



Sylvia Dawson joins the newsletter team as editorial assistant.
She had a most helpful hand in producing this issue.
Please welcome her. Nancy Snider, Editor

CONTENTS

	Page
From the Executive Director	2
About Membership	3
New Editorial Assistant	4
Research Opportunities for Seniors!!	4
Origins of the CHPV Culture Calendar	5
Annual Meeting	6
Al Klinger: A Man So Nice He Said Goodbye Twice	7
President Jefferson's Private Life	8
Senior Citizen Law Enforcement Academy	9
Gerontocracy	9
How to Secure Your Laptop	10
Oh, What an Evening!	11
No Such Thing as a Free Lunch	13
Free Rides for SHARE Events	13
That Survey	13
Flyers for April Events	14
Last Page	15



From the Executive Director Inspiration: Browsing the Newspapers

A generous and conscientious neighbor of mine re-delivers her *Chicago Tribune* and *New York Times* newspapers to me after she finishes them so that they are read at least one more time before recycling. Her deliveries come two or three times a week, which means I either have a large stack of newspapers or none at all. Often on Saturday mornings I sit down with coffee and scissors and plow through many of them, quickly disposing of some sections (sorry, sports section) and setting aside others to read in non-speed-read mode (hello, *Times Sunday Review!*). I often cut out articles of interest to my family and make little piles for everyone.

Since coming to CHPV in January I have also been collecting articles relevant to the Village. The one that has lingered with me the most is a simple, title-less *Times* “Inside the List” column from early February.¹

The author, Emily Eakin, begins by recounting the “big numbers” that have been floating around the news and then moves into recent “big numbers” involving older women: Nancy Pelosi, 78, Maxine Waters 80, Donna Shalala, 78. She then highlights several articles that I somehow missed, and finally focuses briefly on Mary Pipher’s new book, *Women Rowing North: Navigating Life’s Currents and Flourishing as We Age*, 2019. In this book Pipher offers a “corrective” of what she deems to be the chronic cultural undervaluing of older women.

What stuck with me from this short column is Mary Pipher’s research-based a conclusion that “the happiest people are women aged 65-79.” I thought that was a wonderful and important fact, as apparently many others did – the book was in its fifth printing within a few weeks of publication! I imagine many of you have read this book or have it on your to-read list. If not, I commend it to you. It sounds like a valuable source of inspiration and insight relevant to many Village members.

¹Eakin, Emily. (2019, February 10). Inside the List. *New York Times Book Review*, pg. 20.

Cheers to all of you and happy early spring!
Michelle

Michelle Dassinger
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About Membership

From Roger Huff, CHPV Membership Chair < membership@chpv.org >

Do you have a friend in Hyde Park or the surrounding area who might be interested in Chicago Hyde Park Village (CHPV)?

If you think your friend would like to receive emails about CHPV programs and activities, then please encourage your friend to –

- Go to CHPV website < www.chpv.org >
See Home Page
- Top Left Hand corner of home page *Click* Add Me To Your Mailing List
See the form
- Fill in name and the contact info for the preferred communication channels
- Most CHPV communications are via e-mail
- *Click* Save button

Note that near the bottom of the form your friend may select a descriptive category: "interested in volunteering" or "prospective member." If neither is specified your friend will be placed in the "interested persons" category. Active members, prospective members & interested persons receive most CHPV mailings such as monthly newsletters, weekly event notices, other special notices of general interest to CHPV members and friends.

Please **DO NOT** fill out this online form for your friend - CHPV doesn't want to be sending out email to persons who don't actually want it. Allow your friend to *opt in* by filling out the form him/her self.



New Editorial Assistant

Sylvia Dawson

I grew up in the South Coast of England (Jurassic Coast, World Heritage Site). I attended a Teacher training College in Bristol UK where I met and married Glyn.

My specialty is Biology and after raising two sons in the Chicago suburbs I got a job as a biotechnologist at the University of Chicago and moved to Hyde Park in 1993. Glyn and I have travelled intensively around the world and I have recently retired from the University of Chicago.

Research Opportunities for Seniors!!

By Margaret Huyck

The Brain Research Lab and the Memory Lab at the University of Chicago are seeking older adults (ages 65-85) to participate in various studies. Usually participation takes 1 to 1.5 hours of laboratory time at 5845 S. University Ave.

