



NEWS & EVENTS FROM SKYLINE VILLAGE CHICAGO MAY & JUNE 2013



How Skyline Village Serves You

We are a collaborative nonprofit community organization created and run by neighbors for neighbors to support one another and to enhance our quality of life in our neighborhoods: Streeterville, the Gold Coast, River North, and the New Eastside.

OUR MISSION is to enrich the lives of our members through unique cultural, educational and social activities designed to take advantage of the vast resources of our vibrant city. We initiate programs and provide access to community information our members have indicated they want and need to stay actively engaged and connected.

Our regular NEWSLETTERS are transmitted bi-monthly at the beginning of the 2 month period. In addition, we send periodic UPDATES to assure that you are kept current with what is happening in our neighborhood, as well as to serve as "reminders" of upcoming events and activities. Hope to see you soon at one of our events. We welcome your comments and suggestions at svcchgo@gmail.com

MESSAGE FROM THE PRESIDENT

"Low perceived safety can have costs. ... Perceived risk discourages people from walking and bicycling for transportation,

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RENEW YOUR MEMBERSHIP

or join SVC by sending a check for :

\$60.00
(Individual)

\$90.00
(couple)

To:
 Skyline Village
 Chicago
 P.O. Box 11757,
 Chicago, IL
 60611

enjoyment or exercise, even though the health benefits outweigh the risk of injury." (Jeroen Johan de Hartog, Hanna Boogaard, Hans Nijland, Gerard Hoek (1 August 2010). "[Do the Health Benefits of Cycling Outweigh the Risks?](#)" . *Environmental Health Perspectives*.)

I've been reflecting on what it means to feel safe in our neighborhood after listening to friends and neighbors talk about their feelings of unease after the recent incidents on Michigan Ave. I thought about it again when my grandchildren visited and I made a conscious decision not to take the subway from the Chicago Ave. station for fear of being harassed.

On Wednesday, May 1, as part of SOAR's First Wednesday series, representatives from the Chicago Police Dept, CTA, Navy Pier, Northwestern University and Loyola University will give a workshop on safety and security and will provide information for an upcoming Safety and Security Strategic Plan. **Manny Martinez**, chair of SOAR's Safety and Security Task Force shared his concern that "If our sense of security is lost, our neighborhood could go down." (*For more information and to RSVP, scroll down to SOAR's announcement*)

For those of us who love this neighborhood and all that it means to us, including a sense of safety, we need to take an active role to ensure that we can feel safe walking to Holy Name, using the CTA, loading our transit cards at the Chicago Ave. station., and enjoying all that our Skyline Village Chicago's neighborhood offers us.

Chicago Alternative Policing Strategy (CAPS) meetings are held every other month in precincts across the city and offer an opportunity for the police and community members to come together to solve problems. Our local CAPS meeting, held every other month may be a good place to share our concerns with real life stories, and where we can learn more about what is being done to make us feel safe. The next CAPS Beat meeting in Streeterville is Thursday, May 2, at 7:00 PM at Access Living, 115 W. Chicago Av. Are you interested in organizing an SVC CAPS team? Let us know by writing to rsvp@skylinevillagechicago.org. Put CAPS in the header and let us know the best time to reach you.

Best,
Phyllis

Phyllis Mitzen, President
mitzen@sbcglobal.net or 312-957-6060

SKYLINE VILLAGE PROGRAMS

OPEN TO ALL

STREETERVILLE NEIGHBORHOOD WALKING TOUR

Sunday - June 2 - 2:00 PM

260 E. Chestnut St. - Meet at the entrance

Are you interested in architecture...history...culture? Then please join us as we explore one of Chicago's most vibrant neighborhoods. The tour features little-known aspects and artifacts of the Near North Side; see a side of Chicago hitherto unknown. You'll need walking shoes, sunscreen, cap, and water bottle. Binoculars are also highly recommended. Please bring a friend or neighbor! All participants must be able to walk briskly for two hours or less.

The tour will be led by Bruce Lespinasse, a Streeterville resident for 25 years and a graduate of Loyola's Water Tower Campus. He has been doing this tour for many years to share little-known historical, cultural and architectural gems he has found in our neighborhood.

