



## SKYLINE VILLAGE CHICAGO NEWSLETTER JULY/AUGUST 2012



### How Skyline Village Serves You

*We are a collaborative nonprofit community organization created and run by neighbors for neighbors to support one another and to enhance our quality of life in our neighborhoods: Streeterville, the Gold Coast, River North, and the New Eastside.*

**OUR MISSION** is to enrich the lives of our members through unique cultural, educational and social activities designed to take advantage of the vast resources of our vibrant city. We initiate programs and provide access to community information our members have indicated they want and need to stay actively engaged and connected.

Our regular **NEWSLETTERS** are transmitted bi-monthly at the beginning of the 2 month period. In addition, we send periodic **UPDATES** to assure that you are kept current with what is happening in our neighborhood, as well as to serve as "reminders" of upcoming events and activities. Hope to see you soon at one of our events. We welcome your comments and suggestions at [svcchgo@yahoo.com](mailto:svcchgo@yahoo.com).

### WELCOME NEW MEMBERS

**Anna Rappaport & Peter Plumley**

**Gold Coast**

**Constance Tozer**

**Gold Coast**

### FROM THE SVC BOARD PRESIDENT

The SVC Events Committee has done an amazing job over the past two

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months with its extraordinary programming.

Some of the events were just plain fun like the insiders tour of the Anti Cruelty Society...(It was amazing that no one decided to adopt a kitten that day.) Another program, held at The Clare, and cited in more detail farther down in this newsletter, provided us with essential information about the new Affordable Care Act. Several programs had us touring, inside and out, treasures right here in our own back yard. Do you know where to find images of two children's smiling faces popping out of a door entrance? (Hint: South side of 200 block of Chestnut); or do you know who built the DreihausMuseum mansion on Dearborn and Erie? (Chicago banker Samuel Mayo Nickerson commissioned the Chicago architectural form of Burling and Whitehouse to build what was then the largest private residence in Chicago.)

Thanks to **Carol Ferstman**, chair, and the creative and hardworking committee members for their outstanding work: **Shirley Aizenstein, Kathleen Hayden, Sandy Herman, Vicki Kaufman, Jean Klein, Carol Haney, Susan Nathanson, and Jocelyn Vetrano.**

If you have ideas for programs that you want to see on the calendar, let us know. A sub committee, led by **Shirley Aizenstein**, is focusing on health issues, so if you are interested in working on this, let her know: [saizenstein@yahoo.com](mailto:saizenstein@yahoo.com) or **312-654-8117**.

**The next focus for SVC is to develop a volunteer program.** Several members have asked how they might play an active role in the community and we want to develop a plan to enable people to do just that. **Our first planning meeting is Wednesday, July 18 at 4pm, location TBD.** Send me an email if you are interested: [mitzen@sbcglobal.net](mailto:mitzen@sbcglobal.net) or **312-932-0996**.

If you aren't already a member, we hope you will join us - we have kept the membership fee low, and we need your support in order to continue to grow. Fill out the membership form you will find on the [SkylineVillageChicago.org](http://SkylineVillageChicago.org) website and mail your check today. We want and need you as a member so we can continue. The life you enrich will be your own!

Warmly,  
**Phyllis Mitzen**  
SVC President

## **SKYLINE VILLAGE PROGRAMS AND ACTIVITIES**

**THE CARLTON CLUB.....An Extraordinary Event!!**

**Cooking Demonstration & Tasting**

**Tuesday, July 10 at 3 p.m.**

At the Ritz Carlton Hotel

(Please enter at 160 E. Pearson)

**(Neighborhood  
Programs & Events)**

**"CHICAGO"  
MOVIE IN THE PARK**

**NORTHWESTERN  
FOOTBALL GAME**

**REDUCING  
HEALTHCARE COSTS**

**JOIN SKYLINE  
VILLAGE  
or  
SUBSCRIBE TO OUR  
NEWSLETTER  
on our  
[SVC WEBSITE](#)**

The Carlton Club has invited us to participate with Chef Pierre in a cooking demonstration and tasting at this fashionable private club, with appetizers prepared especially for us and paired with professionally selected wines. Join us for a memorable afternoon! In addition to this delicious afternoon, The Carlton is offering each attendee a complimentary pass to The Carlton Club for a week!!!

