



NEWS & EVENTS FROM SKYLINE VILLAGE CHICAGO November - December 2013



How Skyline Village Serves You

We are a collaborative nonprofit community organization created and run by neighbors for neighbors to support one another and to enhance our quality of life in our neighborhoods: Streeterville, the Gold Coast, River North, and the New Eastside.

OUR MISSION is to enrich the lives of our members through unique cultural, educational and social activities designed to take advantage of the vast resources of our vibrant city. We initiate programs and provide access to community information our members have indicated they want and need to stay actively engaged and connected.

Our regular NEWSLETTERS are transmitted bi-monthly at the beginning of the 2 month period. In addition, we send periodic UPDATES to assure that you are kept current with what is happening in our neighborhood, as well as to serve as "reminders" of upcoming events and activities. Hope to see you soon at one of our events. We welcome your comments and suggestions at svcchgo@gmail.com.

MESSAGE FROM THE PRESIDENT

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RENEW YOUR MEMBERSHIP

or join SVC by sending a check for :

\$75.00
(individual)

\$100.00
(couple)

To:
Skyline Village

Dear Skyline Villagers,

Skyline Village Chicago is a volunteer organization, run by and for our members. Skyline's Volunteer Planning Committee is pleased to announce that we are now set up to help one another. Many members have stepped up to the plate asking how they can help. They are now 'vetted' and trained and ready when you need them. Now that winter is coming we want our members to know that you have a friend in Skyline who can visit you, run some errands, or accompany you to the doctor. Need some help? Just call us at 312-957-6060. Barbara Kite or Nancy Almquist will get back to you within 24 hours to get you set up.

Chicago
P.O. Box 11757,
Chicago, IL
60611

On another note, Skyline is proud to be part of an important initiative at Northwestern Medical Center where Dr. Lee Lindquist and her staff have a grant to find ways to help people plan for their future long-term care needs. We are participating on the advisory committee to this grant, and this month we are helping them recruit caregivers to interview. They are offering a \$50 gift card to each person they select to interview. Please see their flyer below for more information on how you can get involved.

Happy Halloween and Happy Thanksgiving,

Phyllis

Phyllis Mitzen, President
mitzen@sbcglobal.net or 312-957-6060

SKYLINE VILLAGE PROGRAMS

OPEN TO ALL

ARE YOU THE SON, DAUGHTER, OR CAREGIVER OF AN ADULT AGE 65+

Participate in our research & earn \$50 for a 1 hour interview!

We want to hear your opinions on healthcare!

You may be eligible to participate in this research if you:

- Are a son, daughter, or caregiver of an adult who is over the age of 65
- Are at least 18 years of age
- Speak English

If you are interested please contact the Study Coordinator:

Vanessa Ramirez-Zohfeld
312-503-3916 or
vanessa-ramirez-0@northwestern.edu

Please pass this on to any caregivers you know who may be interested.

Thank you!

PI: Lee Lindquist, MD MPH MBA
Division of General Internal Medicine and Geriatrics
Northwestern University Feinberg School of Medicine
Advanced Planning for Home Services IRB# STU00080333

MEMBERS ONLY

TALISMAN GLASS STUDIOS **Thursday - December 5 - 11:00 AM** **469 N. Racine (@ Grand)**

See glass blowing demonstrations and shaping of various glass products. The studio is seldom open to the public, so don't miss this special event for Skyline Village. We'll have a chance to ask questions at the end of the tour.

Stay for optional lunch at Salerno's (separate checks.)
Easy to reach by bus and free parking is available.
Cost: \$15 - Members \$20 - Guests

RSVP by December 2 or for more information:
rsvp@skylinevillagechicago.org Or call 312-957-6062
Please put *Glass Blowing* in the subject line
Please include your name, email address and phone numbers

Send check to confirm your reservation to:
Skyline Village Chicago
PO Box 11757
Chicago, IL 60611

MEMBERSHIP COMMITTEE INVITATION

The SVC Membership Committee invites you to join us in acquainting our neighbors with Skyline Village. The committee is brainstorming ways we can spread the word about our objectives and activities--especially our Neighbor-to-Neighbor Volunteer Program and our educational and cultural events. We welcome your

ideas and participation.