Free to Skyline Village Members and their guests.

rsvp@skylinevillagechicago.org

MEMBERS ONLY

SKYLINE VILLAGE IS LOOKING FOR VOLUNTEERS

Neighbors Helping Neighbors

*SVC NEIGHBOR HELPING NEIGHBOR PROGRAM NOW
UNDERWAY*

Skyline Village Chicago's newest program, **Neighbor Helping Neighbor** was formally kicked off at a meeting on April 8. Enthusiastic volunteers learned about what we can do to reach out and help members of Skyline, what the program includes and how people can access it. All of our volunteers are members of SVC.

If you need a volunteer to help out, give us a call. We can help with:

- Grocery Shopping - with you or for you.
- Accompanying you to a medical or dental appointment
- Ordering books on line, picking up at Water Tower Library and delivering to your door.

- Visiting you at home, hospital or rehab facility.

Please note that our volunteers will not drive people

For more information about how you can get help, or if you want to become a volunteer, contact:

Nancy Almquist, 312-337-7671, email almquistn@att.net

Barbara Kite, 312-664-6520, email barbaraki@aol.com

Barbara or Nancy will get back to you within 48 hours to inform you if we can meet your request, and send you an insurance waiver to fill out and return. They will then find a volunteer who will contact you to work out the details

If you are interested in becoming an SVC volunteer, contact Barbara or Nancy for more information.

****This program is only available to SVC members. Please join us as a member if you want to avail yourself of this or any other of our other programs. Send a check for \$60 for an individual or \$90 for a couple to Skyline Village Chicago, P.O. Box 11757, Chicago, IL 60611.*

Judith Hollander

Skyline Village Member

WALKING WITH SVC **Mondays & Wednesdays, 8-9 AM**

Men and women, all fitness levels, are welcome to join. Meet us at the street level of the Bloomingdale Building - 900 N. Michigan Ave. - to the left of the desk, to start your day with exercise and congenial company. Weather determines if we walk in the building or outside. Come join us - start off your day with a healthy walk. What better way to get in those 10,000 steps? .

Time not right for you?

Tell us when you would like to walk and maybe we can start another group.

Contact **Phyllis Mitzen, 312-957-6060** or mitzen@sbcglobal.net

ROMEO's First Date **Wednesday - May 8 - 12:30 PM** **Indian Garden - 247 E. Ontario**

Skyline Village's first ROMEO (Retired Old Men Eating Out) lunch is scheduled for May 8. Our plan is to visit a different ethnic restaurant each month. Indian Garden features a buffet for approximately \$14 and they will tell us all about the dishes we are eating. You don't have to be retired to join us. You don't have to be a Skyline Village member either, but we do hope you will join soon. Bring a friend and help us get ROMEO going strong.

Though we love the wonderful women in our lives, this lunch is for men only. If you are interested in joining us or have any questions, please

contact me at uncle_jack@juno.com or 847-571-5331.

Jack Herman, Treasurer
Skyline Village Chicago
uncle_jack@juno.com

NEW DINING GROUP

Many SVC members have expressed an interest in starting a monthly dining group. With so many wonderful restaurants right in our own neighborhood, it will be great fun to explore new dining opportunities with other SVC friends. If you are interested in participating, please contact **Charlene Conarty** at apja@rcn.com

SVC: MORE THAN JUST A BOOK CLUB

Skyline Village Book Group Steps Out of the Box and Onto the Stage

The April 3 meeting of the Skyline Village Chicago Book Group departed from its usual format by considering both the novel *Still Alice* by Lisa Genova and the LookingGlass Theatre adaptation of the novel by Christine Dunford, a member of the LookingGlass Theatre Ensemble.

We were extremely fortunate to have Andy White, Artistic Director of LookingGlass Theatre join us to lead our discussion. He brought a scene from the production that opens at LookingGlass in April and led the group through a reading of the scene which each member reading a part. Andy started the discussion of the book by considering how that segment of the adaptation captured the essence of Lisa Genova's work and the changes that Christine Dunford made. Andy's discussion about how they approached the play, how it was selected, LookingGlass's relationship with the author, and the outreach that the company has made with the professional community to develop pre and post-performance conversations added another dimension to our discussion of the book. The topic was difficult (early onset Alzheimers) but touched on many important themes.

The Skyline Book Group includes a diverse group of active readers, many of whom had suggestions for future reading. The titles selected for the next 3 months follow. Meetings take place on the first Wednesday of each month at 3:00 p.m. at Prentice Women's Hospital, 2nd floor cafeteria in one of the areas on the Chicago Ave. side.