**Enrollment is limited but there are still a few spaces left.**

**COST:\$10 for Members, \$15 for Non-members.**

RESERVATIONS (a two-step process):

1. Contact Vicki Kaufman at [vkauf@aol.com](mailto:vkauf@aol.com) or at **312-640-0440**
2. Send in your check to **Skyline Village Chicago, P.O. Box 11757,**

**Chicago, IL 60611** with the following information:

**Name**

**Are you a SVC member?**

**E-mail Address**

**Telephone number (in case we have to reach you)**

**List the program name: The Carlton Club**

## **IKEBANA...and how!!!**

**On Tuesday, July 24<sup>th</sup>** join your friends at Skyline Village Chicago for a wonderful afternoon of creativity and culture, **planned especially for us by our friends at The Hallmark of Chicago.** The Japanese American Service Committee is offering an introductory class of **Ikebana, the art of Japanese Floral Arranging.**

The demonstration takes place at **2960 N. Lake Shore Drive**, in the Skyline Room.

**Lunch, bus transportation (or valet parking, should you choose to drive) and supplies are included.**

Space is limited; your reservation is on a first come, first served basis, so don't delay.

**DATE: Tuesday, July 24**

**TIME: 10:30 a.m. bus pick-up**

**MEETING PLACE: Lobby of 950 N. Michigan Avenue)**

**COST: SVC Members - \$10; Non-members - \$15**

**SCHEDULE:**

**Program: 11:00 -12:30**

**Lunch: 12:30 - 1:30**

**Return to pick-up location: around 2:00 p.m.**

**Please RSVP through our two-step enrollment process:**

1. Contact Carol Ferstman at [Carolferstman@aol.com](mailto:Carolferstman@aol.com) with the subject listed "Ikebana at Skyline Village Chicago" or call her at **312-867-0873** and leave your name, phone number and program title.

2. THEN, send a check to: **Skyline Village Chicago, P.O. Box 11757, Chicago, IL 60611** based on the fees listed above. Check to be received by July 20, 2012 to ensure your reservation.

We look forward to your joining us!!!

## **SKYLINE VILLAGE GOES TO CHICAGO CONCERTS**

### **EXPLORE TWO CHICAGO MUSICAL VENUES**

In June, we initiated our first musical program at the **Rush Concert Series** at **St. James Church, 40 E. Erie** (between Rush and Wabash). We hope you will join us for two additional half hour performances at this venue. The door opens at 5:15 when we will gather in the vestibule and sit together. Look for the SkylineVillage sign. There is no fee. Dinner afterwards in the neighborhood is one option to extend the evening, or we can walk over to the MCA for an hour of jazz, which starts at 7 p.m. (but no guarantee of seats on the patio). Your volunteer "go-to" person is **Kathy Hayden**.

### **RUSH CONCERTS**

**July 17** - Felix Mendelssohn, Octet in E-Flat Major

**August 21** - Music of Mozart and Schubert

**FREE...No reservations required...just meet us there!**

### **JAZZ AT THE MUSEUM OF CONTEMPORARY ART**

We have reserved tables at the Museum of Contemporary Art where SkylineVillageChicago attendees will dine on the patio (or if it rains, inside the restaurant) at Puck's restaurant and enjoy the following fine musical jazz performances:

**July 31** - Art Hoyle, Trumpet. **Theme for dinner is American.**  
(Payment deadline - **July 20, 2012**, see instructions below)

**August 14** - Fred Longberg-Holm, Cellist. **Theme for dinner is Asian.**  
(Payment deadline - **August 2, 2012**)

The dinner accompanying the concerts assures us **reserved seating** for the concert. **Cost: \$32** for the concert and dinner (including tax and tip). Cash bar is available. To reserve your place and seat, please take the following steps:

1. **Call or Email to Reserve: 312-944-7430** or [kathy.hayden@att.net](mailto:kathy.hayden@att.net), leaving your name, number of places and phone number for confirmation.

