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## SKYLINE VILLAGE CHICAGO NEWSLETTER DECEMBER 2012



### How Skyline Village Serves You

*We are a collaborative nonprofit community organization created and run by neighbors for neighbors to support one another and to enhance our quality of life in our neighborhoods: Streeterville, the Gold Coast, River North, and the New Eastside.*

**OUR MISSION** is to enrich the lives of our members through unique cultural, educational and social activities designed to take advantage of the vast resources of our vibrant city. We initiate programs and provide access to community information our members have indicated they want and need to stay actively engaged and connected.

Our regular **NEWSLETTERS** are transmitted bi-monthly at the beginning of the 2 month period. In addition, we send periodic **UPDATES** to assure that you are kept current with what is happening in our neighborhood, as well as to serve as "reminders" of upcoming events and activities. Hope to see you soon at one of our events. We welcome your comments and suggestions at [svcchgo@gmail.com](mailto:svcchgo@gmail.com)

### WELCOME NEW MEMBERS

We are delighted to welcome our new Skyline Village Chicago members .

Renee and Jim Arkers
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60611
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## MESSAGE FROM THE PRESIDENT

What makes a Village work? All of us!! In Skyline Village Chicago, it means coming together to learn, to play, to meet new friends and to enjoy each other's company. It also means that there are people willing to organize programs that will appeal to our members and to attract new members. For those of you who are new to Skyline Village Chicago...WELCOME! You may have joined because of Classic Cinema, or to take the Computer Class. Maybe you joined to participate in our book club (see **Mary Alice Mayer's** article in this issue) or the Asian Arts Group. Whatever the reason, we're so happy to have you. We hope you will participate in more programs, find new friends, learn something new, or bring us new ideas and energy to plan something we haven't thought of yet. For example, **Conny Tozer**, an avid knitter, decided to start a knitting group with just a few of us. We're now meeting twice a month in each other's living rooms to knit, share patterns and ideas. Want to join? See below for details.

Thanks to member **Anna Rappaport** for her excellent article on resources for financial planning, and to Ed Cooper for his suggestions on the many volunteer opportunities available here in the area.

Skyline Village is rich with community partners. Thanks to **Northwestern Memorial Hospital** for hosting our October collaboration with **SOAR** to present renowned physician and researcher, **Dr. Phyllis Zee**, who gave us tips to help us sleep better. This fall our calendar had something for everyone, a computer course at **The Hallmark**, Classic Cinema series led by **Bruce Lespinasse** at

**The Clare** and a private tour of Shalom Chicago arranged for us by **Jean Klein** at the **Chicago History Museum**.

We were pleased to have representatives from the Illinois Senior Health Insurance Program (SHIP) who presented an excellent program on Medicare Open Enrollment, so graciously hosted by **The Clare**. Many members took advantage of the opportunity to meet one-on-one with experts from **Mather LifeWays** and **CJE SeniorLife** to review their Medicare plans. Deadline for open enrollment is December 7th. If you still need help, call CJE SeniorLife at 773-508-1000 and ask to talk to a resources specialist.

A special thank you to **Carol Ferstman**, who is stepping down as chair of the events committee after serving for almost two years. Her shoes will be hard to fill, but new co-chairs **Karen Ross, Charlene Conarty** and **Susan Nathanson** have already begun work with their committee to plan for next year.

Finally, JOIN or RENEW your membership in Skyline Village Chicago NOW for only \$50 for an individual, \$75 for a couple. After January 1st, the dues will be \$60 for individuals and \$90 for a couple.

Finally, all of us at Skyline Village Chicago want to wish you a happy holiday season, filled with love, family and friends.

Phyllis Mitzen

**Phyllis Mitzen**, President  
[mitzen@sbcglobal.net](mailto:mitzen@sbcglobal.net) or 312-932-0096

## **FOCUS ON LOCAL VOLUNTEERS**

### **FOCUS ON LOCAL VOLUNTEERS**

by Ed Cooper, SVC Member

Fourth Presbyterian Church founded the Chicago Lights program in 2004 to serve Chicagoland in a variety of ways. Its Success in Schools program supports learning and creative self-expression through arts education in dance and drama in four Chicago public elementary schools. The Free Write Jail Arts program provides one-on-one literacy tutoring for more than 150 youth who are incarcerated at the Cook County Juvenile Temporary Detention Center.

The Elam Davies Social Service Center helps meet basic human need

of food and clothing for more than 1,600 adults annually. Chicago Lights also provides academic and emotional support to more than 400 students from low-income families through its tutoring program. Other Chicago Lights programs include a summer day camp and an urban farm.

If any of these programs sound like something you would like to know more about and possibly volunteer your time and expertise, please visit the Chicago Lights website at [www.chicagolights.org](http://www.chicagolights.org)

Thanks to SVC member, Ed Cooper, for keeping us informed about the various volunteer activities in our neighborhood.

