treatment of sleep disorders.

LOCATION: Prentice Women's Hospital, 250 East Superior, Conference Room L South.

Time: 5:30 - 7:00 p.m.

Admission:

SVC and SOAR Members: No charge

Non-members: \$10 with advance registration, \$15 at the door.

(Non-members fees will be applied to your SVC or SOAR membership should you choose to join at the event.)

CLICK HERE TO RESERVE YOUR SEAT:

<http://www.soarchicago.org/sleep>

Please include the following information:

Attendee's names, number in your party, email addresses, telephone numbers.

MEMBER OF SOAR _____yes _____no

MEMBER OF Skyline Village Chicago _____yes _____no

Medicare: Open Enrollment Presentation

MAXIMIZING YOUR MEDICARE BENEFITS - BEYOND THE BASICS

October 16, 2012.

Location: **The Clare at Water Tower**, 55 E. Pearson, Chicago

5:30-6:15 p.m. registration and refreshments

6:15-7:15 p.m. program and Q & A.

This Community Service Program is sponsored by SkylineVillageChicago, in partnership with The Clare at Water Tower and SHIP.

Sally Araceli, SHIP TRAINER (Senior Health Insurance Program - a federal and state program) will present everything you need to know to ensure optimal benefits from your Medicare and from the coordination of benefits with private insurance plans.

Topics to be covered:

Current Changes in Your Benefits

Coverage

Preventive Care

Two enrollment periods, how they differ and the dates for each

Coordination of Benefits

Deductibles

Answering the operative questions: DO I NEED TO RE-ENROLL IN PART B AND Part D IF I AM ALREADY ENROLLED? IF SO, WHY?

To Register: go to RSVP@skylinevillagechicago.org

Put "**Medicare Program**" on the subject line and your name, email address and phone number in the body of the email and send.

PLEASE JOIN US FOR THIS EXCEPTIONAL PRESENTATION. Space is limited, so register ASAP.

MEDICARE 1 on 1

PERSONALIZE YOUR MEDICARE BENEFITS WITH INDIVIDUAL HELP FROM SHIP TRAINED PERSONNEL (SHIP: Senior Health Insurance Program, a federal and state program under the Illinois Division of Insurance.)

FREE CONSULTATIONS...FOR SKYLINE VILLAGE MEMBERS ONLY

Courtesy of the Council for Jewish Elderly (CJE) and MatherLifeWays,

SHIP volunteers, formally trained personnel who help individuals find the best health care programs suited to their health care needs and life situation, will be available on the following days:

October 23

October 30

November 6

WHERE:

THE HALLMARK, 2960 Lake Shore Drive, has generously offered us the use of computers and private space for these confidential appointments, **all of which will be scheduled during the day.** SVC and The Hallmark can make arrangements for transportation upon request.

Sign ups can be made through this newsletter communication (see below) and at the program on October 16th at The Clare at Water Tower for either an in-person or a telephone appointment. SVC will also inform you at that event or with your on-line registration of the documents and information you will need to bring to your 1:1 appointment. We will schedule as many appointments as we can, depending upon the demand,

We will schedule you on a first-come basis but resources are limited.

TO REGISTER: go to RSVP@skylinevillagechicago.org before **October 20th**. Put "**Medicare 1 on 1**" on the subject line.

INCLUDE:

1. Your name, email address, telephone number, the name of this program ("Medicare 1 on 1"), and verify you are a member of Skyline Village Chicago.

2. Please indicate which day you prefer, morning or afternoon, and your second choice.

3. You must also state that you give us permission to work on your behalf with the above listed agencies. We will contact you to let you know of your appointment time or of options for securing these services elsewhere.

Questions? Carol Ferstman: carolferstman@aol.com or 312-867-0873

GLESSNER HOUSE MUSEUM TOUR

Saturday, September 29, 11 a.m.-Noon
Cost: \$9 for Members; \$15 for Non-Members

JOIN US TO VIEW A HISTORIC CHICAGO HOME AND LEARN ABOUT ONE OF CHICAGO'S MOST IMPRESSIVE FOUNDING FAMILIES.

Our TOUR will begin at 11 a.m. at the home at 1800 South Prairie.

Meet at 10:10 a.m. in the lobby of 950 N. Michigan Ave.
to travel together. We will be taking a CTA bus to the site.

