



BEACON HILL  
VILLAGE

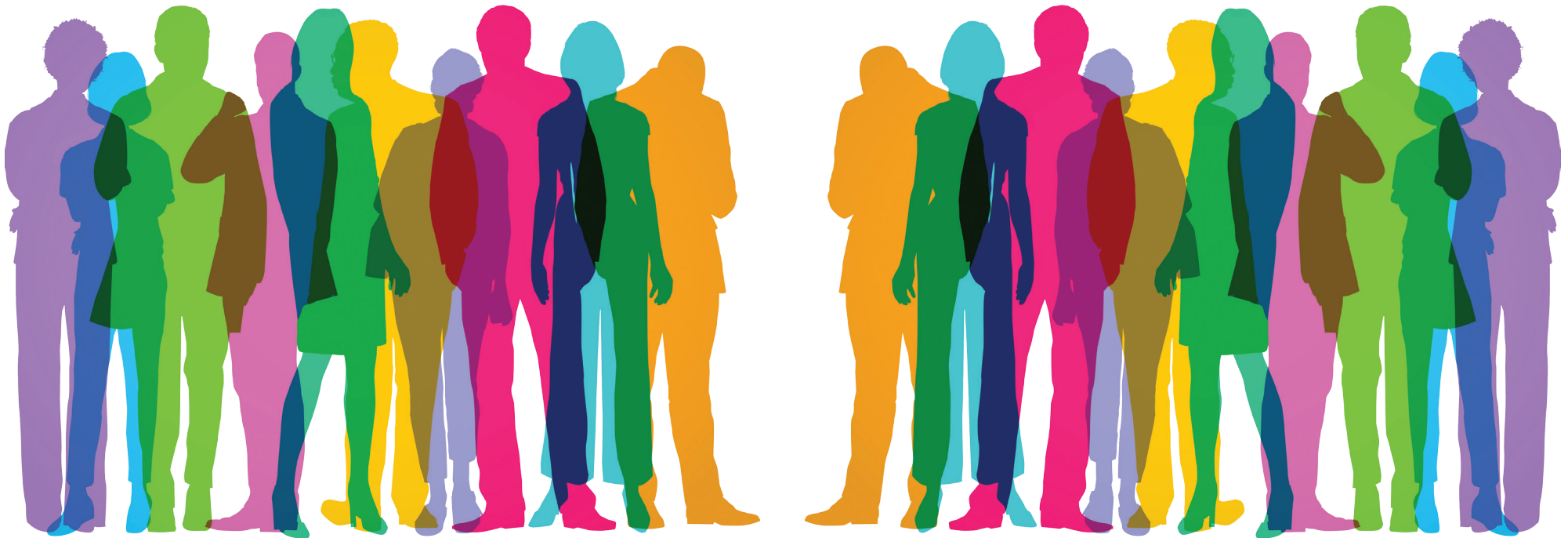
BEACON HILL VILLAGE IN PARTNERSHIP  
WITH THE BOSTON PUBLIC LIBRARY

LWEW

LIVING WELL ENDING WELL

Beacon Hill Village, 74 Joy Street, Boston, MA 02114 • 617-723-9713  
info@beaconhillvillage.org • www.beaconhillvillage.org

*Information for living well today  
and planning well for tomorrow*



**LWEW Committee Members**

Joan Bragen • Murray Frank • Mary Fruen • Karen Garvin  
Betsy Peterson • Barbara Roop • Stephen Roop

**LECTURE SERIES AND SMALL GROUP CONVERSATIONS**

**SEPTEMBER 2019 - JUNE 2020**

## Main Lecture Series

Commonwealth Salon • Boston Public Library • Copley Square  
Free and Open to the Public • Registration Required