2. **Mail your check to: Skyline Village Chicago,  
P.O. #11757, Chicago, IL 60611**

**With your check, please include the following information:**

**Name(s) of attendees**

**Your Email address**

**Telephone number (in case we need to get back to you)**

**Title AND Date of the Program: e.g. MCA 7/31 or 8/14**

## **WALKING WITH SVC**

### **MONDAYS & WEDNESDAYS from 8-9 a.m.**

Men and women, all fitness levels are welcome to join in. Meet us at the street level of the Bloomingdale Building, to the left of the desk, to start your day with exercise and congenial company.

The weather has been beautiful so we've been walking along the lake front.

Come join us - start off your day with a healthy walk.- What better way to get in those 10,000 steps? SVC walks every Monday and Wednesday, starting at 8 a.m. in the 900 N. Michigan lobby.

**Time not right for you?** Tell us when you would like to walk and maybe we can start another group. Contact **Phyllis Mitzen, 312-932-0996** or [mitzen@sbcglobal.net](mailto:mitzen@sbcglobal.net)

## **RESOURCES & TIPS FROM JUNE 11TH PROGRAM AT THE CLARE, "UNDERSTANDING HEALTHCARE."**

Our speakers from **AgeOptions** recommended places seniors may go for help with insurance issues:

Illinois Senior Health Insurance Program (SHIP) provides health insurance counseling for Medicare beneficiaries and their caregivers. This is sponsored by the Illinois Department of Insurance. To contact SHIP, call **1-800-548-9034** or email [DOI.SHIP@illinois.gov](mailto:DOI.SHIP@illinois.gov)

Local Area Agencies on Aging can assist consumers in making sure that they are accessing the benefits they are entitled to, and that their PartD or other insurance plans are appropriate for their situation: AgeOptions, Chicago Department of Family and Support Services, northeastern Illinois Area Agency on Aging: <http://www.state.il.us/aging/2aaa/aaa-main.htm>

Illinois Senior Medicare Patrol (SMP) program at AgeOptions - help individuals detect and report health care fraud issues (i.e. billing for a service that was never rendered, billing for something different than what was provided, etc.) You can find tips and information about Medicare/Medicaid fraud on the SMP webpage at [www.illinoismp.org](http://www.illinoismp.org). Click on "Illinois SMP Materials" to download "tips" sheets and other informational materials.

Call the Illinois Attorney General's Office Health Care Bureau at **1-877-305-5145** to file complaints against a provider or insurance company who has committed fraud or abuse.

<http://illinoishealthmatters.org> is a great site for Illinois residents to learn about health reform and how it affects them. It was created by Health and Disability Advocates, in partnership with a number of different health care and advocacy organizations.

**TO KEEP CURRENT ON CHANGES IN MEDICARE, GET ON THE MEDICARE INFORMATION MAILING LISTS, LISTED BELOW AND PUBLISHED FREQUENTLY.**

[medicarewatch@medicarerights-email.org](mailto:medicarewatch@medicarerights-email.org)

Medicare Watch, Your Weekly Medicare Consumer Advocacy Update...get Medicare right.

[Dearmarci@medicarerights.org](mailto:Dearmarci@medicarerights.org)

Highlights a Topic of the Month in addition to other relevant information.

#### **ARE YOU MISSING OUT ON BENEFITS?**

[benefitscheckup.org](http://benefitscheckup.org) This is a free comprehensive one-on-one screening site, featuring more than 2000 public and private programs for low-income Medicare beneficiaries.