A PIECE OF CHICAGO HISTORY:

John and Francis Glessner moved to Chicago right after their marriage in 1870. John Glessner was instrumental in the development of the Gilded Age Chicago and his influence continues in many of our cultural institutions in Chicago today. He founded the company that ultimately became part of International Harvester, where he served as V.P and Chairman of the Executive Committee. His achievements were matched by those of his wife Frances, patron of the arts, holding meetings of women interested in lectures and readings about current books which became the Monday Morning Reading Class and her diary of forty years provides us a history of life during this era. She was a talented seamstress, needle worker, silversmith, pianist and avid knitter. She co-founded the Chicago Chamber Music Society and numerous other pursuits. Their joint civic affairs will wow you and put context to many of the organizations that you will recognize as part of today's Chicago!

To reserve a place, (click on) RSVP@skylinevillagechicago.org by September 12, 2012

Send your check to:

**Skyline Village Chicago, P.O.Box 11757, Chicago, IL 60611.
(check receipt deadline is September 21, 2012)**

**Questions? Contact Karen Ross, kross850@aol.com or
312-285-6142**

COMPUTER CLASSES...

**Hands-on Lessons for SVC Members Who Want To ENHANCE
Their Computer Skills. (Enrollees should have BASIC computer
ability.)**

Presented by **The Hallmark** and **CONNECTEDLIVING** (a Senior-
focused technology company).

5 Sessions: Mondays from 2-4 p.m., October 1, 8, 15, 22 & 29
(You should be able to attend all of the sessions as each class builds
on the preceding one.) Bring your laptop or use their computers.

The class format will include a snack, formal educational
presentation, time to work alone or with instructors to reinforce what
you just learned and a weekly opportunity to bring your personal
questions about computer issues to an instructor.

Where:

The Hallmark, located at **2960 N. Lake Shore Drive**, will transport
enrolled participants by private bus from 950 N. Michigan Avenue
leaving promptly at 1:10 p.m. We will return to the same location at
approximately 4:30 p.m. If you prefer to drive, instructions will be
provided enrollees and parking is free.

Five classes, transportation, and snacks all for \$50.
Enrollment is on a first come, first serve **FOR MEMBERS ONLY.**

**IN ORDER TO MAXIMIZE THE INSTRUCTIONAL TIME, A
QUESTIONNAIRE WILL BE PROVIDED TO REGISTRANTS TO
ASSESS THEIR INTERESTS AND CURRENT SKILLS.**

REGISTRATION: go to RSVP@skylinevillagechicago.org and
Put in the subject line: "**SVC COMPUTER CLASSES**"
Include in the message area:

**YOUR NAME, MAILING ADDRESS, EMAIL ADDRESS & PHONE
NUMBER. SEND...**

THEN:

Mail your check to: **SkylineVillage Chicago, P.O. Box 11757
Chicago 60611**

Checks should be sent to the address listed ABOVE. To be fair to all,
your name will be put on the list based on the date your check is
received.

All checks must be received no later than September 13th.

WE WILL NOTIFY YOU IF YOU HAVE REGISTERED IN TIME TO FILL THE AVAILABLE SPACE. YOUR CHECK WILL BE RETURNED IF YOU CANNOT BE INCLUDED IN THIS SERIES.

Questions?

SVC contacts: Carol Ferstman, carolferstman@aol.com or Carol Haney, haneyhomes@yahoo.com

**Private guided tour "Shalom Chicago"
CHICAGO HISTORY MUSEUM**

Wednesday, October 24, 2012 at 1:30 p.m.

Our Private tour:\$13 (all participants, including museum members)

Explore the rich history of Chicago's Jewish community and discover its lasting impact on the city. From Maxwell Street and Lawndale to Hyde Park and suburban Skokie, Jews have helped shape the history of Chicagoneighborhood, religion, industry, labor, art and politics. Through personal stories, rare artifacts, and engaging media presentations, this exhibition will illustrate the Jewish community's rich history and many contributions to Chicago's growth and development.

Send checks to: SkylineVillage Chicago, P.O. Box 1757, Chicago60611. (Checks to be received by October 14th)

Please **notate your check, "Shalom Tour"** and also include title of program on a separate sheet, along with: participant's name(s), & contact email address and phone number.

Meet in the Museum Cafe, 1601 N. Clark Street (at North Avenue), at 1:10 p.m. for our 1:30 tour. You may stay after the tour to enjoy the rest of the exhibits.

Questions? Jean Klein, jklein10@hotmail.com or 312-751-0409

SKYLINE VILLAGE ACTIVITIES
(also open to non-members)

WALKING WITH SVC

MONDAYS & WEDNESDAYS from 8-9 a.m.