- May 1st - ***The Reluctant Fundamentalist*** by Mohsin Hamid (discussion leader Sandy Gold)
- June 2nd - ***His Excellency George Washington*** by Joseph Ellis (discussion leader Sandra Wilson)
- July 10th - note that in July we are meeting on the 2nd Wednesday to avoid the July 4th holiday weekend- ***The Space Between Us*** by Thrity Umrigar (discussion leader Phyllis Mitzen)

Mark your calendars, pile the books next to your favorite reading spot and happy reading until we meet again. New participants are always

welcome. For more information contact Phyllis Mitzen at
mitzen@sbcglobal.net

Sandra Gold, Board Member
 Skyline Village Chicago

STICKS & STRINGS - THE KNITTING GROUP

The name "Sticks and Strings" was used unofficially by a few SVC members who put together some knitters last summer who began meeting on a regular basis. We now have about ten members on our email list, and usually five or six of them come to our Noon "Bring a Sandwich" get togethers. So far, we've been meeting in one another's homes, and we plan to try to choose a fixed date for meetings, about every two weeks.

Members are very helpful to each other in answering questions and solving knitting (and other) problems. We represent all levels of expertise, including beginners, and we welcome knitting enthusiasts and those merely interested alike. For more information contact Katie Sowle, at ksowle@msn.com or 312-787-3766. Or email SVC at rsvp@skylinevillagechicago.org and put "Knitting" in the subject line.

ASIAN ART STUDY GROUP

This is a fully subscribed study group for Asian Art devotees and collectors. In April, we will be studying the Japanese tea ceremony and kimonos with the assistance of the Japanese Information Center at the Japanese Consulate. Our members also have the opportunity to learn about and explore the lending library at the Japanese Information Center. Though this group is full and closed at this time, please email **Carol Ferstman** if you are interested, in the event a spot opens up.

Carolferstman@aol.com or 312-867-0873.

Please provide your name, email address & phone number.

GAMES!! WE HAVE GAMES!

Our Scrabble group is still going strong. Our next game date will be Sunday, May 5, since our usual second Sunday is Mother's Day.

OTHER GAMES

We are still looking for more BRIDGE and CANASTA players to make a game. Please let us know what interests you and your level of play. Would you be willing to teach beginners?

We are always happy to have new players, so for details or to join the group, please contact Sandy Herman at 312-643-1217 or rsvp@skylinevillagechicago.org.

Please note "Games" in the subject line. Gamers must be members of SVC but you may come twice to try us out before joining.

FEATURE ARTICLE

SVC Is Looking For Feature Writers

We happen to know that some of our members are writers. And, we certainly know that our members have a wealth of information...and opinions...to share with others. We would love to hear from you. You've seen articles in past newsletter issues written by members and we want to feature more. You can either email an article for consideration or let us know if you have an idea for an article. Please send to Karen Ross at kross850@aol.com

All submissions are subject to board and editorial approval for publication.
Karen Ross
SVC Newsletter Editor

AND, THEN, THERE'S THIS.....

Are you taking advantage of the PEOPLE'S PALACE at the Chicago Cultural Center?

After reorganization, the Cultural Center is back to presenting musical programs almost every day:

- Sundays at 3 pm - Sunday Salon Series showcases a wide variety of music by local, national and internationally known artists.
- Mondays feature a rich, diverse presentation of classical chamber music
- Wednesdays, in the Preston Bradley Hall, you'll hear the world-famous Dame Myra Hess Memorial Concerts which feature solo and ensemble performances of classical music
- Tuesdays, Thursdays and Fridays feature Lunch Break musical

performances at 12:15 in the Randolph Café. Bring your lunch and enjoy great music.

For more information go to www.Chicagoculturalcenter.org

Thanks to Jack Herman, Skyline Village Treasurer for this great suggestion.

