

Beacon Hill Village

OCTOBER 2015 CALENDAR HIGHLIGHTS

A reservation is required for all programs unless otherwise noted in the program description. Prices listed are per person and must be paid at time of reservation. Space is limited; BHV members have priority. Refunds will be made for cancellations received at least one week prior to an event unless tickets have been pre-purchased or non-refundable payments have been made. In that case we can make a refund only if we are able to fill your spot.

Friday, October 2 9:30 a.m. - 2 p.m.

Apple Picking

Our apple picking trip this year takes us to Westward Orchards, a fourth generation family farm in Harvard, MA. After we've picked our apples, we'll have a boxed lunch on the porch of the farm store, which sells cider donuts, produce, and a wide array of gift items. Bags of apples are available for purchase if you prefer to have someone else do the "picking." *Meet at Café Tatte, 70 Charles Street, at 9:30 a.m., or at Starbucks, 165 Newbury Street (between Dartmouth and Exeter), at 9:35 a.m. BHV members: \$35. Non-members: \$45. Price covers van transportation and a boxed lunch.*

Monday, October 5 7:30 p.m. concert; dinner at 6 p.m.

First Monday at Jordan Hall

The first concert of the 31st season in the New England Conservatory's popular monthly chamber music series features works by Brahms, Bach and Sebelius. *Take the Green "E" Line to Symphony Hall stop. Optional dinner (pay individually) at Pho & I, 267 Huntington Avenue, at 6 p.m. For concert only, meet inside Jordan Hall, 30 Gainsborough Street, and look for the group. BHV members only. Free.*

Tuesday, October 6 8 a.m. - 5 p.m.

Tour of Wildside Cottage and Gardens



Eight years ago, Sue Bridge, a founding member of Beacon Hill Village, began to explore ways in which future generations might live comfortably without depending heavily on fossil fuels or food basics shipped from afar. Wildside's lovely off-grid cottage has solar heat and electricity, and the seven gardens form an 'edible landscape' on eight hilly acres in Conway, MA, producing crops from asparagus to hazelnuts to persimmons, quince, sunchokes and rice.

Sue now welcomes several hundred visitors a year. See wildsidecottageandgardens.org. After our two-hour tour of the cottage and gardens, we will have lunch at the Deerfield Inn and then explore the town of Deerfield on our own. *Meet at Café Tatte, 70 Charles Street, at 8 a.m., or at Starbucks, 165 Newbury Street (between Dartmouth and Exeter), at 8:10 a.m. BHV members: \$70. Non-members: \$90. Price covers transportation by private bus and tour of Wildside Cottage. Lunch is pay individually.*

Thursday, October 8 11 a.m. - noon

Scams and Frauds: How Not To Be A Victim

SCAMS! FRAUDS!

It's becoming more and more common to receive an email from someone pretending to be a bank representative, a friend stranded abroad and in need of money, or E-Z Pass claiming a toll violation. Representatives of the Massachusetts Office of Consumer Affairs & Business Regulation will give a presentation on understanding, spotting and avoiding scams and frauds; how to avoid identity theft; shopping rights; and other similar topics. *Meet at Beacon House, 19 Myrtle Street. BHV members and their guests. Free.*

Wednesday, October 14 10:30 a.m.

MIT Outdoor Public Art

Our April tour of MIT's outstanding outdoor public art collection was such a success that we've asked Courtney Klemens, our MIT tour guide, to lead a second tour that will explore different pieces in the collection. Works by Jaume Plensa, Eero Saarinen, and Matthew Ritchie are among those we're likely to visit.

Optional lunch on the MIT campus after the tour. *Meet at the sculpture that "looks like a bike helmet" in front of 77 Massachusetts Avenue at 10:30 a.m. Take the Red*

Line to Central Square and then the #1 bus towards Kendall Square. The bus stops in front of 77 Massachusetts Avenue. BHV members and their guests. Free.