## **FEATURE ARTICLE**

### **IMPORTANT RETIREMENT PLANNING QUESTIONS**

**By Anna M. Rappaport, FSA, MAAA**

We thank SVC member, Anna Rappaport, for providing this great article.

Americans need to make many decisions as they near and reach retirement. Retirement planning is complex and includes many different issues, including investment risks related to stock and bond markets, risks related to health care costs or the need for long-term care, and risks related to dying early or living a long life. Where to live, what type of housing to choose, and how much to spend on housing turns out to be a key issue for many people.

The Society of Actuaries' Committee on Post-Retirement Needs and Risks (CPRNR) is dedicated to increasing awareness of retirement-related issues. Two years ago the CPRNR launched its most ambitious project, involving the production of 11 Decision Briefs on important decisions that individuals need to make around the time of retirement. Each of the briefs focuses on a specific decision area and offers key considerations to help individuals plan for retirement. The briefs are focused on the issues facing average Americans. Some of the decisions involve major trade-offs and the briefs emphasize these trade-offs and are designed to offer a balanced approach. To read the full retirement decision briefs series, visit <http://www.soa.org/research/research-projects/pension/research-managing-retirement-decisions.aspx>.

The topics for the briefs are

- Big Question: When Should I Retire?
- When Retirement Comes Too Soon
- Women Take the Wheel: Destination Retirement
- Deciding When to Claim Social Security
- Designing a Monthly Paycheck for Retirement
- Treating Asset Allocation Like a Roadmap
- Securing Health Insurance for the Retirement Journey
- Taking the Long-Term Care Journey
- Where to Live in Retirement
- Estate Planning: Preparing for End of Life
- Finding Trustworthy Financial Advice for Retirement and Avoiding Pitfalls

The Committee on Post-Retirement Needs and Risks hopes that both individuals contemplating retirement and professionals they work with will be able to make good use of these Decision Briefs. They also hope that more members of the public will become familiar with the Committee and its continuing work on a variety of projects related to retirement issues.

The CRPNR produces a variety of special studies and recurring reports, which can be accessed at <http://www.soa.org/research/research-projects/pension/research-post-retirement-needs-and-risks.aspx> More resources on housing and retirement are included in these projects. The main recurring project is the Post-Retirement Risk Survey, which has been carried out every other year since 2001. The group has also produced Managing Post-Retirement Risks-A Guide to Retirement Planning, which addresses 15 different risks that retirees face. (<http://www.soa.org/files/pdf/post-retirement-charts.pdf>) This guide, known as the "risk chart" provides a single-page discussion on each of the risks covered, including topics like "predictability" and tips on managing the risk. The guide can be a valuable tool for people who want to make sure they are addressing the full range of retirement risks.

## **SPECIAL PROGRAMS**

### **FEELING GREAT...YOU'RE INVITED**

A special event presented by Dr. Lee Lindquist,  
Northwestern University Associate Professor of Medicine  
and Medical Director of The Terraces at The Clare.

**Wednesday, December 5, 2012**  
**2:00 p.m.**

Hosted at The Clare at Rush & Pearson.  
Complimentary valet parking.

**Reserve a place for you and a guest  
by calling (312) 962-8171.**

Or online at [www.TheClare.com/FeelingGreat](http://www.TheClare.com/FeelingGreat)

Come take note from the doctor who leads our health and wellness team. A specialist on helping seniors feel great, she'll provide new insight on:

- Remaining healthy
- Improving well-being
- Adult health care for age 60+
- Safety and security
- Staying sharp
- And much more

## **SKYLINE VILLAGE ACTIVITIES**

(also open to non-members)

### **WALKING WITH SVC**

**MONDAYS & WEDNESDAYS from 8-9 a.m.**

Men and women, all fitness levels are welcome to join in. Meet us at the street level of the Bloomingdale Building, to the left of the desk, to start your day with exercise and congenial company.

The weather has been beautiful so we've been walking along the lake front.

Come join us - start off your day with a healthy walk.- What better way to get in those 10,000 steps? SVC walks every Monday and Wednesday, starting at 8 a.m. in the 900 N. Michigan lobby.

**Time not right for you?** Tell us when you would like to walk and maybe we can start another group. Contact **Phyllis Mitzen, 312-932-0996** or [mitzen@sbcglobal.net](mailto:mitzen@sbcglobal.net)

### **GREEK PHILOSOPHY**

**SUNDAY - January 27, 2013 - 4:30 PM at The Clare**

Members - Free

Guests - \$5 per person

Mark your calendars now for a stimulating lecture and discussion of Plato's "The Cave." Attendees will participate as cave-dwellers (nothing challenging, we promise!) as Bruce Lespinasse brings us insights into this

work. Many of you know Bruce as our leader of Classic Cinema where he always provides little-known facts about the movies he presents...and always with his own touch of humor.