WELCOME NEW MEMBERS

**WELCOME NEW AND RENEWING MEMBERS
THANK YOU FOR YOUR ON-GOING SUPPORT!**

**Shirley Aizenstien
Barbara Bernard
Russell Bruzek
Maurice Fantus and Judy Aiello
Nancy Hensel
Anna Rappaport and Peter Plumley
Danielle Roberts
Carol Stein
Sandra Wilson**

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OR JOIN SVC!**

**by sending a check for:
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**To: Skyline Village Chicago
P.O. Box 11757, Chicago, IL 60611**

COMMUNITY PARTNER PROGRAMS

SOAR's MAY FIRST WEDNESDAY

**Safety and Security Panel
Wednesday - May 1**

6:00 PM Registration - 6:30 PM Program
Allerton Hotel - 701 N. Michigan Ave.

Speakers include representatives from the Chicago Police Department, Chicago Transit Authority, Navy Pier, Northwestern University and Loyola University. Q & A session will provide information for an upcoming Safety and Security Strategic Plan.

Presented by: SOAR Safety and Security Task Force

SOAR Members: No Charge

Non-Members*: **\$10 in advance**, \$15 at the door

*Applied to SOAR membership, sign-up at the time of the event.

The link to register for this event is:

www.soarchicago.org/safety

CAPS

**Thursday - May 2 - 7:00 PM
Access Living - 115 W. Chicago Ave.**

Chicago Alternative Policing Strategy (CAPS) meetings are held every other month in precincts across the city and offer an opportunity for the police and community members to come together to solve problems. Our local CAPS meeting may be a good place to share our concerns with real life stories and where we can learn more about what is being done to make us feel safe.

If you are interested in organizing an SVC CAPS team, let us know by writing to rsvp@skylinevillagechicago.org. Put CAPS in the header and let us know the best time to reach you.

BLUEPRINTS

**Friday - June 14 - 7:00 to 10:00 PM
Museum of Contemporary Art
220 E. Chicago Ave.**

SOAR's annual fundraiser will feature Streeterville resident, Phil Schwartz, meteorologist for ABC 7 Weekend news and ABC 7 Sunday Morning News as emcee.

Auction items include: A rare framed sepia photo print of Lake Shore Drive circa 1935; a lucky set of 13 videos of Geoffrey Baer's acclaimed tours broadcast on WTTW; a Blackhawks jersey signed and certified by ace defenseman Brent Seabrook, and a signed watercolor of the St. Louis Arch by architect John Buenz.

\$160 per person

Includes food, wine & beer, auction, music and exhibit tours

For information and to purchase tickets.

<http://soarchicago.org/blueprints-ticket-form/>

LIVING WELL

**A 360 Approach to Health and Happiness
Tuesday, May 21, 5-7:30 p.m.**

This wellness-fair style event, sponsored by Northwestern Memorial Hospital's Alberto Culver Health Learning Center, will feature Northwestern experts and offer simple screenings, breakout sessions, and an opportunity to talk to a range of healthcare professionals on a variety of topics that are most relevant to you.

Breakout Sessions Include:

Forever Young - Tips for Healthy Aging

JumpStart Weight Loss

Healthy Food for Thought

Better Balance and Strength

Mindful Moments in Meditation Melanoma and Sun Smarts

Stroke Prevention and Recognition

Navigating Health Technology

Ask the Pharmacist

\$10 per person includes LivingWell goodie bags, materials, refreshments and discounted parking.

Location: Northwestern Memorial Hospital, 251 E. Huron Street, Third Floor.

For more information or to register, call: 312.926.8400.

LOOKINGGLASS THEATRE

Saturday - May 18

Loyola University presents a fundraising event for the Institute on Aging, along with Lookingglass Theatre to experience "Still Alice." A reception and panel discussion will follow this matinee performance!

This play was adapted and directed by Christine Mary Dunford, and is based on *the New York Times Bestselling Novel*, by Lisa Genova.

Professor Alice Howland is at the peak of her career studying the human brain when her own mind begins to falter. Fiercely independent, she battles to preserve her way of life, even as confusion clouds her thinking and her memory begins to fail. This world premiere adaptation of the award-winning novel is at the same time heartbreaking and hopeful.

Come share a poignant and hopeful view of early onset dementia in this riveting and sensitive performance! Enjoy the robust discussion and a glass of wine with colleagues and friends!

Proceeds will benefit the Institute on Aging, Intergenerational Study and

Practice within the School of Social Work at Loyola University Chicago.
Funds will help provide continuing education and scholarships for students,
alumni and the community!
For more information feel free to contact Marica Spira at 312.915.7580 or
email us at ssw-info@luc.edu

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