DATE	TOPIC	PRESENTER
Sept 17 2:00-3:30	<b>The Aging Brain: When to Worry</b>	Fadi Ramadan, MD Tufts Medical Center
Oct 15 2:00-3:30	<b>Medicare Options: Are you Ready for Open Enrollment?</b>	Kathleen McInnis-Dittrich, PhD EthoCare
Nov 19 2:00-3:30	<b>How Older Adults Can Prevent Falls</b>	Douglas P. Kiel, MD, MPH Institute for Aging Research, Hebrew SeniorLife
Dec 11 2:00-3:30	<b>The Gift of Information: A Panel Discussion</b>	Betsy Peterson, LWEW Founding Member Kate Sciacca, NP Harry S. Margolis, JD
Jan 13 2:00-3:30	<b>Palliative Care: Living Well with Serious Illness</b>	Vicki Jackson, MD, MPH Chief, Palliative Care Division, MGH Matthew Russell, MD, Director of Ambulatory Geriatrics, MGH
Feb 18 2:00-3:30	<b>The Aging Eye</b>	Donald R. Korb, OD Korb & Associates
Mar 17 2:00-3:30	<b>Living Options: Time For a Change?</b>	Kate Granigan, MSW CEO of LifeCare Advocates
Apr 21 2:00-3:30	<b>Advances in Treating Cancer</b>	Edward J. Benz, MD Past president, Dana Farber Cancer Institute
May 27 2:00-3:30	<b>Preventing Cardiovascular Disease, Diabetes &amp; Cancer</b>	JoAnn Manson, MD, DrPH Chief of Preventive Medicine, Brigham & Women's Hospital
Jun 17 2:00-3:30	<b>Let's End Ageism: We're All Aging</b>	Ashton Applewhite Advocate & Author

All Boston Public Library events (in yellow) are at the Central Library, Copley Square. They are free and open to the public. Please visit the Events Calendar at [beaconhillvillage.org](http://beaconhillvillage.org) or call 617-723-9713 to register.

## Small Group Conversations and Workshops

Beacon Hill • BHV Members Only • Registration Required

DATE	TOPIC	PRESENTER	LOCATION
Sept 9 5:30-6:30	<b>Kidney Health</b>	Kate Sciacca, NP	19 Myrtle St
Oct 28 9:00-4:00	<b>Medicare Insurance Counseling</b>	Kathleen McInnis-Dittrich, PhD	74 Joy St
Nov 4 9:00-4:00	<b>Medicare Insurance Counseling</b>	Kathleen McInnis-Dittrich, PhD	74 Joy St
Nov 6 5:30-6:30	<b>Bone Health</b>	Kate Sciacca, NP	19 Myrtle St
Nov 13 2:00-3:30	<b>A Matter of Balance</b>	Sonja Dahlberg, National Lead Trainer	19 Myrtle St
Dec 18 2:00-3:30	<b>Wills Workshop</b>	Harry Margolis, JD	19 Myrtle St
Jan 28 5:30-6:30	<b>Advanced Directives: A Guided Tour</b>	Kate Sciacca, NP	19 Myrtle St
Feb 25 5:30-6:30	<b>Vision 2020: Do Things Look Different?</b>	Kate Sciacca, NP	19 Myrtle St
Mar 12 2:00-3:00	<b>Pruning Possessions</b>	Betsy Peterson, LWEW Founding Member	19 Myrtle St
Apr 29 5:30-6:30	<b>Demystifying the Big C</b>	Kate Sciacca, NP	19 Myrtle St
May 12 5:30-6:30	<b>Recognizing Cardio- vascular Disease</b>	Kate Sciacca, NP	19 Myrtle St
Jun 9 5:30-6:30	<b>Advanced Directives: Your Roadmap</b>	Kate Sciacca, NP	19 Myrtle St

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Nov 5 5:30-6:30	<b>Bone Health</b>	Kate Sciacca, NP	Mezzanine #3
Nov 20 2:00-3:30	<b>A Matter of Balance</b>	Sonja Dahlberg, National Lead Trainer	Orientation Room
Dec 16 2:00-3:30	<b>Wills Workshop</b>	Harry Margolis, JD	Commonwealth Salon
Jan 29 5:30-6:30	<b>Advanced Directives: A Guided Tour</b>	Kate Sciacca, NP	Mezzanine #3
Feb 26 5:30-6:30	<b>Vision 2020: Do Things Look Different?</b>	Kate Sciacca, NP	Mezzanine #3
Mar 16 2:00-3:00	<b>Pruning Possessions</b>	Betsy Peterson, LWEW Founding Member	KBL Exchange
Apr 28 5:30-6:30	<b>Demystifying the Big C</b>	Kate Sciacca, NP	Mezzanine #3
May 13 5:30-6:30	<b>Recognizing Cardio- vascular Disease</b>	Kate Sciacca, NP	Mezzanine #3
Jun 10 5:30-6:30	<b>Advanced Directives: Your Roadmap</b>	Kate Sciacca, NP	Mezzanine #3