Men and women, all fitness levels are welcome to join in. Meet us at the street level of the Bloomingdale Building, to the left of the desk, to start your day with exercise and congenial company.

The weather has been beautiful so we've been walking along the lake front. Come join us - start off your day with a healthy walk.- What better way to get in those 10,000 steps? SVC walks every Monday and Wednesday, starting at 8 a.m. in the 900 N. Michigan lobby.

Time not right for you? Tell us when you would like to walk and maybe we can start another group. Contact **Phyllis Mitzen, 312-932-0996** or mitzen@sbcglobal.net

CLASSIC CINEMA

Meets on **Sundays at 4:30 p.m. at The Clare at Water Tower, 55 East Delaware.**

(Note: dates selected do not conflict with Bears' games)

September 23

October 21

November 18

December 16

SVC presents another in our series of the Classic Cinema Club. Please join us as we continue our study of the great directors by exploring their most salient works. These filmmakers framed a formulated the "Golden Age" of Hollywood and set a standard seldom matched in contemporary cinema. Last spring we covered three major filmmakers. Now we'll proceed to learn about the films of John Sturges, Stanley Kubrick, Joseph H. Lewis, Jacque Tourneur and Robert Montgomery.

SVC is partnering with **The Clare at Water Tower** whose movie auditorium and hospitality reflect the high quality of learning that we've enjoyed through our leader **Bruce Lespinasse**. Bruce selects, researches and informs us with written handouts on how to critically view the films and relate their history to other films. This cinematic experience, a light supper and great discussions are all included in this Classic Cinema experience.

We will convene at 4:20 p.m. and start at 4:30 promptly.

The Series Fee is **\$40 for SVC Members; \$60 for Non-Members.**

RSVP to Carol Ferstman by September 10, 2012:

carolferstman@aol.com or **312-867-0873**

Send your check to:
Skyline Village Chicago
P.O. Box 11757
Chicago, IL 60611
notating on check "Classic Cinema"
Deadline: September 14, 2012

Note: Residents of The Clare, please contact Carol Ferstman for special pricing.

MEMBER ACTIVITIES

The groups below are FOR MEMBERS ONLY, but non-members may attend two sessions to see if they are interested in joining Skyline Village in order to participate.

SVC: MORE THAN JUST A BOOK CLUB

Meeting at 3 p.m. on the first Wednesday of each month on the 2nd floor of Prentice Women's Hospital, near the bridge, the **SVC Book Club** is a self-led group with a designated leader each month. (Men, don't let the name of the building dissuade you; you too are most welcome!)

In addition to interesting book selections by our members, we have forged a special relationship with **Lookingglass Theater**. Some of our book selections reflect this relationship and coincide with their performances, i.e. **Metamorphosis** in October and **Still Alice** in the spring. Participants must be SVC Members, but we welcome you to come to test us out for one or two meetings. (See sidebar to join SVC.)

BOOK SELECTIONS for 2012 are:

September - *State of Wonder*, Ann Patchett

October - *Metamorphosis*, a play by Mary Zimmerman

This special event will include lunch and a discussion with the Lookingglass staff in conjunction with viewing the production. Pricing & other details will be forthcoming to enrollees.

November - *Prague Winter*, Madelaine Albright

December - *The 19th Wife*, David Ebershoff

Questions or to join...Contact person:

Phyllis Mitzen, Mitzen@sbcglobal.net, 312-932-0996

GAMES!! We are ready to play!!

SCRABBLE has sufficient players to start in September. If you'd like to join in, please let us know. Gamers must be members of SVC but you may come twice to try us out before joining.

Several members of the SCRABBLE group met to draft guidelines and decided that they would like to meet twice a month, on Wednesdays and Sundays to encourage working people to participate. **Next meeting date: September 9th at 3 p.m. (location at press time yet to be determined)**. Please call Sandy Herman to get details or to join the group.

RSVP to Sandy Herman
amasandy@hotmail.com or 312-643-1217

OTHER GAMES

We are still looking for more **BRIDGE** and **CANASTA** players to make a game. Please let **Sandy** know what interests you and your level of play. Would you be willing to teach beginners?

Asian Art Study Group

Next Meeting: Thursday, September 27 at 4:30 p.m.

Imari is our subject for this study group session, with George Otto leading the discussion. **Note the change of date and the new location.** This session will be held at **Fourth Presbyterian Church's Center for Life and Learning, 737 North Michigan Ave., 19th floor.** (this address is a bit of a "fooler"...When at the south east corner of Chicago Ave. and Michigan Avenue, walk east on Chicago Avenue, pass the first driveway and enter the first building, named, "737 North Michigan." There is a desk to the left of the lobby as you enter and the doorman will show you to the elevators to the 19th floor).

