

Beacon Hill Village

FEBRUARY 2015 CALENDAR HIGHLIGHTS

A reservation is required for all programs unless otherwise noted in the program description. Prices listed are per person and must be paid at time of reservation. Space is limited; BHV members have priority. Refunds will be made for cancellations received at least one week prior to an event unless tickets have been pre-purchased or non-refundable payments have been made. In that case we can make a refund only if we are able to fill your spot.

Thursday, February 5 5:30 - 7:30 p.m.

Heirloom Discovery Evening

Support BHV! Please join us for *Heirloom Discovery Evening*, a fun and fascinating fundraising event – much like WGBH's *Antiques Roadshow* – hosted by Grogan & Company at their new Charles Street gallery. At the event we'll be welcoming this nationally recognized fine art auctioneer and appraiser to Charles Street and back to Boston, where they were originally founded. Guests may bring one item to be appraised – art, jewelry, or antique (no rare books, please) – or a photograph of a larger item, such as an oriental rug or piece of furniture and Grogan & Company will share stories and surprises in the appraisal and auction world! Wine and light hors d'oeuvres will be served. *Tickets for this BHV fundraising event are limited, and are \$50 per person. The event will be held at Grogan & Company's gallery, located at 20 Charles Street. Sign up soon!*



Friday, February 6 10 a.m. - 2:15 p.m.

Fuller Craft Museum

Located in Brockton, the Fuller Craft Museum showcases contemporary craft-based arts of many genres and origins. We visited the Museum last spring, and all agreed that the Museum is a hidden gem. Three new exhibits will be on display on this trip: *Barbara Andrus: Fieldwork*, which explores the relationship between art and environment; *Crafting a Collection: Fuller Craft Museum Recent Acquisitions*; and *Legacy of Fire*, which features the work of ten ceramic artists from the Clay Dragon Studios in Cambridge. *Meet at Café Vanille, 70 Charles Street, at 10 a.m., or Starbucks, 165 Newbury Street (between Dartmouth & Exeter), at 10:10 a.m. BHV members: \$40. Non-members: \$55. Price includes van transportation, tour of and admission to the Museum, and a box lunch.*

Sunday, February 8 11:30 a.m. - 1 p.m.

Valentines & Victuals

It's now a tradition! Join your Beacon Hill Village friends and neighbors for our fourth annual Valentines & Victuals Brunch. Thanks to the generosity of The Paramount and other area merchants, members can enjoy a fabulous brunch and support the Village at the same time. Bloody Marys will be served!! *Meet at Hill House, 127 Mt. Vernon Street. BHV members only: \$20.*

Tuesday, February 10 10 - 11 a.m.

Falls: Risks and Prevention

For those of you who missed the program *Falls: Risks and Prevention* offered in January as part of a new initiative on wellness, we are repeating the program in February in a different location. The Director of Rehab at CAREtenders Home Health, Aedan Ford, will talk about the clinical, cognitive and environmental components that place people at risk for falls. A physical therapist, Mr. Ford will also discuss how to analyze and problem-solve balance disorders and decrease the risk of falling. *Meet at King's Chapel Parish House, 64 Beacon Street. BHV members only. Free.*

Tuesday, February 10 5:30 p.m.

Pot Luck Dinner

We return to Beacon Hill for this month's bi-monthly pot luck dinner. Bring a salad, main course, side dish, dessert or beverage (enough to feed or quench the thirst of 4-6 people). *BHV members only. Free. Meet at 74 Joy Street, 1st floor Community Room. BHV members and guests.*

Thursday, February 12 5 - 6:30 p.m.

Travel Group: Switzerland



Joan Doucette and Mary Scudder will share pictures of their trip to Switzerland with Road Scholar. *Meet at 72 Mt. Vernon Street. BHV members only. Free.*

Friday, February 13 2 p.m.