If you are interested in helping in these efforts please contact us at:
rsvpskylinevillagechicago.org

Please put **Membership Committee** in the subject line
 Please include your name, email address and phone numbers.
 You can also contact the committee chair: Katie Sowle
ksowle@msn.com and please include the same information.

APP PARTY - BIG SUCCESS

Our first smart phone App Party was a huge success, so we'll definitely have another one sometime soon. A "members only" event...it's just one more reason to join Skyline Village.

Just a few of the many apps presented as favorites:

CTA Bustracker - provides real-time bus arrival times at a given bus stop.

Overdrive - download books from your library.

iTunesU - provides information on free courses on the internet.

Flixster - describes movies - find theaters - rotten tomato ratings

MORE THAN JUST A BOOK GROUP

Wednesday - November 6 - 3:00 PM

Prentice Women's Hospital - 2nd Floor

The Skyline Book Group read two novels in September and October (*The Dinner* and *Defending Jacob*.) Both books explored the topic of what parents owe their children and how far parents will go to protect them.. On November 6, Sandra Wilson will lead the discussion of *The Nine* by Jeffrey Tubin. We will also select books for December, January and February. Our members lead the discussion and it's always entertaining, insightful and lively!!

There is no charge for Skyline members.
 Guests are welcome to attend up to two times and then we ask that you become a member of Skyline Village Chicago.

RSVP or for more information: rsvp@skylinevillagechicago.org
 Please put Book Group in the subject line
 Please include your name, email address and phone numbers

CLASSIC CINEMA RETURNS

Sunday - November 17 - 4:30 PM

The Clare - 55 E. Pearson

SVC member and self-proclaimed Renaissance Man, Bruce Lespinasse has selected more wonderful films to close out the year. As always, Bruce delights and intrigues us with insights into a remarkable array of films and actors from the '30s, '40s and '50s.

We continue to be graciously hosted by **The Clare** in their intimate screening room. A lecture and handouts will precede the screening and a Q & A/discussion will follow the film. Pizza and snacks will be served.

November 17, 2013 "Act of Violence" (B&W, 1948)

Genre: film noir.

Director: Fred Zinnemann.

Stars: Van Heflin, Robert Ryan, Janet Leigh

An upstanding small town citizen is confronted by his past in the presence of a former POW colleague. The two men share a dark secret that will alter their lives and reveals that perhaps neither man is really what he seems. Stellar cast of Heflin and Ryan helmed by Zimmermann makes for a grim, unrelenting melodrama and an unusually disturbing noir experience. Nice turn from Zimmermann's more mainstream fare ("High Noon", "From Here to Eternity").

Mark your calendars now for December 15 -. "Mystery Street" (1950)

Note: Due to the possible unavailability of the selected DVDs alternative films may be shown. There are no conflicts with Bears' game days or starting times.

Members - \$10 Non-members - \$15 per screening

RSVP or for more information: rsvp@skylinevillagechicago.org

Please put Classic Cinema in the subject line
Please Include your name, email address and phone numbers
If you have questions, please contact Bruce at 312-943-5575

SVC DINING GROUP **Monday - November 4 - 5:30 PM** **Francesca's on Chestnut** **Chestnut & Mies van der Rohe**

SVC's Dining Group is growing rapidly. For great conversation and the opportunity to make new friends, join us November 4 and every future first Monday of the month.

Separate checks

RSVP: rsvp@skylinevillagechicago.org

Please put *Dining Group* in the subject line
 Please include your name, email address and phone numbers
 For more information: Charlene Conarty apja@rcn.com
 312-915-0423

GAMES!! WE HAVE GAMES!