The U.S. Administration on Aging, provides information about local agencies and organizations that support seniors, their families and caregivers. Eldercare Locator can be contacted by calling **1-800-677-1116** or [eldercare.gov](http://eldercare.gov). (Both resources can be found at [aarp.org/quicklink](http://aarp.org/quicklink))

#### **UNDER AGE 65?**

AgeOptions is currently drafting a toolkit on insurance benefits for people under 65, which we will link to you as soon as it is completed.

#### **FUTURE PROGRAMS ON UNDERSTANDING HEALTHCARE**

Skyline Village and The Clare are planning additional programming on **UNDERSTANDING HEALTHCARE AFTER THE SUPREME COURT RULING**, when the implication of the ruling is redefined. **PLEASE STAY TUNED!!**

## **MEMBER ACTIVITIES**

The groups below are **FOR MEMBERS ONLY**, but non-members may attend two sessions to see if they are interested in joining Skyline Village in order to participate.

### **SVC BOOK CLUB**

#### **EXPAND THE MIND AND ENJOY THE COMPANY!**

SVC Book Club is meeting every month on the **last Wednesday of the month at 1:00 P.M.** on the **second floor of the Galter Pavillion** at Northwestern Memorial Hospital. Contact: **Vicki Kaufman** at **312-640-0440** or at [ykauf@aol.com](mailto:ykauf@aol.com).

Please leave your name and phone number in case of changes on our end. Members make book selections and the leadership for each book discussion rotates throughout the group.

### **ASIAN ART STUDY GROUP**

This fully subscribed group will meet on **September 13 at 4:00**

**p.m. For information as to location and agenda: Carol Ferstman at 312-867-0873 or [carolferstman@aol.com](mailto:carolferstman@aol.com).**

## **GAMES, GAMES, GAMES**

We are still struggling to get enough people to launch our Bridge and Scrabble Groups. We are seeking a seasoned player to provide INITIAL instruction and guidance to a novice group of Scrabble players. And where are all the Bridge players? Maybe someone who is a proficient player will volunteer to teach a few of us the basics and/or some finer points of the game to get a foursome started. These groups could be launched in no time with a little help from one of you! Please contact Vicki Kaufman, [vkauf@aol.com](mailto:vkauf@aol.com) or **312-640-0440**.

## **PLANNING AHEAD WITH SVC**

**(mark your calendars)**

### **GLESSNER HOUSE MUSEUM TOUR**

**Saturday, September 29**

**JOIN US TO VIEW A HISTORIC CHICAGO HOME AND LEARN ABOUT ONE OF CHICAGO'S MOST IMPRESSIVE FOUNDING FAMILIES.**

**Our TOUR will begin at 11:00 at the home at 1800 South Prairie. Meet at 10:10 a.m. inside the Bloomingdale Building Lobby to travel together. We will be taking a CTA bus to the site.**

#### **A PIECE OF CHICAGO HISTORY:**

John and Francis Glessner moved to Chicago right after their marriage in 1870. John Glessner was instrumental in the development of the Gilded Age Chicago and his influence continues in many of our cultural institutions in Chicago today. He founded the company that ultimately became part of International Harvester, where he served as V.P and Chairman of the Executive Committee. His achievements were matched by those of his wife Frances, patron of the arts, holding meetings of women interested in lectures and readings about current books which became the Monday Morning Reading Class and her diary of forty years provides us a history of life during this era. She was a talented seamstress, needle worker, silversmith, pianist and avid knitter. She co-founded the Chicago Chamber Music Society and numerous other pursuits. Their joint civic affairs will wow you and put context to many of the organizations that you will recognize as part of today's Chicago!