Boston Public Library Tour

The architecture of Charles Follen McKim and Philip Johnson, as well as the works of famed sculptors and painters, will be highlighted in our one-hour private tour of the Boston Public Library in Copley Square. After the tour, we'll have an afternoon "pick me up" (pay individually) in the Map Room Café. *Meet in the vestibule of the McKim Building (Dartmouth Street entrance). BHV members: \$5. Non-members: \$10.*

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Rummikub with Tina and Joan (3-5)</p> <p style="text-align: right;">1</p>	<p>Calendar Mailing (10:30) TBS&S/BHAC-NE (8:30-9:45) Walking/Robyn (9-9:50) CT&S/Robyn (10-11)</p>	<p>Grocery Shop (9:30 & 11:30) Terrific Tuesdays (4:00) Exercise/BHAC-BH (10-11) Yoga/BHAC-No.Sta. (12:15-1:15)</p>	<p>Whole Foods (10:00) Muscle/BHAC-NE (8:15-9:15) Stretching/BHAC-NE (9:15-9:45) CT&S/Robyn (10-11)</p>	<p>Meditation (8:45) Another Cup (9:30) Heirloom Discovery Evening (5:30-7:30) Power Muscle/BHAC-NE (8:15-9:15) Stretching/BHAC-NE (9:15-9:45) Exercise/BHAC-BH (10-11) Pilates (12:15-1:15)</p>	<p>Grocery Shop (9:30 & 11:30) Fuller Craft Museum (10-2:15) TBS/BHAC-NE (8:15-9:15) Core Essentials /BHAC-No.Sta. (8:30-9:30) Yoga/BHAC-NE (9:15-10:30) Tai Chi/Dorri Li (11:45-12:45)</p>	<p>Core Essentials (\$5) Pilates (\$5) Yoga/BHAC (\$5) Beacon Hill Athletic Club North Station 261 Friend Street</p> <p>Circuit Training & Stretching/Robyn (CT&S) Beacon House 19 Myrtle Street</p>
<p>MEN'S FIRST DRINK The men of Beacon Hill Village continue their once-a-month exploration of Boston's watering holes on Thursday, February 12, at 4 p.m. Location TBD. Pay individually.</p>	2	3	4	5	6	
<p>Valentines & Victuals (11:30-1)</p> <p style="text-align: right;">8</p>	<p>TBS&S/BHAC-NE (8:30-9:45) Walking/Robyn (9-9:50) CT&S/Robyn (10-11)</p>	<p>Grocery Shop (9:30 & 11:30) Falls: Risks and Prevention (10-11) Pot Luck Dinner (5:30) Exercise/BHAC-BH (10-11) Yoga/BHAC-No.Sta. (12:15-1:15)</p>	<p>Muscle/BHAC-NE (8:15-9:15) Stretching/BHAC-NE (9:15-9:45) CT&S/Robyn (10-11)</p>	<p>Meditation (8:45) Another Cup (9:30) Men's First Drink (4:00) Travel Group: Switzerland (5-6:30) Power Muscle/BHAC-NE (8:15-9:15) Stretching/BHAC-NE (9:15-9:45) Exercise/BHAC-BH (10-11) Pilates (12:15-1:15)</p>	<p>Grocery Shop (9:30 & 11:30) Taxi Coupons (11-noon) BPL Tour (2:00) TBS/BHAC-NE (8:15-9:15) Core Essentials /BHAC-No.Sta. (8:30-9:30) Yoga/BHAC-NE (9:15-10:30) Tai Chi/Dorri Li (11:45-12:45)</p>	