This is a **fully subscribed** study group for Asian Art devotees and collectors. Members **RSVP** your intention to attend this meeting to: **Carol Ferstman, Carolferstman@aol.com or 312-867-0873.** **Please make sure you leave your name, email address & phone number.**

NEWS YOU CAN USE...

programs and activities within our community

SPEAKERS FORUM...

"CRIME IN OUR NEIGHBORHOOD"

Thursday, September 13, from 6-8 p.m.

PLACE: Holy Name Cathedral Auditorium in the Parish Center, 751 N. State. Enter from courtyard between the cathedral and the Francis Warde school (Between Chicago and Superior, off Wabash or State).

This promises to be a blockbuster presentation dealing with recent incidents of crime in our neighborhood. Are the

occurrences really increasing and how do we protect ourselves? Our **panel of experts** will tell all and also will answer questions and address concerns from the audience. Don't miss this opportunity to hear what is being done to "serve and protect," as well as what we as citizens can do to combat "the bad guys." **Plan to join us and Invite all your friends & neighbors to this extremely important and informative program.**

Panel members and topics:

Ron Smith, law professor at John Marshall, will be our moderator for the evening.

Ron Holt, Director of CAPS Implementation Office for Chicago Police Department, will address gun violence and gangs.

Mark Walsh, Campaign Director for Illinois Council Against Handgun Violence, will address advocacy issues relating to state and local government.

William Dunn, new Commander of District 018 for Chicago Police Department, will address how to stay safe in our community.

The program is **Free** to all but we'd like to know how many to expect. Let us know if you'll be attending.

RSVP to Catherine Griffin: 312-545-5884
or Catherine.griffin795@gmail.com (preferred) or **Trish Gonzales: trishgonzales@aat.net.**

The Center for Life and Learning at Fourth Church

Autumn Open House

Thursday, September 6, 10 a.m. - Noon.

Welcoming all men and women 60 years and more to drop by for this festive gathering which will take place at **FourthChurch, corner of Michigan and Chestnut.**

The Open House is a great opportunity to learn more about the people and programs of the Center.

No reservation is required, but feel free to contact **Ashley** with any questions at **(312) 981-3387**.

SOAR MOVIE REDUX

Join SOAR **Thursday, September 6th** for **Dinner & A Movie at LakeShorePark.**

Bring a lawn chair or blanket, pack a picnic or purchase dinner from a variety of local [Chicago food trucks](#), relax with a chair massage from

Massage Envy, enjoy a bag of popcorn, and conversation with your neighbors.

As part of the Chicago Parks Department *Movies in the Park* series, we are pleased to invite you, your family and friends to join SOAR for a showing of the Academy Award winning movie, **Chicago**, at LakeShorePark (Chicago Ave. at InnerLakeShore)

Food Trucks arrive and activities begin at 6:30 pm followed by a showing of the movie at dusk.

FREE to all. No purchase necessary. Dogs are welcome--must be on a leash.

SOAR's 37th Annual Meeting

Wednesday, September 12th

When:

5:15 - 6:15 pm Self-Guided Tour of the New OgdenSchool

6:00 pm Registration

6:30 pm Program

7:30 pm Light Refreshments

Where:

The Ogden International School of Chicago

24 West Walton Place

SOAR Members: No Charge

Non-Members*: \$10 in advance, \$15 day-of

*Non-member fees will be applied to your SOAR membership if you choose to join at the event.

[Click here to reserve your seat today.](#)

Featured Speaker

Henry S. Bienen, Board Member, Chicago Board of Education

Henry S. Bienen, Board Member, Chicago Board of Education, will be the guest speaker followed by a presentation of the 2012 Beautification Awards, the 2012 Betty G. Eaton Spirit Award and a short business meeting.

Henry S. Bienen was appointed to the Chicago Board of Education in May of 2011 by Mayor Rahm Emanuel. Mr. Bienen was elected the 15th president of Northwestern University on June 13, 1994. He took office on January 1, 1995 and retired from Northwestern University on August 31, 2009. Currently he serves as President Emeritus of Northwestern University.

The Cognitive Neurology & Alzheimer's Disease Center

World Alzheimer Day

September 21, 2012, 1:30 - 3:30 p.m.