[RSVP@skylinevillagechicago.org](mailto:RSVP@skylinevillagechicago.org)

## MEMBER ACTIVITIES

**The groups below are FOR MEMBERS ONLY, but non-members may attend two sessions to see if they are interested in joining Skyline Village in order to participate.**

### **SVC: MORE THAN JUST A BOOK CLUB**

The SVC Book Club is a self-led group with a designated leader each month. We meet at 3 p.m. on the first Wednesday of each month on the 2nd floor of Prentice Women's Hospital, near the bridge. (Attention Men: please don't let the name of the building dissuade you; we welcome your participation.)

Over the course of the last month, SVC Book Club ventured from reading novels, history, etc., to exploring the world of histrionics, namely, the classic tales of Ovid's Metamorphosis, as depicted on stage. After reading Mary Zimmerman's play, an adaptation of Ovid's work by the same name, several SVC members not only saw the play performed at Lookingglass Theatre, but participated in a talk-back with the artistic director of that famous Streeterville landmark theater. Subsequently, the group sliced, diced, and delighted in hashing and thrashing both the pluses and minuses of what they read, saw and thought over dinner at Mity Nice Bar & Grill on theater day and at a later club meeting. We expect to enjoy similar events related to Lookingglass' performance of About Alice in the Spring of 2013.

Also, during this month, the group read and critiqued Madeleine Albright's Prague Winter, an acclaimed, informed, and yet, controversial memoir/history about our times, WW II.

**The next book we will read and analyze is *The 19th Wife*.**

If you have an interest in becoming a part of this group, send an email to [rsvp@skylinevillagechicago.org](mailto:rsvp@skylinevillagechicago.org), put "Book Club" in the subject line and give us your name, phone number and a good time to reach you.

Mary Alice Mayer, SVC Member

### **KNITTING GROUP**

Skyline Village has a new knitting group. We meet twice a month and knit, share patterns, ideas, craft events, have refreshments and end with a glass of wine. We are already enjoying new friendships and welcome others to join the knit group. Our next meeting is Thursday, November 29th at 3:00 pm. For details and future meeting dates, please email

[connytozer@yahoo.com](mailto:connytozer@yahoo.com)

### **ASIAN ART STUDY GROUP**

This is a fully subscribed study group for Asian Art devotees and collectors. Members RSVP your interest to Carol Ferstman,

[Carolferstman@aol.com](mailto:Carolferstman@aol.com) or 312-867-0873. Please make sure you leave your name, email address & phone number.

### **CLASSIC CINEMA**

Meets on Sunday at 4:30 p.m. at The Clare at Water Tower, 55 East Delaware.

(Note: dates selected do not conflict with Bears' games)

#### **December 16-Film Noir "Nightfall"**

SVC presents another in our series of the Classic Cinema Club. Please join us as we continue our study of the great directors by exploring their most salient works. These filmmakers framed a formulated the "Golden Age" of Hollywood and set a standard seldom matched in contemporary cinema. Last spring we covered three major filmmakers. Now we'll proceed to learn about the films of John Sturges, Stanley Kubrick, Joseph H. Lewis, Jacques Tourneur and Robert Montgomery.

SVC is partnering with The Clare at Water Tower whose movie auditorium and hospitality reflect the high quality of learning that we've enjoyed through our leader Bruce Lespinasse. Bruce selects, researches and informs us with written handouts on how to critically view the films and relate their history to other films.

This cinematic experience, a light supper and great discussions are all included in this Classic Cinema experience.

**We will convene at 4:20 p.m. and start at 4:30 promptly.**

Cost is \$15.00, includes meal, snacks, lecture film and Q & A. RSVP to Karen Ross by December 10, 2012:

[KRoss850@aol.com](mailto:KRoss850@aol.com) or 312-285-6142

Send your check to:

Skyline Village Chicago

P.O. Box 11757

Chicago, IL 60611

notating on check "Classic Cinema"



Deadline: December 14, 2012

Note: Residents of The Clare, please contact Karen Ross for special pricing.

### **GAMES!! WE ARE READY TO PLAY**

SCRABBLE has sufficient players to start in September. If you'd like to join in, please let us know. Gamers must be members of SVC but you may come twice to try us out before joining.

**We meet on the 2nd Sunday of the month at 3:00 PM.** Please call Sandy Herman to get details or to join the group.

RSVP to Sandy Herman  
[amasandy@hotmail.com](mailto:amasandy@hotmail.com) or 312-643-1217

### **OTHER GAMES**

We are still looking for more BRIDGE and CANASTA players to make a game. Please let Sandy know what interests you and your level of play. Would you be willing to teach beginners?

## **NEWS YOU CAN USE...**

programs and activities within our community

### **FOURTH CHURCH STAFF RETURN HOME**

The Fourth Church staff and programs held at the Olympia Tower Center will return to the church campus in mid-November. Construction of the new Gratz Center is nearly complete, and everyone is looking forward to being together again. The staff and space at Olympia Tower have been exceptional, but we are ready to go home!

**IF YOU FIND THIS NEWSLETTER USEFUL**  
**WHY NOT SHARE IT BY FORWARDING IT TO A FRIEND**  
see below...forward email

# Happy Holidays to All!

[Forward email](#)



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Try it FREE today.