<p>TAXI COUPONS Come to the BHV office on Friday, February 13, between 11 and noon, to pick up your taxi coupons at this monthly distribution. Pay \$5 for a \$10 coupon book; maximum of two books per person, per month. BHV members only. 74 Joy Street, 3rd floor.</p> <p>TRIP TO TRADER JOE'S Door-to-door transportation to Trader Joe's in Cambridge on Wednesday, February 18, at noon and 2 p.m. Space is limited. BHV members only: \$10.</p> <p>TERRIFIC TUESDAYS BHV members meet at 75 Chestnut St. at 4 p.m. on the first Tuesday of each month (in February, the 3rd) to discuss and plan outings related to the arts. All BHV members welcome! Registration not required.</p> <p>ANOTHER CUP BHV members meet at Panera Bread, 450 Boylston Street, every Thursday (in February, the 5th, 12th, 19th and 26th) at 9:30 a.m. for a cup of coffee and conversation. All BHV members welcome! Registration not required.</p>	9	10	11	12	13	
	<p>President's Day BHV Office Closed TBS&S/BHAC-NE (8:30-9:45) Walking/Robyn (9-9:50) CT&S/Robyn (10-11)</p>	<p>Grocery Shop (9:30 & 11:30) Supper Club: Erbaluce (5:30) Exercise/BHAC-BH (10-11) Yoga/BHAC-No.Sta. (12:15-1:15)</p>	<p>Light Bulbs, Batteries, and More (9:30) Trader Joe's (noon & 2) Muscle/BHAC-NE (8:15-9:15) Stretching/BHAC-NE (9:15-9:45) CT&S/Robyn (10-11)</p>	<p>Meditation (8:45) Another Cup (9:30) Power Muscle/BHAC-NE (8:15-9:15) Stretching/BHAC-NE (9:15-9:45) Exercise/BHAC-BH (10-11) Pilates (12:15-1:15)</p>	<p>Grocery Shop (9:30 & 11:30) Low Vision Presentation (10-11) TBS/BHAC-NE (8:15-9:15) Core Essentials /BHAC-No.Sta. (8:30-9:30) Yoga/BHAC-NE (9:15-10:30) Tai Chi/Dorri Li (11:45-12:45)</p>	<p>Total Body Strength & Stretching (TBS&S) (\$5) Total Body Strength (TBS) (\$5) Muscle (\$5) Power Muscle (\$5) Stretching (\$5) Yoga (\$5) Beacon Hill Athletic Club North End 85 Atlantic Avenue</p>
	16	17	18	19	20	
	<p>Conversations with... Jim Vrabel (5:30-7) TBS&S/BHAC-NE (8:30-9:45) Walking/Robyn (9-9:50) CT&S/Robyn (10-11)</p>	<p>Grocery Shop (9:30 & 11:30) Lunch Group: Clink (12:30) Exercise/BHAC-BH (10-11) Yoga/BHAC-No.Sta. (12:15-1:15)</p>	<p>Muscle/BHAC-NE (8:15-9:15) Stretching/BHAC-NE (9:15-9:45) CT&S/Robyn (10-11)</p>	<p>Meditation (8:45) Another Cup (9:30) Sports Museum: TD Garden (11:00) Power Muscle/BHAC-NE (8:15-9:15) Stretching/BHAC-NE (9:15-9:45) Exercise/BHAC-BH (10-11) Pilates (12:15-1:15)</p>	<p>Grocery Shop (9:30 & 11:30) TBS/BHAC-NE (8:15-9:15) Core Essentials /BHAC-No.Sta. (8:30-9:30) Yoga/BHAC-NE (9:15-10:30) Tai Chi/Dorri Li (11:45-12:45)</p>	<p>Exercise/BHAC-BH (\$5) Beacon Hill Athletic Club Beacon Hill 3 Hancock Street</p> <p>Tai Chi/Dorri Li Beacon House 19 Myrtle Street Call instructor at 617.512.9575 for the fee for this class.</p>
	23	24	25	26	27	
	Notes					
						<p>Walking/Robyn 127 Mt. Vernon Street</p>