Some studies provide either paid parking or Lyft transportation to the lab and back home. There may be monetary compensation for participating; the amount varies with the study. Generally time slots are available 7 days a week for a period of several weeks.

Contact a researcher from the list below to make your contribution to science! If the researcher you choose no longer needs participants, he/she will suggest another study and usually can provide contact information.

- Xian Li, Tel 773-595-2116, email < xianl@uchicago.edu >
- Christina Yu, Tel 256-665-3166, email < cyu56@uchicago.edu >
- Taylor Chamberlain, Tel 443-840-0043, email < tchamberlain@uchicago.edu >

We need to participate in data collection. I've done it, and these tasks are much more interesting than anticipated!

Origins of the CHPV Culture Calendar

By Dorothy Strang

When I moved back to Hyde Park last summer, after ten years away, I looked around to see what groups might help me write a new chapter in my life. Soon I was exercising and dining out with members of the CHPV and liking the energy I found. Clearly the CHPV is evolving, not from a predetermined master plan but organically, from the skills and interests of its members.

At the same time I was exercising and dining out with CHPV, I was also leaping back into Big City Culture - rediscovering museums, attending plays, absorbing music at as many concerts as I could manage. At some point I wondered whether my love of scouting out culture might find a way to inform CHPV members, perhaps even entice them to attend events. I proposed to Susan Alitto that I curate a brief Culture Calendar for the weekly announcements sent to members and friends. Currently you can find the Culture Calendar at the end of the Monday (or Tuesday) email from Susan called "Upcoming Events."

And so, a month ago, the first Culture Calendar appeared. As the Calendar posting states upfront, an event must fulfill three criteria:



1. It happens during daylight hours;
2. Admission is free, or minimal;
3. Its venue is either in the neighborhood or easily accessible by public transportation.

Occasionally I stretch those criteria, when -- for instance -- the Music Teachers of Hyde Park ARTISTS SERIES began at 6:30 PM. Or when the Service League sponsored a showing of the film *The Wife* and charged \$2 admission. I've also widened "neighborhood" beyond Hyde Park/Kenwood to include, for instance, the Whitney Young Branch of the Public Library at 79th and King Drive. Overall those criteria seem to me appropriately senior-friendly.

A few challenges persist. My years as a middle school teacher insist that I format the calendar, using bold face and indentations, to present the information crisply and clearly. To date we haven't figured out how the program used for the weekly announcements can replicate my original formatting. We also haven't figured out a good channel for feedback, though one reader did email me with an event to include (which I did).

In the spirit of CHPV, however, I am certain these challenges will find solutions. If CHPV members and friends find the calendar useful, I will happily continue to scout out culture events to broaden and brighten our days.



Annual Meeting

The Chicago Hyde Park Village annual meeting took place at the Community Programs Accelerator on March 12th at 5225 S Cottage Grove. Members enjoyed a social time with refreshments provided by Ann Audrain before the meeting. The room was a comfortable size for the 35-plus attendees. We look forward to having more Village meetings here at the Accelerator.

President Gary Worcester opened the meeting and asked for a moment of silence as we remembered those who had passed away during the past year. Then he introduced our new executive director, Michelle Dassinger. Committee chairs presented reports and commented on activities for 2019 as well as accomplishments in 2018. Written reports can be found at: CHPV web page – www.chpv.org

Directions to access the 40-page Annual Report 2019:

- Go to CHPV web page
See Home Page
- Top Right Hand corner of home page *Click* Member Login
- Sign in
- *Click* About Us button
- *Click* Village documents
See Document Folders drop down menu on Left Hand side
- *Click* Annual reports
- *Click* Annual Report 2019

Al Klinger: A Man So Nice He Said Goodbye Twice

By Gary Worcester

Back in February many of us were saddened when news spread that Dr Al Klinger had experienced a stroke and was hospitalized. A proud activist for social justice, he has been a fixture in Hyde Park since the 1950s. In retirement he became a fixture on the lakefront where he biked, scootered and walked through to the age of 93.

Al came through the back entrance to Piccolo Mondo a little before 10 that morning. The dining room was packed with friends of Al's, come to pay their respects. Amazingly for a man three weeks removed from a stroke, Al stood greeting friends until well past 11 before he finally took a seat. At one point he treated the crowd to a fervent reading of one of his poems. The event was a celebration of a fine man.

On Wednesday, March 6, Al had a curtain call. Al was an early member of CHPV men's group that meets twice a month at Piccolo Mondo where we drink coffee, trade wisdom and swap stories. Over four years we've become something of a band of brothers.