"Alchemist" sculpture by Jaume Plensa

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NOTES						
TRIP TO MARKET BASKET Door-to-door transportation to Market Basket in Somerville on Wednesday, October 7, at 10 a.m. and noon. A driver will help carry your groceries! Space is limited. BHV members only: \$10.	Meditation (8:45) Calendar Mailing (10:30) Total Fitness w/ Cindy (11-noon) First Monday at Jordan Hall (6:00 for dinner; concert at 7:30)	Wildside Cottage & Gardens (8-5) Grocery Shop (9:30 & 11:30)	Market Basket (10 & noon) Total Fitness w/ Cindy (11-noon)	Meditation (8:45) Men's First Drink (4-5)	Grocery Shop (9:30 & 11:30) Apple Picking (9:30-2) Tai Chi/Dorri Li (11:45-12:45)	TERRIFIC TUESDAYS BHV members generally meet on the first Tuesday of each month, but in October will be meeting on the second Tuesday (October 13) at 4 p.m. at 75 Chestnut Street to discuss and plan outings related to the arts. All BHV members welcome! Registration not required.
TRIP TO TRADER JOE'S Door-to-door transportation to Trader Joe's in Cambridge on Wednesday, October 21, at noon and 2 p.m. A driver will help carry your groceries! Space is limited. BHV members only: \$10.	Columbus Day BHV Office Open Meditation cancelled Total Fitness cancelled	Grocery Shop (9:30 & 11:30) Terrific Tuesdays (4:00) (note new date for October only)	MIT Outdoor Public Art (10:30) Total Fitness w/ Cindy (11-noon)	Meditation cancelled Scams & Frauds: How Not To Be A Victim (11-noon) Maidens & Martinis (4:30)	Grocery Shop (9:30 & 11:30) Tai Chi/Dorri Li (11:45-12:45)	MAIDENS & MARTINIS: CARRIE NATION Join the women of Beacon Hill Village for a drink (alcoholic or otherwise) on Thursday, October 8, at 4:30 p.m. Meet at Carrie Nation, 11 Beacon Street, at 4:30 p.m. BHV members and their guests. Pay individually.
TAXI COUPONS Come to the BHV office on Friday, October 9, between 11 and noon, to pick up your taxi coupons at this monthly distribution. Pay \$5 for a \$10 coupon book; maximum of two books per person, per month. BHV members only. 74 Joy Street, third floor.	Meditation (8:45) East Boston Sculpture Walk (10:00) Total Fitness w/ Cindy (11-noon)	Grocery Shop (9:30 & 11:30) Halloween Party (6:00)	Trader Joe's (noon & 2) Change Ringing: Church of the Advent (6:50)	Meditation (8:45) HarborWalk Walk (10:00)	Grocery Shop (9:30 & 11:30) Tai Chi/Dorri Li (11:45-12:45)	MEN'S FIRST DRINK The men of Beacon Hill Village continue their once-a-month exploration of Boston's watering holes on Thursday, October 1 at 4 p.m. Location TBD.
	Meditation (8:45) Total Fitness w/ Cindy (11-noon) Conversations with... Amy Ryan (5:30-7)	Grocery Shop (9:30 & 11:30) IKEA (9:30-2) Grocery Shop (9:30 & 11:30)	Total Fitness w/ Cindy (11-noon) Lunch Group: Abe & Louie's (12:30)	Meditation (8:45) Wellness Clinic & Presentation: Your Brain & Your Mood (11-11:30) Travel Group: The Changing Faces of Iran (5-6:30)	Grocery Shop (9:30 & 11:30) Tai Chi/Dorri Li (11:45-12:45)	MEDITATION Meets every Monday & Thursday at 8:45 a.m. at the Beacon Hill home of BHV member Susan Cox. BHV members only.
	Rummikub (3-5)	Total Fitness w/ Cindy (11-noon)	Total Fitness w/ Cindy (11-noon)	Meditation (8:45) Wellness Clinic & Presentation: Your Brain & Your Mood (11-11:30) Travel Group: The Changing Faces of Iran (5-6:30)	Grocery Shop (9:30 & 11:30) Tai Chi/Dorri Li (11:45-12:45)	Halloween
	HEALTH & WELLNESS: Beacon Hill Athletic Club (\$5/class) <i>North Station, 261 Friend Street. Aerial Conditioning (Fri at 8:30)</i> <i>North End, 85 Atlantic Avenue: Total Body Strength (Mon at 8:30 and Fri at 8:15); Muscle (Wed, Thurs at 8:30); Stretching (Wed, Thurs at 9:30); Yoga (Fri at 9:15)</i> <i>Beacon Hill, 3 Hancock Street. Senior Conditioning (Tues, Thurs at 10</i>	Total Fitness w/ Cindy BHV's Monday and Wednesday exercise class at Beacon House, 19 Myrtle Street.	Tai Chi/Dorri Li Beacon House, 19 Myrtle Street Call instructor at 617.512.9575 for fee.			
		25	28	29	30	31