(Reception to follow)

Featuring a screening of "I Remember Better When I Paint," a film by Eric Ellena and Berna Huebner, presented by French Connection Films and the Hilgos Foundation. Among those who are

featured are noted doctors and Yasmin Aga Khan, president of Alzheimer's Disease International and daughter of Rita Hayworth, who had Alzheimer's.

The film will be followed by a panel discussion on the benefits of creative arts interventions, the film is an international documentary, narrated by Olivia de Havilland, about the positive impact of art and other creative therapies on people with Alzheimer's and how these approaches can change the way we look at the disease.

View PDF Flyer for the Event <http://www.brain.northwestern.edu/pdfs/worldadday.pdf>

Where:

ROBERTH.LURIEMEDICALRESEARCHCENTER
303 E. SUPERIOR STREET
HUGHES AUDITORIUM
CHICAGO, IL60611

To REGISTER for the event, please visit: <https://nufsm.wufoo.com/forms/world-alzheimer-day/>

For questions, please contact **Kristine Zachrich at 312-908-9023.**

NORTHWESTERN FOOTBALL

Members of Skyline Village and SOAR & their friends and family are invited to experience Northwestern Football at Ryan Field!!!

Northwestern vs. Boston College - September 15, 2012

and/or

Northwestern vs. Indiana - September 29, 2012

Members can purchase an all-inclusive package which includes food and a discount game ticket. In addition, enjoy Wildcat Alley, Northwestern's free pre-game event which starts two hours prior to kickoff just North of Ryan Field. Every member attending with SOAR/SKYLINE VILLAGE will receive a free Northwestern baseball hat and one of our members will win a pre-game on-field experience to watch warm-ups and take pictures on the Northwestern sideline. **THIS IS DEFINITELY A RETRO EXPERIENCE AND WILL WIN THE HEARTS OF OUR CHILDREN AND GRANDCHILDREN!**

Skyline Village Chicago/SOAR Special Pricing:

Cost for tickets: \$15

Food Options:

Package #1 - Hot dog, chips, 20 oz. fountain soda - \$7

Package #2 - Veggie burger, apple, bottled water - \$8

TICKET PURCHASES AND CONTACT PERSON:

Mike Zoller at 847-467-0969 and inform him you are with SVC/SOAR.

TRANSPORTATION:

Maps are available on the NW website <http://www.nusports.com/tickets/gameday-info.html>

DIRECTIONS ON THE RED LINE: Heading north, transfer at Howard to Purple Line train towards Linden. Get off at Central and walk west to Ryan Field.

PARKING: Free parking on campus

The Buehler Center on Aging, Health & Society

invites you to their 17th Annual James E. & Bonnie L. Eckenhoff Lecture and John & Gwen Smart Symposium

"Rising Healthcare Costs: How to Bend the Cost Curve Downwards, Right Now"

Presented by **George D. Lundberg, MD**, Editor-In-Chief and Chair of the Editorial Advisory Board of CollabRx and the past president of the American Society of Clinical Pathologists. He has 30 years of editorial experience for major peer-reviewed medical journals, including JAMA and Medscape.

Immediately following the lecture, the John & Gwen Smart Symposium will showcase research and educational activities that are relevant to aging, patient safety, the terminally ill and other vulnerable populations. This event draws together researchers from Northwestern and surrounding academic communities.

Refreshments will be served!

When: October 16, 2012

4:00-5:00 p.m. Eckenhoff Lecture

5:00-6:00 p.m. Smart Symposium

Where: Prentice Women's Hospital, Canning Auditorium, 3rd floor,

250 E Superior, Chicago IL 60611

For more information, please visit the Buehler Center's website at www.aging.northwestern.edu or call **312-503-3087**.

This series is made possible by the generous support of Eckenhoff family and the Smart Family Foundation.

Northwestern Integrative Medicine

DINNER BENEFIT

Thursday, October 18, 2012

Join us for ***Staying Young: YOU Control Your Genes.***

Dr. Michael Roizen, best-selling author and developer of the *Real Age* concept will be the featured speaker for this important evening. Dr. Roizen will bring his powerful and energizing message of how each of us can plan a long and healthy life.

Funds will support the mission of the program; access to integrative

treatments for patients including those suffering from ailments such as cancer, Alzheimer's Disease and Parkinson's Disease. Additionally, educate caregivers and support research, ensuring that practicing physicians, medical students and other healthcare workers are trained to offer these treatments to their patients.

For more information or to order tickets call:

312-926-0286 or 312-503-0788

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