We were delighted to see Al walk into the dining room and sit down to talk. I've heard Al speak about his WWII combat experiences before but I've never heard him describe them in such vivid, harrowing detail as he did that morning. His daughter Janet took a picture of our gang.

Then it was over. Al had a plane to Seattle to catch. We said our goodbyes and thanked him for the wisdom and friendship he had given us. Al said to look him up if we are ever in Seattle.



Pictured from the Left — Sam Guard, Al Klinger, Gary Worcester, Gary Ossewaarde, Jerry Gripshover, Jerry Dinnell, Phil Kletke. Photo by Janet Klinger

President Jefferson's Private Life

By Ellie Hall

How did the man, who in the Declaration of Independence said "all men are created equal," get involved in such a relationship?



On March 15, about a dozen people watched a talk by Annette Gordon-Reed, a Pulitzer Prize-winning historian and author of books on the topic, on Thomas Jefferson and Sally Hemings, his slave with whom he had several children.



Gordon-Reed described how Jefferson's relationship with Hemings came about. Jefferson's wife died in childbirth after several difficult pregnancies. On her deathbed, she asked Jefferson not to remarry as she didn't want her children to have a stepmother.

Sally Hemings was the wife's half-sister, the daughter of the wife's father and one of his slaves. Her relationship with Jefferson began after she escorted Jefferson's daughter from the United States to Paris, where he was serving as ambassador. In France, she was legally free. But she chose to return to Virginia and slavery when Jefferson promised to free their children when they reached the age of 21.



It was common for slaveholders to have children with their slaves but most sold the children off the plantation or otherwise distanced them. Jefferson remained in close contact with his slave children and did free them. However, he couldn't free the rest of his slaves in his will, as he died over \$100,000 in debt.

The story that Jefferson had children with one of his slaves was in circulation while he was alive. However, historians dismissed it as a political ploy. It was claimed that Sally Hemings' children were the children of one of Jefferson's nephews. Gordon-Reed had DNA testing done with descendants of Jefferson, Hemings, and the two nephews. The DNA tests showed that the Hemings descendants were related to Jefferson, but not the two nephews. She also studied Jefferson's and the Hemings family's papers and came up with a well-researched and fascinating story.

The talk was presented by tele-conversation via Skype at the Community Program Accelerator. The Accelerator is a good location for such a presentation because of the large screen on which we could see Gordon-Reed make her presentation. Afterwards we saw viewers at another site ask questions, had a chance to ask questions ourselves, and saw Gordon-Reed answer the questions. The whole procedure worked well and it was certainly a good opportunity to hear a very interesting talk. So, if the topic of a talk is of interest to you, don't be deterred if it is presented by Skype rather than in person.

Senior Citizen Law Enforcement Academy

By Nancy Snider

CAPS is the partnership between police and community — today it is called Chicago Alternative Policing Strategy. It has had many iterations since it began in the early 1970s as Community Alternative Policing Strategy, a joint effort between community activists and some forward-thinking police officers looking for a way to make Old Town safer. There were large gatherings of citizen beat facilitators for training and fostering an easier working relationship. Over the years its history has been re-written to serve political purposes and whitewash eviscerating budget cuts and personnel depletion. [I remember; I was there.]

Today's strategy takes a new turn toward helping citizens help themselves. It is less costly to meet in the community room in district headquarters with instructors who are officers on regular duty instead of special overtime. Including Sheriff's Police adds ~~eachet~~ more validity. That said, the "academy" idea is useful and results will, hopefully, enable some seniors to help themselves as well as help a friend or neighbor.

Last month the Chicago Police Department and the Cook County Sheriff's Office began hosting a series of Senior Citizen Law Enforcement Academy classes. Through these classes, you can learn how to:

- protect yourself from crime
- communicate with law enforcement
- understand con games and scams targeted at seniors
- understand the functions of Cook County Jail and Courts



Shoulder patches

Classes meet on Tuesdays from 10 AM—Noon at the 2nd District Headquarters, 5101 S. Wentworth Ave., on the following dates:

March 19, April 16, May 21, June 18, July 16, August 20.

For details and to register contact Officer Daliah Goree at the CAPS office, 312-745-4119. Persist in speaking with her rather than leaving messages.