**SVC Mah Jongg Group - Off & Running
 Prentice Women's Hospital
 Every Thursday - Noon to 3:00 PM**

The first meeting of the new Skyline Village Mah Jongg group took place on Thursday, October 24 on the Second Floor of Prentice Hospital (outside the cafeteria) There was a rousing turnout of 8 players - enough for two tables. A great time was had by all. Everyone who participated commented on how nice it was to see old friends and make new ones. The location works well, allowing for anyone who wants to purchase lunch right at the cafeteria. We are seeking as many new Maj players as would like to join us.

The more tables the merrier.

Please contact Vicki Kaufman at vkauf@aol.com for details.

KNITTING IT ALL TOGETHER

Sticks & Strings is the SVC knitting group. We meet at Noon on the first and third Tuesdays of the month and welcome all knitters, from expert to novice. We each bring a sandwich or salad, and our hostess provides beverages and her favorite snacks. We share patterns, ideas, laughs--and wisdom, e.g., "Purls are always appropriate."

For more information: email SVC at rsvp@skylinevillagechicago.org
 Please put "Knitting" in the subject line.
 Please include your name, email address and phone numbers.

WALKING WITH SVC

**Mondays & Wednesdays - 8-9 AM
 Bloomingdale Building, 900 N. Michigan Avenue**

Men and women, all fitness levels, are welcome to join. Meet us at the street level of the Bloomingdale Building to the left of the desk. Weather determines if we walk in the building or outside. Come join us - start off your day with a healthy walk and congenial company. What better way to get in those 10,000 steps? .

Time not right for you?

Tell us when you would like to walk and maybe we can start another group.

Contact **Phyllis Mitzen**, 312-957-6060 or mitzen@sbcglobal.net

NEIGHBORS HELPING NEIGHBORS

Need help? Call Skyline's Volunteer Hot Line

Your volunteer neighbors are ready to take you to the doctor or dentist, assist in grocery shopping, get a library book from the Water Tower library or just visit with you in your home or hospital bed. SVC now has a full team of volunteers ready to help when you need us.

Just give us a call and our volunteer coordinators will ask you a few questions and put you in touch with one of our helpful volunteers who can assist you with your request.

To connect with a volunteer
Call Skyline Village Chicago's Hot Line at 312-957-6060

FEATURE ARTICLE

SVC IS LOOKING FOR FEATURE WRITERS

We happen to know that some of our members are writers. And, we certainly know that our members have a wealth of information...and opinions...to share with others. We would love to hear from you. You've seen articles in past newsletter issues written by members and we want to feature more. You can either email an article for consideration or let us know if you have an idea for an article. Please send to Karen Ross at kross850@aol.com

All submissions are subject to board and editorial approval for publication. We look forward to hearing from you.

Karen Ross
SVC Newsletter Editor

News You Can Use

ARE YOU COVERED BY MEDICARE?

Hospital admission vs. observation... do you know the difference?

If you are covered under Medicare and need to go to the hospital, you need to know if your doctor is actually admitting you, or are you being sent for 'observation'? The difference may have a significant impact on your out-of-pocket costs. Just because you are staying in a hospital bed and receiving hospital-type services, you may be there under 'observation'. Your doctor should be able to tell you. The Illinois Hospital Association has published a brochure outlining the differences:

"An observation stay is billed under outpatient services (under Medicare this would be under Part B) while an Inpatient admission is billed under inpatient services (under Medicare this would be billed under Part A). Since observation stays are billed as an outpatient service, your insurance co-pays and deductibles, along with any additional costs, will probably be based on the outpatient terms of your policies.

Your out-of-pocket costs may change depending on whether your stay is designated as observation or full inpatient admission. Therefore, any costs from a nursing home following an observation stay or any inpatient hospital stay that is less than three days are the responsibility of the patient and will not be covered by Medicare as a Part B service."