Thursday, October 15 10 a.m.

North to South Station: HarborWalk Walk

Join BHV member Davida Carvin for a 4.3 mile brisk walk along the HarborWalk from North Station to South Station. On this approximately two-hour walk, there will be ample opportunity to rest and take in the spectacular harbor scenes. En route, the group may decide to take a break and enjoy the view of Fort Point Channel from the Independence Wharf 14th floor observation deck near the Moakley Bridge. Your reward at the end of the walk will be lunch at the Dewey Square Farmers Market or one of the food trucks at South Station. As we travel the North End portion of the Harbor Walk, Roger Cox will relate the story of the great molasses flood of 1919. *Meet outside the North Station T stop on the Garden side of the street at 10 a.m. BHV members and their guests. Free.*

Monday, October 19 10 a.m.

East Boston Sculpture Walk



BHV member Sylvia Blumenthal (and her trusty assistant, Davida Carvin) will lead a tour of the HarborArts Shipyard Gallery, an outdoor collection of more than 30 contemporary artworks set within the grounds and on the docks and barges of the historic Boston Harbor Shipyard and Marina. The group will walk through Piers Park, a waterfront park with spectacular views of downtown Boston. *Lunch in Maverick Square after the walk. Meet outside the Maverick T Station (Blue Line) (exit at the front of the train) at 10 a.m. for the 6/10 mile walk to the Marina. BHV members and their guests. Free.*

Tuesday, October 20 6 p.m.

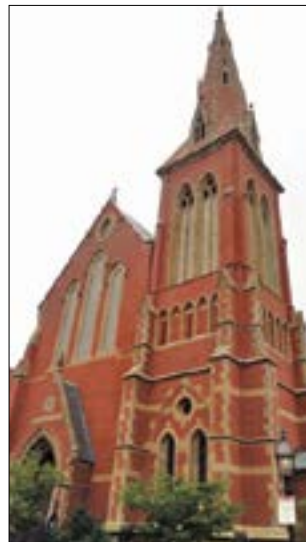
Halloween (Dinner) Party



In our opinion, you're never too old to celebrate Halloween. BHV is hosting what may be its first ever, costumes optional, Halloween Party. We'll provide the decorations and all the candy you care to eat. Members are asked to bring a dinner contribution: appetizer, main course, side dish or salad, dessert, or beverage. We encourage members to dress for the occasion! *Meet at the Hill House Fire Station, 127 Mt. Vernon Street. BHV members and their guests. Free.*

Wednesday, October 21 6:50 p.m.