Gerontocracy

Although first reported use was in 1830, today *gerontocracy* is a trendy new word in politics. What is of concern is the thesis - that elected representatives are old and too few youngsters are getting elected – which perceives it as bad for the country.

<https://www.theguardian.com/commentisfree/2018/oct/06/congress-senate-house-age-problem>

How to Secure Your Laptop

A Synopsis¹

Here are some tips to secure your laptop.

Physical Devices

1. Store your laptop in the trunk while traveling.
2. Use a laptop security cable. This cable connects to your laptop and secures it to a non-moveable item in your home, office, hotel or conference room.
3. A theft protection plate that applies like a sticker on steroids can be used to identify the owner of the computer. If a thief removes the plate it leaves a permanent acid-etched "tattoo" on the laptop, indicating that it has been stolen. These security plates are available online from < <https://www.stoptheft.com/> >

Security Software

1. FrontDoor Software's Laptop Security software can help to get your laptop back if it's lost or stolen.
2. Prey is a free cross-platform tracking app that provides location data, Webcam, and screenshot reports. The free version supports up to three devices.
3. Absolute Home & Office (formerly called Lojack for Laptops) provides you with a Theft Recovery Team that's actually a licensed private investigation agency.

Password Security

Try to use passwords that include a combination of at least eight letters and numbers, and change your passwords on a regular basis. Make sure you remember the passwords, or you'll lock yourself out!

If you store passwords in your browser or in a file on your laptop, and your laptop is stolen, you've given away the keys to the kingdom. Roboform and similar tools can keep all your passwords handy, but with the protection of a master password.

Keeping Your Laptop Safe

Consider using free Portable Apps that can be loaded on a USB flash drive. Using this approach, all your software and your personal files never need to be stored on the laptop's hard drive. This has the additional advantage that you can plug the flash drive into any available computer, and work without fear of leaving behind any personal data. Just be sure that the drive and the laptop don't travel together in the same bag.

Other

Biometric devices include fingerprint scanners and retina scanners, commonly found on newer smartphones. They can be added to just about any laptop.

¹Original Article information: AskBobRankin -- Are You Securing Your Laptop? (Here's how...) (Posted: 11 Mar 2019) Source: https://askbobrankin.com/are_you_securing_your_laptop_heres_how.html
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Oh, What an *Evening!*

By Terrill L. Stumpf

Wow! Historic and wonderful venue, delicious food, 58 Village members eating together, robust table conversation, meeting new folks, attentive wait service.

We gathered at The Walnut Room at Macys’ on State, that world-famous restaurant, once as much an icon of the Marshall Fields department store as its clock on the corner at State and Washington Streets. The Walnut Room was the first restaurant ever opened in a department store. With Circassian wood paneling imported from Russia and Austrian chandlers, the dining room is both elegant and comfortable.

Our 3rd Annual Villages Dining Together took up half of the south window side of The Walnut Room. The evening began with introductions of all the villages in attendance as noted below.

Sam Guard, a long time Hyde Parker, has an interest and passion for the history of Chicago landmark buildings and is an engaging storyteller. This evening, Sam focused on the historical development of State Street as A Shopping Destination. At the end of the evening, during the coffee and dessert, the Villagers engaged Sam in a Q&A. The best of the questions, “Sam, where did you get those cool red shoes?” For the answer, the next time your path crosses that of Sam’s, you’ll have to ask him.

Last but not least — originally scheduled on January 30th (a polar vortex day), on this evening we gathered on the first day of spring and experienced weather almost 70 degrees warmer!

Participating Villages

Chicago Hyde Park Village

Barbara Norrish – Program

Planning Committee

Terry Stumpf – Program

Planning Committee

North Shore Village

Skyline Village Chicago

Phyllis Mitzen – President

Nancie Thompson –

Member Services Manager

South Loop Village Chicago

Nancy Berman – Founding

Member

Janie Urbanic – Founding
Member

The Village Chicago

Joan Turk – Program

Committee

Megan Byrd – Program and

Communications

Coordinator

Oh, What an *Evening!* continued

The Villages Dining Together | *It takes a Village* — Recognition, Appreciation & Thanks

CHPV Transportation

Steve Fox - CHPV
Coordinator
Susan Alitto - Driver
Margaret Huyck - -Driver
Kathy Williams - Driver