<http://www.ihatoday.org/uploadDocs/1/patientobservation.pdf>

See the New York Times Coverage of this Issue
Two Kinds of Hospital Patients: Admitted, and Not
<http://nyti.ms/18yLEHN>

WELCOME NEW MEMBERS

**WELCOME NEW AND RENEWING MEMBERS
THANK YOU FOR YOUR ON-GOING SUPPORT!**

We're delighted that you have joined and are supporting our Village.

Toby Glickman
Sandy and Bruce Wechsler
Geraldine King
Judith Bonem and Barry Bernstein
Arlene Semel

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OR JOIN SVC!**

by sending a check for:
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To: Skyline Village Chicago
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COMMUNITY PARTNER PROGRAMS

SOAR's 5th ANNUAL ARTISAN MARKET**Saturday - November 9 - 10 AM to 5 PM****Sunday - November 10 - 10 AM to 4 PM**

**Ryan Family Atrium
Northwestern University's Lurie Research Center
303 East Superior St.**

Free

One of SOAR's most important efforts to advance community spirit is its Artisan Market Streeterville. The first downtown holiday fair of the season, the Market features the works of 50 authentic artisans chosen by a jury of art experts. Creations range from clothing, accessories, and jewelry to ceramics, home decor and photography. This is the perfect spot to find those unique, handmade gifts that make perfect presents.

Thirteen leading food establishments will supply homemade lunch, take-home and gift items. Artisans contribute to Buyer's Choice Raffle, drawn throughout Market hours and everyone receives a complimentary exclusive recipe collection, "A Toast to Streeterville."

Reduced parking is available at 321 East Erie.

To view work by this year's artisans, go

to: www.soarchicago.org

For more information:

artisans@soarchicago.org

NOTE: Volunteers still needed for Sunday - reply to

volunteers@soarchicago.org

CENTER FOR LIFE AND LEARNING

**Gratz Center of Fourth Presbyterian Church
126 E. Chestnut**

The Center for Life and Learning offers 14 classes on a weekly basis, come try a class for free!

Class highlight: Literature and the Arts Mondays, 1:00-2:30 p.m.

November and December, this class will study Rembrandt, Velázquez, and Eakins. Instructor is Daniel Bosch, published poet and essayist who has taught at Tufts University, Harvard, and earned the Presidential Scholars Teacher Recognition Award in 2011.

For more information: Ashley Elskus 312-981-3387

www.fourthchurch.org/cll

**LOYOLA UNIVERSITY MUSEUM OF ART -
LUMA
820 North Michigan Avenue**

Many events are offered here in November and December,
including:
Tuesday - November 12 - 6:00 PM - Angels of Paris
Lecture and signing of Rosemary Flannery's book of photographs.

Tuesday - December 3 - 6:00 PM - Carol of Capella
A festive evening with Loyolacapella, Loyola's premier co-ed
acapella group

Saturday - December 7 - 11:15 AM - Meet the Collector
More than 500 crèches from over 100 countries and cultures

More information on these and additional events (many are free):
http://www.luc.edu/luma/events/events_upcoming.html
or RSVP to luma@luc.edu or 312.915.7608

**NORTHWESTERN MEMORIAL PHYSICIANS
GROUP
Fitness Classes
Beginning January 6, 2014**

Northwestern offers a full line of fitness classes appropriate for
mature adults including Gentle Yoga, Yoga in a Chair, Yoga for
Osteoporosis, Zumba Gold {R}, Pilates, Low-Impact Aerobics, Nia,
Tai Chi, Tai Chi for Parkinson's Patients, Active Relaxation, Strength
and Balance for Mature Adults, and Total Body Resistance Training
for Mature Adults. Classes are small with well-trained instructors.
Individual modifications offered, as needed.

Wellness Classes include Guided Mindful Meditation, Qi Gong
Meditation, Mind-Body Pain Management, and Tobacco Cessation
Group Programs.

For a full listing of all programs:
<http://classes.nmh.org/listing/all>
To register by phone: 312-926-8400.

Note: Registration open for a month after classes begin. Late
registration fees will be prorated. Classes offered quarterly.
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svcchgo@gmail.com

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