Change Ringing Demonstration: Advent Church



English Change Ringing is the rhythmic sounding of a set of tuned bells in changing sequences that are determined by the mathematical principles of permutation. If you are able and willing to climb a steep set of old wooden steps up the equivalent of two floors, you will have the opportunity to watch (and hear, of course!) the Advent Church's band of bell ringers during the group's Wednesday evening rehearsal. *Meet at the Advent Church Parish House door, 30 Brimmer Street. BHV members (and their guests, on a space available basis). Free.*

Thursday, October 22 10 a.m. - 12:30 p.m.

Mount Auburn Cemetery

With any luck, the leaves will be in full color during our guided walking tour of Mount Auburn Cemetery. Not only is Mount Auburn a cemetery, it is a National Historic landmark, a botanical garden, an outdoor museum of art and architecture, and a habitat for urban wildlife. For those who prefer to ride rather than walk, a three-person golf cart will accompany the walking group. *Meet at Café Tatte, 70 Charles Street, at 9:30 a.m., or Starbucks, 165 Newbury Street (between Dartmouth & Exeter), at 9:35 a.m. BHV members: \$30. Non-members: \$40. Price covers van transportation and tour.*

Sunday, October 25 3 - 5 p.m.

Rummikub with Tina & Joan

Join BHV members Joan Doucette and Tina DiMaggio for an afternoon of Rummikub at Tina's home on the flat of the Hill. *BHV members only.*

Monday, October 26 5:30 - 7 p.m.

Conversations with... Amy Ryan

Launched in 2013, the Digital Public Library of America was created to provide public access to digital holdings from libraries, archives, museums, historical societies, and other community centers in a centralized, online environment. Our speaker, Amy Ryan, was elected chair of the DPLA for a two-year term beginning in July 2015. Amy has over 35 years of public library experience, most recently as President of the Boston Public Library and prior to that as Director of the Hennepin County Library in Minnesota. *Light hors d'oeuvres and beverages at 5:30 p.m.; program at 6 p.m. Meet at King's Chapel Parish House, 64 Beacon Street. BHV members: Free. Non-members: \$20.*



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North to South Station: HarborWalk Walk

Thursday, October 15

Tuesday, October 27 9:30 a.m. - 2 p.m.

IKEA

Put on your walking shoes and join BHV member Joan Doucette for a shopping excursion to IKEA in Stoughton. When you're ready to take a break from shopping, you can sample the Swedish meatballs and other selections at the restaurant inside the store. *Meet at Café Tatte, 70 Charles Street, at 9:30 a.m., or Starbucks, 165 Newbury Street (between Dartmouth & Exeter), at 9:35 a.m. BHV members: \$25. Non-members: \$35.*

Wednesday, October 28 12:30 p.m.

Lunch Group: Abe & Louie's

A classic steakhouse that also offers a wide range of salads, sandwiches and seafood, Abe & Louie's is a Boston institution. *Meet at 793 Boylston Street (between Exeter and Fairfield Streets). BHV members and their guests. Lunch is pay individually.*

Thursday, October 29 11-11:30 a.m. (presentation)

Wellness Clinic & Presentation: Your Brain & Your Mood

At this session of BHV's Wellness Clinic, the topic will be *Your Brain & Your Mood: How They are Connected and What You Can Do to Fight Depression and Keep Your Mind Healthy*, presented by Kate Sciacca, RN. Kate will be available to meet with members one-on-one to check their blood pressure and other vital signs and to discuss health care questions before and after the presentation. *Meet at 74 Joy Street, first floor conference room. BHV members only. Free.*

Thursday, October 29 5 - 6:30 p.m.

Travel Group: The Changing Faces of Iran



Penny Bragonier and Frank Mead will share their experiences and perceptions of their extraordinary trip to a country in dramatic political transition whose monuments are recognized as the perfection of Islamic architecture and which boasts golden deserts, crumbling clay-baked caravanserais, and a horizon pierced by turquoise minarets. Enjoy their slideshow of cosmopolitan Tehran, the vast archaeological site of Persepolis with its superb bas reliefs, and the magnificent city of Isfahan. *Meet at 72 Mt. Vernon Street. BHV members only. Free.*