Tuesday, February 17 5:30 p.m. Supper Club: Erbaluce
Located in the Bay Village neighborhood, Erbaluce features contemporary Italian cuisine that emphasizes fresh herbs and sauces based on fruit and vegetable essences and roasting juices. Enjoy well prepared food without the heaviness of added butter or cream reductions. *BHV members only. Meet at 69 Church Street (off Stuart Street). Pay individually.*



Wednesday, February 18 9:30 a.m.

Light Bulbs, Batteries and More; Being Environmentally Friendly

Charles Street Supply owner Jack Gurnon will educate us about the many types of light bulbs that are now available on the market, including information about energy efficiency and how to decide which bulb is best for your needs. He's also prepared to talk about the proper disposal of batteries and paints and other hazardous materials. *Meet at Charles Street Supply, 54 Charles Street. BHV members only. Free.*

Friday, February 20 10 - 11 a.m. Low Vision Presentation

Kimberly Quintal, an Occupational Therapist at the Vision Rehabilitation Service of Mass Eye and Ear, will talk about the devices and compensatory strategies that can assist vision-impaired patients to effectively use all of their remaining vision. Members are invited to bring a friend or family member. *Meet at Beacon House, 19 Myrtle Street. BHV members and guests. Free.*



Monday, February 23 5:30 - 7 p.m. Conversations with... Jim Vrabel

Author of the recently published book, *A People's History of the New Boston*, Jim Vrabel is a longtime community activist and historian. His book tells the story of the grassroots activism that transformed Boston in the 1960s and 1970s and that – in Vrabel's words – sprang from a desire on the part of the people to gain more power over their lives and to make Boston better. Books will be available for purchase. *Meet at King's Chapel Parish House, 64 Beacon Street. BHV/BHS members: Free. Non-members: \$20.*

Tuesday, February 24 12:30 p.m. Lunch Group: Clink

Clink's lunch menu features a wide array of sandwiches and salads using seasonal, sustainable and local ingredients. *Meet at Clink in The Liberty Hotel, 215 Charles Street. BHV members only. Free.*



Thursday, February 26 11 a.m. Sports Museum: TD Garden

The Museum's exhibits focus on the history of Boston sports and feature diverse sports memorabilia and curiosities as well as life-size sculptures of Bobby Orr, Larry Bird, Carl Yastrzemski and Ted Williams by Rhode Island sculptor Armand LaMontagne. *BHV members and guests. Free. Meet at TD Garden (off Causeway Street). Take the escalator to Level 2 and enter the Sports Museum through the ProShop.*



EVEN MORE TO DO...

Sunday, February 1 3-5 p.m. Rummikub with Tina & Joan

Join BHV members Joan Doucette and Tina DiMaggio for an afternoon of rummikub at the Beacon Hill home of either Tina or Joan. Beginners and more experienced players welcome! *BHV members only. Free.*

Wednesday, February 4 10 a.m. Trip to Whole Foods

Door-to-door transportation to Whole Foods in Cambridge with a driver who will carry your groceries to your door! *BHV members only: \$10. Spaces are limited, so sign up early.*

Thursday, February 5, 12, 19, 26 8:45 a.m. Meditation

Curious about the much talked-about benefits of meditation or how to go about it? This Thursday morning group, which meets at the Beacon Hill home of BHV member Susan Cox, is geared to people who are new to meditation. *Meditation begins promptly at 8:45 a.m. BHV members only. Free.*

RETURN SERVICE REQUESTED



Fuller Craft Museum

Friday, February 6

UPCOMING PROGRAMS: SPRING AND SUMMER

Boston Ballet: *Thrill of Contact* Friday, May 15 • 7:30 p.m.

Thrill of Contact is a program of precision and athleticism featuring works by Balanchine, Robbins, Forsythe, and a world premier by Jeffrey Cirio. We have the opportunity to purchase discounted group tickets to this performance, but only if we have a minimum of 10 people. Tickets are \$50 (discounted from \$78) and will be available in both the mezzanine and the orchestra. If you are interested in this performance, please call the office. Once we have sufficient interest to purchase group tickets, we will ask for your preferred location and will collect payment at that time.



Tanglewood Lenox, Massachusetts • Sunday, August 16

Beacon Hill Village is once again partnering with Cambridge at Home and other Massachusetts Villages for a day trip to Tanglewood on Sunday, August 16. The Boston Symphony Orchestra will perform Beethoven's *Symphony No. 9* and the Tanglewood Music Center Orchestra and the Tanglewood Festival Chorus will perform Aaron Copland's *Symphonic Ode*. The price is expected to be \$140, which includes transportation by chartered bus, tickets in the shed and a box lunch. This trip is open to Beacon Hill Village members and guests – as well as members and guests of other area Villages. Please call the office if you are interested in this trip. We will ask for a firm commitment and payment at a later date.