### **FIRST WEDNESDAY PROGRAM: SLEEP DISTURBANCES**

## Wednesday, October 3rd

**Skyline Village** and **SOAR** present another in our programs on Health. October's topic comes from overwhelming interest expressed on the survey from our previous health educational program entitled, "Brain Drain and Gain" which promoted brain health. You asked that we present a program exploring the topic of SLEEP DISTURBANCES and we are responsive to your wishes.

**Our noted speaker will be Dr. Zee, MD, PhD**, faculty member of the Northwestern Feinberg School of Cognitive Neurology and Alzheimer's Disease Center.

**Location:** To be announced

**Evening's Registration: 6:00 p.m.**

**Program Commences: 6:30 p.m.**

**REGISTER by October 1<sup>st</sup> by email: [RSVP@soarchicago.org](mailto:RSVP@soarchicago.org)**

## NEWS YOU CAN USE...

programs and activities within our community

**SOAR, one of our many local partners, invites you to:  
Lake Shore Park at dusk on July 19th for the showing of the  
movie/musical "Chicago."**

Come early, bring a lawn chair, purchase dinner from a variety of local food trucks of various cuisine, enjoy entertainment from community theater groups & conversation with your Streeterville neighbors.

## NORTHWESTERN FOOTBALL

**Members of Skyline Village and SOAR & their friends and family are invited to experience Northwestern Football at Ryan Field!!!**

**Northwestern vs. Boston College - September 15, 2012**

and/or

**Northwestern vs. Indiana - September 29, 2012**

Members can purchase an all-inclusive package which includes food and a discount game ticket. In addition, enjoy Wildcat Alley, Northwestern's free pre-game event which starts two hours prior to kickoff just North of Ryan Field. Every member attending with SOAR/SKYLINE VILLAGE will receive a free Northwestern baseball hat and one of our members will win a pre-game on-field experience to watch warm-ups and take pictures on the Northwestern sideline.

**THIS IS DEFINITELY A RETRO EXPERIENCE AND WILL WIN THE HEARTS OF OUR CHILDREN AND GRANDCHILDREN!**

**Skyline Village Chicago/SOAR Special Pricing:**



**Cost for tickets: \$15****Food Options:**

Package #1 - Hot dog, chips, 20 oz. fountain soda - \$7

Package #2 - Veggie burger, apple, bottled water - \$8

**TICKET PURCHASES AND CONTACT PERSON:****Mike Zoller at 847-467-0969** and inform him you are with SVC/SOAR.**TRANSPORTATION:**Maps are available on the NW website <http://www.nusports.com/tickets/gameday-info.html>**DIRECTIONS ON THE RED LINE:** Heading north, transfer at Howard to Purple Line train towards Linden. Get off at Central and walk west to Ryan Field.**PARKING:** Free parking on campus

**The Buehler Center on Aging, Health & Society** invites you to their 17th Annual James E. & Bonnie L. Eckenhoff Lecture and John & Gwen Smart Symposium

**"Rising Healthcare Costs: How to Bend the Cost Curve Downwards, Right Now"**

Presented by **George D. Lundberg, MD**, Editor-In-Chief and Chair of the Editorial Advisory Board of CollabRx and the past president of the American Society of Clinical Pathologists. He has 30 years of editorial experience for major peer-reviewed medical journals, including JAMA and Medscape.

Immediately following the lecture, the John & Gwen Smart Symposium will showcase research and educational activities that are relevant to aging, patient safety, the terminally ill and other vulnerable populations. This event draws together researchers from Northwestern and surrounding academic communities. **Refreshments will be served!**

**When: October 16, 2012****4:00-5:00 p.m.** Eckenhoff Lecture**5:00-6:00 p.m.** Smart Symposium**Where: Prentice Women's Hospital**, Canning Auditorium, 3rd floor, 250 E Superior, Chicago IL 60611

**For more information**, please visit the Buehler Center's website at [www.aging.northwestern.edu](http://www.aging.northwestern.edu) or call **312-503-3087**.

*This series is made possible by the generous support of Eckenhoff family and the Smart Family Foundation.*

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