Welcome & Check-in Table

Marianne Crusius
Barbara Norrish
Lorraine Richardson

Name Badges

Barbara Norrish

Portable Microphone

Margaret Huyck

The Walnut Room at Macy's on State

Management
Coordinators
Special Event
Administrator
Wait Staff
Kitchen Staff

Save the Date

4th Annual Villages
Dining Together
All the Chicagoland
Villages
Wednesday,
March 18, 2020

*Met interesting new
people and Sam was
his usual
informative and
interesting self.
You guys did an
incredible
organizing job,
twice! You made it
easy for us.
Ginni, CHPV*

*This was my second dinner.
The food and company
were very good as usual
and Sam was at his best.
Joe, CHPV*

*Terrific event and Sam
Guard was a delight.
Darcy, TVC*

*The dinner was a great experience, and I think
the selection of the Walnut Room was perfect. I
really appreciated the opportunity of socializing
with those from other villages and learning from
their experiences. As a 'start-up' village I left
completely energized!
Janie, SLVC*

No Such Thing as a Free Lunch

Sometimes the free trial of a skincare or healthcare product can unwittingly turn into a recurring product subscription that is difficult to cancel. These situations become frustrating and costly for both customers and their banks.

MasterCard is testing a proposed rule change to benefit consumers. “The rule change will require merchants to gain cardholder approval at the conclusion of the trial before they start billing,” said MasterCard Chief Franchise Officer Paul Petta on a company blog post. MasterCard expects this increased transparency will help ensure an “outstanding experience” for cardholders.

For details on how to stop automatic billing from an “opt out” vendor contact the bank that issued your MasterCard.

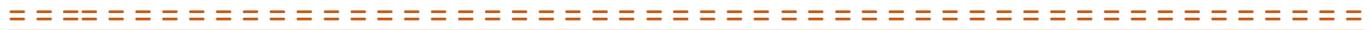


Free Rides for SHARE Events

Free transportation is available for Chicago residents 65 and older *for SHARE-sponsored events only.*

Call SHARE at 773-441-8457 or eMail < sharerides@chpv.org >

We are advised to request a ride 48 hours in advance.



That Survey

Thanks to all who took time to record their preferences and habits related to this newsletter. Results are being tabulated and analyzed.

FLYERS FOR APRIL 2019 EVENTS
a Supplement to the April CHPV Newsletter

Event Date	Sponsor	Name of Event	Click or Call for More Information
04/01/2019	SHARE Network	Weight Loss - Strategies for Success	Call 773-488-2801
4/5-6/2019	Lakeside Quilting Guild + United Church of HP	Quilt Show	https://lakesidequiltingguild.weebly.com/2019-quilt-show.html http://uchpchicago.com/
04/06/2019	OWL	Legal Care for Living With a Chronic Medical Condition	events@elderwerks.com
04/06/2019	Congressman Bobby Rush	Housing Resource Fair	https://rush.house.gov/
04/07/2019	Hyde Park Historical Soc	Go the Motor Coach Way	https://www.facebook.com/hydeparkhistory/
04/09/2019	CHPV	First Tuesday Dinner Salon - Snail Thai Cuisine	tls1649@sbcglobal.net https://www.chpv.org/
04/10/2019	SHARE Network	Respiratory Health	
04/11/2019	The Circuit Court of Cook County Elder Justice Center	Reverse Mortgages: Updates on What You Should Know to Make an Informed Decision	(312) 603-9233
04/17/2019	UofC Service League	A Look at the Cook County Board by a New Member	www.ucserviceleague.org
04/17/2019	CHPV	Dining Out Meet-up - Virtue Restaurant	tls1649@sbcglobal.net www.chpv.org
04/22/2019	SHARE Network	Artful Aging - Create a Ceramic Tile	
04/25/2019	The Circuit Court of Cook County Elder Justice Center	A Seniors Guide to Property Tax Savings: Are You Paying Too Much?	(312) 603-9233

Individual flyers are in a separate file. Explanation is on the Last Page.

This is the LAST Page

There are so many organizations and groups and interesting places and people here in Hyde Park and in Chicago. One goal of the newsletter is to remind readers of what they have forgotten, let readers know we are up to date (!) and be in touch with neighbors.

So, just as the ink-and-paper newspapers put coupons and colorful, interesting stuffers in a separate bundle, we are doing that with this issue of the Chicago Hyde Park Village newsletter.

There is a Supplement to this newsletter coming – be sure to check it out.

Have fun, enjoy.

Sorry – no funny pages, coupons or comics.